

# Distinct Uptake Kinetics of Alzheimer Disease Amyloid- $\beta$ 40 and 42 at the Blood-Brain Barrier Endothelium<sup>§</sup>

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## ABSTRACT

Blood-brain barrier (BBB) endothelial cells lining the cerebral microvasculature maintain dynamic equilibrium between soluble amyloid- $\beta$  ( $A\beta$ ) levels in the brain and plasma. The BBB dysfunction prevalent in Alzheimer disease contributes to the dysregulation of plasma and brain  $A\beta$  and leads to the perturbation of the ratio between  $A\beta$ 42 and  $A\beta$ 40, the two most prevalent  $A\beta$  isoforms in patients with Alzheimer disease. We hypothesize that BBB endothelium distinguishes between  $A\beta$ 40 and  $A\beta$ 42, distinctly modulates their trafficking kinetics between plasma and brain, and thereby contributes to the maintenance of healthy  $A\beta$ 42/ $A\beta$ 40 ratios. To test this hypothesis, we investigated  $A\beta$ 40 and  $A\beta$ 42 trafficking kinetics in hCMEC/D3 monolayers (human BBB cell culture model) in vitro as well as in mice in vivo. Although the rates of uptake of fluorescein-labeled  $A\beta$ 40 and  $A\beta$ 42 (F- $A\beta$ 40 and F- $A\beta$ 42) were not significantly different on the abluminal side, the luminal uptake rate of F- $A\beta$ 42 was substantially higher than F- $A\beta$ 40. Since higher plasma  $A\beta$  levels were shown to aggravate BBB dysfunction and trigger cerebrovascular disease, we systematically investigated the dynamic

interactions of luminal [<sup>125</sup>I] $A\beta$  peptides and their trafficking kinetics at BBB using single-photon emission computed tomography/computed tomography imaging in mice. Quantitative modeling of the dynamic imaging data thus obtained showed that the rate of uptake of toxic [<sup>125</sup>I] $A\beta$ 42 and its subsequent BBB transcytosis is significantly higher than [<sup>125</sup>I] $A\beta$ 40. It is likely that the molecular mechanisms underlying these kinetic differences are differentially affected in Alzheimer and cerebrovascular diseases, impact plasma and brain levels of  $A\beta$ 40 and  $A\beta$ 42, engender shifts in the  $A\beta$ 42/ $A\beta$ 40 ratio, and unleash downstream toxic effects.

## SIGNIFICANCE STATEMENT

Dissecting the binding and uptake kinetics of  $A\beta$ 40 and  $A\beta$ 42 at the BBB endothelium will facilitate the estimation of  $A\beta$ 40 versus  $A\beta$ 42 exposure to the BBB endothelium and allow assessment of the risk of BBB dysfunction by monitoring  $A\beta$ 42 and  $A\beta$ 40 levels in plasma. This knowledge, in turn, will aid in elucidating the role of these predominant  $A\beta$  isoforms in aggravating BBB dysfunction and cerebrovascular disease.

## Introduction

Alzheimer disease research thus far has been predominantly neurocentric, with limited effort focused on investigating the influence of systemic and non-neuronal systems on the disease progression. Specifically, pathophysiological mechanisms driving the neurovascular unit dysfunction is one of the underexplored areas. The vascular components of the neurovascular unit, constituting the blood-brain barrier (BBB) endothelium and pericytes, interface with neurons and astrocytes in the brain parenchyma (Bell et al., 2007; Deane et al., 2009). These vascular and neuronal components are seamlessly integrated into a cohesive unit such that disruption to one component influences the integrity and function of the other (Zlokovic, 2010; Erickson and Banks, 2013).

The two-hit hypothesis of Alzheimer disease (AD) proposed by Zlokovic (2011) emphasized this interconnectivity and

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**ABBREVIATIONS:** A, abluminal;  $A\beta$ , amyloid- $\beta$ ;  $A\beta$ 40, amyloid- $\beta$  40;  $A\beta$ 42, amyloid- $\beta$  42; AD, Alzheimer disease; BBB, blood-brain barrier; IFU, intracellular fluorescence unit;  $K_i$ , influx clearance; L, luminal; LRP1, low-density lipoprotein receptor-related protein 1; RAGE, receptor for advanced glycosylated end products; SPECT/CT, single-photon emission computed tomography/computed tomography; TCA, trichloroacetic acid;  $V_T$ , distribution volume; WT, wild-type.

posited that the pathologic manifestations in Alzheimer brains are secondary and subsequent to the primary insult sustained by the BBB endothelium. Vascular risk factors such as metabolic syndrome and inflammatory changes in the periphery may constitute the first hit and result in BBB dysfunction. Since the BBB endothelium plays a central role in maintaining dynamic equilibrium between plasma and brain A $\beta$  levels (Bowman and Quinn, 2008; Deane et al., 2009), the BBB dysfunction could affect A $\beta$  levels in the plasma and brain and alter A $\beta$ 42/A $\beta$ 40 ratios (Marques et al., 2009). These changes are thought to render the second hit by triggering neuropathological symptoms in the brain and accelerating cognitive decline (Toledo et al., 2013; Fandos et al., 2017).

Another important, yet under investigated, dimension of this hypothesis is the role of plasma A $\beta$  in exacerbating neurocognitive changes. Literature reports indicate that an increase in plasma A $\beta$  levels and shifts in A $\beta$ 42/A $\beta$ 40 ratios intensify BBB dysfunction, propel the positive feedback loop, and accelerate neurodegenerative changes (DeMattos et al., 2001; Marchi et al., 2004; Ascolani et al., 2012; Erickson and Banks, 2013; Eisele et al., 2014; Koizumi et al., 2016; Poljak and Sachdev, 2017; Govindpani et al., 2019). Recently, A $\beta$ 40 and A $\beta$ 42 were suggested to have distinct effects on this positive feedback loop. Higher A $\beta$ 40 concentration in plasma was shown to be associated with an elevated risk of dementia compared with A $\beta$ 42 (van Oijen et al., 2006). On the other hand, A $\beta$ 42 in the brain was shown to trigger substantially greater neurodegeneration (Younkin, 1998; Cleary et al., 2005) and  $\tau$  hyperphosphorylation (Lacor et al., 2007; Ryan et al., 2009; Hu et al., 2014) than A $\beta$ 40. However, differing by only two amino acids and being recognized by the same receptors on the luminal side [receptor for advanced glycosylated end products (RAGE)] and on the abluminal side [low-density lipoprotein receptor-related protein 1 (LRP1)], it is unclear how A $\beta$ 40 and A $\beta$ 42 could manifest these differential effects.

We addressed this question by investigating the kinetics of A $\beta$ 40 and A $\beta$ 42 interactions and their subsequent uptake at the BBB endothelium. This knowledge is expected to help determine the extent of A $\beta$ 40 versus A $\beta$ 42 exposure to the BBB endothelium, assess the risk of BBB dysfunction, and associate it with the downstream neuropathological changes.

## Materials and Methods

### Reagents and Laboratory Supplies

The  $^{125}\text{I}$  was obtained from PerkinElmer Life and Analytical Sciences (Boston, MA). Plasticware was obtained from Corning Life Sciences (Tewksbury, MA), USA Scientific (Ocala, FL), or Denville Scientific Inc. (South Plainfield, NJ).

### Synthesis of Native, Fluorescein-Labeled, and Radioiodinated A $\beta$ Peptides

A $\beta$ 40, fluorescein-labeled A $\beta$ 40 (F-A $\beta$ 40), A $\beta$ 42, and F-A $\beta$ 42 were synthesized as described earlier (Kandimalla et al., 2005; Omtri et al., 2012; Agyare et al., 2013; Swaminathan et al., 2018), and A $\beta$  monomers were prepared according to the procedure described by Klein et al. (2004). Briefly, A $\beta$  peptides were accurately weighed, dissolved in ice-cold 1,1,1,3,3,3-hexafluoroisopropanol (MP Biomedicals, Santa Ana, CA), and incubated at room temperature for 60 minutes. The resultant solutions were chilled on ice, aliquoted

appropriately, and allowed to dry overnight. The 1,1,1,3,3,3-hexafluoroisopropanol traces were further removed by vacuum evaporation, and the dried films were stored at  $-20^\circ\text{C}$ . Before each experiment, the A $\beta$  films were dissolved in anhydrous DMSO, diluted in Ham's F-12 medium (Mediatech, Manassas, VA), and centrifuged at 18,000 rpm to remove any insoluble A $\beta$  aggregates. Radioiodination of A $\beta$ 40 and A $\beta$ 42 was conducted using the chloramine-T procedure as described in our previous publications (Poduslo et al., 1997; Kandimalla et al., 2005). Free radioactive iodine was removed by dialysis against 0.01 M PBS at pH 7.4 (Sigma-Aldrich, St. Louis, MO). The extent of radiolabeling of A $\beta$  peptides was determined by trichloroacetic acid (TCA) precipitation. The radioiodinated A $\beta$  preparations were used in the experiments only if the TCA precipitable counts were greater than 95% of the total counts. The specific activity of [ $^{125}\text{I}$ ]A $\beta$ 40 and 42 was determined to be in the range of 45–48  $\mu\text{Ci}/\mu\text{g}$ .

### Cell Culture

All cell culture experiments were performed on transformed cell lines in BCL-2 hood as required by the Institutional Biologic Safety Committee at the University of Minnesota, MN. Human brain microvascular endothelial (hCMEC/D3) cells were a gift from Dr. Pierre-Olivier Couraud (INSERM U1016, Institut Cochin, Paris, France). The hCMEC/D3 cells were grown in endothelial cell growth basal medium-2 (Lonza, NJ) supplemented with 1 ng/ml human basic fibroblast growth factor (PeproTech, NJ), 10 mM HEPES, 1% chemically defined lipid concentrate (Gibco, NY), 5  $\mu\text{g}/\text{ml}$  ascorbic acid, 1.4  $\mu\text{M}$  hydrocortisone, 1% penicillin-streptomycin (MP Biomaterials, OH), and 5% of FBS. Polarized hCMEC/D3 cell monolayers were cultured on collagen-coated (Corning, MA) six-well plates or Transwell filters (Corning Costar, MA) under 5%  $\text{CO}_2$  at  $37^\circ\text{C}$ . Transendothelial electrical resistance, representative of the tight junctional integrity of the monolayers, was measured using chopstick electrodes attached to an EVOM meter (World Precision Instruments, Sarasota, FL). The transendothelial electrical resistance values of hCMEC/D3 monolayers were found to be around 70–80  $\Omega\text{ cm}^2$ .

### Flow Cytometry

After the treatment with F-A $\beta$ , hCMEC/D3 cell monolayers were washed thoroughly with PBS, gently trypsinized with trypsin-EDTA for 30 seconds, and neutralized with FBS. The dislodged cells were washed twice using ice-cold PBS and fixed with 4% paraformaldehyde solution, and the intracellular fluorescence was quantified using a BD FACSCalibur flow cytometer. The F-A $\beta$ 40 and F-A $\beta$ 42 intracellular fluorescence intensities were measured using a 488-nm laser fitted with a 530/30 filter. Data were acquired with BD CellQuest Pro and analyzed using FlowJo software. Intracellular fluorescence units (IFU) are presented as geometric means  $\pm$  geometric S.D.

### Kinetics of F-A $\beta$ 40 or F-A $\beta$ 42 Uptake at BBB Endothelium In Vitro

**F-A $\beta$  Uptake Kinetics as a Function of Concentration.** Polarized hCMEC/D3 cell monolayers were incubated with increasing concentrations of F-A $\beta$ 40 or F-A $\beta$ 42 (0.06–0.9  $\mu\text{M}$ ) for 30 minutes at  $37^\circ\text{C}$  or  $4^\circ\text{C}$ . The cells were harvested and analyzed using flow cytometry as described. The observed intracellular fluorescence (geometric means  $\pm$  geometric S.D.) was plotted as a function of F-A $\beta$  concentration (micromolar).

**F-A $\beta$  Uptake Kinetics as a Function of Time.** Polarized hCMEC/D3 monolayers grown on Transwell filters were incubated with 0.45  $\mu\text{M}$  of F-A $\beta$ 40 or F-A $\beta$ 42 on either the luminal (L) or abluminal (A) side for various lengths of time (15–60 minutes), and the intracellular uptake was assessed by flow cytometry. The observed geometric mean was plotted as a function of time, and the rate of uptake was estimated by fitting the data to a linear regression model using GraphPad Prism software.

## Kinetics of A $\beta$ 40 and A $\beta$ 42 Uptake at the BBB Endothelium In Vivo

**Animals.** The B6SJLF1 mice, which will be hereafter referred to as wild-type (WT) mice, were procured from Jackson Laboratory (Bar Harbor, ME). The mice were housed in a virus-free barrier facility with a 12-hour light/dark cycle and were provided with pellet food and purified water ad libitum. Male and female mice between the ages of 5 and 8 months were randomly distributed among various groups [ $n = 3$  each for plasma PK and brain single-photon emission computed tomography/computed tomography (SPECT/CT), respectively, for A $\beta$ 40 and A $\beta$ 42]. All animal studies were conducted in a single blinded fashion, and only the details required for conducting the studies were provided to the experimenters. All animal experiments were conducted as per the National Institutes of Health guidelines for the care and use of laboratory animals and protocols approved by the Mayo Clinic Institutional Animal Care and Use Committee, Rochester, MN. Data in this manuscript are reported according to the ARRIVE guidelines.

**Plasma Pharmacokinetic Studies Using Gamma Counter.** WT mice were anesthetized using a mixture of isoflurane and oxygen (1.5% and 4 l/min). The femoral vein and femoral artery were catheterized under general anesthesia. A single intravenous bolus dose of [ $^{125}$ I]A $\beta$ 40 or [ $^{125}$ I]A $\beta$ 42 equivalent to 100  $\mu$ Ci/100  $\mu$ l was administered through the femoral vein. The blood was sampled (20  $\mu$ l) from the femoral artery at various time points of 0.25, 1, 3, 5, 10, and 15 minutes. The recovered plasma was subjected to TCA precipitation, and the [ $^{125}$ I] radioactivity in the precipitate and supernatant was assayed using a gamma counter (Cobra II; PerkinElmer Life and Analytical Sciences, Boston, MA). The radioactivity in the precipitate was deemed to be associated with the intact protein.

**Brain Uptake Studies Using Dynamic Single-Photon Emission Computed Tomography Coupled with Computed Tomography.** A 500- $\mu$ Ci dose of [ $^{125}$ I]A $\beta$ 40 and [ $^{125}$ I]A $\beta$ 42 in 100  $\mu$ l was administered to WT mice via the femoral vein. Brain uptake of [ $^{125}$ I]A $\beta$  radioactivity was determined by dynamic planar imaging (Gamma Medica-Ideas Preclinical Imaging, Northridge, CA) using a low-energy and high-resolution parallel-hole collimator with 12.5 cm FOV and 13:36 minute acquisition time. Over 64 projections (10 seconds per projection) were obtained with a reported resolution of 1–2  $\mu$ m. Then, CT scans were acquired on a continuous circular orbit with a 50- $\mu$ m slice thickness. A total of 256 images at 80-kVp and 0.28-mA current were acquired at a reported resolution of 43  $\mu$ m. Dynamic single-photon emission computed tomography and CT images were processed and analyzed using Biomedical Image Quantification and Kinetic Modeling Software version 2.85 (PMOD Technologies, Switzerland).

**Evaluation of A $\beta$  Interactions with the BBB and Subsequent Brain Uptake by Logan and Patlak Plots.** Logan and Patlak approaches describe ways to linearize the blood-to-brain distribution of [ $^{125}$ I]A $\beta$  without making any assumptions on the particular arrangement or the number of compartments involved. Although the Logan plot describes reversible kinetics with a slope parameter attributed to the distribution volume ( $V_T$ ) (Logan et al., 1990), the Patlak plot describes irreversible kinetics predicting the influx clearance ( $K_i$ ) (Patlak et al., 1983). The initial interactions between plasma and the BBB endothelium, described by dynamic SPECT/CT data, during the first 5 minutes after an intravenous bolus injection were assumed to reflect the reversible kinetics at the surface of the BBB, and the subsequent transfer beyond 5 minutes was assumed to reflect irreversible uptake into brain parenchyma (>5 minutes). Therefore, the first 5 minutes (0–5 minutes) of SPECT/CT data were used to construct the Logan plot, and the data from 5–40 minutes were used to construct the Patlak plot. Plasma observations were simulated for individual animals, with the plasma PK parameters predicted using experimental data.

The Logan equation for reversible kinetics is as follows:

$$\frac{\int_0^t A_{\text{brain}} dt}{A_{\text{brain}}(t)} = V_T \cdot \frac{\int_0^t C_p dt}{A_{\text{brain}}(t)} + b, \quad (1)$$

where  $A_{\text{brain}}(t)$  is the amount of [ $^{125}$ I]A $\beta$  radioactivity associated with the brain as measured by SPECT/CT ( $\mu$ Ci) at time  $t$ ;  $\int_0^t A_{\text{brain}} dt$  is the area under the brain radioactivity-time curve from time “0” to “ $t$ ” ( $\mu$ Ci-min;  $C_{p(t)}$  is the plasma [ $^{125}$ I]A $\beta$  concentration at  $t$  ( $\mu$ Ci/ml);  $\int_0^t C_p dt$  is the area under the plasma concentration-time curve from time “0” to “ $t$ ” ( $\mu$ Ci/ml-minute);  $V_T$  is the slope of the linear equation referred to as the distribution volume (milliliter); and  $b$  is the intercept of the linear equation (minute). The Logan plot was generated by plotting  $\frac{\int_0^t A_{\text{brain}} dt}{A_{\text{brain}}(t)}$  as a function of  $\frac{\int_0^t C_p dt}{C_p(t)}$ .

To assess the influx of [ $^{125}$ I]A $\beta$ 40 or [ $^{125}$ I]A $\beta$ 42 from plasma into the brain, a Patlak plot was constructed by the following equation:

$$\frac{A_{\text{brain}}(t)}{C_p(t)} = K_i \frac{\int_0^t C_p dt}{C_p(t)} + V_0, \quad (2)$$

where  $K_i$ , the influx clearance into the brain (milliliter per minute), was determined as the slope parameter.  $V_0$  is the intercept of the linear equation referring to the volume of the vascular compartment (milliliter).

Thus, the Logan plot is linear when transient equilibrium between the plasma and BBB endothelium is attained (lag time) and remains linear until the ligand is associated with BBB endothelium and displays reversible kinetics. This linearity is lost when the ligand enters the brain compartment, irreversibly.

**Resolution of A $\beta$  Interactions with the BBB by PK Compartmental Modeling.** A three-compartment model comprising plasma and highly perfused tissues, other peripheral organs and tissues, and BBB endothelium, as well as the brain parenchyma, was constructed. Forward and reverse rate constants describing the transfer between plasma and tissue are  $k_{12}$  and  $k_{21}$  respectively, whereas the transfer rate constants between plasma and BBB endothelium are designated as  $k_{13}$  and  $k_{31}$ . The elimination rate constant from the plasma compartment was  $k_{10}$ . It was assumed that the short time exposure to the BBB endothelium (<5 minutes) was insufficient to produce detectable levels within the BBB endothelium and the brain compartment; hence, elimination from the brain, which includes enzymatic degradation and brain clearance, was assumed to be negligible. This assumption is valid, as the macromolecule, such as A $\beta$ , is expected to traffic the overall thickness of BBB endothelium, around 2 to 3  $\mu$ m (Li et al., 2010), via receptor-mediated endocytosis, which is expected to take well over 15 minutes. For example, it takes about 30 minutes for 68% of transferrin to reach from the luminal to the abluminal side of the BBB, whereas, in 5 minutes, only a modest amount of 10%–12% was claimed to reach the abluminal side (Khan et al., 2018). Further, it is known that the Logan plot remains linear only until the kinetics are reversible. Although the first 5 minutes signify the reversible interactions of A $\beta$  peptide with its receptor on the luminal surface of the BBB, the A $\beta$  peptide enters into the irreversible cellular compartment beyond 5 minutes, and later into the brain parenchyma. This is coincided with the loss of linearity in the Logan plot beyond 5 minutes, as the assumption of reversible uptake is no longer valid (Supplemental Fig. 1). Based on these observations, data from 0–5 minutes were used for the Logan plot (reversible kinetics at BBB endothelium), whereas data from 5–40 minutes (irreversible kinetics into the cellular compartments and brain parenchyma) were used to construct the Patlak plot. Additionally, uniform mixing is assumed in all compartments, and elimination from BBB and the tissue compartment was assumed to be negligible when compared with the elimination from the central compartment.

The initial estimates were obtained for both A $\beta$ 40 and A $\beta$ 42 based on the in vitro uptake studies ( $k_{13}$  and  $k_{31}$ ) and the PK parameters ( $k_{12}$ ,  $k_{21}$ ,  $k_{10}$ ,  $V$ ) predicted by fitting the model described by the following differential equations to in vivo plasma and brain data. Initial conditions were  $C_{\text{plasma}} = \frac{\text{Dose}}{V}$  and  $C_{\text{tissue}} = C_{\text{BBB}} = 0$ , where *Dose* refers to the total dose administered in radioactivity units ( $\mu$ Ci);  $V$  stands for apparent volume of distribution in milliliters; and

$C_{plasma}$ ,  $C_{tissue}$ , and  $C_{BBB}$  represent the concentrations in plasma, tissue, and blood-brain barrier, respectively.

$$\frac{dC_{plasma}}{dt} = -(k_{10} + k_{13} + k_{12}) \cdot C_{plasma} + k_{21} \cdot C_{tissue} + k_{31} \cdot C_{BBB} \quad (3)$$

$$\frac{dC_{tissue}}{dt} = k_{12} \cdot C_{plasma} - k_{21} \cdot C_{tissue} \quad (4)$$

$$\frac{dC_{BBB}}{dt} = k_{13} \cdot C_{plasma} - k_{31} \cdot C_{BBB} \quad (5)$$

Various kinetic parameters were predicted by simultaneously fitting the model to plasma and brain radioactivity, which were obtained by gamma counter and SPECT/CT imaging, respectively, and the goodness of fit was assessed.

### Statistical Analyses

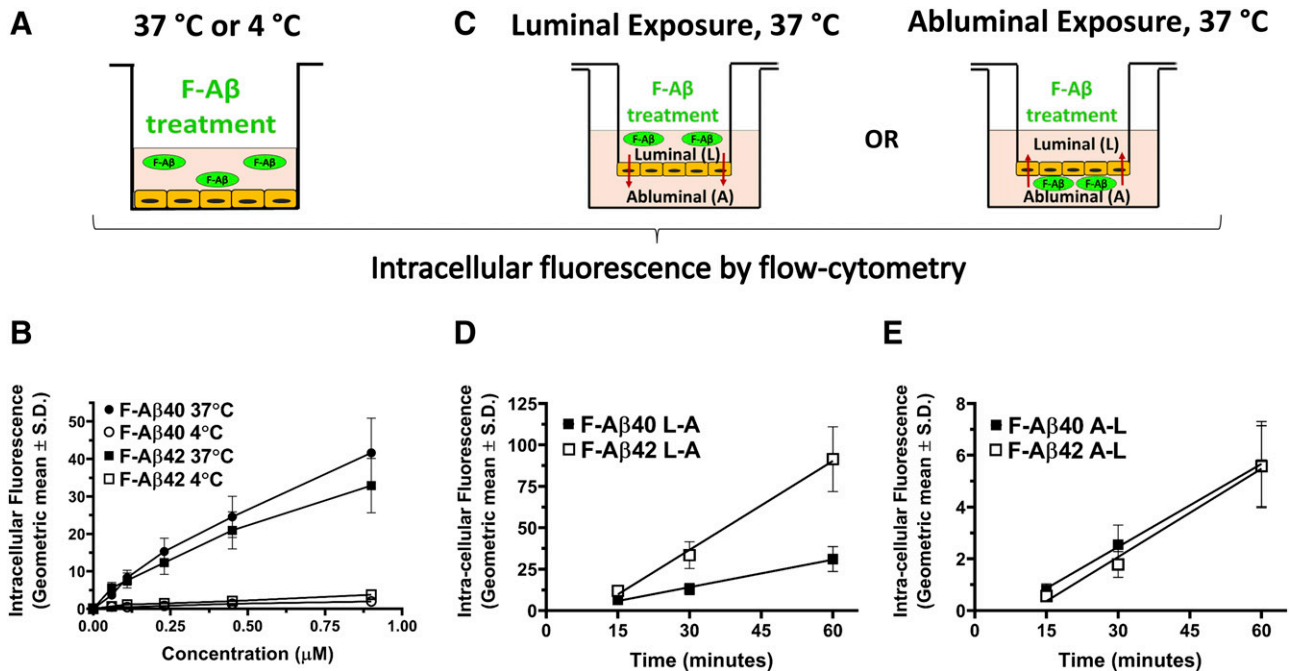
The observed data are expressed as means  $\pm$  S.D., whereas predicted parameters are presented either as parameter estimate  $\pm$  S.E. or parameter estimate (percent coefficient of variance). Statistical significance ( $*P < 0.05$ ,  $**P < 0.01$ , and  $***P < 0.001$ ) of the differences between A $\beta$ 40 and A $\beta$ 42 kinetics was ascertained by Student's  $t$  test conducted using Prism version 5 (GraphPad software, La Jolla, CA).

## Results

We investigated the kinetics of A $\beta$ 40 and A $\beta$ 42 uptake and transcytosis at the BBB in vitro in hCMEC/D3 cell monolayers. The in vitro findings were then verified in mice in vivo by employing dynamic imaging methods coupled with quantitative modeling techniques.

**Distinct Uptake Kinetics of F-A $\beta$ 40 and F-A $\beta$ 42 at the BBB Endothelium In Vitro.** F-A $\beta$  peptides demonstrated saturable uptake by polarized hCMEC/D3 cell monolayers grown on six-well plates at 37°C. However, F-A $\beta$  uptake at 4°C, when energy-dependent endocytic mechanisms were inhibited, was linearly dependent on the donor concentration (Fig. 1B). In addition, both F-A $\beta$ 40 and F-A $\beta$ 42 accumulated linearly over time in hCMEC/D3 cell monolayers grown on Transwell filters, and their cellular accumulation was higher after luminal exposure (Fig. 1D) than upon abluminal exposure (Fig. 1E). Importantly, slopes of F-A $\beta$ 40 or F-A $\beta$ 42 uptake by hCMEC/D3 cell monolayers versus time were not significantly different upon abluminal exposure (Table 1). However, upon luminal exposure, the slope of F-A $\beta$ 42 ( $1.79 \pm 0.12$  IFU/min) was found to be significantly (Student's  $t$  test,  $P^{***} < 0.001$ ) greater than that of F-A $\beta$ 40 ( $0.55 \pm 0.04$  IFU/min).

**Determination of [ $^{125}$ I]A $\beta$  Kinetics at the BBB and Brain In Vivo Using Graphical Model Analyses.** Dynamic imaging methods allow us to temporally separate [ $^{125}$ I]A $\beta$  interactions with the BBB and analyze them using Logan and Patlak plots. The Logan plot describes the reversible interaction of [ $^{125}$ I]A $\beta$  with the BBB endothelium, which is assumed to occur within the first 5 minutes of intravenous bolus administration. Beyond 5 minutes, irreversible entry of [ $^{125}$ I]A $\beta$  into the BBB endothelium and brain parenchyma predominates, and the corresponding kinetics could be described by the Patlak plot. The Logan plot analysis demonstrated distinct reversible kinetics of [ $^{125}$ I]A $\beta$ 40 and [ $^{125}$ I]A $\beta$ 42 and predicted significantly ( $***P < 0.001$ ) higher  $V_T$  for [ $^{125}$ I]A $\beta$ 42 ( $55.8 \pm 1.2 \mu\text{l}$ ) than for [ $^{125}$ I]A $\beta$ 40 ( $39.7 \pm 0.07 \mu\text{l}$ ) (Fig. 2B; Table 2). Beyond 5 minutes, linearity of the Logan plots was lost, which may represent the switch from reversible



**Fig. 1.** Distinct uptake kinetics of F-A $\beta$ 40 and F-A $\beta$ 42 in hCMEC/D3 cells. (A) Experimental design describing (B) total (37°C, filled) and nonspecific (4°C, open) uptake of F-A $\beta$ 40 (circle) or F-A $\beta$ 42 (square) in hCMEC/D3 cells incubated with increasing concentrations of F-A $\beta$  peptides. Data are presented as geometric means  $\pm$  geometric S.D. (C) Experimental design describing the accumulation of F-A $\beta$ 40 (filled square) and F-A $\beta$ 42 (open square) in polarized hCMEC/D3 cell monolayers over time in (D) L-A and (E) A-L directions. Linear regression slopes (Table 1) were estimated and compared using Student's  $t$  test ( $***P < 0.001$ ).



TABLE 1

Kinetics of F-A $\beta$ 40 and F-A $\beta$ 42 uptake by polarized hCMEC/D3 cell monolayers

Data are presented as slope  $\pm$  S.D.

Slope Parameter (IFU/min)	F-A $\beta$ 40	F-A $\beta$ 42	Significance
Luminal-abluminal (L-A)	0.55 $\pm$ 0.04	1.79 $\pm$ 0.12	***
Abluminal-luminal (A-L)	0.11 $\pm$ 0.003	0.11 $\pm$ 0.01	N.S.

Significance determined by Student's *t* test (\*\*\**P* < 0.001).

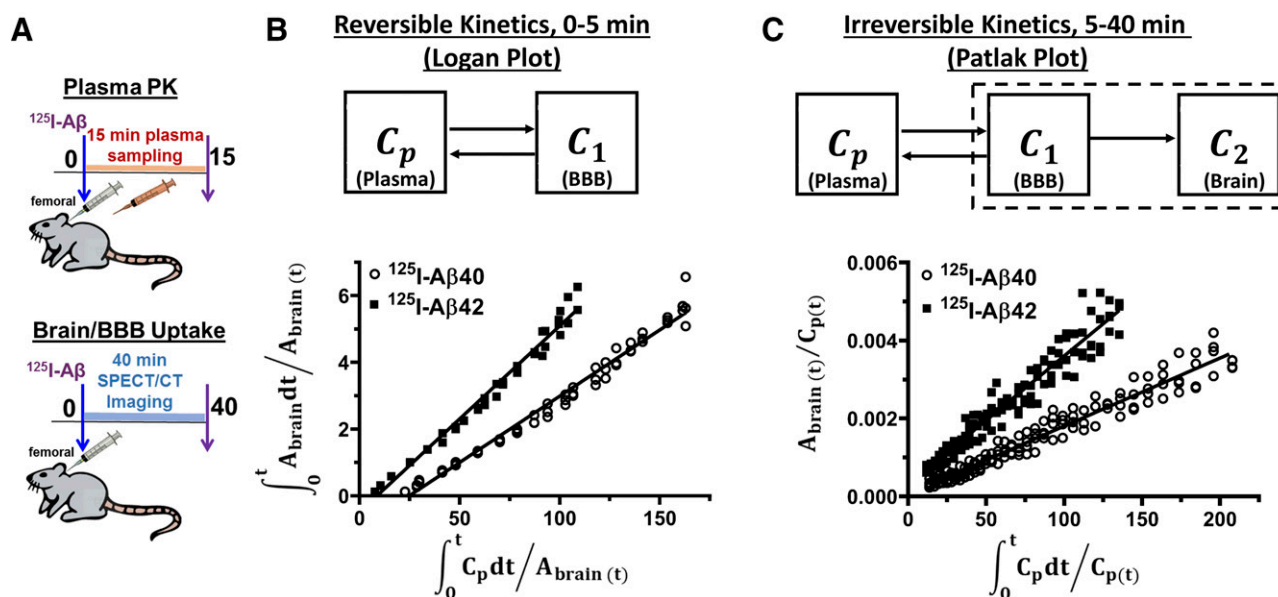
[ $^{125}$ I]A $\beta$  interactions with the BBB to irreversible [ $^{125}$ I]A $\beta$  uptake into the BBB endothelium and brain parenchyma (Supplemental Fig. 1). The irreversible [ $^{125}$ I]A $\beta$  kinetics were described by the  $K_i$  assessed by the Patlak plots (Fig. 2C; Table 2). The  $K_i$  for [ $^{125}$ I]A $\beta$ 42 (0.33  $\pm$  0.07  $\mu$ l/min) was found to be significantly (\**P* < 0.05) higher than that of [ $^{125}$ I]A $\beta$ 40 (0.17  $\pm$  0.03  $\mu$ l/min).

**Differences between [ $^{125}$ I]A $\beta$ 40 and [ $^{125}$ I]A $\beta$ 42 Interactions with the BBB Endothelium.** Upon intravenous bolus administration in WT mice, [ $^{125}$ I]A $\beta$  concentrations were assessed in plasma and the brain (Fig. 3A). The brain concentrations were assayed by dynamic SPECT/CT imaging within 5 minutes after [ $^{125}$ I]A $\beta$  administration and are assumed to be associated with the BBB endothelium. The compartmental model described in Fig. 3B was simultaneously fitted to the plasma and BBB concentrations of [ $^{125}$ I]A $\beta$ 40 (Fig. 3C) or [ $^{125}$ I]A $\beta$ 42 (Fig. 3D). The goodness of fit was established based on the Akaike criterion and the residual plots. The plasma PK parameter estimates (Table 3) thus obtained for  $k_{12}$ ,  $k_{21}$ , and  $k_{10}$  showed statistically significant differences between [ $^{125}$ I]A $\beta$ 40 and [ $^{125}$ I]A $\beta$ 42. Additionally, the predicted volume of distribution ( $V$ ) of [ $^{125}$ I]A $\beta$ 42 (16.47  $\pm$  1.28 ml) was significantly greater than that of [ $^{125}$ I]A $\beta$ 40 (5.15  $\pm$  0.37 ml). Moreover, influx ( $k_{13}$ ) and efflux ( $k_{31}$ ) rate constants between plasma and BBB, estimated from the dynamic SPECT/CT imaging data, were found

to be significantly different between [ $^{125}$ I]A $\beta$ 40 and [ $^{125}$ I]A $\beta$ 42. Since these peptides do not appreciably permeate the BBB and reach the brain parenchyma in significant amounts within the first 5 minutes,  $k_{13}$  and  $k_{31}$  are expected to describe the interactions of [ $^{125}$ I]A $\beta$ 40 or [ $^{125}$ I]A $\beta$ 42 with their luminal receptors. The dissociation constant  $k_d$ , which is represented as the ratio of  $k_{31}$  to  $k_{13}$ , was also found to be substantially lower for [ $^{125}$ I]A $\beta$ 40 (107.5) than for [ $^{125}$ I]A $\beta$ 42 (355.5).

## Discussion

Cerebrovascular diseases such as small vessel disease, white matter hyperintensities, and cerebral amyloid angiopathy were reported to contribute to approximately 40% of all dementias, including AD. Although underlying mechanisms are not completely understood, plasma A $\beta$  appears to aggravate BBB dysfunction in cerebrovascular diseases (Goos et al., 2012). It was claimed that the BBB dysfunction associated with these pathologies leads to a reduction in A $\beta$  clearance from the brain and augments neuropathological changes, manifested as amyloid burden,  $\tau$  tangles, and neuronal loss (Kisler et al., 2017). In the Rotterdam study, higher plasma A $\beta$  levels were found to be associated with the greater incidence of cerebrovascular disease and cognitive decline in patients with AD as well as in elderly participants without dementia (Hilal et al., 2017). Plasma A $\beta$ 40 levels were shown to be strongly associated with diffuse small vessel disease (Gomis et al., 2009), whereas higher plasma A $\beta$ 42 levels were found to be associated with white matter hyperintensity volume and greater incidence of infarcts on MRI (Gurol et al., 2006; Toledo et al., 2011). Additionally, chronic exposure of plasma A $\beta$ 40 and A $\beta$ 42 to the BBB endothelium was shown to produce vasoconstriction (Suhara et al., 2003; Rice et al., 2012) and vasomotor dysfunction (Park et al., 2013), cerebral blood flow



**Fig. 2.** Kinetics of BBB interactions (Logan plot) and brain uptake (Patlak plot) of [ $^{125}$ I]A $\beta$ 40 and [ $^{125}$ I]A $\beta$ 42 in WT mice. (A) Experimental design; (B) distribution volumes ( $V_T$ ) of [ $^{125}$ I]A $\beta$ 40 (filled circle) and [ $^{125}$ I]A $\beta$ 42 (filled square) determined by the Logan plot; and (C) brain influx clearance rates ( $K_i$ ) of [ $^{125}$ I]A $\beta$ 40 (open circle) and [ $^{125}$ I]A $\beta$ 42 (filled square) determined by the Patlak plot. Corresponding slopes (Table 2) are presented as the means  $\pm$  S.E. The statistical significance between [ $^{125}$ I]A $\beta$ 40 and [ $^{125}$ I]A $\beta$ 42 was assessed by Student's *t* test (\**P* < 0.05; \*\*\**P* < 0.001).

TABLE 2

Graphical model-predicted slope parameters of [ $^{125}$ I]A $\beta$ 40 and [ $^{125}$ I]A $\beta$ 42Data are presented as slope  $\pm$  S.E.

Graphical Model	Slope Parameter (units)	F-A $\beta$ 40	F-A $\beta$ 42	Significance
Logan plot	Distribution volume, $V_T$ ( $\mu$ L)	$39.7 \pm 0.07$	$55.8 \pm 1.2$	***
Patlak plot	Influx clearance, $K_i$ ( $\mu$ l/min)	$0.17 \pm 0.03$	$0.33 \pm 0.07$	*

Significance determined by Student's  $t$  test (\* $P < 0.05$ ; \*\*\* $P < 0.001$ ).

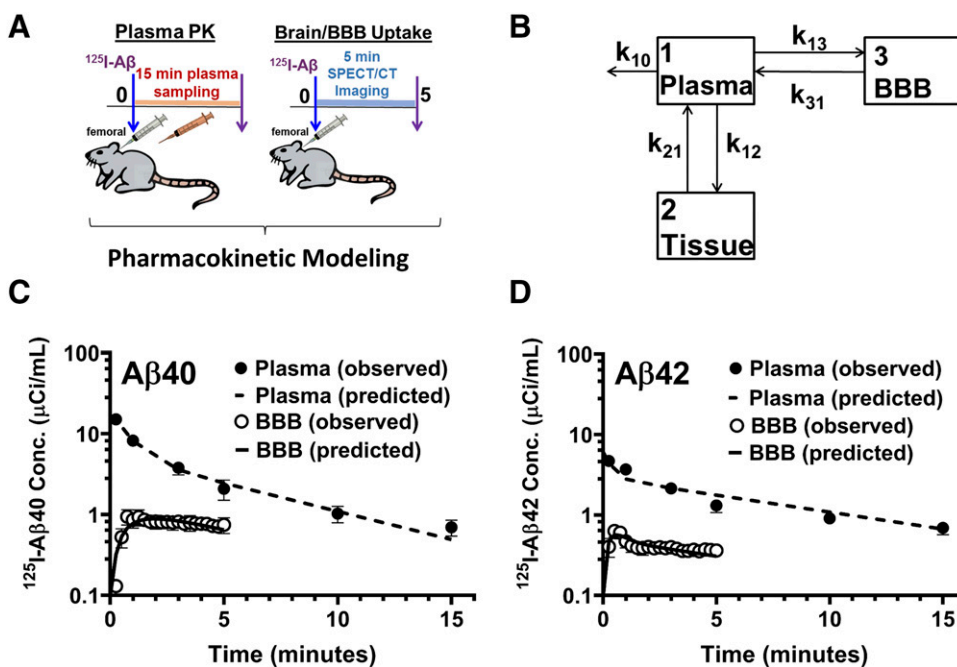
changes (Niwa et al., 2000), and BBB leakage (Wan et al., 2015). However, the toxicokinetics of plasma A $\beta$  and the differential impact of A $\beta$ 40 and A $\beta$ 42 on the BBB dysfunction are not well understood.

The endocytosis of A $\beta$ 40 and A $\beta$ 42 at the BBB endothelium was reported to be mediated by RAGE on the luminal side and LRP1 on the abluminal side. A $\beta$ 40 demonstrated greater affinity to LRP1 and possibly to RAGE than A $\beta$ 42 (Deane et al., 2004, 2009, 2012). Our studies in WT mice have shown that the efflux of [ $^{125}$ I]A $\beta$ 40 in the abluminal-to-luminal (A-L) direction is 1.5-fold greater than that of [ $^{125}$ I]A $\beta$ 42, but the influx of [ $^{125}$ I]A $\beta$ 42 in the luminal-to-abluminal (L-A) direction is about 4-fold greater than that of [ $^{125}$ I]A $\beta$ 40 (Swaminathan et al., 2018). Hence, the differences between the transcytosis of A $\beta$ 40 and A $\beta$ 42 at the BBB endothelium could not be completely explained based on their affinities with the receptors. Our hypothesis is that the toxic exposure of A $\beta$  peptides to the BBB is a consequence of changes in A $\beta$  binding to the BBB endothelium, uptake, and their subsequent transcytosis.

We tested this hypothesis by investigating the uptake of A $\beta$ 40 and A $\beta$ 42 in the polarized hCMEC/D3 endothelial monolayers, which is a well characterized human BBB model (Weksler et al., 2005; Poller et al., 2008). Although the polarized hCMEC/D3 monolayer model is known to have leakier tight junctions, its human origin would allow us to employ this model to investigate molecular mechanisms associated with cerebrovascular pathology in patients with

AD. Moreover, we employed hCMEC/D3 monolayers only to investigate the intraendothelial accumulation of A $\beta$  proteins, which gives us an estimate of BBB exposure to A $\beta$ 40 versus A $\beta$ 42. However, we did not investigate A $\beta$  transcytosis in hCMEC/D3 monolayers, as it could be confounded by the leakier paracellular spaces in this model. As previously reported by us (Kandimalla et al., 2009) and others (Deane et al., 2003), A $\beta$  uptake by BBB endothelial cells is saturable and was significantly inhibited at 4°C. Based on this evidence, A $\beta$  peptides are most likely internalized by the BBB endothelium by receptor-mediated endocytosis. However, it was recently shown that A $\beta$ -mediated decrease in claudin-5 and occludin expression may allow for size-selective paracellular movement of A $\beta$  monomers, whereas the higher molecular weight A $\beta$  oligomers may still encounter diffusional resistance and thus accumulate in the brain interstitial space (Keaney et al., 2015). Although it is not clear whether this is facilitated by the ability of A $\beta$  to transiently modulate actin cytoskeleton rearrangement in healthy brains, the study suggests the existence of such coordinated A $\beta$  clearance processes at the BBB.

In our in vitro experiments, we observed that the unidirectional uptake of both A $\beta$ 40 and A $\beta$ 42 is polarized and is significantly greater in the L-A direction than in the A-L direction. We further observed that the rate of A $\beta$ 42 accumulation is higher than that of A $\beta$ 40 in the L-A direction, whereas the rate of accumulation is similar for both A $\beta$ 40 and A $\beta$ 42 in the A-L direction.



**Fig. 3.** Distinct plasma-BBB uptake kinetics of [ $^{125}$ I]A $\beta$ 40 and [ $^{125}$ I]A $\beta$ 42 in WT mice. (A) Experimental design; (B) three-compartment pharmacokinetic model describing plasma kinetics and interactions with the BBB endothelium of (C) [ $^{125}$ I]A $\beta$ 40 and (D) [ $^{125}$ I]A $\beta$ 42. Plasma: filled circles represent observed values, and dashed lines correspond to the predicted data. BBB: open circles represent observed values, and solid lines show predicted data. Corresponding model-predicted parameters of [ $^{125}$ I]A $\beta$ 40 and [ $^{125}$ I]A $\beta$ 42 are presented (Table 3) as means (percent coefficient of variance). Significance determined by Student's  $t$  test (\* $P < 0.05$ ; \*\* $P < 0.01$ ; \*\*\* $P < 0.001$ ).

TABLE 3

Pharmacokinetic model-predicted parameters of [<sup>125</sup>I]Aβ40 and [<sup>125</sup>I]Aβ42Data are presented as means (coefficient of variance expressed as a percentage).  $k_d$  and  $CL_i$  calculated as described using mean parameter estimates. No significance was determined.

Parameter	Units	[ <sup>125</sup> I]Aβ40	[ <sup>125</sup> I]Aβ42	Significance
$k_{12}$	min <sup>-1</sup>	0.59 (15)	1.32 (29)	*
$k_{21}$	min <sup>-1</sup>	0.50 (6)	1.37 (10)	***
$k_{10}$	min <sup>-1</sup>	0.44 (13)	0.19 (10)	**
$k_{13}$	min <sup>-1</sup>	0.004 (15)	0.009 (12)	***
$k_{31}$	min <sup>-1</sup>	0.43 (13)	3.2 (11)	***
$k_d$ or $k_{31}/k_{13}$	unitless	107.5	355.5	—
$V$	ml	5.15 (7)	16.47 (8)	***
$CL_i$ or $k_{13} \times V$	ml/min	0.02	0.15	—

Significance determined by Student's *t* test (\* $P < 0.05$ ; \*\* $P < 0.01$ ; \*\*\* $P < 0.001$ ).

To explore these in vitro findings, conventional methodologies using steady-state measurements (Shibata et al., 2000), microdialysis (Cirrito et al., 2003), or capillary depletion techniques are inadequate, as they are not amenable to determining unidirectional rates of uptake in the L-A direction or vice versa. Hence, dynamic SPECT/CT imaging techniques were employed to determine the rates of L-A transcytosis of Aβ40 versus Aβ42. Further, quantitative techniques were employed to temporally resolve initial interaction kinetics of [<sup>125</sup>I]Aβ peptides with BBB endothelium from the transcytosis. Kinetics of [<sup>125</sup>I]Aβ with the BBB endothelium during the first 5 minutes after intravenous administration were described by the Logan plot, which assumes that [<sup>125</sup>I]Aβ on/off kinetics with the luminal receptors at these earliest time points are reversible. Moreover, the linearity of the Logan plot is lost at later time points (5–40 minutes), which is likely due to the entry of the tracer into the brain parenchyma, a kinetically irreversible compartment. The irreversibility of [<sup>125</sup>I]Aβ accumulation in the brain parenchyma at later time points satisfies the assumptions of the Patlak plot. Hence, Patlak plots were employed to describe the transcytosis of [<sup>125</sup>I]Aβ.

The slope of the Logan plot, which describes the  $V_T$ , was higher for [<sup>125</sup>I]Aβ42 than for [<sup>125</sup>I]Aβ40. Moreover, the  $K_i$  into the irreversible brain compartment indicated by the slope of the Patlak plot was higher for [<sup>125</sup>I]Aβ42 than that of [<sup>125</sup>I]Aβ40. In fact, Logan slope ( $V_T$ ) and Patlak slope ( $K_i$ ) represent two complimentary parameters of L-A transcytosis. Higher  $V_T$  value of [<sup>125</sup>I]Aβ42 suggests robust interaction of Aβ42 with the BBB endothelium compared with [<sup>125</sup>I]Aβ40. Similarly, higher  $K_i$  of [<sup>125</sup>I]Aβ42 compared with [<sup>125</sup>I]Aβ40 is indicative of greater brain influx of [<sup>125</sup>I]Aβ42 compared with [<sup>125</sup>I]Aβ40. These global trends were further resolved into individual rates by simultaneously fitting plasma and brain data to a compartmental model.

Distinct plasma-to-BBB transfer rate constants for [<sup>125</sup>I]Aβ40 and [<sup>125</sup>I]Aβ42 were predicted by the compartmental model. The influx rate constant ( $k_{13}$ ) of [<sup>125</sup>I]Aβ42 was higher than that of [<sup>125</sup>I]Aβ40. Moreover, the product of  $k_{13}$  and  $V$ , which refers to influx clearance  $CL_i$  from plasma to BBB, was predicted to be higher for [<sup>125</sup>I]Aβ42 compared with that of [<sup>125</sup>I]Aβ40. This is in line with the Patlak plot predictions of higher  $K_i$  for [<sup>125</sup>I]Aβ42 than that of [<sup>125</sup>I]Aβ40. Moreover, the ratio of  $k_{31}$  to  $k_{13}$  ( $k_{31}/k_{13}$ ), an estimate of the dissociation constant ( $k_d$ ), is higher for [<sup>125</sup>I]Aβ42 compared with [<sup>125</sup>I]Aβ40. These results indicate that despite the higher affinity of

[<sup>125</sup>I]Aβ40 to the luminal BBB receptors compared with that of [<sup>125</sup>I]Aβ42, the L-A transcytosis of [<sup>125</sup>I]Aβ40 was lower. It is not uncommon for macromolecules to demonstrate greater affinity for the receptors (Thomas, 2000) but show ineffective transcytosis. Hence, reduction of receptor affinity is often pursued as a strategy to improve the transcytosis of such molecules (Bien-Ly et al., 2014). Although it is possible that the lower ability of [<sup>125</sup>I]Aβ40 to transcytose across the BBB endothelium is due to its greater receptor affinity, it may also result from the ability of vasculotropic Aβ40 to inhibit its own exocytosis (Agyare et al., 2013), most likely by interfering with the SNARE assemblies (Sharda et al., 2020). It would be interesting to evaluate how these distinct profiles impact the clearance of abluminal Aβ and Aβ plaques in the brain. These aspects are currently being investigated in our laboratory.

Although our current study highlights the differences in the kinetics of luminal Aβ40 and Aβ42, it does not predict any molecular mediators that could potentially lead to these differences. In addition, we did not investigate the impact of plasma protein [albumin, ApoE, ApoJ, soluble LRP, soluble RAGE, etc.] binding on the systemic clearance and BBB uptake of Aβ40 versus Aβ42. Another methodological constraint that warrants careful interpretation of the kinetic data is the use of supra-physiological [<sup>125</sup>I]Aβ doses in SPECT/CT imaging studies to enhance the brain signal. Although 10 to 11 μg of [<sup>125</sup>I]Aβ was administered as an intravenous bolus injection in SPECT/CT studies, 2–2.2 μg [<sup>125</sup>I]Aβ was injected in the plasma PK studies. Based on the volumes of distribution of Aβ40 and Aβ42, these doses are expected to generate plasma concentrations of 2 μg/ml for Aβ40 and 0.6 μg/ml for Aβ42 in SPECT studies. Similarly, in PK studies, Aβ40 and Aβ42 plasma concentrations are expected to be around 0.4 and 0.12 μg/ml, respectively. Despite substantial differences in plasma Aβ concentrations, differences between Aβ40 and Aβ42 uptake rates at the BBB were consistent, as observed in our earlier studies (Swaminathan et al., 2018). These results suggest that the relative differences in Aβ40 and Aβ42 uptake at the BBB remain consistent across a wide range of plasma concentrations, including at the plasma Aβ levels observed in patients with Alzheimer disease and transgenic mice.

In summary, Aβ40 and Aβ42 exhibit differential trafficking kinetics at the BBB endothelium under normal physiologic conditions. Although luminal Aβ40 demonstrated greater affinity to the BBB endothelium compared with Aβ42, the rate of Aβ42 uptake from plasma and its subsequent transcytosis into the brain is significantly higher than that of Aβ40. During Alzheimer progression and in cerebrovascular disease, the physiologic machinery that orchestrates Aβ trafficking at the BBB could be disrupted and result in anomalous Aβ exposure to the BBB endothelium. This in turn could unleash downstream toxic effects on the cerebral microvasculature and aggravate neurocognitive changes.

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#### Authorship Contributions

Participated in research design: Sharda, Kandimalla.  
Conducted experiments: Sharda, Ahlschwede, Curran.

Contributed new reagents or analytical tools: Lowe, Kandimalla.

Performed data analysis: Sharda, Ahlschwede, Kandimalla.

Wrote or contributed to the writing of the manuscript: Sharda, Ahlschwede, Curran, Lowe, Kandimalla.

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