Tetrabenazine Facilitates Exocytosis by Enhancing Calcium-Induced Calcium Release through Ryanodine Receptors

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ABSTRACT

Vesicular monoamine transporter-2 is expressed in the presynaptic secretory vesicles membrane in the brain. Its blockade by tetrabenazine (TBZ) causes depletion of dopamine at striatal basal ganglia; this is the mechanism underlying its long-standing use in the treatment of Huntington’s disease. In the frame of a project aimed at investigating the kinetics of exocytosis from vesicles with partial emptying of their neurotransmitter, we unexpectedly found that TBZ facilitates exocytosis; thus, we decided to characterize such effect. We used bovine chromaffin cells (BCCs) challenged with repeated pulses of high K⁺ to block exocytosis and then expose them to TBZ. Responses were mildly augmented and decay rate delayed. Facilitation of exocytosis was not due to Ca²⁺-induced Ca²⁺ release. Facilitation of exocytosis was found only when Ca²⁺ channels were blocked by the L-type Ca²⁺ channel antagonist nifedipine. However, when BCCs were exposed to TBZ, responses were mildly augmented and decay rate delayed. Facilitation of exocytosis was not due to Ca²⁺ entry blockade through voltage-activated calcium channels (VACCs) because, in fact, TBZ mildly blocked the whole-cell Ca²⁺ current. However, TBZ mimicked the facilitatory effects of exocytosis elicited by BayK8644 (L-subtype VACC agonist), an effect blocked by nifedipine (VACC antagonist). On the basis that TBZ augmented the secretory responses to caffeine (but not those of histamine), we monitored its effects on cytosolic Ca²⁺ elevations ([Ca²⁺]c) triggered by caffeine or histamine. While the responses to caffeine were augmented twice by TBZ, those of histamine were unaffected; the same happened in rat cortical cells. Hence, we hypothesize that TBZ facilitates exocytosis by increasing Ca²⁺ release through the endoplasmic reticulum ryanodine receptor channel (RyR). Confirming this hypothesis are docking results, showing an interaction of TBZ with RyRs. This is consonant with the existence of a healthy Ca²⁺-induced-Ca²⁺-release mechanism in BCCs.

SIGNIFICANCE STATEMENT

A novel mechanism of action for tetrabenazine (TBZ), a drug used in the therapy of Huntington’s disease (HD), is described here. Such mechanism consists of facilitation by combining TBZ with the ryanodine receptor of the endoplasmic reticulum, thereby increasing Ca²⁺-induced Ca²⁺ release. This novel mechanism should be taken into account when considering the efficacy and/or safety of TBZ in the treatment of chorea associated with HD and other disorders. Additionally, it could be of interest in the development of novel medicines to treat these pathological conditions.

Introduction

The vesicular monoamine transporter (VMAT) uses a vesicle acidic pH gradient as a driving force to transport dopamine (DA), noradrenaline (NA), or serotonin [5-hydroxytryptamine (5-HT)] from the cytosol into the synaptic vesicle lumen (Henry et al., 1994). Two transporter subtypes have been characterized so far: VMAT1 localizes to the peripheral nervous system and central nervous system (CNS), while VMAT2 is expressed in vesicles at presynaptic nerve terminals of the CNS (Erickson et al., 1995; Benarroch, 2013). The classic blockers of VMAT are reserpine and tetrabenazine (TBZ). Reserpine unselectively and irreversibly blocks both VMAT1 and VMAT2, thereby depleting vesicle monoamine contents centrally and peripherally; as a consequence, reserpine, which was classically used as an antihypertensive medicine, causes depression, orthostatic hypotension, bradycardia, and diarrhea due to parasympathetic dominance. In contrast, by selectively blocking VMAT2 in the CNS, TBZ causes depletion of dopamine, NA, and 5-HT only centrally, thus precluding the peripheral side effects of reserpine. Since long, both drugs have been used in the treatment of chorea associated with Huntington’s disease (HD) and other hyperkinetic disorders; however, because of its higher safety, only TBZ is currently being used in the clinic (Jankovic, 2016).
For decades, reserpine has been widely used to deplete centrally the neurotransmitters NA and 5-HT to induce an animal model of depression and to develop antidepressive drugs (Hendley and Welch, 1975; Antkiewicz-Michaluk et al., 2014; Blasco-Serra et al., 2015; Ikram and Haleem, 2017). It has also extensively been used as a pharmacological tool to cause the depletion of NA from peripheral sympathetic nerve terminals (Mandela et al., 2010) and to elicit the depletion of NA and adrenaline from adrenal medullary chromaffin cells (CCs) (Dixon et al., 1975). Reserpine binds irreversibly to VMAT1 and VMAT2, thus blocking the sequestration of cytosolic monoamines, to gradually decrease their vesicle concentrations. Reserpine has also been used as an experimental tool to study how the vesicle content of catecholamines impinges in the final steps of exocytosis in adrenal CCs (Mundorf et al., 2000; Mark Wightman et al., 2018).

Following this research topic, we planned a study to investigate if TBZ, as reserpine does, could also depress the catecholamine release responses in bovine chromaffin cells (BCCs) repeatedly challenged with pulses of high potassium (K⁺). Although scarcely, VMAT2 is also expressed in CCs (Weihe et al., 1994), and thus, we were curious to know the effects of TBZ on those secretory responses. We were surprised to find that, rather than causing a gradual decrease of secretory responses as a consequence of VMAT2 blockade, TBZ caused a remarkable facilitation of catecholamine release. We report here the mechanism of action of such facilitation of exocytosis that seemed to be unrelated to VMAT2 blockade; rather, such effect is apparently linked to the ability of TBZ to release Ca²⁺ through the ryanodine receptor channel (RyR) of the endoplasmic reticulum (ER) of BCCs and rat embryo cortical neurons.

**Materials and Methods**

**Preparation of Chromaffin Cell Cultures.** All experiments were carried out in accordance with the guidelines established by the National Council on Animal Care and were approved by the local Animal Care Committee of the Universidad Autónoma de Madrid. BCCs were isolated from calf adrenal medullary tissues obtained from a local slaughterhouse, isolated according to Muro et al. (1980) with some modifications (De Pascual et al., 2016), and plated at a density of 5 × 10⁵ cells per 5 ml of Dulbecco’s modified Eagle’s medium on 6-cm-diameter Petri dishes (to study secretion) and on 12-mm-diameter glass coverslips at a density of 5 × 10⁴ cells/coverslip to study calcium currents (I_{Ca,L}) through voltage-activated calcium channels (VACCCs). Cells were kept for 1–4 days at 37°C in a water-saturated incubator in a 5% CO₂/95% air atmosphere.

**On-Line Monitoring of Catecholamine Release from Perifused Cell Populations.** Cells were scraped off carefully from the bottom of the Petri dish (5 × 10⁶ cells per dish) with a rubber policeman and centrifuged at 100g for 10 minutes. The cell pellet was resuspended in 200 μl of Krebs-HEPES solution (composition: 144 mM NaCl, 5.9 mM KCl, 1.2 mM MgCl₂, 11 mM glucose, 10 mM HEPES, 2 mM CaCl₂ (pH 7.4) with NaOH). Cells were introduced in a microchamber, which was previously filled with a filter for perfusion. Cells were introduced into the superfusion chamber reached an electrochemical detector (model CH-9100; Metrohm AG, Herisau, Switzerland) placed just at the bottom of the Petri dish (5 × 10⁴ cells/l coverslip to study calcium currents (I_{Ca,L}) through voltage-activated calcium channels (VACCCs)) and centrifuged at 100 g for 10 minutes. The cell pellet was resuspended in a microchamber, which was previously filled with a filter for perfusion. Cells were introduced into the superfusion chamber reached an electrochemical detector (model CH-9100; Metrohm AG, Herisau, Switzerland) placed just at the bottom of the Petri dish (5 × 10⁴ cells/l coverslip to study calcium currents (I_{Ca,L}) through voltage-activated calcium channels (VACCCs)). Cells were centrifuged at 100 g for 10 minutes. The cell pellet was resuspended in a microchamber, which was previously filled with a filter for perfusion. Cells were introduced into the superfusion chamber reached an electrochemical detector (model CH-9100; Metrohm AG, Herisau, Switzerland) placed just at the bottom of the Petri dish (5 × 10⁴ cells/l coverslip to study calcium currents (I_{Ca,L}) through voltage-activated calcium channels (VACCCs)).

**Monitoring of Cytosolic Calcium Levels.** To monitor the changes of [Ca²⁺]ᵢ, cells were plated at a density of 2 × 10⁶ cells per well into 96-well black plates, and the experiments were performed 48 hours later for BCCs or 7 days later for cortical neurons. Cells were loaded with a Krebs-HEPES solution containing 10 μM fluo-4-AM and 0.2% pluronic acid. Cells were incubated for 45 minutes at 37°C in the dark. After this incubation period, cells were washed twice with the Krebs-HEPES solution at room temperature in the dark. Changes in fluorescence (excitation 485 nm, emission 520 nm) were measured using a fluorescent plate reader (Fluostar; BMG Labtech, Offenburg, Germany). Basal levels of fluorescence were monitored before adding the stimulation solution (20 mM caffeine or 100 μM cyclopiazonic acid (CPA), 2-aminoethyldiphenyl borinate (2-APB), respectively) and PULSE programs (Heka Elektronik, Lambrecht, Germany). Linear leak and capacitive components were subtracted by using a P/4 protocol, and series resistance was compensated by 80%. The data analysis was performed with Igor Pro (WaveMetrics, Lake Oswego, OR) and PULSE programs (Heka Elektronik).

**Electrophysiological Recording of Ion Currents.** Inward currents through voltage-activated Na⁺ channels (I_{Na}) and VACCs (I_{Ca,L}) were recorded using the whole-cell configuration of the patch-clamp technique (Hamill et al., 1981). Cells were perifused at 23 ± 2°C with a Tyrode solution containing 137 mM NaCl, 1 mM MgCl₂, 2 mM CaCl₂, 10 mM HEPES/NaOH (pH 7.4). Once the patch membrane was ruptured and the whole-cell configuration of the patch-clamp technique had been established, the cell was locally, rapidly, and completely perfused with an extracellular solution of similar composition to the chamber solution, but containing 2 mM Ca²⁺ to monitor I_{Ca,L}. To measure I_{Ca,L}, cells were internally dialyzed with an intracellular solution containing 100 mM Cs-glutamate, 14 mM EGTA, 20 mM TEA-Cl, 10 mM NaCl, 5 mM Mg-ATP, 0.3 mM Na-GTP, and 20 mM HEPES/CsOH (pH 7.3). We used the protocol for I_{Ca,L} data acquisition; cells were voltage clamped at −80 mV, and step depolarizations with 50-ms depolarizing pulses were applied at 30-second intervals to minimize current rundown (Fenwick et al., 1982).

Data were acquired with a sample frequency of 20 kHz using the PULSE 8.74 software (Heka Elektronik, Lambrecht, Germany).

**Molecular Docking.** Structure and conformational analysis of TBZ were acquired with the Monte Carlo method using Spartan'16 software (Wavefunction, Irvine, CA). The conformer with the lowest energy was subsequently refined with calculations based on the ab initio Hartree-Fock 6-31G** formula, and the three-dimensional structure obtained was selected for the docking studies. The structure of the binding domain of type 3 RyR was extracted from Protein Data Bank (http://www.rcsb.org; PDB ID: 4ERV) (Yuchi et al., 2012).

Solvent molecules were removed from the protein. Docking calculations of TBZ on RyR were carried out using Molegro Virtual Docker in sufficiently large constrains onto the cavities found by the software, allowing the ligand to freely accommodate with the best pose. Blocking the sequestration of cytosolic monoamines, to gradually decrease their vesicle concentrations. Reserpine has also been used as an experimental tool to study how the vesicle content of catecholamines impinges in the final steps of exocytosis in adrenal CCs (Mundorf et al., 2000; Mark Wightman et al., 2018).

The oxidation current was recorded with a frequency of 2 Hz to monitor the amount of total catecholamine secreted (Borges et al., 1986). Computer-controlled solenoid valves were used to rapidly exchange the solutions. Cells were intermittently stimulated at 1-minute intervals with a solution enriched in K⁺ (35 mM KCl with concomitant reduction of NaCl). Representative records of secretory responses shown in this report were accomplished by importing the data obtained in American Standard Code for Information Interchange format to the Origin 8.0 (Microcal) program.
Tetrabenazine Facilitates Exocytosis through Ryanodine Receptor

Facilitation of Catecholamine Release by TBZ. Experiments were performed to test first how sequential pulsing with high K⁺ (35 mM, 5 seconds), applied at 1-minute intervals to BCCs trapped in a microchamber and perfused with Krebs-Hepes solution at 37°C, elicited the release of catecholamines, a response that was monitored online with an electrochemical detector. An example of those responses elicited by 22 intermittent K⁺ pulses is displayed in Fig. 1A. In this experiment, the initial secretory response (P1) was 210 nA; in subsequent K⁺-elicited secretory responses (P22), the response gradually decayed to a value of 90 nA.

In a similar experiment conducted with another batch of cells, the effect of TBZ at 3 μM on K⁺-elicited secretory responses was tested. The drug was applied 30 seconds before P7 and was perfused during the next nine K⁺ pulses until P16. During P7 to P10, the secretory response was augmented from 220 nA in P6 to around 260 nA in P8 to P10; after this enhanced plateau, secretion gradually decreased to a value of 220 nA in P16. Then, after TBZ withdrawal, the secretory response abruptly decayed to values of around 160 nA in P17 and P18 (Fig. 1B).

Pooled data of experiments performed with the previously described protocols are graphed in Fig. 1C. Within each individual experiment, data were normalized as a percentage of P6, the pulse preceding the exposure of cells to TBZ. The time course of control responses (pulses P6 to P22, means ± S.E.M. of 10 experiments from five different cultures) closely reproduces the time course of the example control experiment of Fig. 1A—namely, a gradual decay of the amplitude of secretory spike responses to 60% at P22. In the cells exposed to TBZ (3 μM), the responses are always above those of the control curve, including those that follow TBZ washout. Although the responses are only mildly enhanced by TBZ (26% above control, at P8), they are statistically significant (Fig. 1C).

Concerning the concentration-response relationship of the effects of TBZ on K⁺-elicited secretion, we found that at 1 and 3 μM, the drug exhibited a facilitatory action (109.9% ± 1.9% and 125.9% ± 5.4%, with respect to control response). However, at 10 μM, TBZ caused a mild inhibition (Fig. 1D).

Interactions of Tetrabenazine with BayK8644 and Nifedipine. Catecholamine release from adrenal medullary CCs absolutely depends on the presence of Ca²⁺ ions in the extracellular milieu while the K⁺ depolarizing stimulus is applied (Douglas and Rubin, 1963). Exocytosis is triggered when the extracellular Ca²⁺ entering the cell through VACCs is abruptly increased at subplasmamembral sites near the exocytotic machinery (Baker and Knight, 1978; Neher, 1998). Bovine CCs express L-subtype (α₁D, Cav1.3), N-subtype (α₂B, Cav2.2), and P/Q-subtype (α₂A, Cav2.1) of VACCs (Garcia et al., 2006). All channels contribute to providing the necessary Ca²⁺ for exocytosis; however,
Interactions between TBZ and DHPs were explored next. Figure 2C shows the drastic increase of secretion elicited by combined TBZ and BayK (3 and 1 μM, respectively); note that there was a combined tendency for the response to continue growing in the successive K+ pulses. If 3 μM nifedipine was added to cells previously being exposed to TBZ, the responses decreased drastically. Averaged pooled data (ellipse in Fig. 2C) on these different treatments are graphed in Fig. 2D. TBZ augmented the K+ secretory responses by 45.3% ± 8.9% (n = 9); this response was reduced by nifedipine to 45.3% ± 4% of the initial control (n = 6). On the other hand, combined BayK and TBZ caused a doubling of the response, a value similar to that obtained with BayK alone (87.7% ± 10.05%) (Fig. 2B). Once again we can see that the differences between the two treatments (42.4%), TBZ only and the combination of TBZ plus BayK, suggest that their effects do not follow the same mechanism of action.

Effects of TBZ on Sodium and Calcium Currents. The experiments in Fig. 2 suggested that the enhancing effects of secretion elicited by TBZ could have an underlying BayK-like mechanism—that is, the prolongation of opening time of L-subtype channels with enhanced Ca2+ entry occurring during a depolarizing stimulus (Cena et al., 1989). In BCCs, BayK is known to augment Ca2+ entry to enhance secretion; also, the DHP augments the L-subtype component of the whole-cell Ca2+ current (ICa) of these cells (García et al., 2006). Hence, we tested next the effects of TBZ on ICa.

Cells were voltage clamped at −80 mV, and 50-ms depolarizing pulses were applied at 30-second intervals to generate maximal peak ICa currents (Fenwick et al., 1982). Figure 3A shows a control current composed of initial fast inactivating peak current that corresponds to Na+ current (INa; trace expanded) and an ensuing slow current that was stable upon the application of repeated pulses to 0 mV given at 30-second intervals, the Ca2+ current (ICa). Quantitative pooled data on peak INa (trace expanded) currents indicate that TBZ did not affect such current (Fig. 3B). When 3 μM TBZ was perfused, the blockade was nearly completely reversed upon TBZ washout (Fig. 3A). The degree of blockade was monitored at the initial peak current; in eight cells from three different cultures, peak ICa was blocked 12.7% ± 0.5% (paired t test, t = 7.528, P = 0.0001) by 3 μM TBZ (Fig. 3C).
Effects of TBZ on Secretion Elicited by Caffeine or Histamine Pulses. At the ER Ca\(^{2+}\) store, two mechanisms have been implicated in the release of Ca\(^{2+}\) into the cytosol. This has been directly proven using Ca\(^{2+}\)-sensitive aequorins targeted to the ER lumen. On the one hand, upon stimulation with caffeine, Ca\(^{2+}\) release occurred through ryanodine receptors; on the other hand, histamine also elicited Ca\(^{2+}\) release but through inositol 1,4,5-trisphosphate receptor (IP\(_3\)R) channels (Alonso et al., 1999). Thus, we thought it interesting to discern whether the secretory responses elicited with repeated pulses of caffeine or histamine were affected by tetrabenazine, as those of K\(^+\) were.

In BCCs, caffeine pulses trigger catecholamine release responses linked to ER Ca\(^{2+}\) release through RyRs (Cheek et al., 1990); when repeatedly applied onto the same batch of cells, those responses undergo rapid inactivation because the ER Ca\(^{2+}\) store is gradually emptied (Lara et al., 1997). It seemed to us that this protocol could be used here to find out whether TBZ was affecting such responses.

A protocol similar to that used with K\(^+\) pulses (Fig. 1, A and B) was designed to test the secretory responses of BCCs challenged with 5-second pulses of 20 mM caffeine, applied at 1-minute intervals to the same batch of cells (22 pulses). An original amperometric record of the sequential secretion responses is displayed in Fig. 4A. The initial sharp response of 263 ± 34.3 nA was halved in P2; in subsequent pulses, the responses underwent a gradual decay to reach a plateau at a level of secretion that was only 25%–30% at caffeine pulses 15–22. In a different cell batch, cells were similarly challenged with 22 caffeine pulses; between pulses P7 and P16, 3 μM TBZ was introduced into the cell superfusion system. In the original example record of Fig. 4B, the responses decayed from 273 nA in P1 to 111.2 nA in P6. From P7 onward, cell exposure to TBZ modified the responses in two ways: 1) a prompt augmentation of secretory spikes to about 163.2 nA (P9), and 2) the decay of responses was prevented. Upon TBZ removal, the responses quickly faded to 79.5 nA in pulse P22.

Through the stimulation of H\(_1\) receptors, histamine also elicits the secretion of catecholamines by stimulating the release of ER Ca\(^{2+}\) via IP\(_3\)Rs into the cytosol (Cheek et al., 1994; de Pascual and García, 2007; Milla et al., 2011). Thus, experiments similar to those performed with caffeine were carried out by challenging the cells with 5-second pulses of 100 μM histamine. The example record in Fig. 4C shows the fast gradual decay of the histamine-elicited secretory responses, likely due to H\(_1\) receptor desensitization. The example trace in Fig. 4D was taken from a similar experiment in which TBZ was applied at pulses P7 to P16; the drug did not affect the decay of histamine secretory responses at all.

Pooled data from five to eight experiments conducted in three to four cell cultures in cells challenged with caffeine or histamine are graphed in Fig. 4, E and F. Normalized overlapping curves on pulse number versus secretion responses indicated a very close time course of secretion decay in both cells challenged with caffeine or histamine (Fig. 4E). On the other hand, pooled data indicate that while TBZ augmented and maintained stabilization of the caffeine secretory responses, the histamine responses were unaffected by the drug. The maximum increase occurred with caffeine at P9 (28.04% ± 2.03%; n = 6, P < 0.001). In five experiments, TBZ did not affect the histamine-evoked secretion (Fig. 4F).
(SERCA) with CPA (Goeger et al., 1988; Seidler et al., 1989), inhibition of the RyR with ryanodine (Fleischer et al., 1985; Pessah et al., 1986; Lattanzio et al., 1987), or blockade of the IP3R channel with 2-APB (Maruyama et al., 1997); these interventions are known to deplete the ER Ca2+ store, but through different mechanisms. Thus, experiments with protocols similar to those described earlier with caffeine and histamine were conducted.

Figure 5A shows that CPA caused a sharp decrease of the caffeine responses (with or without TBZ) with a very fast time course; upon CPA washout, the responses recovered to the expected control level. Ryanodine (10 μM) also elicited a prompt secretion decrease of the caffeine responses applied in the presence or absence of TBZ. Data are quantitatively expressed in Fig. 5B. The data on TBZ-elicited enhanced secretion are normalized as a percentage of control (P9), and were calculated from the experiments of Fig. 4. In the presence of CPA, TBZ+CPA, ryanodine, or TBZ+ryanodine, the caffeine secretory responses were drastically decreased by 69.3% ± 3.2%, 65.3% ± 5.1%, 84.3% ± 3.1%, and 90.2% ± 1.3%, respectively (Fig. 5B).

Experiments with histamine pulses also showed a pronounced inhibition of secretion responses in the presence of CPA (44.2% ± 3.2%), TBZ+CPA (43.2% ± 3.2%), 2-APB (84.7% ± 4.5%), and TBZ+2-APB (88.5% ± 4.2%) (Fig. 5, C and D). Thus, these experiments provide proof that the secretory responses of caffeine and histamine, when applied either alone or in the presence of TBZ, are mediated by Ca2+ release from the ER Ca2+ store. They also indicate that TBZ may be selectively acting on the RyR calcium channel of the ER.

**Effects of TBZ on the Cytosolic Elevations of Calcium Elicited by Caffeine or Histamine.** That caffeine triggers ER Ca2+ release into the cytosol of BCCs through RyRs has been indirectly studied with cytosolic Ca2+ fluorescence probes (Cheek et al., 1990, 1993) and directly studied with ER-targeted aequorins (Alonso et al., 1999). Similar approaches have been used to study the release of ER Ca2+ through IP3Rs of BCCs (Stauderman and Pruss, 1990; Artalejo et al., 1993; Alonso et al., 1999). Here, we studied the effects of TBZ on ER Ca2+ release through RyRs (caffeine) or IP3Rs (histamine) in populations of BCCs loaded with fluo-4.

Cells were incubated at 37°C in the dark with TBZ at 1–10 μM, with ryanodine (10 μM), or with combined Rya+TBZ. Figure 6A shows example traces of the time course of [Ca2+]c elevations triggered by 20 mM caffeine. In control cells, there was a rapid [Ca2+]c elevation that gradually faded off surely because the ER Ca2+ was being depleted and the cytosolic Ca2+ elevations are cleared by mitochondria and by plasmalemmal Ca2+ efflux pumps (Alonso et al., 1999; Villalobos et al., 2002). In the presence of TBZ at 1, 3, and 10 μM, the caffeine-elicited Ca2+ elevations were notably augmented, and although the [Ca2+]c transient also faded off...
gradually, the $[\text{Ca}^{2+}]_c$ was higher at the end of the recording period (60 seconds) with respect to control. On quantitative terms, the peak $[\text{Ca}^{2+}]_c$ elevations were augmented more than twice in the presence of 1, 3, and 10 $\mu$M TBZ (228.4% ± 26.4%, 197.3% ± 17.4%, and 236.8% ± 27.2%, respectively) (Fig. 6B). Obviously, in the presence of ryanodine, which causes full depletion of ER $\text{Ca}^{2+}$ (Alonso et al., 1999), either alone or combined with TBZ, the caffeine response was abolished (7.68% ± 3.08% and 5.72% ± 2.6%, respectively) (Fig. 6, A and B).

Experiments with protocols similar to those of caffeine were done using histamine. Figure 6C shows a family of $[\text{Ca}^{2+}]_c$ elevation curves triggered by histamine (100 $\mu$M) applied in the absence (control) and presence of the various treatments (protocols similar to those used in the caffeine experiments). These histamine-triggered $[\text{Ca}^{2+}]_c$ signals differed from those of caffeine in two aspects: 1) the peak $[\text{Ca}^{2+}]_c$ elevation was smaller, and 2) the decay of $[\text{Ca}^{2+}]_c$ was very slow. This could find an explanation in the fact that the mitochondrial $\text{Ca}^{2+}$ uniporter has a low affinity for $\text{Ca}^{2+}$; if the histamine $\text{Ca}^{2+}$ elevation is lower, mitochondria may not see such local $[\text{Ca}^{2+}]_c$, and hence, the $\text{Ca}^{2+}$ clearance will take place only at the expense of the low-rate plasmalemmal $\text{Ca}^{2+}$ pumps (Villalobos et al., 2002). Another drastic difference of histamine responses in comparison with those of caffeine is the fact that TBZ at 1–10 $\mu$M did not affect the $[\text{Ca}^{2+}]_c$ elevations triggered by histamine (Fig. 6, C and D). As expected, the blocker of IP$_3$R 2-APB (at 10 $\mu$M) alone or combined with TBZ abolished the histamine responses (3.63% ± 3.1% and 0.04% ± 4.7%, respectively) (Fig. 6, C and D).

**Effects of TBZ on the $[\text{Ca}^{2+}]_c$ Elevations Triggered by Caffeine or Histamine in Cortical Neurons.** The proof of concept in which TBZ is used to treat the HD-associated chorea symptoms is based on its ability to inhibit VMAT2 at central dopaminergic neurons. Therefore, we considered it of interest to explore whether TBZ was also targeting RyRs (and not IP$_3$Rs) in primary cultures of rat embryo cortical neurons. Thus, experiments similar to those performed with BCCs (Fig. 6) were conducted in neurons loaded with fluo-4.

Figure 7A shows a family of traces of the $[\text{Ca}^{2+}]_c$ elevations triggered by caffeine in control neurons and in neurons previously exposed to TBZ (1–10 $\mu$M), ryanodine (10 $\mu$M), or combined ryanodine+TBZ. The control $\text{Ca}^{2+}$ signal reached a peak and then a gradual decay followed. In the presence of TBZ, the peak was more than doubled and also decayed to reach the control $[\text{Ca}^{2+}]_c$ level by the end of the 60-second recording period. Pooled results using this protocol are graphed in Fig. 7B. Note the augmentation by TBZ (1, 3, and 10 $\mu$M) of the caffeine-elicited $\text{Ca}^{2+}$ signal (219.2% ± 22.3%, 214.6% ± 24.7%, and 218.7% ± 33%, respectively) and the abolition of the responses by ryanodine, alone or combined with TBZ (2.53% ± 10.9% and 4.58% ± 7.6%, respectively).

The family of $[\text{Ca}^{2+}]_c$ traces displayed in Fig. 7C were generated by histamine in the absence (control) or presence of the different treatments. Of note is the very mild decay of the response in contrast to caffeine. This graph and pooled data of Fig. 7D show that TBZ did not modify the histamine-elicited $[\text{Ca}^{2+}]_c$ elevations. They also show that 2-APB alone or combined with TBZ abolished the histamine-evoked responses (8.72% ± 11% and 2.01% ± 1.95%, respectively).

**Molecular Docking Study of TBZ Coupling with the Ryanodine Receptor.** An explanation of the pharmacological mechanism observed with TBZ could be that it directly interacts with the RyR. A prediction of such interaction may be appreciated by molecular docking analysis using the X-ray structure of the type 3 RyR deposited in the Protein Data Bank (http://www.rcsb.org; PDB ID: 4ERV) (Yuchi et al., 2012). The
complex TBZ-RyR with the lowest energy occurred where RyR posed in a binding pocket located at the RyR Ca\(^{2+}\)-binding domain (Fig. 8A), connected to several amino acids by hydrogen bonds (2.20 Å with Arg 2599 and 2.94 Å with the skeleton NH of Leu 2721) and by van der Waals interactions with Ala 2749 and Lys 2703 (Fig. 8B).

**Discussion**

The central finding in this investigation is the facilitation of the catecholamine release responses elicited by TBZ in BCCs challenged with sequential brief K\(^{+}\) pulses. As these responses depend on Ca\(^{2+}\) entry through VACCs (Douglas and Rubin, 1963; García et al., 2006; Mahapatra et al., 2012), their facilitation by TBZ would be due to an augmented Ca\(^{2+}\) entry through VACCs. As BCCs express the L-subtype (20%), N-subtype (30%), and PQ-subtype (50%) of VACCs, enhanced Ca\(^{2+}\) entry could be associated with a selective effect of TBZ on one of those channel subtypes. Under conditions of BCC depolarization with high K\(^{+}\) concentrations for several seconds, the N- and PQ-subtype channels undergo fast inactivation in comparison with slower L-subtype channel inactivation (Villarroya et al., 1999; Hernández-Guijo et al., 2001); this explains why K\(^{-}\)-elicited secretion from BCCs is mostly triggered by Ca\(^{2+}\) entry through L-subtype channels and that this response is augmented by BayK, which delays channel inactivation and is blocked by nifedipine and other dihydropyridine derivatives (García et al., 1984). As expected, BayK enhanced and nifedipine diminished the K\(^{-}\)-elicited secretory responses independently of the presence or absence of TBZ (Fig. 2), indicating that facilitation of secretion by TBZ could be due to either enhanced Ca\(^{2+}\) entry through VACCs or Ca\(^{2+}\) mobilization from intracellular Ca\(^{2+}\) stores. We can discard the first option on the basis that TBZ did not augment IC\(_{Ca}\); on the contrary, the drug caused a mild current inhibition (Fig. 3).

That the ER Ca\(^{2+}\) store contributes to the shaping of the [Ca\(^{2+}\)]\(_{i}\) transients and the secretory responses in BCCs has been proven with different experimental approaches. The most conspicuous has been the depletion of the ER Ca\(^{2+}\) store with the SERCA blocker thapsigargin, which depresses the depolarization-evoked secretory responses in BCCs (Nowicky and Duchen, 1998; Pan and Fox, 2000; Cuchillo-Ibáñez et al., 2002). This is consonant with other experimental approaches showing that challenging of BCCs with repeated caffeine pulses causes secretory responses by ER Ca\(^{2+}\) release through RyRs, which inactivate as the ER Ca\(^{2+}\) store is emptied; additionally, the K\(^{-}\) secretory responses are also decreased upon caffeine challenging (Lara et al., 1997). This is in agreement with the observation that the K\(^{-}\) challenging of BCCs transfected with ER-targeted aequorin causes an ER Ca\(^{2+}\) decrease, which is direct proof of the presence of Ca\(^{2+}\) release (CICR) (Alonso et al., 1999); this is proof that this CICR mechanism contributes to the augmentation of K\(^{-}\) secretory responses, likely due to more sustained [Ca\(^{2+}\)]\(_{i}\) elevations in depolarized BCCs. Here comes our hypothesis in the present study in the sense that TBZ could facilitate the K\(^{-}\) secretory responses through the higher or more prolonged activation of the CICR mechanism.
In support of such a hypothesis comes the clear-cut experiment showing that TBZ caused a notable and sustained facilitation of the caffeine secretory responses (Fig. 4). Of interest was the fact that this drug did not affect the histamine secretory responses that are known to be mediated by IP3Rs stimulation and ER Ca\(^{2+}\) release (Stauderman and Pruss, 1990; Artalejo et al., 1993; Alonso et al., 1999) (Fig. 4). These two experiments strongly suggest that TBZ selectively enhances secretion through the CICR mechanism and helps to discard other targets such as cytoskeletal proteins, Ca\(^{2+}\)-dependent intracellular vesicle transport, proteins of exocytosis, or other signaling pathways that facilitate vesicle priming and exocytosis, such as PKC activation by phorbol esters (Gillis et al., 1996; Yang et al., 2002) or cAMP-dependent PKA (Carabelli et al., 2003). In support of this explanation comes the observation that ER Ca\(^{2+}\) depletion with SERCA blocker CPA drastically reduced all secretory responses to caffeine and histamine in both the absence and presence of TBZ (Fig. 5).

This hypothesis is strengthened by the more direct experimental approach to \([\text{Ca}^{2+}]\text{c}\) change monitoring in BCCs challenged with caffeine or histamine. In the case of caffeine, the \([\text{Ca}^{2+}]\text{c}\) elevations are entirely due to ER Ca\(^{2+}\) release through RyRs of BCCs (Cheek et al., 1990, 1993; Alonso et al., 1999). Otherwise, histamine also releases ER Ca\(^{2+}\) into the cytosol of BCCs but through IP3Rs (Stauderman and Pruss, 1990; Artalejo et al., 1993; Alonso et al., 1999). We found that while TBZ caused a drastic augmentation of the caffeine-elicited \([\text{Ca}^{2+}]\text{c}\) elevations (Fig. 6, A and B), those generated by histamine were not modified by TBZ. This strongly supports the view that TBZ acts on the RyR to facilitate the CICR mechanism and to augment the

![Fig. 7](attachment:image.png)

**Fig. 7.** Augmentation by TBZ of the \([\text{Ca}^{2+}]\text{c}\) elevations triggered by caffeine, but not those of histamine, in rat embryo cortical neurons. Neurons were loaded with fluo-4, and experiments similar to those carried out with BCCs (Fig. 6) were performed. Neuron challenging with 20 mM caffeine [arrow in (A)] or 100 \(\mu\)M histamine [arrow in (C)] in the absence (control) or presence of TBZ (at 1–10 \(\mu\)M), ryanodine (Rya; 10 \(\mu\)M), 2-APB (10 \(\mu\)M), combined Rya+TBZ, or 2-APB+TBZ. (A) Family of caffeine-elicited \([\text{Ca}^{2+}]\text{c}\) traces monitored as normalized arbitrary fluorescence units (AFUs; ordinate); neuron treatments are labeled at the right part of each trace. (B) Pooled data of peak \([\text{Ca}^{2+}]\text{c}\) elevations; note the augmentation by TBZ (1, 3, and 10 \(\mu\)M) of the caffeine-elicited Ca\(^{2+}\) signal (219.2% + 22.3%, 214.6% + 24.7%, and 218.7% + 33%, respectively) and the abolition of the responses by ryanodine, alone or combined with TBZ (2.55% + 10.9% and 4.58% + 7.6%, respectively; one-way ANOVA, \(F = 37.09, P < 0.0001\); Tukey post hoc comparison: \(* * * P < 0.0001\) control vs. all pairs). (C) Family of histamine-elicited \([\text{Ca}^{2+}]\text{c}\) traces monitored as normalized AFUs (ordinate). (D) Pooled data on the normalized \([\text{Ca}^{2+}]\text{c}\) elevations by histamine showing that TBZ did not modify the histamine-elicited \([\text{Ca}^{2+}]\text{c}\) transients; in the presence of 2-APB and combined TBZ+2-APB, the histamine response was abolished (8.72% + 11% and 2.01% + 1.95%, respectively; one-way ANOVA, \(F = 93.20, P < 0.0001\); Tukey post hoc comparison: \(* * * P < 0.0001\) control vs. all pairs). Data in (B) and (D) are means ± S.E.M. of the number of wells and cultures shown in parentheses on top of each column.

![Fig. 8](attachment:image.png)

**Fig. 8.** Docking of tetrabenazine-ryanodine receptor complex. (A) Pose of TBZ (sticks, CPK-colored) in the type 3 RyR Ca\(^{2+}\)-binding domain (main interacting residues in gray). (B) H-bonds (Arg 2599 and Leu 2721) and van der Waals contacts (Ala 2719 and Lys 2703) formed between amino acids (CPK-colored thin sticks) and TBZ (CPK-colored sticks).
Fig. 9. Scheme showing the mechanism of action of TBZ involved in the augmentation of the exocytotic release of catecholamines triggered by K\(^+\)-induced depolarization of the BCCs. (1) K\(^+\) depolarization opens the L-subtype of VACC; (2) this leads to a sudden transient increase of the cytosolic Ca\(^{2+}\) concentration ([Ca\(^{2+}\)]\(_c\)) that (3) triggers the rapid release of catecholamines from large dense-cored vesicles; (4) augmented [Ca\(^{2+}\)]\(_c\), also triggers the CICR through the RyR to further augment the exocytotic catecholamine response (3).

caffeine-elicited (and the K\(^+\)-elicited) exocytotic release of catecholamines (Figs. 1 and 2). The docking experiment of Fig. 8 strengthens this view.

By facilitating the release of ER Ca\(^{2+}\) through the depolarization-triggered CICR mechanism of BCCs (Alonso et al., 1999), TBZ may just maintain a mild [Ca\(^{2+}\)]\(_c\) elevation in between K\(^+\) pulses, so that the Ca\(^{2+}\) dependent transport of new secretory vesicles from a reserve vesicle pool could be enhanced to refill the ready-release vesicle pool located at subplasmalemmal exocytotic active sites (Rettig and Neher, 2002). This mechanism was elegantly demonstrated first at the laboratory of Erwin Neher in single voltage-clamped BCCs using histamine to elicit a mild [Ca\(^{2+}\)]\(_c\) elevation (von Rüden and Neher, 1993), using electrical pulses to elicit exocytosis. Later on, experiments on intact BCC populations challenged with physiologic acetylcholine or nicotine also showed a Ca\(^{2+}\)-dependent vesicle transport facilitated by mild elevations of residual [Ca\(^{2+}\)]\(_c\) or by ER Ca\(^{2+}\) release (Arnaiz-Cot et al., 2008; de Diego et al., 2008). In this context, it seems that TBZ indirectly secures and maintains healthy secretory responses upon repeated depolarization of K\(^+\) stimuli by facilitating ER Ca\(^{2+}\) release mediated by RyR activation, thus maintaining mild sustained [Ca\(^{2+}\)]\(_c\) elevations to boost vesicle transport and the refilling, with new vesicles, of the secretory machinery at subplasmalemmal sites. This view is additionally reinforced by docking studies, which predict a direct interaction of TBZ with the phosphorylation domain of the RyR (Fig. 8). Thus, the RyR would be affecting the phosphorylation/dephosphorylation-dependent regulation of RyR exerted by both kinases and phosphatases.

In neurons, the ER Ca\(^{2+}\) store may act as a Ca\(^{2+}\) sink (when partially empty) or as a Ca\(^{2+}\) source (when filled) (Tsien and Tsien, 1990); this is also true for BCCs (Lara et al., 1997; Milla et al., 2011). In this context, it seems that TBZ may regulate the ER Ca\(^{2+}\) release during cell depolarization through the RyR, as shown by the experiments on [Ca\(^{2+}\)]\(_c\) monitoring in Fig. 7. This facilitation of exocytosis is a novel mechanism of action of TBZ, independent of its well established mechanism of VMAT2 blockade and the depletion of central catecholamines, mainly of dopamine at the basal ganglia. Because the expression of VMAT2 is extremely scarce in BCCs (Weihe et al., 1994), it seems that the facilitation by TBZ of depolarization-elicited (and caffeine-elicited) catecholamine release in the cells is unrelated to VMAT blockade. A last comment on the potential clinical projection of basic findings reported here deserves attention.

In 2008, the US Food and Drug Administration approved TBZ for HD-associated chorea. Approval was based on clinical trials showing the drug was effective; however, side effects included increased risk of depression, suicidality, akathisia, anxiety, and Parkinsonism, among other tolerability issues (Huntington Study Group, 2006; Yero and Rey, 2008; Jan- kovic and Roos, 2014). In April 2017, the Food and Drug Administration approved a deuterated form of TBZ, deutetrabenazine, which also inhibits VMAT2. An indirect comparison on the tolerability of TBZ versus deutetrabenazine concluded that the latter had a more favorable profile of adverse events (Claassen et al., 2017). This may be due to a better pharmacokinetic profile and lesser dose of deutetrabenazine required to treat HD chorea (Dean and Sung, 2018). However, the greater toxicity of TBZ could also be associated with its new target described here—namely, the ER ryanodine receptor and enhanced ER Ca\(^{2+}\) release into the cytosol. It is generally accepted that cell Ca\(^{2+}\) overload has neurotoxic effects that could lead to synaptic deficits and the adverse events of TBZ. Whether deutetrabenazine shares the ER Ca\(^{2+}\)-mobilizing effect with its parent compound could be interesting to study.

Limitations of our study mainly deal with more direct approaches to better define the potential binding of TBZ to the ryanodine receptor. Also, experiments with ER-targeted aequorins, such as those we performed in a previous report (Alonso et al., 1999), will allow the direct monitoring of the changes undergone by the ER Ca\(^{2+}\) store upon cell stimulation
with high K+ plus TBZ. Although these experiments may add value to our present work, we think that the present pharmacological study provides a quite solid collection of data to support the view that, beyond its well described inhibitory effect of VMAT2, TBZ also elicits the liberation of ER Ca^{2+} into the cytosol through an entirely different action—namely, potentiation of the CICR mechanism of BCCs.

In conclusion, on the basis of the results here presented, the following conclusions can be established (Fig. 9): 1) TBZ potentiates exocytosis triggered by cell depolarization and caffeine, but not histamine; 2) such potentiating is not due to augmented Ca^{2+} entry; 3) rather, it depends on a functional, full ER Ca^{2+} store, because it is due to the facilitation of ER Ca^{2+} release through the RyR; 4) this facilitation is not linked to VMAT2 blockade; and 5) enhanced ER Ca^{2+} release also occurs in neurons. This could have clinical relevance in the context of TBZ use to treat HD chorea or other distonic disorders, from the point of view of either efficacy and/or side effects.

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Authorship Contributions

Participated in research design: de Pascual, Garcia. Conducted experiments: de Pascual, Álvarez-Ortego, Jacob-Mazariago. Performed data analysis: de Pascual, Álvarez-Ortego, de los Ríos, Jacob-Mazariago. Wrote or contributed to the writing of the manuscript: de Pascual, Garcia.

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