ABSTRACT
Inflammatory bowel disease (IBD) is associated with an increased risk for thromboembolism, platelet activation, and abnormalities in platelet number and size. In colitis, platelets can extravasate into the colon interstitium. We generated a mouse with a specific deletion of cyclooxygenase (COX)-1 in megakaryocytes/platelets ([COX-1 conditional knockout (cKO)] to clarify the role of platelet activation in the development of inflammation and fibrosis in dextran sodium sulfate (DSS)-induced colitis. The disease activity index was assessed, and colon specimens were evaluated for histologic features of epithelial barrier damage, inflammation, and fibrosis. Cocultures of platelets and myofibroblasts were performed. We found that the specific deletion of COX-1 in platelets, which recapitulated the human pharmacodynamics of low-dose aspirin, that is, suppression of platelet thromboxane (TXA2) production associated with substantial sparing of the systemic production of prostacyclin, resulted in milder symptoms of colitis and tissue damage associated with IBD. Our findings allow a significant advance in the knowledge of the role of platelet-derived TXA2 in the development of colitis and fibrosis associated with IBD.

SIGNIFICANCE STATEMENT
Inflammatory bowel disease (IBD) is characterized by the development of a chronic inflammatory response, which can lead to intestinal fibrosis for which currently there is no medical treatment. Through the generation of a mouse with specific deletion of cyclooxygenase-1 in megakaryocytes/platelets, which recapitulates the human pharmacodynamics of low-dose aspirin, we demonstrate the important role of platelet-derived thromboxane A2 in the development of experimental colitis and fibrosis, thus providing the rationale to investigate the potential efficacy of low-dose aspirin in limiting the inflammatory response and tissue damage associated with IBD.

INTRODUCTION
Inflammatory bowel diseases (IBDs), including ulcerative colitis (UC) and Crohn’s disease (CD), are complex and multifactorial diseases of unknown etiology (Ananthakrishnan, 2015). CD and UC are chronic remittent or progressive inflammatory conditions that may affect the entire gastrointestinal tract or the colorectal mucosa, respectively, and are associated with increased risk for colon cancer (Choi et al., 2017).

The efficacy of agents that target inflammatory/immune pathways (Shah and Mayer, 2010) supports the involvement of a dysregulated response to damage/dysfunction of the epithelial monolayer lining the large intestine, in the development of IBD (Abraham and Cho, 2009; Ananthakrishnan, 2015). However, this therapeutic strategy is limited by intersubject variability in the response and the risk of infection or its reactivation (Abraham and Cho, 2009; Shah and Mayer,
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2010). Impaired tissue repair in IBD may lead to intestinal fibrosis for which currently there is no medical treatment (Rieder and Fiocchi, 2008). Therefore, the development of therapies that are more efficacious, safer, and possibly tailored to the individual characteristics of the patient with IBD represents a current challenge.

IBD is associated with increased risk for thromboembolism, platelet activation, and abnormalities in platelet number and size (Kapsoritakis et al., 2001; Giannotta et al., 2015). Besides their role in hemostasis, platelets may contribute to the development of inflammatory diseases, through their ability to orchestrate the activation of vascular, immune, and inflammatory cells by the release of a wide array of bioactive molecules, including thromboxane (TX)A2 (Gawaz et al., 2005; Dixon et al., 2006; Davi and Patrono, 2007; Dovizio et al., 2014). In both human and murine platelets, TXA2 is the major product of arachidonic acid metabolism via the activity of cyclooxygenase (COX)-1 (Simmons et al., 2004; Smyth et al., 2009; Ricciotti and FitzGerald, 2011). Intestinal epithelial and inflammatory cells may also generate TXA2, although at considerably lower levels (Simmons et al., 2004; Smyth et al., 2009; Ricciotti and FitzGerald, 2011). The actions of TXA2 are mediated through the activation of receptors designated TX-prostanoid receptors (TPs) belonging to the superfamily of G protein–coupled receptors (Simmons et al., 2004). TXA2 is a potent vasoconstrictor and induces platelet aggregation (Simmons et al., 2004; Davi and Patrono, 2007; Ricciotti and FitzGerald, 2011). It also enhances lymphocyte and macrophage functions (Leung and Mihich, 1980; Ceppens et al., 1985; Thomas et al., 2003) and stimulates the biosynthesis of extracellular matrix proteins (Brugeman et al., 1991). In IBD patients, platelets have been observed to infiltrate the colon interstitium and move into the gut lumen (Weissmüller et al., 2008). Enhanced biosynthesis of TXB2 (the stable hydrolisis product of TXA2) by rectal mucosa from patients with CD has been detected even in the absence of inflammation (Hawkey et al., 1983). Elevated TXA2 levels are associated with necrosis and ulceration of the stomach (Whittle et al., 1981). The administration of the TP antagonist, vapiprost, to mice alleviated dextran sulfate sodium (DSS)–induced colitis (Carter et al., 2011). However, these studies did not identify the cellular source(s) of TXA2 involved in the development of colitis. Also, the possible role of TXA2 in the persistent and unresolved mucosal inflammation leading to intestinal fibrosis, frequently associated with IBD (Rieder and Fiocchi, 2008), remains to be investigated.

In the present study, we tested the hypothesis that platelet-derived TXA2 may play a role in the acute phase and recovery phase of colitis induced in mice by DSS administration, which causes damage to the epithelial monolayer lining of the large intestine resembling human UC (Chassaing et al., 2014). To address this objective, we generated a mouse with specific deletion of COX-1 ([COX-1 conditional knockout (cKO)] in megakaryocytes/platelets. DSS administration to COX-1 cKO mice induced milder colitis symptoms, less histologic lesions, and inflammatory markers in the acute phase and almost complete recovery from the disease after DSS withdrawal (chronic phase). Reduced systemic TXA2 biosynthesis in COX-1 cKO mice was associated with lower colonic collagen deposition and myofibroblast number in the chronic phase of colitis. In vitro studies also revealed that platelet-derived TXA2 plays a crucial role in the promotion of fibrosis via the induction of phenotypic and functional changes in myofibroblasts. Our results suggest novel therapeutic strategies in IBD.

Materials and Methods

Generation and Characterization of Mice with a Specific Deletion of COX-1 in Megakaryocytes/Platelets. We generated the floxed Ptg1 (COX-1) mouse, where exons 6 and 7 were flanked by loxP sites (Supplemental Fig. 1A), using as genome-editing tool the transcription activator-like effector nucleases, which significantly increase the efficiency of genomic modification (Young and Sander, 2013). These mice were crossed with platelet factor 4 (Pf4)-Cre transgenic C57BL/6 mice (purchased from Jackson Laboratories, Bar Harbor, ME) that express a codon-removed Cre recombinase (iCre) under the control of the mouse Pf4 promoter, leading to the Cre recombinase expression in the majority of megakaryocytes. The Cre-mediated excision of the COX-1 allele and the original COX-1floxed allele was confirmed by specific polymerase chain reaction (PCR)–based genotyping assays of tail biopsies (Supplemental Fig. 1B). For genotyping of mice, tail genomic DNA was extracted by using Wizard Genomic DNA Purification Kit (Promega, Milan, Italy). Then the DNA lysates were subjected to PCR analysis with the following primers: ptgs1<sup>T</sup> (forward, 5'-ACTCTTCTAGTGCTGACTTGG-3'); reverse, 5'-CTCTGGTGTTGACTGCTTAT-3', wild-type 599-bp product, floxed 671-bp product and Pf4 Cre (transgene forward, 5'-CCAACTGCTCAGTGTGGTCATC-3'; transgene reverse, 5'-TGCAACAGTCAGGCTTC-3'; internal positive control forward, 5'-CTAGGCACAGACGTTG-3'; internal positive control reverse, 5'-GTAAGTTGAAATATAGTACG-3', transgene 420-bp product, internal positive control 324-bp product).

The specific deletion of platelet COX-1 was verified by assessing the COX-1 levels by Western blot (Patrignani et al., 2017) in isolated platelets, peritoneal macrophages, and different tissues/organs (colon, intestinal mucosa, kidney, and uterine tubes), collected from wild-type and COX-1 cKO mice, as reported in Supplemental Material. Platelet COX-1 capacity to generate TXB2 was evaluated in whole blood, collected from the submandibular vein of the two groups of mice, allowed to clot at 37°C for 1 hour (Patróno et al., 1980). Bleeding time was assessed, as previously reported (Yu et al., 2005).

DSS-Induced Colitis in Mice and Sample Size Calculation. The animal experiments were performed in accordance with the European Communities Council Directive of September 22, 2010 (2010/63/EU) and the National Ethical Committee. The study was approved by the Italian Ministry of Health, authorization n. 956/2016-PR and 115/2019-PR. The animals were housed in cages up to five mice each and acclimated under conditions of controlled temperature (20 ± 2°C), humidity (55% ± 10%), and lighting (7:00 AM to 7:00 PM). For all of the experiments, mice were housed under specific pathogen-free conditions and allowed free access to food and water, and the animals'...
health status was monitored daily. All efforts were made to minimize animal suffering and to reduce the number of animals used. The investigator assessing phenotype was unaware of the genotype throughout these experiments.

We used the colitis model that employs 2% DSS (Okayasu et al., 1990; Cooper et al., 1993) (36–50 kDa) (D.B.A. Italia s.r.l, Milan, Italy) dissolved in drinking water, administered to female C57BL/6 wild-type mice (8–10 weeks old, 20–25 g body weight) for 5 days (acute phase), followed by the tap water for an additional 16 days (chronic phase) (Supplemental Fig. 2). The model was developed in 11 wild-type mice, and the primary endpoint was the measurement of the area under the curve (AUC; curve of scores vs. time) from day 0 to 21 of the disease activity index (DAI) (Okayasu et al., 1990; Cooper et al., 1993), which is calculated as the sum of blood in stool (EMO score) and stool consistency (STOOL score) (Supplemental Table 1), as reported in detail in Supplemental Material. This number of mice was selected to have at least five mice completing the 21-day study. We did not find any animal loss for mortality in wild-type mice treated with DSS, and the AUC of DAI values showed a coefficient of variation of 10%; thus, five COX-1 cKO mice were treated with DSS. This sample size had a 95% power to detect a difference between means of the AUC of DAI values of at least 13.73 with a significance level (α) of 0.05 (two-tailed).

**Urinary Levels of Enzymatic Metabolites of Prostanoids.** In wild-type and COX-1 cKO mice, 24-hour urine collections were performed with the use of metabolic cages. Systemic production of prostaglandin (PG)E2, PGD2, PGI2, and TXA2 was determined by quantifying the urinary levels of their major enzymatic metabolites: 7-hydroxy-5,11-diketotetranorprostone-1,16-dioic acid (PGE-M), 11,15-dioxt-o9a-hydroxy-2,3,4,5-tetranorprostan-1,20-dioic acid (tetranor PGD-M), 2,3-dinor 6-keto-PGF1α (PGI-M), and 2,3-dinor TXB2 (TX-M), respectively, by liquid chromatography/tandem mass spectrometry, as previously described (FitzGerald et al., 1983; Song et al., 2007, 2008; Wang and DuBois, 2013). Data were normalized for urinary creatinine (Oxford Biomedical Research, Rochester Hills, MI).

**Assessment of Prostatean Levels in Colon Sample.** Colon samples, collected at the sacrifice, were homogenized at 4°C in 300 μl PBS supplemented with Complete protease inhibitor mixture (Roche, Milan, Italy) and 20 μM indomethacin (Sigma-Aldrich, Milan, Italy) and sonicated for 30 seconds. The homogenates were first centrifuged at 8000 rpm for 10 minutes, and the supernatant was used for protein determination and for prostatean measurements (Boulet et al., 2004). The 6-keto-PGF1α, PGD2, and TXB2 levels were measured according to previously described immunooassay techniques (Di Francesco et al., 2009). PGD levels were measured by enzyme immunoassay, according to the protocol of the manufacturer (Cayman Chemical, Ann Arbor, MI). Data were normalized for protein concentration.

**Assessment of Cytokine and Protein Levels in Colon Samples.** Colon samples collected at the sacrifice were suspended in 150 μl lysis buffer (Din et al., 2012), underwent three cycles of freeze (5 minutes)-thawing, and were homogenized in ice. Then homogenates were put on ice for 30 minutes. Cell debris was removed by centrifuging (13,000 rpm, 5 minutes at 4°C) (Din et al., 2012). Samples were stored at −80°C until the analyses. Interleukin (IL)-10, IL-6, and transforming growth factor (TGF-β1) levels were determined by ELISA (Diaclone SAS, Besançon Cedex, France), according to the protocol of the manufacturer, and data were normalized for protein concentration. The expression levels of COX-1, COX-2, microsomal PGE synthase 1 (mPGE1), hematopoietic PG synthase (HPGDS), lipocalin-type prostaglandin D synthase (LPGDS), and β-actin were assessed by Western blot (Patriziani et al., 2017), using the following antibodies: anti-COX-1 (1:1000, catalogue 160109; Cayman Chemical), anti-COX-2 (1:1000, catalogue 160126; Cayman Chemical), anti-mPGE1 (1:1000, catalogue 160140; Cayman Chemical), anti-HPGDS (1:200, catalogue 10004345; Cayman Chemical), anti-LPGDS (1:200, catalogue 10004344; Cayman Chemical), and β-actin (1:1000, catalogue sc-1615; Santa Cruz Biotechnology) as loading control. The quantification of the optical density of different specific bands was calculated using Alliance 1 D software (UVITEC, Cambridge, UK) and normalized to the optical density of β-actin.

**Histopathological Analysis of Colon Tissue Samples.** Distal colon was fixed in buffered 10% formalin for 12–24 hours, dehydrated, and embedded in paraffin for histologic analysis. Sections of 5 μm were obtained from paraffin blocks and were stained with H&E (Bio-Optica, Milan, Italy) following the standard protocol to assess the ulcer score, the ulcer area score, the inflammatory score, the area of the inflammatory score, the total histopathological score (Supplemental Table 2), and the percentage of necrosis area. Necrosis areas were analyzed using Image J software (NIH). For each sample, 10 representative images were taken with a 10× objective. The percentage of loss intestinal architecture area/total area was measured. To highlight the degree of collagen depositions, the colonic sections were also stained using Masson’s Trichrome Staining (Bio-Optica), according to the protocol of the manufacturer. Briefly, coverslips were mounted with Balsamo Eukitt (Bio-Optica) and evaluated under a light microscope. Image processing was performed using Image J software (NIH). Positive areas of collagen fibers were measured and expressed as percentage of total area.

**Immunofluorescence Analysis of Colon Tissue Samples by Confocal Microscopy.** Colon tissue sections were subjected to antigen retrieval by boiling the slides in DAKO target retrieval solution (DAKO, Santa Clara, CA) for 30 minutes. Sections were incubated in this solution for 20 minutes at room temperature and were sequentially incubated in protein-blocking solution [PBS with 5% heat-inactivated fetal bovine serum (FBS)] for 30 minutes at room temperature. Primary antibodies anti-vimentin (1:100, catalogue ab188499; Abcam), anti-α-smooth muscle actin (α-SMA, 1:100, catalogue sc-32251; Santa Cruz Biotechnology), anti-integrin β3 (1:100, CD61, catalogue sc-6627; Santa Cruz Biotechnology), anti-PECAM-1 (CD31, 1:100, catalogue sc-1506; Santa Cruz Biotechnology), and anti-F4/80 (1:100, catalogue sc-25830; Santa Cruz Biotechnology) were incubated with sections overnight at 4°C. Sections were washed twice with PBS with 0.1% Tween (Sigma-Aldrich) and incubated with respective secondary antibodies. Then sections were stained with 1,5-bis(2-dimethylamino)ethyl) amino)-4,8-dihydroxyanthracene-9,10-dione (Biostatus, Leicestershire, UK) for the identification of nuclei. All sections were analyzed by ZEISS LSM 510 META microscope.

**Cultures of Human Intestinal Myofibroblasts and Isolated Human Platelets.** The human intestinal myofibroblast cells used at passages levels 4–7, purchased from Clonetics (Lonza, Walkersville, MD), and derived from a male donor were cultured in smooth muscle medium-2 containing 5% FBS, 1% gentamicin/amphotericin, 1% epidermal growth factor, 2% recombinant human basic fibroblasts growth factor, and 1% insulin. In all experiments, 9 × 10^5 cells were seeded in a six-multiwell plate containing 3 ml Dulbecco’s modified Eagle’s medium (Invitrogen, Milan, Italy) supplemented with 5% FBS and 1% penicillin-streptomycin for 48 hours.

Human washed platelets were isolated from the concentrated buffy coat obtained by the Transfusion Centre (Renzetti Hospital of Lanciano, Italy) from healthy volunteers after signing informed consent, as previously described (Guillem-Llobat et al., 2016). In some experiments, platelets were pretreated with aspirin (100 μM) for 30 minutes at room temperature to suppress platelet COX-1 activity. Washed platelets were cultured alone or with myofibroblasts for 24 or 48 hours. In some experiments, a highly selective TP antagonist, SQ 29,548 (10 μM; Cayman Chemical) or U46619 (250 nM), a TXA2 mimetic (Sigma-Aldrich), and/or TGF-β1 (0.33 ng/ml; Promekines, Heidelberg, Germany) were used. In cell culture media, the levels of TXB2 were measured by a previously described immunoassay technique (Guillem-Llobat et al., 2016), and those of TGF-β1 released in the medium were determined by ELISA (R&D Systems, Minneapolis, MN). In myofibroblasts, the mRNA levels of α-SMA, RhoA, vimentin, and fibronectin were assessed by quantitative real-time PCR, as reported in Supplemental Material.
Immunofluorescence Analysis of α-SMA in Myofibroblasts. Myofibroblasts were cultured alone or with platelets for 24 hours; then the cells were washed twice with PBS and fixed in cold acetone/methanol solution (40:60) for 20 minutes at room temperature. Samples were blocked with a filtered solution of 3% BSA (Sigma-Aldrich) in PBS for 30 minutes at room temperature and incubated overnight at 4°C with an anti-α-SMA monoclonal antibody (1:100, catalogue sc-32251; Santa Cruz Biotechnology). Samples were then washed three times with PBS and incubated with secondary antibodies. Cells were washed three times with PBS and incubated with 1.5-bis[2-(dimethylamino)ethyl] amino)-4,8-dihydroxyanthracene-9,10-dione as a nuclear marker (1:1000, DR50200; Biostatus) for 5 minutes. Confocal images were obtained using a Zeiss LSM 510 meta microscope (Carl Zeiss).

In Vitro Migration and Proliferation Assays. Cell migration of myofibroblasts cultured alone or with platelets was evaluated by scrape-wounding assay, as previously described (Terzuoli et al., 2018). Briefly, after 24 hours of platelet–myofibroblast cocultures, platelets were washed away. Cells, seeded on a six-multiwell dish, were scraped modified Eagle's medium, 0.75% BSA, and monitored periodically by light microscope up to 18 hours. Cell proliferation was evaluated by Click-iT EdU Alexa Fluor 488 cell proliferation assay kit (Invitrogen), according to the manufacturer's instructions.

Statistical Analysis. All values are reported as mean ± S.D., unless otherwise stated. Statistical analysis among groups was determined by Student’s t test or one-way ANOVA, followed by Tukey’s multiple comparisons test, using GraphPad Prism Software (version 7.00 for Windows; GraphPad, San Diego, CA). Values of P < 0.05 were considered statistically significant. The DAI, STOOL, and EMO scores were also evaluated by assessing the AUC from days 0 to 21 (GraphPad Prism Software). The sample size determination was performed using GraphPad StatMate Software (GraphPad).

Results

Generation and Characterization of Mice with a Specific Deletion of COX-1 in Megakaryocytes/Platelets. We generated platelet COX-1 cKO mice using the Cre-loxP system, as a genetic tool to control site-specific recombination events in genomic DNA (Supplemental Fig. 1, A and B) (Ray et al., 2000). In the COX-1 cKO mice, COX-1 was not detectable in platelets, whereas it was present in peritoneal macrophages, colon, intestinal mucosa, kidney, and uterine tubes, as assessed by Western blot (Supplemental Fig. 1, C–E) (Patrignani et al., 2017). Tail vein bleeding time values were significantly (P < 0.01) higher in COX-1 cKO mice than in wild-type littermates (Supplemental Fig. 1F), and platelet COX-1 activity, as reflected by serum TXB2 levels (Patrono et al., 1980), was significantly (P < 0.01) reduced by 98.3 ± 1.4% (Supplemental Fig. 1G).

Effects of Platelet COX-1 Deletion on the Symptoms of DSS-Induced Colitis. The treatment of wild-type C57BL/6 female mice with DSS (2%) for 5 days induced a time-dependent appearance of clinical symptoms of colitis, such as fecal bleeding and reduced stool consistency, with a maximal DAI score on day 5 that remained stable up to day 10, that is, 5 days after DSS withdrawal (Fig. 1). After that, the DAI score decreased but was still elevated versus baseline values (Fig. 1A). However, on day 13, visible fecal blood could no longer be detected (Fig. 1B), whereas the stool consistency remained loose up to day 21 (Fig. 1C). There was no mortality among the DSS-treated mice.

During the 5-day treatment with DSS, rectal bleeding (Fig. 1B), stool consistency (Fig. 1C), and their sum (DAI score) (Fig. 1A) did not differ between COX-1 cKO and wild-type mice. In contrast, after DSS withdrawal, a faster recovery of DAI score (both EMO and STOOL score) to baseline values was observed in the COX-1 cKO versus wild-type mice (Fig. 1). From day 10 to day 21, both EMO and STOOL scores were indistinguishable from baseline (Fig. 1, B and C, respectively). The time-integrated disease activity (AUC) of DAI and STOOL scores estimated from day 0 to 21 resulted lower in COX-1 cKO mice than in wild-type mice (Supplemental Table 3). The AUC of EMO score was not significantly reduced in COX-1 cKO versus wild-type mice (Supplemental Table 3).

Effects of Platelet COX-1 Deletion on the Systemic Biosynthesis of Prostanoids in DSS-Induced Colitis. Urinary levels of the major enzymatic metabolites of PGE2,
Effects of Platelet COX-1 Deletion on the Colonic Capacity to Produce Prostanoids in DSS-Induced Colitis. During the acute inflammatory response to DSS administration (day 5), enhanced capacity of the colonic tissue to form PGE$_2$, PGD$_2$, and 6-keto-PGF$_{1α}$ (the stable hydrolysis product of PGI$_2$), but not TXB$_2$, was detected (Fig. 2, E–H). In COX-1 cKO mice, the colonic capacity to generate PGE$_2$, PGD$_2$, and 6-keto-PGF$_{1α}$, but not TXB$_2$, was significantly lower than that detected in wild-type mice (Fig. 2, E–H).

These data show that the specific deletion of COX-1 in platelets restrains the enhanced prostanoid biosynthesis induced in the colon by DSS administration. Interestingly, colonic TXB$_2$ was not substantially affected by DSS challenge and platelet COX-1 deletion, thus suggesting that the enhanced systemic biosynthesis of TXB$_2$ detected in colitis was from extracolonic origin mainly from platelets.

![Figure 2](https://jpet.aspetjournals.org/content/ASPTetJournals/22/22/fulltext.png)
Expression of COX Isozymes and Prostanoid Synthases in DSS-Induced Colitis. To clarify the enzymatic pathway(s) involved in the augmented levels of PGE$_2$ and PGD$_2$ found in the inflamed colon of mice treated with DSS, we assessed the protein levels of COX-1 and COX-2 and major downstream synthases: mPGES1, hematopoietic HPGDS, and LPGDS. As shown in Supplemental Fig. 3, A–C, at baseline, COX-2 was almost undetectable, whereas COX-1 was expressed in the colonic mucosa. On day 5, COX-2 was dramatically upregulated and the levels returned to baseline values on day 21 (Supplemental Fig. 3, A and C). Similar time-dependent changes were detected for mPGES1 expression (Supplemental Fig. 3, A and D). A significant increase in response to DSS was found for COX-1 and HPGDS expression, on days 5 and 21 (Supplemental Fig. 3, A, B, and E). Low levels of LPGDS were detected at each time point (Supplemental Fig. 3, A and F).

Overall, these results suggest the involvement of the COX-2/ mPGES1 pathway in enhanced biosynthesis of PGE$_2$ in the inflamed colon of wild-type mice. COX-1 is likely to contribute to enhanced colonic PGD$_2$ biosynthesis mainly through the coupling with HPGDS (Kämpfer et al., 2003).

In COX-1 cKO mice, a lower expression of COX-2, mPGES1, and HPGDS (Supplemental Fig. 3, A and C–E) was detected. These changes can contribute to the reduced capacity of colonic tissues to form PGE$_2$ and PGD$_2$, as compared with wild-type mice.

Colonic Levels of Cytokines in DSS-Induced Colitis and Effects of Platelet COX-1 Deletion. As shown in Fig. 3, in wild-type mice on day 5, the anti-inflammatory and immune-suppressive cytokines IL-10 and TGF-$\beta_1$ (Sanjabi et al., 2009) were significantly reduced in colonic tissues, whereas the proinflammatory IL-6 (Fernando et al., 2016) was significantly increased. On day 21, IL-6 returned to baseline values (Fig. 3C).

In COX-1 cKO mice, on day 5, the levels of the proinflammatory IL-6 were comparable to baseline, whereas the anti-inflammatory IL-10 and TGF-$\beta_1$ levels resulted enhanced (Fig. 3).

The Impact of Platelet COX-1 Deletion on Histopathological Features of DSS-Induced Colitis. Sections of the distal colon were collected at baseline (day 0), day 5 (acute phase), and day 21 (chronic phase) and stained with H&E (Fig. 4A). As shown in Fig. 4B, necrotic areas were detected on day 5 of DSS administration in wild-type mice and persisted after removal of the chemical insult. In mice with specific deletion of platelet COX-1, the colonic necrotic areas were reduced, but not abrogated (Fig. 4B). The total histopathological scores (calculated as the sum of ulcer score, ulcer area score, inflammatory score, and inflammatory score area (Supplemental Fig. 4, A–D)) assessed in the colon sections of wild-type and COX-1 cKO mice are shown in Fig. 4C. Mice with platelet COX-1 deletion showed a statistically significant reduction in the histopathological scores (Fig. 4C; Supplemental Fig. 4, A–D).

We next performed immunofluorescent labeling-based image analysis to quantify the presence of macrophages (F4/80-positive cells) and myofibroblasts (identified by staining for vimentin and $\alpha$-SMA), in the lamina propria of colon collected from mice with DSS-induced colitis on days 0, 5, and 21 (Fig. 4, D and E, respectively; Supplemental Fig. 5, A and B). The number of F4/80-positive cells was significantly ($P < 0.05$) lower in COX-1 cKO versus wild-type mice, on day 5 of DSS treatment (Fig. 4D; Supplemental Fig. 5A). Myofibroblast number was significantly enhanced on days 5 and 21 versus baseline, in wild-type mice. In COX-1 cKO mice, their number was increased on day 5 and returned to baseline values on day 21, when it was significantly lower than in wild-type mice (Fig. 4E; Supplemental Fig. 5B).

Intestinal fibrosis was evaluated by Masson's trichrome staining (Fig. 4, F and G). The tissue area covered by collagen was measured with Image J Software and expressed as the percentage of the entire cross-section area. In wild-type mice, collagen area was increased on day 21 versus baseline (Fig. 4, F and G) to a significantly ($P < 0.01$) greater extent than in COX-1 cKO mice (Fig. 4G).
Overall, these results demonstrate a critical role of platelet COX-1 in the development of DSS-induced colitis symptoms, colonic histologic changes, and inflammation-associated fibrosis.

Effects of Platelets on Myofibroblast Function In Vitro. Platelets extravasated in the colonic lamina propria (Fig. 5, A and B). Thus, we hypothesized that they contribute to the development of chronic inflammation-associated fibrosis through the crosstalk with intestinal myofibroblasts. To address this hypothesis, in vitro studies were performed using cocultures of human platelets and human...
intestinal myofibroblasts. At 24 hours of coculture with platelets, morphologic changes were observed in myofibroblasts (Fig. 5C). In the presence of platelets, the typical spindle-shaped myofibroblast acquired a polarized phenotype manifested by an elongated cell body. These morphologic changes were prevented by the exposure of platelets to aspirin (an irreversible inhibitor of COX-1) (Simmons et al., 2004), which was then washed away before incubation with myofibroblasts (Fig. 5C). This finding suggests a platelet COX-1–dependent mechanism in the morphologic changes induced by platelets. TXB$_2$ was the major product of arachidonic acid metabolism measured in the conditioned medium of platelet–myofibroblast coculture, and the levels were profoundly reduced in the presence of aspirinated platelets (Fig. 5D).

Antagonism of TF receptor by SQ 29,548 also prevented the platelet-dependent induction of morphologic changes in the myofibroblasts (Fig. 5C). These morphologic changes were associated with reduced levels of α-SMA, both as evaluated by confocal microscopy (Fig. 5, C and E) and mRNA (Fig. 5F). Both aspirin and the TP antagonist prevented downregulation of α-SMA in myofibroblasts incubated with platelets (Fig. 5, C, E, and F). Using the TXA$_2$ mimetic U46619, we found that TP activation downregulated the expression of α-SMA both by a direct effect and through the interference of TGF-β1–dependent induction of α-SMA (Fig. 5G). TGF-β1 was used at the concentration of 0.33 ng/ml comparable to that detected in the coculture of platelets and myofibroblasts (data not shown).

The myofibroblasts cultured with platelets were characterized by enhanced proliferative capacity (as assessed by confocal microscopy) (Fig. 5, H and I), which was prevented by the incubation with aspirinated platelets or with SQ 29,548, suggesting the role of platelet-derived TXA$_2$ (Fig. 5, H and I).

Myofibroblasts cocultured with platelets were characterized by enhanced migratory ability (assessed using the scratch assay) (Fig. 6, A and B) and expression of RhoA (Fig. 6C), both of which were prevented by aspirin.

Finally, myofibroblasts cocultured with platelets were characterized by enhanced expression of mesenchymal markers, such as vimentin and fibronectin, and these effects were abrogated by the incubation of the myofibroblasts with aspirinated platelets (Fig. 6, D and E).

Thus, platelet-derived TXA$_2$ may play an important role in the development of chronic inflammation and fibrosis by the induction of fibroblasts with proliferative, migratory, and mesenchymal features, which may promote a persistent proinflammatory state in the colonic mucosa.

**Discussion**

Patients with IBD are characterized by altered platelet functions (Kapsoritakis et al., 2001; Danese et al., 2004; Giannotta et al., 2015), which are reproduced in DSS-induced colonic inflammation in mice (Yan et al., 2013). To demonstrate the contribution of platelets to the development of inflammation and fibrosis of the gut in response to chemically-induced epithelial damage, we generated mice with a specific deletion of COX-1 in megakaryocytes/platelets, which were challenged with DSS. These mice showed a biochemical phenotype that recapitulates the selective inhibition of platelet COX-1 by low-dose aspirin in humans: virtually complete suppression of platelet TXA$_2$ generation with substantial sparing of vascular prostacyclin biosynthesis (Capone et al., 2004).

The capacity of the colon to generate TXA$_2$ was not significantly altered in the acute and the recovery phase of DSS-induced colitis. However, enhanced systemic biosynthesis of TXA$_2$, as assessed by measuring the urinary levels of TX-M (FitzGerald et al., 1983), was detected reaching a significant difference versus baseline in the chronic stage of the disease. These findings suggest the occurrence of systemic activation of platelets in colitis. In fact, the assessment of urinary TX-M is considered a noninvasive marker of in vivo platelet activation (FitzGerald et al., 1983; Grosser et al., 2018). These results suggest that platelet-derived TXA$_2$ played a crucial role in the development of colitis. Colonic TXA$_2$ can derive from various cell types, including epithelial cells, inflammatory cells, and platelets. The assessment of the colonic capacity to produce TXA$_2$ in tissue homogenates ex vivo is not appropriate to detect the actual contribution of the different cell types in vivo, thus explaining the fact that specific deletion of platelet COX-1 was not associated with a significant reduction in colonic TXB$_2$ levels.

Platelets are activated immediately in response to tissue damage, and may, in turn, trigger an inflammatory response. This occurs via the platelet release into the extracellular environment of different soluble mediators (both lipids, such as TXA$_2$ and proteins) and vesicles rich in genetic material (e.g., microRNAs), which contribute to wound repair (Gawaz et al., 2005; Dovizio et al., 2017). It is a phenomenon requiring the time- and space-controlled induction of cellular migration, extracellular matrix organization/remodeling, cell proliferation, differentiation, and angiogenesis/neovascularization (Landén et al., 2016). However, under pathologic conditions, including atherothrombosis (Davi and Patrono, 2007), colorectal cancer (Patrignani and Patrono, 2016), and—as shown in this work—intestinal colitis, the occurrence of an uncontrolled platelet activation can contribute to the development of a chronic inflammatory state that favors the disease progression. Among the soluble mediators released from activated platelets, we show that enhanced TXA$_2$ production plays a crucial role in the pathogenesis of intestinal colitis. TXA$_2$ is known to increase microvascular permeability (Turnage et al., 1997) and orchestrate the trafficking of inflammatory and immune cells and platelets and their accumulation in the colon (Vitiello et al., 2014). In colitis, platelets extravasated into the colonic interstitium (Danese et al., 2004; Petito et al., 2017) may promote the development of chronic inflammation–associated fibrosis through the crosstalk with myofibroblasts. In vitro, we found that platelet-derived TXA$_2$ induced phenotypic and functional changes of myofibroblasts such as the reduction in α-SMA and the increase in vimentin, fibronectin, and RhoA expression associated with an enhanced capacity to proliferate and migrate. These effects were prevented by inhibition of platelet COX-1 by aspirin or by TP antagonism. It has been previously shown that α-SMA deficiency in myofibroblasts promotes renal fibrosis (Takeji et al., 2006). The cross-talk of platelets with stromal cells in the gut may also contribute to the development of colorectal cancer by enhancing the release of growth factors and lipid mediators, including prostanooids, which induce a malignant program in epithelial cells (Dovizio et al., 2017).
Fig. 5. Effects of platelets on myofibroblast function. (A and B) DSS colitis was induced in wild-type mice, and colon samples were evaluated for platelet extravasation on days 0, 5, and 21 by immunofluorescence using confocal microscopy; a representative immunofluorescence staining of colon sections is shown (CD31 (red), an endothelial marker, CD61 (green), a platelet marker, and 1,5-bis[(2-(dimethylamino)ethyl)amino]-4,8-dihydroxyanthracene-9,10-dione (blue), a nuclear marker) (A); vessels with extravasated platelets were counted and reported as percentage of total vessels per field (B), mean ± S.E.M. (n = 3), *P < 0.05 and **P < 0.01 vs. baseline, day 0, by Tukey’s multiple comparisons test. (C–F) Human intestinal myofibroblast cells (9 × 10⁴/Myo) (Myo) were cultured alone or cocultured with isolated human platelets (Plt, 0.5 × 10⁸) (Myo + Plt) for 24 hours, untreated or pretreated with aspirin (ASA, acetylsalicylic acid) 100 μM; in some experiments, Myo were incubated with Plt, in the presence of DMSO vehicle or the TP receptor antagonist SQ 29,548 (SQ, 10 μM); (C) representative image of immunofluorescence analysis of α-SMA (in green) by confocal microscopy; (D) TXB₂ levels assessed by immunoassay, mean ± S.E.M. (n = 4–13), **P < 0.01 vs. the other conditions by Tukey’s multiple comparisons test; (E) quantification of α-SMA–covered area using confocal microscopy, in myofibroblasts, mean ± S.E.M. (n = 5–15), *P < 0.05 vs. Myo and Myo + Plt (ASA) and **P < 0.01 vs. Myo + Plt + SQ by Tukey’s multiple comparisons test. (F) α-SMA mRNA levels by quantitative real-time PCR, normalized to glyceraldehyde-3-phosphate dehydrogenase mRNA levels, reported as fold-change vs. myofibroblast alone (Myo), mean ± S.E.M. (n = 3–7), **P < 0.01 vs. Myo and Myo + Plt (ASA), *P < 0.05 vs. Myo + Plt + SQ by Tukey’s multiple comparisons test. (G) mRNA levels of α-SMA/glyceraldehyde-3-phosphate dehydrogenase by quantitative PCR in Myo treated with DMSO, U46619 (250 nM, a TXA₂ mimetic), TGF-β1 (0.33 ng/ml), or TGF-β1-U46619, for 48 hours; data are reported as fold-change vs. Myo alone, mean ± S.E.M. (n = 3–5), **P < 0.01 vs. Myo and Myo + U46619, *P < 0.05 vs. Myo + TGF-β1 + U46619, **P < 0.05 vs. Myo + TGF-β1 by Tukey’s multiple comparisons test. (H and I) Under the same experimental conditions described above (C–F), cell proliferation was evaluated by confocal microscopy (Click-iT EdU assay), and a representative immunofluorescence staining of Myo (in blue, cell nuclei; in pink, DNA-incorporating thymidine) is shown (H); percentage of proliferating cells (pink) vs. total cells is shown (I), mean ± S.E.M. (n = 4–8), **P < 0.01 vs. Myo and Myo + Plt + SQ, *P < 0.05 vs. Myo + Plt (ASA) by Tukey’s multiple comparisons test.
Although the DSS-induced colitis model has some similarities with UC and has been extensively used due to its rapidity, simplicity, and reproducibility (Eichele and Kharbenda, 2017), it has some limitations, including the fact that, unlike the human disease, T and B cells are not required for the development of colitis (Chassaing et al., 2014). However, it is noteworthy that no available animal model may serve as a completely valid surrogate for the human disease (Mizoguchi and Mizoguchi, 2010).

The strength of the present study is that we generated mice with specific deletion of COX-1 in platelets that allowed us to identify TXA2-dependent platelet activation as an important source of mediators contributing to intestinal inflammation and fibrosis. Moreover, this unique mouse model provides a novel tool to investigate the involvement of platelets in several pathologies, including colorectal cancer.

Limited clinical data are available on the effect of anti-platelet agents in IBD. No randomized clinical studies have been performed with low-dose aspirin. The results of epidemiologic studies with aspirin showed conflicting results, and no information on the effect of aspirin at low doses is available (Maaser et al., 2017).

In conclusion, our results highlight the role of platelet-derived TXA2 in the development of colitis and fibrosis induced by epithelial damage. The findings of the present study provide the rationale to investigate the potential efficacy and safety of low-dose aspirin in limiting the inflammation and tissue damage associated with IBD. This antiplatelet agent should not aggravate the intestinal bleeding because clinical data show that low-dose aspirin causes bleeding, mainly from pre-existing lesions, in the stomach and duodenum (Sostres and Lanas, 2011), which are sites not involved in UC and very rarely involved in Crohn's disease.

This is also supported by our findings showing that, in DSS-induced colitis, deletion of COX-1 in platelets was not associated with any significant change in EMO score versus wild-type mice. Low-dose aspirin, through downstream effects of platelet inhibition, might also reduce the enhanced risk of colon cancer in IBD patients (Patrignani and Patrono, 2016).

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Authorship Contributions
Participated in research design: Patrignani, Sacco, Bruno, Contursi, Dovizio.
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Contributed new reagents or analytic tools: Yu.
Performed data analysis: Sgambato, Ballerini, Patrignani.
Wrote or contributed to the writing of the manuscript: Patrignani, FitzGerald, Patrono, Yu.

References

Fig. 6. Effects of platelets on myofibroblast migration and gene expression. Myofibroblast cells (Myo, 9 × 10⁴) were cultured alone or cocultured with platelets (Plt, 0.5 × 10⁶), untreated or pretreated with aspirin (ASA, acetylsalicylic acid, 100 μM), for 24 hours. (A) Cell migration assay was performed using an in vitro scratch assay, and representative phase–contrast images are shown. (B) The percentage of the covered area was measured using Image J software, and data are reported as percentage of control (myofibroblasts cultured alone, Myo) (mean ± S.E.M., n = 4); *P < 0.05 vs. Myo and Myo + Plt (ASA) by Tukey’s multiple comparisons test. In the same experimental conditions, Myo were assessed for mRNA levels of RhoA (C), vimentin (D), and fibronectin (E) by quantitative real-time PCR and normalized to glyceraldehyde-3-phosphate dehydrogenase mRNA levels; values are reported as fold-change vs. Myo cultured alone (mean ± S.E.M., n = 3–8); **P < 0.01 vs. Myo and *P < 0.05 vs. Myo + Plt (ASA) by Tukey’s multiple comparisons test (C), **P < 0.01 vs. Myo and Myo + Plt (ASA) by Tukey’s multiple comparisons test (D and E).


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