# Manipulating Pharmacodynamic Efficacy with Agonist + Antagonist Mixtures: In Vitro and In Vivo Studies with Opioids and Cannabinoids

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# ABSTRACT

Pharmacodynamic efficacy of drugs to activate their receptors is a key determinant of drug effects, and intermediate-efficacy agonists are often useful clinically because they retain sufficient efficacy to produce therapeutically desirable effects while minimizing undesirable effects. Molecular mechanisms of efficacy are not well understood, so rational drug design to control efficacy is not yet possible; however, receptor theory predicts that fixed-proportion mixtures of an agonist and antagonist for a given receptor can be adjusted to precisely control net efficacy of the mixture in activating that receptor. Moreover, the agonist proportion required to produce different effects provides a quantitative scale for comparing efficacy requirements across those effects. To test this hypothesis, the present study evaluated effectiveness of fixed-proportion agonist/ antagonist mixtures to produce in vitro and in vivo effects mediated by  $\mu$ -opioid receptors (MOR) and cannabinoid type 1 receptors (CB<sub>1</sub>R). Mixtures of 1) the MOR agonist fentanyl and antagonist naltrexone and 2) the CB1R agonist CP55,940 and

# antagonist/inverse agonist rimonabant were evaluated in an in vitro assay of ligand-stimulated guanosine 5'-O-(3-[35S]thio) triphosphate binding and an in vivo assay of thermal nociception in mice. For both agonist/antagonist pairs in both assays, increasing agonist proportions produced graded increases in maximal mixture effects, and lower agonist proportions were sufficient to produce in vivo than in vitro effects. These findings support the utility of agonist-antagonist mixtures as a strategy to control net efficacy of receptor activation and to quantify and compare efficacy requirements across a range of in vitro and in vivo endpoints.

# SIGNIFICANCE STATEMENT

Manipulation of agonist proportion in agonist/antagonist mixtures governs net mixture efficacy at the target receptor. Parameters of agonist/antagonist mixture effects can provide a quantitative metric for comparison of efficacy requirements across a wide range of conditions.

# Introduction

The efficacy of a drug to activate transduction pathways coupled to its target receptor is a key pharmacodynamic determinant of both its therapeutic effectiveness and its safety (Blumenthal, 2018). Among opioids, for example, relatively high-efficacy opioids such as methadone, fentanyl, and morphine are therapeutically useful to treat severe pain, and methadone is also approved as a maintenance medication to treat opioid use disorder (OUD) and mitigate withdrawal in highly dependent opioid users; however, these drugs also have sufficient MOR efficacy to produce lethal respiratory depression and overdose death (Toombs and Kral, 2005; Yaksh and Wallace, 2018; Kreek et al., 2019). Conversely, the intermediate-efficacy MOR agonist buprenorphine is less effective for treatment of severe pain or highly dependent patients with OUD, but it can nonetheless produce analgesia and clinical benefit in less dependent patients with OUD, and it is safer than highefficacy opioids because it lacks sufficient efficacy to produce lethal respiratory depression even at very high doses (Raffa et al., 2014; Yaksh and Wallace, 2018; Kreek et al., 2019). Moreover, recent studies suggest that relatively low efficacy may contribute to the apparent bias and improved safety profiles of so-called biased MOR agonists (Gillis et al., 2020). These examples with opioids illustrate the more general

ABBREVIATIONS: BSA, bovine serum albumin; CB1R, cannabinoid type 1 receptor; CP55,940, (2-[(1R,2R,5R)-5-hydroxy-2-(3-hydroxypropyl) cyclohexyl]-5-(2-methyloctan-2-yl)phenol; DAMGO, [D-Ala<sup>2</sup>, N-MePhe<sup>4</sup>, Gly<sup>5</sup>-ol]enkephalin; E<sub>max</sub>, maximum effect; EP<sub>50</sub>, agonist proportion in an agonist/antagonist mixture to produce 50% agonist-alone E<sub>max</sub>; MOR, μ-opioid receptor; %MPE, percent maximum possible effect; OUD, opioid use disorder; [<sup>35</sup>S]GTPγS, guanosine 5'-O-(3-[<sup>35</sup>S]thio)triphosphate; WIN55,212-2, (11*R*)-2-methyl-11-[(morpholin-4-yl)methyl]-3-(naphthalene-1carbonyl)-9-oxa-1-azatricyclo[6.3.1.0<sup>4,12</sup>]dodeca-2,4(12),5,7-tetraene.

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principle that agonist efficacy exists on a continuum and that it is at least theoretically possible to develop drugs with limited efficacy sufficient to produce desired therapeutic effects while minimizing risk of undesired effects that require higher efficacy. Intermediate-efficacy medications have also been developed for other targets, including receptors for dopamine (Tamminga and Carlsson, 2002), serotonin (Yocca, 1990), norepinephrine (Lipworth and Grove, 1997), and acetylcholine (Rollema et al., 2007).

Although research on molecular mechanisms that govern efficacy is advancing, these mechanisms remain incompletely understood (Ide et al., 2010; Huang et al., 2015; Sounier et al., 2015; Sutcliffe et al., 2017). As a result, the discovery of lowand intermediate-efficacy agonists is often serendipitous despite their therapeutic potential. An alternative approach to controlling efficacy of a pharmacological treatment at a receptor target has been suggested by principles of receptor theory (Cornelissen et al., 2018). Specifically, receptor theory predicts that proportions of a competitive agonist and antagonist in an agonist/antagonist mixture can be manipulated to precisely control the net efficacy of the mixture such that increasing agonist proportions increase mixture efficacy. These predictions have been confirmed using mixtures of a high-efficacy MOR agonist (fentanyl) and an MOR antagonist (naltrexone) evaluated on behavioral endpoints in rhesus monkeys and rats (Cornelissen et al., 2018; Schwienteck et al., 2019). The clinical potential of such mixtures as pharmacotherapies is complicated by any pharmacokinetic differences in the agonist and antagonist components of the mixture; however, these mixtures can be especially useful for basic science applications that include quantification of efficacy requirements for different drug effects and determination of target efficacies that might be optimal for producing therapeutic effects while minimizing risk of undesirable effects.

The goal of the present study was to extend our previous investigations on agonist/antagonist mixtures in two ways. First, to determine whether agonist/antagonist mixture effects would extend to in vitro biochemical measures of efficacy, the effects of fentanyl/naltrexone mixtures were compared on endpoints of 1) in vitro activation of mouse MOR using an assay of agonist-stimulated [ $^{35}S$ ]GTP $\gamma S$ binding and 2) in vivo antinociception in mice using an assay of warm water tail withdrawal (Selley et al., 1998; Yuan et al., 2013). Second, to determine whether agonist/ antagonist mixtures targeting a nonopioid receptor would also produce effects predicted by receptor theory, we used the same two assays to compare effects produced by mixtures of the high-efficacy cannabinoid type 1 receptor (CB<sub>1</sub>R) agonist CP55,940 and antagonist/inverse agonist rimonabant (Breivogel et al., 1998; Grim et al., 2016; Grim et al., 2017). We hypothesized that maximal mixture effects in each assay would vary as an orderly function of agonistto-antagonist proportion such that mixtures with increasing agonist proportions would produce increasing maximal effects. Additionally, as outlined in Fig. 1, we predicted that analysis of the curve relating agonist proportion to maximal mixture effects in each assay would permit quantification of MOR and CB<sub>1</sub>R efficacy requirements to produce effects in each assay, as they have for previous in vivo endpoints (Cornelissen et al., 2018; Schwienteck et al., 2019).

# Materials and Methods

# In Vitro Studies

**Chemicals.** [<sup>3</sup>H]Naloxone (70 Ci/mmol), [<sup>3</sup>H]rimonabant (SR141716A, 42 Ci/mmol), and [<sup>35</sup>S]GTP $\gamma$ S (1250 Ci/mmol) were purchased from PerkinElmer (Boston, MA). (-)-Naltrexone HCl; fentanyl HCl; CP55,940; rimonabant; WIN55,212-2; and [D-Ala<sup>2</sup>,N-MePhe<sup>4</sup>,Gly<sup>5</sup>-ol] enkephalin (DAMGO) were provided by the National Institute on Drug Abuse Drug Supply Program (Bethesda, MD). All other chemical reagents were purchased from Sigma Chemical Co. (St. Louis, MO) or Fisher Scientific (Waltham, MA). Fentanyl, naltrexone, and DAMGO were dissolved in deionized H<sub>2</sub>O, whereas CP55,940; rimonabant; and WIN55,212-2 were dissolved in 95% ethanol.

Cell Culture and Membrane Preparation. Cell lines used for this study were CHO cells stably transfected with either the mouse MOR (mMOR-CHO) expressing a [<sup>3</sup>H]naloxone maximum specific binding value of 2.70  $\pm$  0.18 pmol/mg MOR (K<sub>D</sub> = 2.34  $\pm$  0.34 nM) or mouse cannabinoid receptor 1 (mCB<sub>1</sub>R-CHO) expressing a [<sup>3</sup>H]rimonabant maximum specific binding value of  $4.12 \pm 0.63$  pmol/mg CB<sub>1</sub>R  $(K_D = 2.33 \pm 0.34 \text{ nM})$ . Cells were grown in a Dulbecco's modified Eagle's medium/F12 medium containing 10% FBS, 1% penicillin/ streptomycin, and 0.5% G418 for mMOR-CHO or 0.55% hygromycin B for mCB<sub>1</sub>R-CHO cells and cultured at 37°C in a humidified atmosphere of 5% CO<sub>2</sub> and 95% air. Cells were harvested by replacing media with cold phosphate-buffered saline followed by agitation and centrifuged at 1000g for 10 minutes. The resulting pellet was homogenized in membrane buffer (50 mM Tris, 3 mM MgCl<sub>2</sub>, and 1 mM EGTA, pH 7.4) and stored at -80°C until use. Cell homogenates were thawed, diluted, and homogenized in membrane buffer and then centrifuged at 50,000g for 10 minutes at 4°C. The resulting pellet was homogenized in the indicated assay buffer prior to each assay. Protein was determined according to Bradford (1976).

Receptor Binding Assay. Receptor competition binding assays were conducted both in the absence and in the presence of sodium and guanine nucleotides to determine high-affinity and low-affinity agonist binding K<sub>i</sub> values, respectively. To determine binding under high-agonist-affinity conditions conventionally used to assess ligand affinities, mMOR-CHO (25-30 mg) or mCB1R-CHO (10-12 mg) cell membranes were incubated for 90 minutes at 30°C in assay buffer (50 mM Tris-HCl, 3 mM MgCl<sub>2</sub>, and 0.2 mM EGTA; pH 7.4) with 1.5 nM [<sup>3</sup>H]naloxone or 0.92 nM [<sup>3</sup>H]rimonabant, respectively, and varying concentrations of opioid (fentanyl or naltrexone) or cannabinoid (CP55,940 or rimonabant) ligands. Nonspecific binding was determined by inclusion of 5 mM naltrexone or 5 mM WIN55,212-2 for MOR and CB1R, respectively. Reactions were terminated by rapid filtration under vacuum through Whatman GF/B glass filter fibers, and the filters were then rinsed three times with ice-cold Tris-HCl (pH 7.7) buffer. Bound radioactivity was then determined by liquid scintillation spectrophotometry at 45% efficiency for <sup>3</sup>H after 9-hour extraction of the filters in scintillation fluid. In the CB<sub>1</sub>R binding assays, 0.5% w/v bovine serum albumin (BSA) was included in the assay buffer, and the filters were soaked in 50 mM Tris-HCl (pH 7.7) buffer containing 0.5% BSA for at least 30 minutes prior to filtration. The same procedure was used to determine binding under lowagonist-affinity binding conditions, except that the assay buffer included 100 mM NaCl, 20 mM GDP, and 0.1 nM unlabeled GTP<sub>γ</sub>S. Low-affinity binding conditions were used to mimic binding conditions in the functional assay of ligand-stimulated  $[^{35}S]GTP\gamma S$ binding.

[<sup>35</sup>S]GTP $\gamma$ S Binding Assay. mMOR-CHO (10 mg) or mCB<sub>1</sub>R-CHO (6 mg) cell membranes were incubated for 90 minutes at 30°C in assay buffer containing 100 mM NaCl, 20  $\mu$ M GDP, 0.1 nM [<sup>35</sup>S]GTP $\gamma$ S, and varying concentrations of either a single drug (fentanyl, naltrexone, CP55,940, or rimonabant) or fixed-proportion mixtures of fentanyl/ naltrexone or CP55,940/rimonabant. In the CB<sub>1</sub>R-CHO cell assays, 0.1% BSA was included in the assay buffer. Nonspecific binding was determined using 20  $\mu$ M unlabeled GTP $\gamma$ S. Reactions were terminated by rapid vacuum filtration as described above. Bound radioactivity was

determined by liquid scintillation spectrophotometry at 90% efficiency for  $^{35}\mathrm{S}.$ 

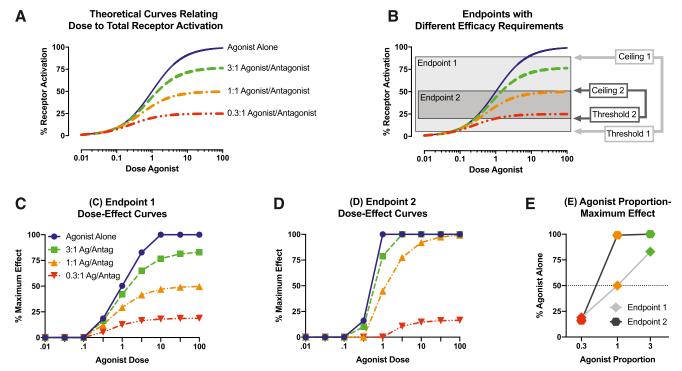
The fixed proportions of opioid (fentanyl/naltrexone) or cannabinoid (CP55,940/rimonabant) ligands in each mixture were based on their K<sub>i</sub> values derived from competition binding in mMOR-CHO or mCB<sub>1</sub>R-CHO cell membranes, respectively, under low-agonistaffinity binding conditions to match the  $[^{35}S]GTP\gamma S$  binding conditions. Specifically, preliminary studies examined effects of an agonist/antagonist proportion for fentanyl/naltrexone and for CP55,940/rimonabant that was equal to the proportion of agonist and antagonist K<sub>i</sub> values determined from the low-affinity competition binding studies. Based on these preliminary results, additional drug proportions were incremented up or down in approximately 0.25 or 0.5 log units with the intent of progressing from relatively high agonist-to-antagonist proportions that approached effects of the agonist alone to relatively low agonist-to-antagonist proportions that approached effects of the antagonist alone. The final mixture proportions expressed as X:1 agonist/antagonist were 965, 322, 107, 35.8, 11.9, and 3.97:1 for fentanyl/naltrexone and 128, 42.7, 14.2, 4.75, 1.59, and 0.526:1 for CP55,940/rimonabant.

## In Vivo Studies

**Drugs.** Fentanyl HCl; (-)-naltrexone HCl; CP55,940; and rimonabant were all provided by the National Institute on Drug Abuse Drug Supply Program (Bethesda, MD). Fentanyl, naltrexone, and their mixtures were prepared in saline vehicle, whereas CP55,940; rimonabant; and their mixtures were prepared in a vehicle of 1:1:18 ethanol/emulphor/saline. Drug doses are expressed as the salt forms described above, and mixture proportions are adjusted for molecular weight. All drugs and mixtures were administered subcutaneously.

**Subjects.** Adult male Swiss-Webster mice (Envigo Laboratories, Indianapolis, IN) were housed in groups of five in an American Association for Accreditation of Laboratory Animal Care-accredited temperature- and humidity-controlled animal care facility with a 12-hour light/dark cycle (lights on at 6:00 AM). Mice had free access to food, water, and nesting material. On the day prior to experimentation, mice were moved to a testing room and allowed to acclimate overnight while remaining in their home cages. Each mouse was used only once. Animal maintenance and research adhered to guidelines for the care and use of laboratory animals (National Research Council, 2011) as adopted and promulgated by the National Institutes of Health. All animal use protocols were approved by the Virginia Commonwealth University Institutional Animal Care and Use Committee.

Warm Water Tail-Withdrawal Procedure. A warm water tailwithdrawal procedure (Yuan et al., 2013) was used to evaluate treatment effects on tail-withdrawal latencies from water heated to  $56 \pm 0.2^{\circ}$ C using a water bath (Thermo Scientific Precision). To determine tail-withdrawal latencies, each mouse was secured in a towel, the bottom 5 cm of the tail was immersed in the water bath, and the latency to tail withdrawal was recorded with a stop watch. A cutoff time of 10 seconds was used to prevent tissue damage during repeated testing. A group of 10 mice was used to study effects of each



**Fig. 1.** Progression of steps tested empirically in this study. (A) In considering effects of an agonist on a population of its target receptor, increasing agonist doses will produce increasing levels of total receptor activation. The Furchgott equation for receptor theory predicts that fixed-proportion mixtures of the agonist with an antagonist for the same receptor will produce progressively lower maximal effects that decrease as the agonist proportion in the mixture decreases [for equation, see Cornelissen et al. (2018)]. (B) Receptor activation is transduced by biologic systems into different biologic endpoints measured by different experimental procedures. Each endpoint and associated procedure for its measurement has a threshold level of receptor activation required for detection of an effect and a ceiling level of receptor activation at which the effect plateaus. The threshold and ceiling define the dynamic range within which a procedure can detect changes in drug-induced receptor activation, and these constraints are different for different endpoint 2. (C) Theoretical effect of agonist alone and agonist/antagonist (Ag/Antag) mixtures on endpoint 1 with threshold 1 and ceiling 1. (D) Theoretical effect of agonist alone and agonist/antagonist 2 with threshold 2 and ceiling 2. (E) Plots relating agonist proportion in a mixture to maximal mixture effects ( $E_{max}$ ) on a given endpoint, expressed as a percentage of the agonist-alone maximal effect on that endpoint. The slope of the plot provides a measure of the dynamic range between threshold and ceiling for the endpoint and procedure (steeper required for the given endpoint. The slope of the plot provides a measure of the dynamic range between threshold and ceiling for the endpoint and procedure (steeper slopes imply narrower dynamic range).

drug or mixture, and at the start of each experiment, baseline tailwithdrawal latencies were determined in each mouse before drug treatments. Only mice with baseline latencies of less than 5 seconds were used for subsequent drug testing. Seven of 130 mice failed to meet this criterion, so final group sizes for each drug or mixture ranged from 8 to 10 mice.

Once baseline tail-withdrawal latencies had been established, mice received a series of increasing subcutaneous doses of test drug or mixture administered in a cumulative-dosing procedure in which each dose increased the total dose by 0.25 or 0.5 log units. Tail-withdrawal latencies were determined 15 minutes after each dose and immediately before the next dose. Dose ranges were intended to go from low doses that had no effect on tail-withdrawal latencies to high doses that produced maximal effects in most mice, produced a plateau in tail-withdrawal latencies at a submaximal level, or reached the highest possible doses given drug solubility constraints. Raw tailwithdrawal latencies after each dose in each mouse were converted to percent maximal possible effect (%MPE) using the following equation:

$$\% \ MPE = \left(rac{test \ latency - baseline \ lantency}{10 - baseline \ latency}
ight) imes 100.$$

To complement in vitro studies of ligand-stimulated [ $^{35}$ S]GTP $\gamma$ S, in vivo behavioral studies were conducted with agonist/antagonist drug pairs acting either at MOR (fentanyl and naltrexone) or CB<sub>1</sub>R (CP55,940 and rimonabant). For each agonist/antagonist pair, effects were determined for the agonist and antagonist administered alone and for a series of fixed-proportion agonist/antagonist mixtures. Specifically, preliminary studies examined effects of an agonist/antagonist proportion for fentanyl/naltrexone and for CP55,940/ rimonabant that produced approximately 50% of the agonist-alone  $E_{max}$ in the assay of ligand-modulated [ $^{35}$ S]GTP $\gamma$ S binding. These mixtures produced full antinociception, so the agonist proportion was reduced in additional mixtures described above for the [ $^{35}$ S]GTP $\gamma$ S studies. The final mixture proportions expressed as X:1 agonist/antagonist were 35.8, 11.9, 6.89, 3.97, and 1.37:1 for fentanyl/naltrexone and 5.56, 1.89, 0.625, and 0.213:1 for CP55,940/rimonabant.

# **Data Analysis**

Analysis of In Vitro Data. All samples were assayed in duplicate, and analysis was based on specific binding. Competition binding data were normalized as a percentage of radioligand bound in the absence of competing ligand. Competition curves (log inhibitor vs. response) were analyzed by four-parameter nonlinear regression, with the maximum binding constrained to 100% and minimum to 0%, to determine  $IC_{50}$  values and Hill coefficients.  $IC_{50}$  values were then converted to  $K_i$  values using the Cheng-Prussoff equation, where [L] is the concentration and  $K_D$  is the equilibrium dissociation constant of the radioligand:

$$K_i = \frac{IC_{50}}{1 + ([L]/K_D)}.$$

Ligand-modulated [<sup>35</sup>S]GTP<sub>γ</sub>S binding data were normalized as a percentage of net-stimulated [<sup>35</sup>S]GTP<sub>γ</sub>S binding by a maximally effective concentration of a standard full agonist at each receptor: DAMGO for MOR and WIN55,212-2 for CB<sub>1</sub>R, where net-stimulated [<sup>35</sup>S]GTP<sub>γ</sub>S binding was defined as binding in the presence of ligand minus that in the absence of ligand (basal). Concentration-effect curves (log agonist vs. response) were analyzed by four-parameter nonlinear regression, with the minimum constrained to 0, to obtain  $E_{max}$  and log EC<sub>50</sub> values. For the inverse agonist rimonabant and mixtures inhibiting [<sup>35</sup>S]GTP<sub>γ</sub>S binding, the maximum was constrained to 0, and  $E_{max}$  values were obtained as the minimum. Statistical significance of differences between K<sub>i</sub>,  $E_{max}$ , or log EC<sub>50</sub> values were determined using the two-tailed Student's *t* test when comparing two values or with ANOVA with post hoc Tukey's test when comparing more than two values. Hill coefficients were compared with a value of one using a one-sample Student's *t* test. A *P* value  $\leq 0.05$  was considered significant. Curve-fitting and statistical analyses for in vitro data and all other analyses described below were conducted using GraphPad Prism version 8.4.3 software.

Analysis of In Vivo Data. %MPE values were averaged across mice to yield mean  $\pm$  S.E.M. values for each dose of each drug or mixture. For each agonist alone, an ED<sub>50</sub> value (95% confidence limits) was defined as the dose producing 50% MPE and was determined using four-parameter nonlinear regression of dose-effect curves with the minimum constrained to 0 and the maximum constrained to the % MPE obtained at the highest drug dose tested. This was necessary because dose-effect curves of several of the CP55,940/rimonabant mixtures did not contain a sufficient number of points on the maximum plateau. Further, solubility limits with the cannabinoid mixtures prevented achievement of a maximum plateau.

Analysis for Comparison of In Vitro and In Vivo Effects. For each mixture in each assay, maximum mixture effects were expressed as the percentage of the maximum effect produced by the agonist alone relative to the antagonist alone using the following equation:

% Agonist Maximum = [(Mixture - Antagonist)/

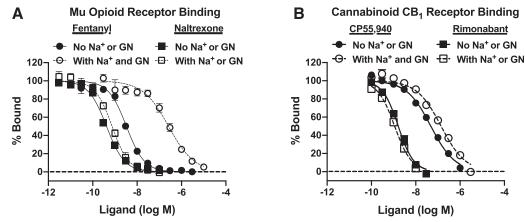
where Mixture, Agonist, and Antagonist equal the maximal effect on a given endpoint for the mixture, agonist alone, and antagonist alone, respectively. %Agonist Maximum values were plotted as a function of agonist proportion in the mixture (pAgonist), and the resulting pAgonist – %Agonist Maximum curve was then evaluated by nonlinear regression with the maximum constrained to 100% and the minimum constrained to 0% to determine two parameters. First, the EP<sub>50</sub> was defined as the effective agonist proportion producing 50% Agonist Maximum effect, and this provided a measure of the efficacy requirement for the designated endpoint. Second, the slope of the curve (provided by the Hill coefficient) was determined to provide a measure of the dynamic range of the designated endpoint for detecting agonist effects. EP<sub>50</sub> and slope values for in vitro and in vivo effects were considered to be significantly different if 95% confidence limits did not overlap.

## Results

#### In Vitro Studies

Receptor Binding. Figure 2 and Table 1 show data for receptor binding studies. In mMOR-CHO cells, both fentanyl and naltrexone competed with high affinity for [<sup>3</sup>H]naloxone binding to the MOR in the absence of sodium and guanine nucleotides (high-agonist-affinity state), with low to subnanomolar K<sub>i</sub> values that were not significantly different from each other. However, in the presence of sodium and guanine nucleotides (low-agonist-affinity state), the MOR affinity of fentanyl was significantly decreased (by ~81-fold), whereas that of naltrexone was not significantly altered. The Hill coefficient of fentanyl binding was significantly less than one in the absence of sodium and guanine nucleotides but did not differ from one in their presence; Hill coefficients of naltrexone binding did not differ from one regardless of assay conditions. The ratio of low-affinity fentanyl to naltrexone K<sub>i</sub> values was 322.

In mCB<sub>1</sub>R-CHO cells, CP55,940 competed with [<sup>3</sup>H]rimonabant binding to the CB<sub>1</sub>R with relatively high affinity ( $K_i \sim 25$  nM) in the absence of sodium and guanine nucleotides, whereas rimonabant had higher CB<sub>1</sub>R affinity with a subnanomolar  $K_i$  value. In the presence of sodium and



**Fig. 2.** Competition binding in the absence and presence of sodium and guanine nucleotides in membranes from mMOR-CHO and mCB<sub>1</sub>R-CHO cells. mMOR-CHO (A) or mCB<sub>1</sub>R-CHO (B) membranes were incubated with [<sup>3</sup>H]naloxone (A) or [<sup>3</sup>H]rimonabant (B) and varying concentrations of the indicated agonist (fentanyl, CP55,940) or antagonist (naltrexone, rimonabant) ligands in the absence or presence of sodium (Na<sup>+</sup> from 100 mM NaCl) and guanine nucleotides (GN; 20  $\mu$ M GDP and 0.1  $\mu$ M GTP $\gamma$ S). Data are mean values  $\pm$  S.E.M. (n = 5-8). Specific [<sup>3</sup>H]naloxone binding in the absence of competitor was 1.22  $\pm$  0.10 and 0.65  $\pm$  0.13 pmol/mg in mMOR-CHO cells in the absence and presence of sodium and guanine nucleotides, respectively. Specific [<sup>3</sup>H]rimonabant binding in the absence of competitor was 2.54  $\pm$  0.35 and 3.00  $\pm$  0.53 pmol/mg in mCB<sub>1</sub>R-CHO cells in the absence and presence of sodium and guanine nucleotides, respectively. Agonist but not antagonist competition curves were right-shifted by sodium and guanine nucleotides, with fentanyl binding affected to a greater extent than CP55,940 binding.

guanine nucleotides, the CB<sub>1</sub>R affinity of CP55,940 was significantly decreased (by ~2.8-fold), whereas that of rimonabant was not altered. The Hill coefficient of CP55,940 binding was significantly less than one in the absence of sodium and guanine nucleotides but not in their presence, whereas the Hill coefficient for rimonabant binding was not different from one under either assay condition. The ratio of low-affinity CP55,940 to rimonabant  $K_i$  values was 128.

Ligand-Stimulated [<sup>35</sup>S]GTP<sub>γ</sub>S Binding. Figure 3 and Table 2 show results from studies of ligand-stimulated [<sup>35</sup>S]  $GTP_{\gamma}S$  binding. In studies with mMOR-CHO cells, fentanyl alone acted as full agonist with  $E_{max}$  = 100.1%  $\pm$  3.3% relative to the reference agonist DAMGO, whereas naltrexone produced only minimal activation (E\_{max} = 5.2\%  $\pm$  0.3%). Increasing proportions of fentanyl in the mixtures produced graded increases in  $E_{max}$  values. The mixture with the lowest fentanyl proportion (3.97:1 F/N) had an  $E_{max}$  value of 15.0%  $\pm$ 1.2% that was not significantly different from that of naltrexone alone, and the mixture with the highest fentanyl proportion (965:1) had an  $E_{max}$  (91.3%  $\pm$  0.8%) that was not significantly different from fentanyl alone. In contrast to  $E_{max}$ values, log EC<sub>50</sub> values were generally unaffected by the proportion of fentanyl in the mixture. Thus, the  $\log EC_{50}$  value of fentanyl alone was  $-7.35 \pm 0.01$  (44.6 nM), and although

there was a slight trend toward increasing potency as the proportion of fentanyl decreased, no mixture log EC<sub>50</sub> value differed from that of fentanyl alone except for the mixture with the lowest fentanyl proportion (3.97:1 F/N; log EC<sub>50</sub> =  $-7.72 \pm 0.11$ ;  $\sim 22$  nM). This mixture also produced the only concentration-effect curve with a Hill coefficient (0.72  $\pm$  0.05) that significantly differed from one. The naltrexone EC<sub>50</sub> value ( $-9.56 \pm 0.10$ ;  $\sim 0.3$  nM) was significantly lower than that of fentanyl alone and all mixtures.

In studies with mCB<sub>1</sub>R-CHO cells, CP55,940 acted as a full agonist with  $E_{max} = 93.3\% \pm 5.1\%$  relative to the reference agonist WIN55,212-2, whereas rimonabant acted as an inverse agonist that reduced activity below the basal level ( $E_{max} = -31.5\% \pm 2.25\%$ ). The  $E_{max}$  values of the mixtures increased as the proportion of CP55,940 in the mixture increased. The mixture with the lowest CP55,940 proportion (0.526:1 C/R) produced a negative  $E_{max}$  value similar to rimonabant alone, whereas the mixtures with the highest CP55,940 proportions (128:1 or 42.6:1 C/R) had  $E_{max}$  values that were not different from CP55,940 alone. In contrast to  $E_{max}$  values, log  $EC_{50}$  values generally did not differ between CP55,940, rimonabant, and the various mixtures, except for 0.526:1 C/R, which inhibited [<sup>35</sup>S]GTP $\gamma$ S binding with higher potency than all other treatments. Hill slopes did not differ significantly

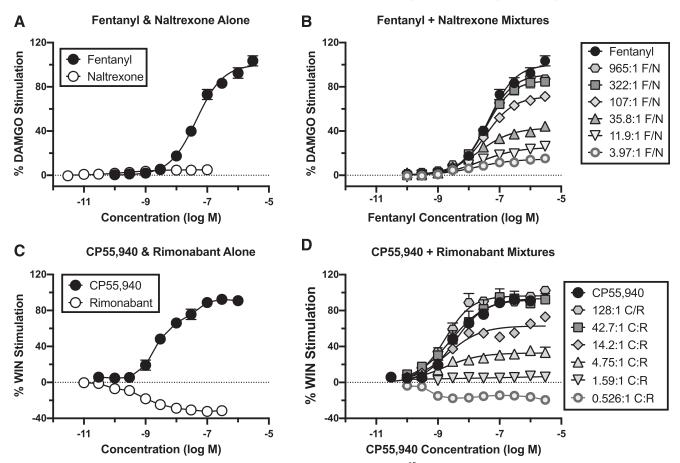
TABLE 1

Receptor competition binding values without and with sodium and guanine nucleotides

Values are means  $\pm$  S.E.M. from the competition binding curves shown in Fig. 2. Na<sup>+</sup>, 100 mM NaCl; GN, guanine nucleotides (20  $\mu$ M GDP and 0.1 nM GTP $\gamma$ S).

	No Na <sup>+</sup> , No GN		With Na <sup>+</sup> and GN	
Receptor; Ligand	$K_i$	$n_{ m H}$	$K_i$	$n_{ m H}$
	nM		nM	
MOR; fentanyl	$1.51\pm0.09$	$1.04 \pm 0.02$	$122.6 \pm 20.9^{***}$	$0.76 \pm 0.08^{**}$
MOR; naltrexone	$0.21 \pm 0.02$	$1.03 \pm 0.04$	$0.38 \pm 0.06^{*}$	$1.12 \pm 0.12$
CB <sub>1</sub> R; CP55,940	$25.3 \pm 3.7$	$0.76 \pm 0.06$	$71.6 \pm 11.8^{**}$	$0.84 \pm 0.04$
CB <sub>1</sub> R; rimonabant	$0.82\pm0.12$	$1.28\pm0.06$	$0.56 \pm 0.08$	$1.18\pm0.17$

 $^*P < 0.05$ ;  $^{**}P < 0.01$ ;  $^{***}P < 0.001$  different from No Na<sup>+</sup>, No GN condition by Student's t test.



**Fig. 3.** Effects of fixed-proportion agonist/antagonist mixtures on ligand-stimulated [ $^{35}$ S]GTP $\gamma$ S binding in membranes from mMOR-CHO and mCB<sub>1</sub>R-CHO (A and B) or mCB<sub>1</sub>R-CHO (C and D) membranes were incubated with 20 µM GDP and 0.1 nM [ $^{35}$ S]GTP $\gamma$ S and varying concentrations of fentanyl or naltrexone alone (A); CP55,940 or rimonabant alone (C); or the indicated fixed proportions of fentanyl/naltrexone (B) or CP55,940/rimonabant (D). The *x*-axes in (A and C) show the concentration of either the agonist or the antagonist administered alone. The *x*-axes of (B and D) show the concentration of the agonist only, and the antagonist concentration as be calculated as agonist concentration + fixed-proportion dose ratio of agonist to antagonist. Fixed-proportion concentration ratios are expressed as X:1 agonist/antagonist, which are fentanyl/naltrexone (F/N) in mMOR-CHO and CP55,940/rimonabant (C/R) in mCB<sub>1</sub>R-CHO cells. Data represent percentage of the stimulation produced by a maximally effective concentration (3 µM) of a full agonist at each receptor type: DAMGO for MOR (A and B) and WIN55,212-2 (WIN) for CB<sub>1</sub>R (C and D). All values are means ± S.E.M. (*n* = 3–6). Basal and net DAMGO-stimulated [ $^{35}$ S]GTP $\gamma$ S binding in mMOR-CHO cells was 50.2 ± 3.4 fmol/mg and 186.3 ± 15.5 fmol/mg, respectively (*n* = 16). Basal and net CP55,940-stimulated [ $^{35}$ S]GTP $\gamma$ S binding in mCB<sub>1</sub>R-CHO cells was 107.4 ± 7.0 and 190.6 ± 11.2 fmol/mg, respectively (*n* = 25). Fixed-proportion mixtures generally showed increasing maximal stimulation of [ $^{35}$ S]GTP $\gamma$ S binding as a function of increasing proportion of agonist to antagonist. Rimonabant alone and the 0.526:1 CP55,940/rimonabant mixture reduced [ $^{35}$ S]GTP $\gamma$ S binding below basal levels consistent with inverse agonism.

from one; however, variability in the Hill slope of the 0.526:1 C/R mixture might have caused an artifactually high potency.

## In Vivo Studies

Figure 4 and Table 3 show results from studies of warm water tail withdrawal in mice. Mean  $\pm$  S.E.M. baseline tailwithdrawal latencies ranged from 1.44  $\pm$  0.10 to 3.99  $\pm$  0.22 seconds across groups and averaged 2.83  $\pm$  0.12 seconds for all mice in the study. Administration of fentanyl alone produced dose-dependent antinociception to a maximum effect of 100% MPE, whereas naltrexone alone had no effect. Fixedproportion mixtures of fentanyl and naltrexone produced increasing maximum effects as the proportion of fentanyl in the mixture increased. Similarly, the CB<sub>1</sub>R agonist CP55,940 produced dose-dependent antinociception to a maximum effect of 100% MPE, whereas rimonabant had no effect when administered alone. In assessment of fixed-proportion mixtures of CP55,940 and rimonabant, constraints on solubility prevented assessment of high mixture doses sufficient to identify plateaus in mixture effects as with the fentanyl/ naltrexone mixtures. However, for the doses that could be examined, fixed-proportion mixtures of CP55,940 and rimonabant produced increasing maximum effects as the proportion of CP55,940 in the mixture increased. Although there were some differences in  $ED_{50}$  values across agonists alone and agonist/antagonist mixtures, these differences did not vary as a systematic function of agonist proportion in the mixtures.

# Comparison of In Vitro and In Vivo Effects

The maximum effects of each mixture were expressed as a percentage of the maximum effect of the constituent agonist alone (percent agonist-alone  $E_{max}$ ) and plotted as a function of the agonist proportion in the mixture (pAgonist). These pAgonist- $E_{max}$  plots are shown in Fig. 5. For fentanyl/naltrexone mixtures, increasing agonist proportions produced increasing maximal effects on both in vitro ligand-stimulated [<sup>35</sup>S] GTP $\gamma$ S binding and in vivo antinociception. Table 4 shows that

## TABLE 2

 $E_{max}$  and  $EC_{50}$  values of fixed-proportion agonist/antagonist mixtures in ligand-modulated  $[^{35}S]GTP\gamma S$  binding

 $E_{max}$ ,  $EC_{50}$ , and Hill coefficient values are derived from the concentration-effect curves shown in Fig. 3. Fixed-proportion concentration ratios are expressed as X:1 agonist/antagonist, which are fentanyl/naltrexone (F/N) in MOR-expressing cells and CP55,940/rimonabant (C/R) in CB<sub>1</sub>R-expressing cells.  $E_{max}$  values are expressed as a percentage of the stimulation produced by a maximally effective concentration (%Max) of a full agonist at each receptor type (DAMGO for MOR and WIN55,212-2 for CB<sub>1</sub>R).  $EC_{50}$  values for agonist alone and all mixtures are expressed as log M agonist concentration along with conversion to [nanomolar] concentration, whereas  $EC_{50}$  values listed for each antagonist alone represent the log M  $EC_{50}$  in anomolar] concentration of the antagonist. For mixtures, the antagonist concentration at the  $EC_{50}$  value can be calculated as  $EC_{50} \div$  fixed-proportion dose ratio of agonist to antagonist. All values are means  $\pm$  S.E.M. (MOR n = 4; CB<sub>1</sub> n = 3-6).  $E_{max}$  or log  $EC_{50}$  values without any overlapping letter designations (within each receptor type) are P < 0.05 different from each other by ANOVA with Tukey's post hoc test.

Receptor	Mixture	E <sub>max</sub> (%Max)	$EC_{50} \ (log \ M)$	Hill Coefficient
			nM	
MOR	Fentanyl	$100.1 \pm 3.3^{ m a}$	$-7.35 \pm 0.01^{\mathrm{a}}$ [44.6]	$1.00\pm0.03$
MOR	965 F:1 N	$91.3\pm0.8^{\rm ab}$	$-7.42 \pm 0.05^{ m ab} \ [39.4]$	$0.98 \pm 0.03$
MOR	322 F:1 N	$85.5\pm2.8^{\rm b}$	$-7.45 \pm 0.02^{ m ab} \ [35.5]$	$1.01\pm0.03$
MOR	107 F:1 N	$71.7~\pm~1.6^{ m c}$	$-7.46 \pm 0.03^{ m ab} \ [35.4]$	$0.96 \pm 0.06$
MOR	35.8 F:1 N	$38.7 \pm 4.2^{ m d}$	$-7.61 \pm 0.07^{ m ab} \ [25.6]$	$0.82\pm0.06$
MOR	11.9 F:1 N	$25.8\pm2.5^{ m de}$	$-7.57 \pm 0.04^{ m ab} \ [27.6]$	$0.77 \pm 0.11$
MOR	3.97 F:1 N	$15.0\pm1.2^{ m ef}$	$-7.72 \pm 0.11^{\mathrm{b}} \ [21.9]$	$0.72\pm0.05^a$
MOR	Naltrexone	$5.2\pm0.3^{ m f}$	$-9.56 \pm 0.10^{ m c} \; [0.29]$	$0.83\pm0.11$
$CB_1R$	CP55,940	$93.3\pm5.1^{\rm a}$	$-8.48 \pm 0.05^{\mathrm{a}}$ [3.44]	$0.99\pm0.10$
$CB_1R$	128 C:1 R	$97.0\pm1.0^{ m a}$	$-8.73 \pm 0.11^{\mathrm{a}}$ [2.24]	$1.00\pm0.09$
$CB_1R$	42.7 C:1 R	$90.9\pm5.9^{ m a}$	$-8.61 \pm 0.17^{\mathrm{a}} \ [3.76]$	$0.88 \pm 0.04$
$CB_1R$	14.2 C:1 R	$62.6 \pm 3.1^{ m b}$	$-8.72 \pm 0.11^{\mathrm{a}}$ [2.23]	$0.96\pm0.09$
$CB_1R$	4.75 C:1 R	$33.2 \pm 2.5^{\rm c}$	$-8.85 \pm 0.17^{\mathrm{a}}$ [2.16]	$1.11 \pm 0.22$
$CB_1R$	1.59 C:1 R	$8.1\pm1.0^{\rm d}$	$-9.20 \pm 0.36^{\mathrm{a}} \; [1.76]$	$0.69 \pm 0.15$
$CB_1R$	0.526 C:1 R	$-16.1\pm3.4^{\rm e}$	$-10.3 \pm 0.22^{ m b} \; [0.09]$	$2.29\pm0.49$
$CB_1R$	Rimonabant	$-31.5 \pm 2.2^{ m e}$	$-9.20\pm0.10^{\mathrm{a}}[0.72]$	$0.89\pm0.11$

 $^{aa-c}$  E<sub>max</sub> or log EC<sub>50</sub> values without any overlapping letter designations (within each receptor type) are P < 0.05 different from each other by ANOVA with Tukey's post hoc test. "Hill coefficient is P < 0.05 different from one by Student's t test.

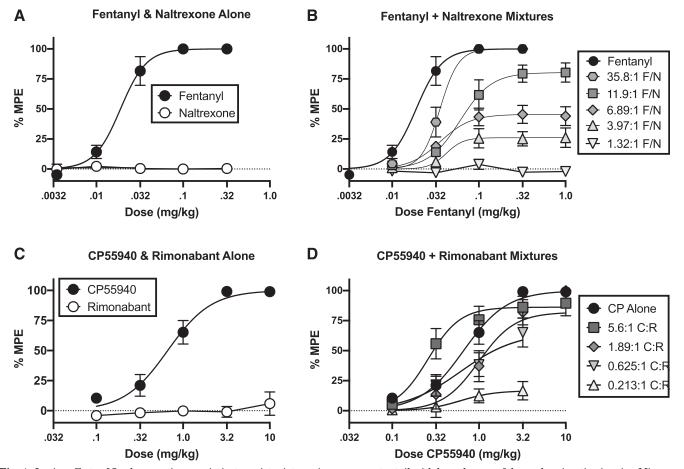
the EP<sub>50</sub> value (i.e., effective agonist proportion to produce an  $E_{max}$  that is 50% of agonist-alone  $E_{max}$ ) was significantly lower for antinociception, indicating that antinociception had a lower efficacy requirement than ligand-stimulated [<sup>35</sup>S]GTP<sub>Y</sub>S binding. Table 4 also shows that the slope was steeper for antinociception, indicating that antinociception had a narrower dynamic range for detection of agonist effects than [<sup>35</sup>S]GTP<sub>Y</sub>S binding.

For the CP55,940/rimonabant mixtures, EP<sub>50</sub> values for in vivo antinociception should be considered estimates because constraints in solubility prevented determination of effect plateaus for some mixtures. As a result, maximal effects for those mixtures may be underestimated, and the actual position of the curve relating agonist proportion to percent maximal agonist effect may be located to the left of that shown in the figure. Given this caveat, increasing CP55,940 proportions produced increasing maximal effects on both in vitro and in vivo endpoints. Table 4 shows that the  $EP_{50}$  value was significantly lower for antinociception, indicating that for cannabinoids as for opioids, antinociception had a lower efficacy requirement than ligand-stimulated  $[^{35}S]GTP\gamma S$ binding. Table 4 also shows that slopes were not different, indicating that both endpoints had a similar dynamic range of sensitivity to agonist effects.

# Discussion

This study evaluated the utility of fixed-proportion agonist/ antagonist mixtures to manipulate pharmacodynamic efficacy and to probe efficacy requirements for MOR- and CB<sub>1</sub>R-mediated effects. There were three main findings. First, consistent with predictions of receptor theory and with previous results using other species and endpoints, increasing fentanyl proportions in a series of fentanyl/naltrexone mixtures produced increasing maximal effects for both an in vitro and an in vivo measure of MOR-mediated drug effects. Second, this general pattern of results with an MOR agonist/antagonist pair was extended to the CB<sub>1</sub>R agonist/antagonist pair of CP55,940 and rimonabant, providing evidence for generalization of this finding to another receptor type. Lastly, the agonist proportion in agonist/antagonist mixtures may serve not only as a useful variable for manipulating net efficacy but also as a useful scale for quantifying the efficacy requirement and dynamic range of different effects mediated by a common receptor type. In this case, results suggest that in vitro ligand-stimulated [<sup>35</sup>S]GTP<sub>7</sub>S binding in CHO cells had a higher efficacy requirement than in vivo antinociception for both MOR and CB<sub>1</sub>R activation.

Fentanyl/Naltrexone Mixtures. The present results agree with our previous finding that fixed-proportion fentanyl/naltrexone mixtures produce graded and increasing maximum effects as the fentanyl proportion in the mixtures increases (Cornelissen et al., 2018; Schwienteck et al., 2019). Our previous studies examined fentanyl/naltrexone mixture effects on in vivo behavioral endpoints in rhesus monkeys and rats and directly compared effects of fentanyl/naltrexone mixtures to effects of different MOR ligands that vary in efficacy. The present study extended these findings in two ways. First, this study used an in vitro assay of ligandmodulated  $[^{35}S]GTP\gamma S$  binding in mMOR-CHO cells to compare mixture efficacies to activate the initial step of MOR signaling. Assays of  $[^{35}S]GTP\gamma S$  binding have an established history of use for comparing the efficacies of MOR ligands (Traynor and Nahorski, 1995; Emmerson et al., 1996; Selley et al., 1997; Selley et al., 1998). Accordingly, this procedure provided an important test of the hypothesis that agonist proportion in fixed-proportion agonist/antagonist mixtures could be systematically manipulated to control net efficacy of the mixture. Our results support this hypothesis. Concentrationeffect curves for each fentanyl/naltrexone mixture produced



**Fig. 4.** In vivo effects of fixed-proportion agonist/antagonist mixtures in a warm water tail-withdrawal assay of thermal nociception in mice. Mice were injected with varying doses of fentanyl or naltrexone alone (A); CP55,940 or rimonabant alone (C); or the indicated fixed-proportion mixtures of fentanyl + naltrexone (B) or CP55,940 + rimonabant (D). The x-axes in (A and C) show dose of either the agonist or the antagonist administered alone. The x-axes of (B and D) show the dose of the agonist only, and the antagonist dose can be calculated as agonist dose  $\div$  fixed-proportion dose ratios are expressed as X:1 agonist/antagonist, which are fentanyl/naltrexone (F/N) and CP55,940/rimonabant (C/R). Data represent %MPE with a 10-second cutoff in 56°C water. All values are means  $\pm$  S.E.M. (n = 8-10). Fixed-proportion mixtures generally showed increasing antinociception as a function of increasing agonist proportion in the mixtures.

concentration-dependent increases in [ $^{35}$ S]GTP $\gamma$ S binding up to a plateau, and  $E_{max}$  values increased as the fentanyl proportion in the mixture increased. These results also illustrate the principle that agonist/antagonist mixture efficacy can be precisely controlled by titrating the agonist proportion.

Although maximal levels of [ $^{35}$ S]GTP $\gamma$ S binding can vary either across individual MOR ligands or across agonist/ antagonist mixtures, it should be noted that this qualitative similarity is mediated by distinct mechanisms. For individual drugs, increasing concentrations will eventually produce full receptor occupancy, and differences in maximal receptor activation across drugs reflect differences in efficacy to activate each receptor. For agonist/antagonist mixtures, the efficacies of the agonist and antagonist at the receptor do not change across mixtures, but the agonist proportion in the mixture determines maximal receptor occupancy by the agonist. Thus, differences in maximal receptor activation across mixtures reflect differences in maximal receptor occupation by the agonist.

A theoretically important proportion for research with agonist/antagonist mixtures is when the ratio of agonist to antagonist concentrations in the mixture is equal to the ratio of agonist to antagonist affinities at the receptor. At this proportion, high mixture concentrations should produce

50% receptor occupancy by the agonist and 50% by the antagonist. In the absence of any receptor reserve, this agonist/antagonist proportion should produce a maximum effect that is halfway between the agonist- and antagonistalone maximal effects, i.e., the EP<sub>50</sub> value. Receptor reserve is implied for a given endpoint if the EP<sub>50</sub> for that endpoint is less than the ratio of agonist to antagonist affinities. Because of the special implications for this proportion, the present study determined fentanyl and naltrexone affinities at MOR in competition binding assays. Using conventional high-affinity assay conditions, fentanyl and naltrexone affinities were similar to previously reported values (Emmerson et al., 1994; Emmerson et al., 1996), and the ratio of fentanyl K<sub>i</sub> to naltrexone K<sub>i</sub> was 7.19. However, affinities were also determined using low-affinity binding conditions that matched conditions in the functional assay of  $[^{35}S]GTP\gamma S$ binding. These low-affinity binding conditions produced greater decreases in affinity for the agonist fentanyl than for the antagonist naltrexone as previously described for these and other MOR ligands (Childers, 1991; Emmerson et al., 1994; Emmerson et al., 1996). As a result, the ratio of fentanyl K<sub>i</sub> to naltrexone K<sub>i</sub> under low-affinity conditions increased to 322, and this was included as the initial ratio of fentanyl to

## TABLE 3

 $E_{max}$  and  $ED_{50}$  values of fixed-proportion agonist/antagonist mixtures in the warm water tail-withdrawal assay of thermal antinociception in mice

 $E_{max}$ ,  $ED_{50}$ , and Hill coefficient values are derived from the dose-response curves shown in Fig. 4. Fixed-proportion dose ratios are expressed as X: 1 agonist/antagonist, which are fentanyl/naltrexone (F/N) and CP55,940/rimonabant (C/R).  $E_{max}$  values are expressed as %MPE.  $ED_{50}$  values are expressed as agonist dose in micrograms per kilogram. For mixtures, the antagonist concentration at the  $ED_{50}$  value can be calculated as  $ED_{50} \div$  fixed-proportion dose ratio of agonist to antagonist. All values are means (95% confidence limits) (n = 8-10). Values without any overlap in confidence limits are P < 0.05 different from each other, although upper or both confidence limits of some values could not be accurately determined.

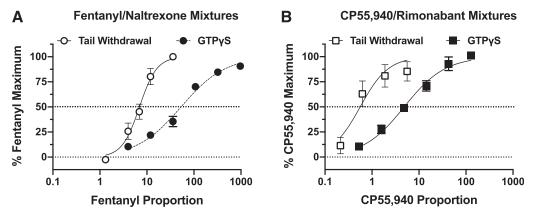
Receptor	Mixture	E <sub>max</sub> (%MPE)	$ED_{50}$	Hill Coefficient
			$\mu g / kg$	
MOR	Fentanyl	100	20.2 (15.2-23.7)	2.90 (2.03-4.67)
MOR	35.8 F:1 N	100	35.6 (31.2-43.5)	$4.06~(1.97-\infty)$
MOR	11.9 F:1 N	80.3 (61.8-98.8)	60.7 (43.7-83.3)	$2.40(1.37-\infty)$
MOR	6.89 F:1 N	45.5 (28.2-62.8)	35.8 (22.1-56.2)	$2.45(1.03-\infty)$
MOR	3.97 F:1 N	26.1 (7.31-44.8)	$42.2 (21.8-\infty)$	$5.67 (0.54 - \infty)$
MOR	1.32 F:1 N	-2.09 (-5.08  to  0.89)	N.D.	N.D.
MOR	Naltrexone	0.42 (-2.08 to 2.91)	N.D.	N.D.
$CB_1R$	CP55,940	100	665 (518-845)	1.73 (1.22-2.58)
$CB_1R$	5.56 C:1 R	86.2 (65.6-106.8)	259 (174-395)	$2.35(1.08-\infty)$
$CB_1R$	1.89 C:1 R	82.0 (58.3-105.7)	997 (589-1556)	$2.09(0.97-\infty)$
$CB_1R$	0.625 C:1 R	65.2 (37.8-92.6)	614 (317-1137)	1.34 (0.67-3.17)
$CB_1R$	0.213 C:1 R	16.6 (-0.68  to  33.9)	612 (N.D.)	$2.22 \; (-0.03 \; \text{to} \; \infty)$
$CB_1R$	Rimonabant	5.9 (-15.9  to  23.8)	N.D.	N.D.

N.D., values could not be determined.

naltrexone for studies of [ $^{35}$ S]GTP $\gamma$ S binding. This mixture produced a maximal effect nearly as high as fentanyl alone, and as a result, only one higher fentanyl proportion was studied along with a series of lower fentanyl proportions until mixtures were identified that produced effects similar to naltrexone alone. Overall, the EP<sub>50</sub> for fentanyl/naltrexone mixtures to stimulate [ $^{35}$ S]GTP $\gamma$ S binding in mMOR-CHO cells was approximately 6-fold lower than the ratio of fentanyl to naltrexone low-affinity K<sub>i</sub> values. As noted above, the finding that the EP<sub>50</sub> was lower than the ratio of agonist to antagonist K<sub>i</sub> values suggests the existence of receptor reserve, which agrees with earlier results comparing low-affinity binding K<sub>i</sub> values with EC<sub>50</sub> values for stimulation of [ $^{35}$ S]GTP $\gamma$ S binding in mMOR-CHO cells by fentanyl and other high-efficacy MOR ligands (Selley et al., 1998).

The present study also extended evaluation of fentanyl/ naltrexone mixtures to thermal antinociception in mice. The  $EP_{50}$  value was lower and the slope steeper for mixture effects in this behavioral assay than in the in vitro assay. The lower  $EP_{50}$  value indicates that this assay of thermal antinociception in mice has an even lower efficacy requirement (and higher receptor reserve) than the assay of ligand-modulated [<sup>35</sup>S]GTP $\gamma$ S binding. Moreover, the steeper slope indicates that thermal antinociception has a narrower dynamic range than ligand-modulated [<sup>35</sup>S]GTP $\gamma$ S binding. Accordingly, the assays of thermal antinociception and [<sup>35</sup>S]GTP $\gamma$ S binding can be conceptualized as having relative threshold and ceiling values similar to endpoints 1 and 2, respectively, in Fig. 1.

This comparison of fentanyl/naltrexone mixture effects across assays also illustrates the general principle that curves relating agonist proportion to percent agonist-alone effect can be directly compared across endpoints that can span cellular to behavioral levels of analysis in any species and permit quantitative estimates of efficacy requirements. For example, Table 4 compares the EP<sub>50</sub> and slope values for fentanyl/naltrexone mixtures in assays of ligand-modulated



**Fig. 5.** Effect of agonist proportion on the maximal effect produced by fixed-proportion agonist/antagonist mixtures. Maximum mixture effects from in vitro studies of ligand-modulated [ $^{35}$ S]GTP $\gamma$ S binding and in vivo studies of thermal antinociception are expressed as percent maximum effect of fentanyl vs. naltrexone alone (A) or CP55,940 vs. rimonabant alone (B) on the ordinate and plotted as a function of the agonist vs. antagonist proportion in each mixture on the abscissa. All values are means  $\pm$  S.E.M. (n = 3-5 for GTP $\gamma$ S and 8-10 for warm water tail withdrawal). Percent agonist-alone values for each measure increased as a function of the proportion of agonist in each mixture. Table 4 shows EP<sub>50</sub> and slope parameters derived from these curves.

## TABLE 4

 $EP_{50}$  and Hill coefficient values from plots of agonist proportion vs. maximal effect for data from the in vitro assay of ligand-stimulated  $[^{35}S]$  GTP $\gamma S$  binding and in vivo assay of warm water tail withdrawal or drug discrimination

 $\rm EP_{50}$  and Hill coefficient values are derived from the proportion-maximal effect curves shown in Fig. 5. The  $\rm EP_{50}$  value is defined as the X:1 agonist/antagonist concentration ratio at which 50% of the theoretical maximal response of agonist alone compared with antagonist alone was achieved in each measure. All values are means with confidence limits (tail withdrawal n = 8-10; GTP $\gamma$ S n = 3-5).  $\rm EP_{50}$  and Hill coefficient values are considered significantly different from each other when there is no overlap between confidence limits.

Receptor	Measure	$EP_{50}$	Hill Coefficient
MOR	$[^{35}S]GTP\gamma S$	53.01 (43.28-63.40)	0.92 (0.79-1.09)
MOR	TW-56°C mouse	6.94(5.95 - 8.08)	2.35(1.67 - 3.39)
$MOR^a$	DD-rat	3.69(2.07 - 5.93)	1.85(0.15 - 16.85)
$MOR^a$	TW-50°C monkey	8.98 (5.42-14.82)	$2.39(0.88-\infty)$
$MOR^a$	TW-50°C rat	13.90 (12.27-15.66)	2.05 (1.27-6.89)
$MOR^a$	TW-54°C monkey	$14.14 \ (8.72 - 21.36)$	$1.93 (0.90-\infty)$
$CB_1R$	$[^{35}S]GTP\gamma S$	4.85 (3.79-6.14)	1.00(0.81 - 1.24)
$CB_1R$	TW-56°C mouse	0.56 (0.35 - 0.94)	$1.45~(0.69-\infty)$

DD, drug discrimination; TW, tail withdrawal.

<sup>a</sup>From Cornelissen et al. (2018); Schwienteck et al. (2019).

 $[^{35}S]$ GTPγS binding and thermal antinociception in mice (present study) with those in assays of fentanyl discrimination in rats and thermal antinociception determined previously in rats and rhesus monkeys (Cornelissen et al., 2018; Schwienteck et al., 2019). The fentanyl discrimination procedure in rats had the lowest EP<sub>50</sub> value, followed by thermal antinociception in mice (56°C) ≤ monkeys (50°C) ≤ rats (50°C) ≅ monkeys (54°C). Moreover, EP<sub>50</sub> values for all of these behavioral effects were lower than the EP<sub>50</sub> value for in vitro stimulation of [<sup>35</sup>S]GTPγS binding. Slopes generally had large confidence limits, but in general, behavioral endpoints had similar steep slope values in comparison with the shallower slope for [<sup>35</sup>S]GTPγS binding.

As a final theoretical point, we would note that the approach used here embraces the reality that all assays have constraints on both their sensitivity and capacity to detect drug effects. This is perhaps most obvious in behavioral assays. As one example, many assays of thermal nociception such as the one used here include a cutoff time to protect subjects from excessive exposure to the noxious stimulus, but this cutoff imposes a somewhat arbitrary ceiling on drug effects that may obscure true differences in drug efficacies. However, these constraints also operate in vitro. For example, the assay of agonist-stimulated [35S]GTPyS binding in membranes from mMOR-CHO cells used here also has a ceiling imposed by factors including the stoichiometry of receptors to G-proteins and the concentration of  $[^{35}S]$ GTP $\gamma S$  and GDP (Selley et al., 1997; Breivogel et al., 1998). Because of this ceiling, some drugs (e.g., fentanyl and methadone) have similar E<sub>max</sub> values despite having demonstrably different E<sub>max</sub> values for the same endpoint of agonist-stimulated GTP $\gamma$ S binding in other membranes (e.g., rat thalamus membranes with lower receptor density). Overall, we would argue that this assay dependence of E<sub>max</sub> measurement is precisely why quantitative efficacy measurements are so challenging. One value of plots relating agonist proportion to  $E_{max}$  values, such as those shown in Fig. 1E and Fig. 5, is that they provide a tool for directly comparing and quantifying the relative threshold and ceiling values across endpoints.

**CP55,940/Rimonabant Mixtures.** Effects of CP55,940/ rimonabant mixtures paralleled those of fentanyl/naltrexone mixtures in several major respects that included 1) increasing maximal effects with increasing agonist proportions; 2) EP<sub>50</sub> values lower than agonist-to-antagonist low-affinity  $K_i$  ratio, indicating receptor reserve on both endpoints; and 3) an EP<sub>50</sub> for in vivo thermal antinociception that was significantly lower than that for in vitro stimulation of [<sup>35</sup>S]GTP<sub>γ</sub>S binding. These results suggest that fixed-proportion agonist/antagonist mixtures may have general utility both to control efficacy of pharmacological stimulation at a given receptor type and to scale the relative efficacy requirements for different effects mediated by that receptor.

In addition to these similarities across opioid and cannabinoid agonist/antagonist mixtures, there were also notable differences. First, in agreement with some previous findings (Bouaboula et al., 1997; Landsman et al., 1997), rimonabant functioned as an inverse agonist in the assay of ligandmodulated  $[^{35}S]GTP\gamma S$  binding, suggesting the existence of constitutive CB1R activity in mCB1R-CHO cells. Nonetheless, mixtures still produced graded E<sub>max</sub> values between those of rimonabant and CP55,940 alone. As such, these results suggest that mixtures may be useful to control levels of inverse agonist activity as well as agonist activity. Second, the EP<sub>50</sub> value was 26.4-fold lower than the agonist/antagonist K<sub>i</sub> ratio for CP55,940/rimonabant versus only 6-fold lower for fentanyl/naltrexone. This suggests higher sensitivity of  $[^{35}S]GTP\gamma S$  binding to agonist activity and higher receptor reserve in mCB<sub>1</sub>R-CHO than mMOR-CHO cells. This high sensitivity of mCB<sub>1</sub>R-CHO cells may be related to 1) constitutive mCB<sub>1</sub>R activity [which increases the degree to which low-efficacy ligands produce full-agonist effects (Negus, 2006)] or 2) the higher receptor density in mCB<sub>1</sub>R-CHO versus mMOR-CHO cells. Lastly, despite the high sensitivity of the mCB<sub>1</sub>R-CHO cells, in vivo thermal antinociception still had an even lower EP<sub>50</sub> value, suggesting that high CB<sub>1</sub>R sensitivity also exists in vivo.

**Summary.** Overall, this study confirms and extends prior research with agonist/antagonist mixtures. Manipulation of agonist proportion in these mixtures governs net mixture efficacy at the target receptor. The  $EP_{50}$  value of agonist/antagonist mixtures provides a quantitative metric for comparison of efficacy requirements across any type of endpoint in any species, and slope values provide an indication of the dynamic range of sensitivity to receptor-mediated effects. Among other possible applications, this quantification of efficacy requirements across endpoints can be used to guide development of drugs with efficacy sufficient to produce desirable effects.

## Authorship Contributions

Participated in research design: Selley, Banks, Negus.

Conducted experiments: Diester, Jali, Legakis, Santos.

Performed data analysis: Selley, Diester, Jali, Legakis, Santos, Negus.

Wrote or contributed to the writing of the manuscript: Selley, Banks, Diester, Jali, Legakis, Santos, Negus.

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