The Use of Physiology-Based Pharmacokinetic and Pharmacodynamic Modeling in the Discovery of the Dual Orexin Receptor Antagonist ACT-541468[§]

Alexander Treiber, Ruben de Kanter, Catherine Roch, John Gatfield, Christoph Boss, Markus von Raumer, Benno Schindelholz, Clemens Muehlan, Joop van Gerven, and Francois Jenck

Departments of Preclinical Drug Metabolism and Pharmacokinetics (A.T., R.d.K.), Preclinical Pharmacology (C.R., F.J.), Biology (J.G.), Chemistry (C.B.), Clinical Pharmacology (C.M.), and Preclinical Development (M.v.R., B.S.), Idorsia Pharmaceuticals Ltd, Allschwil, Switzerland; Center for Human Drug Research, Leiden, The Netherlands (J.v.G.)

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ABSTRACT

The identification of new sleep drugs poses particular challenges in drug discovery owing to disease-specific requirements such as rapid onset of action, sleep maintenance throughout major parts of the night, and absence of residual next-day effects. Robust tools to estimate drug levels in human brain are therefore key for a successful discovery program. Animal models constitute an appropriate choice for drugs without species differences in receptor pharmacology or pharmacokinetics. Translation to man becomes more challenging when interspecies differences are prominent. This report describes the discovery of the dual orexin receptor 1 and 2 (OX₁ and OX₂) antagonist ACT-541468 out of a class of structurally related compounds, by use of physiology-based pharmacokinetic and pharmacodynamic (PBPK-PD) modeling applied early in drug discovery. Although all drug candidates exhibited similar target

receptor potencies and efficacy in a rat sleep model, they exhibited large interspecies differences in key factors determining their pharmacokinetic profile. Human PK models were built on the basis of in vitro metabolism and physicochemical data and were then used to predict the time course of OX₂ receptor occupancy in brain. An active ACT-541468 dose of 25 mg was estimated on the basis of OX₂ receptor occupancy thresholds of about 65% derived from clinical data for two other orexin antagonists, almorexant and suvorexant. Modeling predictions for ACT-541468 in man were largely confirmed in a single-ascending dose trial in healthy subjects. PBPK-PD modeling applied early in drug discovery, therefore, has great potential to assist in the identification of drug molecules when specific pharmacokinetic and pharmacodynamic requirements need to be met.

Introduction

Insomnia, characterized by difficulties with sleep onset and/or sleep maintenance, affects 10–15% of the population

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chronically, with additional 15–20% suffering from it occasionally. Insomnia has a wide range of effects on quality of life and is associated with increased accident risk and chronic health problems (Zammit, 2007). Historically, insomnia treatments have targeted GABA-A, histamine, serotonin, or melatonin receptors. GABA-A receptor modulators such as zolpidem, which currently dominate the market, tend to increase non-rapid eye movement (non-REM) sleep and decrease REM sleep compared with normal sleep architecture (Bettica et al., 2012b). This may be the reason for the observed decrease in cognitive performance and locomotor skills when walking during night-time awakening (Otmani et al., 2008; Frey et al., 2011),

ABBREVIATIONS: ACT-541468, (S)-(2-(5-chloro-4-methyl-1H-benzo[d]imidazol-2-yl)-2-methylpyrrolidin-1-yl)(5-methoxy-2-(2H-1,2,3-triazol-2-yl)phenyl)methanone; ACT-605143, (S)-(2-(5-chloro-1,4-dimethyl-1H-benzo[d]imidazol-2-yl)-2-methylpyrrolidin-1-yl)(5-methyl-2-(2H-1,2,3-triazol-2-yl)phenyl)methanone; ACT-658090, (S)-(2-(6-bromo-4-methyl-1H-benzo[d]imidazol-2-yl)-2-methylpyrrolidin-1-yl)(5-methyl-2-(pyrimidin-2-yl)phenyl)methanone; ADAM, advanced dissolution, absorption, and metabolism; AUC, area under the plasma concentration versus time curve; AUC_{0–last}, area under the plasma concentration versus time curve up to the last measurable concentration; CL, total plasma clearance; CL_{int}, intrinsic clearance; C_{max}, peak observed plasma concentration; CRC, concentration-response curve; DMSO, dimethyl sulfoxide; DORA, dual orexin receptor antagonist; EEG, electroencephalogram, -graphic; EMG, electromyogram, -graphic; G418, (2R,3S,4R,5R,6S)-5-amino-6-[(1R,2S,3S,4R,6S)-4,6-diamino-3-[(2R,3R,4R,5R)-3,5-dihydroxy-5-methyl-4-methylaminooxan-2-yl]oxy-2-hydroxycyclohexyl]oxy- 2-(1-hydroxyethyl)oxane-3,4-diol; K_b, inhibition constant as determined by a functional assay; LC-MS/MS, liquid chromatography coupled to mass spectrometry; logD, distribution coefficient; MK-1064, 5-(5-chloro-3-pyridyl)-N-[(5,6-dimethoxy-2-pyridyl)methyl]-2-(2-pyridyl)pyridine-3-carboxamide; OX₁, orexin-1 receptor; OX₂, orexin-2 receptor; OxA, orexin A; PBPK-PD, physiology-based pharmacokinetic and pharmacodynamic (modeling); PD, pharmacodynamic; PK, pharmacokinetic; REM, rapid eye movement; RO_{t1/2}, receptor occupancy half-life; SB-649868, N-[(2S)-1-[(5-(4-fluorophenyl)-2-methyl-4-thiazolyl]carbonyl)-2-piperidinyl]methyl)-4-benzofurancarboxamide; T_{max}, time to reach peak plasma concentration; V_{ss}, apparent volume of distribution at steady-state; σ_g, geometric standard deviation.

the latter being of particular concern for the elderly (Glass et al., 2005).

The orexin system was discovered in the late 1990s (de Lecea et al., 1998; Sakurai, 1999) and is composed of two peptides, orexin A (OxA) and orexin B (OxB), produced in a small number of neurons in the lateral hypothalamus, and two G protein-coupled receptors, orexin-1 (OX₁) and orexin-2 (OX₂), widely expressed throughout the brain. Orexin deficiency has been linked to human narcolepsy/cataplexy, a neurologic disorder in which patients suffer from an uncontrolled sleep-wake cycle (Peyron et al., 2000; Thannickal et al., 2000). This indicates that the orexin system plays an essential role in promoting alertness and maintaining wakefulness under motivational circumstances. It supports behavioral and physiologic adaptation to relevant internal and external environmental stimuli, such as physiologic need states, exposure to threats, or reward opportunities (Sakurai, 2007; Carter et al., 2009; Tsujino and Sakurai, 2009; Mahler et al., 2014).

With the discovery of potent low-molecular-weight compounds, orexin receptor antagonism has emerged as a novel concept for the treatment of insomnia disorders. Unlike classic hypnotics targeting GABA-A, histamine, or serotonin receptors, orexin receptor antagonists promote sleep in a distinct manner, as they maintain a natural sleep architecture and do not impair cognitive function or locomotor skills (Hoever et al., 2012b; Ramirez et al., 2013; Tannenbaum et al., 2016).

Both, dual orexin receptor antagonists (DORAs) including almorexant (Hoever et al., 2012b), suvorexant (Herring et al., 2012), florexant (Connor et al., 2016), lemborexant (Yoshida et al., 2015), and SB-649868 (Bettica et al., 2012a), as well as the OX₂-selective antagonist seltorexant have been tested in insomnia patients (Bonaventure et al., 2015a). Polysomnography in animals and healthy human subjects suggest a qualitatively comparable sleep-promoting profile for both, DORAs and OX₂-selective compounds, although relative impact on REM versus non-REM sleep may differ (Dugovic et al., 2014; Jacobson et al., 2017). Comparative studies with DORAs and OX₂-selective compounds indicate that higher OX₂ receptor occupancies are required by OX₂-selective compounds (Mieda et al., 2011; Gotter et al., 2016), as recently shown with the DORA florexant and the OX₂-selective MK-1064. As OX₁-selective antagonists alone lack sleep-promoting efficacy (Gozzi et al., 2011), the overall data suggest a complementary role of OX₁ antagonism in the sleep-promoting efficacy of DORAs. OX₁ receptors also appear to play an essential role in anxiety states (Merlo Pich and Melotto, 2014), and OX₁-selective antagonists additionally attenuate behavioral and cardiovascular responses to stress without altering baseline motor or autonomic functions (Gozzi et al., 2011; Johnson et al., 2012; Bonaventure et al., 2015b).

In 2014, suvorexant was approved in the United States under the trade name Belsomra for the treatment of insomnia. During regulatory review, the Food and Drug Administration expressed concerns about potential next-day residual effects (Citrome, 2014; Vermeeren et al., 2015) associated with higher Belsomra doses as a consequence of its extended plasma half-life. This episode highlights the importance of identifying compounds with an optimal pharmacokinetic and pharmacodynamic (PK/PD) profile in man during the discovery process of an insomnia drug.

From a drug discovery perspective, the identification of candidate molecules for the treatment of insomnia poses particular challenges. Beyond pharmacological target potency

and brain penetration as basic requirements, rapid onset and adequate sleep duration are key features. For compounds with little interspecies differences in receptor pharmacology and pharmacokinetics, appropriate drug candidates might be readily identified on the basis of animal pharmacology data. Translational aspects become more important for molecules exhibiting pronounced interspecies differences in drug disposition. For example, plasma protein binding affects drug distribution into tissues and total blood clearance, and thus influences the pharmacokinetic half-life of a drug. Physiology-based pharmacokinetic and pharmacodynamic (PBPK-PD) modeling has been established as an appropriate tool to translate animal PK and PD data into man early in drug development (Jones et al., 2009). The present report describes the central and early role of PBPK-PD modeling in drug discovery as a key tool in the selection process of ACT-541468, a DORA that is currently in phase 2 clinical development for the treatment of insomnia disorders. Although this report focuses on only three prototypical compounds, the approach was in fact applied to a set of about 20 structural analogs from the same chemical class.

Materials and Methods

Chemicals and Reagents. (S)-(2-(5-chloro-4-methyl-1H-benzo[d]imidazol-2-yl)-2-methylpyrrolidin-1-yl)(5-methoxy-2-(2H-1,2,3-triazol-2-yl)phenyl)methanone (ACT-541468), (S)-(2-(5-chloro-1,4-dimethyl-1H-benzo[d]imidazol-2-yl)-2-methylpyrrolidin-1-yl)(5-methyl-2-(2H-1,2,3-triazol-2-yl)phenyl)methanone (ACT-605143), (S)-(2-(6-bromo-4-methyl-1H-benzo[d]imidazol-2-yl)-2-methylpyrrolidin-1-yl)(5-methyl-2-(pyrimidin-2-yl)phenyl)methanone (ACT-658090) (Fig. 1), almorexant, suvorexant, and their corresponding salts were synthesized by the medicinal chemistry department of Actelion Pharmaceuticals Ltd (Allschwil, Switzerland) as described in Supplemental Fig. S1, or according to published methods (Baxter et al., 2011; Mangion et al., 2012; Boss et al., 2013; Verzijl et al., 2013; Boss et al., 2015a,b). Chemical purity of all compounds was in excess of 97%.

Orexin Receptor Antagonist Assays. OxA curve shift experiments were performed to determine the surmountability of antagonism and to calculate the antagonistic potency [apparent inhibition constant as determined by a functional assay (K_b)] of the three benzimidazole compounds. Chinese hamster ovary (CHO) cells expressing the human or rat OX₁ or OX₂ receptors were grown in culture medium (Ham's F-12 with L-glutamine; Life Technologies/Thermo Fisher Scientific, Waltham, MA) containing 300 μ g/ml (for human receptor-expressing cells) or 1000 μ g/ml (for rat receptor-expressing cells) G418, 100 IU/ml penicillin, 100 μ g/ml streptomycin, and 10% heat-inactivated fetal calf serum (FCS). Prior to the experiment, the cells were seeded at 20,000 cells/well into 384-well black clear-bottom sterile plates (Greiner/Sigma-Aldrich, St. Louis, MO) and incubated overnight at 37°C in 5% CO₂. On the day of the assay, culture medium in each well was replaced with 50 μ l of staining buffer [1× Hanks' balanced salt solution (HBSS), 1% FCS, 20 mM HEPES, 0.375 g/l NaHCO₃, 5 mM of the organic anion transporter (OAT) inhibitor probenecid (Sigma-Aldrich), 3 μ M of the fluorogenic

Fig. 1. Chemical structures of ACT-541468, ACT-605143, and ACT-658090.

TABLE 1

Mean apparent K_b values for selected dual orexin receptor antagonists in calcium release assays determined in CHO cells expressing human OX_1 and OX_2 receptors ($n \geq 3$)

Receptor	K_b [σ_b] (nM) ^a				
	Suvorexant	Almorexant	ACT-541468	ACT-605143	ACT-658090
Human OX_1	0.68 [2.0]	4.5 [2.3]	0.52 [2.0]	0.62 [1.5]	8.3 [1.2]
Human OX_2	0.42 [1.9]	0.42 [2.2]	0.78 [1.5]	0.70 [1.6]	5.9 [1.4]

^a σ_b , geometric standard deviation.

^a K_b values were derived from IC_{50} values using the generalized Cheng-Prusoff equation, and their geometric means are shown.

calcium indicator fluo-4 AM (Life Technologies/Thermo Fisher Scientific), and 10% pluronic F-127 (Life Technologies/Thermo Fisher Scientific)]. The cell plates were incubated for 1 hour at 37°C in 5% CO_2 followed by equilibration at room temperature for ≥ 30 minutes. Fluo-4-stained cells were supplemented with 10 μ l of 1:10 serially diluted 6-fold concentrated antagonist solution in the assay buffer (1 $\times$ HBSS buffer, 0.1% bovine serum albumin, 20 mM HEPES, 0.375 g/l $NaHCO_3$, pH 7.4) containing 0.6% dimethyl sulfoxide (DMSO). After 120 minutes, cells were stimulated with 10 μ l of 1:5 serially diluted 7 $\times$ OxA solution in assay buffer containing $\leq 0.1\%$ methanol, resulting in final concentrations between 0.01 and 1000 nM. Calcium mobilization (proportional to OX receptor activation by OxA) was measured using the fluorescence imaging plate reader (FLIPR) assay (Tetra, excitation: 470–495 nm; emission: 515–575 nm; Molecular Devices, Sunnyvale, CA). To calculate the apparent K_b values, FLIPR traces were subjected to spatial uniformity correction and normalized by trace alignment at the last time point before agonist addition (ScreenWorks software; Molecular Devices). The maximum fluorescence signals per well were used to generate OxA concentration-response curves (CRCs) in GraphPad Prism (GraphPad Software, LaJolla, CA). The EC_{50} values and Hill slopes (n) for the OxA CRCs, and the IC_{50} values of the antagonists at approximately EC_{70} of OxA (1.6 nM for human OX_1 and OX_2 , 8 nM for rat OX_1 and OX_2) were calculated using the proprietary IC_{50} Witch software (curve-intrinsic minima and maxima were used). The apparent K_b values were calculated via

the generalized Cheng-Prusoff equation, using the on-day OxA EC_{50} value (EC_{50OxA}) and the OxA concentration used for stimulation ($[OxA]_{stim}$), with the following formula (Cheng and Prusoff, 1973; Miller et al., 1999):

$$K_b = \frac{IC_{50}}{\left(2 + \left(\frac{[OxA]_{stim}}{EC_{50OxA}}\right)^n\right)^{\frac{1}{n}} - 1} \quad (1)$$

Approximate receptor occupancy half-lives ($RO_{t_{1/2}}$) of the antagonists were determined using calcium release assays after antagonist washout. To this end, fluo-4-stained CHO cells were supplemented with 10 μ l of 6 $\times$ concentrated antagonists (serially diluted 1:10 in assay buffer with 0.6% DMSO). After 120 minutes, cells were washed extensively with assay buffer and then stimulated at several time points (0–63 minutes) with 10 μ l of a 7 $\times$ OxA solution, giving a final OxA concentration of EC_{70} . Compound incubations and washout phase were performed at 37°C. Calcium mobilization was measured, and IC_{50} values were calculated and converted to the apparent K_b values via the generalized Cheng-Prusoff equation, using the OxA CRC slope determined at every time point, as described above (software settings: curve-intrinsic maximum; fixed minimum: full block by 10 μ M suvorexant). The geometric means of K_b values generated in three independent experiments were then plotted on a semilogarithmic scale against time. The $RO_{t_{1/2}}$ was calculated from the K_b values obtained at

Fig. 2. Effect of dual orexin receptor antagonists on OxA-induced calcium flux in CHO cells expressing recombinant human OX_1 or OX_2 receptors. Cells were stained with fluo-4 and preincubated with dilution series of antagonists for 120 minutes followed by the addition of a dilution series of OxA. Peak fluorescence values were converted to CRCs. Data shown are the average of duplicate values ($\pm$ S.D.) from a representative of at least three experiments. IC_{50} values at 1.6 nM OxA were determined and used as a basis to calculate the apparent K_b via the generalized Cheng-Prusoff equation.

TABLE 2

Receptor occupancy half-lives of orexin receptor antagonists at human OX₁ and OX₂ receptors as determined by calcium flux measurements after compound washout

Receptor	Parameter ^a	Suvorexant	Almorexant	ACT-541468	ACT-605143	ACT-658090
Human OX ₁	K _{b-0 min} (nM)	0.87	9.3	0.83	0.14	5.5
	K _{b-33 min} (nM)	11	26	13	6.1	104
	ROt _{1/2} (min)	9	22	8	6	8
Human OX ₂	K _{b-0 min} (nM)	0.48	0.11	1.1	0.34	9
	K _{b-33 min} (nM)	18	0.59	224	68	54
	ROt _{1/2} (min)	6	14	4	4	13

^aK_b values were derived from IC₅₀ values using the generalized Cheng-Prusoff equation, and their geometric mean is shown.

0 and 33 minutes after washout, assuming first-order dissociation kinetics, with the following formula:

$$\text{ROt}_{1/2} = \frac{33 \text{ min}}{\log_2 \left(\frac{K_{b-33 \text{ min}}}{K_{b-0 \text{ min}}} \right)} \quad (2)$$

Animal Housing. Male, adult Wistar rats were used for pharmacokinetic [CrI:WI(Han) (Charles River, Sulzfeld, Germany)] and pharmacology experiments [RccHan:WIST (Harlan, Horst, The Netherlands) or CrI:WI(Han)]. All rats were maintained under standard laboratory conditions [temperature 20 ± 2°C, relative humidity 55–70%, standard Provimi Kliba diet 3336 (Kaiseraugst, Switzerland, www.kliba-nafag.ch), and domestic mains tap water ad libitum] on a regular 12-hour light–dark cycle (lights on 6:00 AM). After arrival, rats were allowed at least one week of acclimatization to Actelion's animal facility and were carefully monitored to ensure good health and suitability for inclusion in the study. Unless noted otherwise, rats were socially housed in groups of four in standard plastic rodent cages, and all tests were conducted during the light phase (8:00 AM to 6:00 PM) under illumination of >600 lx.

Pharmacokinetic experiments in the Beagle dog were performed in the Shanghai animal facilities of Actelion Pharmaceuticals Ltd in accordance with the Swiss animal protection law. The dogs were group-housed during the study and only separated for feeding and monitoring of clinical signs. With the exception of a period of fasting from the night before dose administration until 4 hours after dose administration, animals were given a daily allowance of 350 g of a standard laboratory diet and had free access to tap water.

All animals were housed in accordance with the National Institutes of Health guidelines and experimental procedures were approved by the Basel-Landschaft Veterinary Office and strictly adhered to Swiss federal regulations on animal experimentation. Well-being of animals was monitored during the day by trained technical staff. Animals were checked for body weight loss, abnormal breathing, pilo-erection, grooming, and locomotion as criteria of distress according to the company's animal welfare policy and guideline on humane endpoints.

Pharmacokinetic Experiments in Rat and Dog. Male Wistar rats (*n* = 3) with a body weight of ca. 200–250 g were used for pharmacokinetic experiments under license no. 169. For intravenous sampling, a jugular vein catheter was implanted 2 days prior to drug dosing under aseptic conditions. After recovery from general isoflurane anesthesia, animals were housed individually with free access to water and food during the recovery period and the entire duration of the experiment. Compounds for intravenous use were formulated as aqueous solution in 30% 2-hydroxypropyl-beta-cyclodextrin (HPβCD) starting from a 5% stock solution in DMSO. For oral gavage dosing, compounds were formulated as either a suspension in 0.5% methyl cellulose or as solution in PEG400.

Male Beagle dogs (*n* = 3) with body weights of 14.3–15.6 kg at the start of treatment were used in a crossover design with a washout period of 7 days under license number 2016-06-QCB-32. All experiments were performed in fasted state, and gastric pH was controlled by giving intramuscular pentagastrin at a dose of 6 μg/kg 20 minutes

before and 30 minutes after oral dosing. For intravenous dosing, compounds were formulated as aqueous solution in 30% HPβCD starting from a 5% stock solution in DMSO. For the oral route, compounds were either suspended in 0.5% methyl cellulose, dissolved in PEG400, or given as capsules containing either mannitol or a 4:1 mixture of Cremophor RH40 and lauroglycol.

Serial blood samples of 0.25 ml (rats) or 2 ml (dogs) were taken over a period of 24 hours and transferred into vials fortified with EDTA as anticoagulant. Blood samples after oral dosing to rats were taken under light isoflurane anesthesia. Plasma was generated by centrifugation and stored at –20°C pending analysis.

Pharmacokinetic parameters were estimated using noncompartmental analysis within the Phoenix software package (version 6.4; Pharsight Corporation, Cary, NC). Area under the plasma concentration versus time curve extrapolated to infinity (AUC_{0–inf}) was accepted if the percentage of area extrapolated to infinity (AUC_{%extp}) did not exceed 20%, otherwise area under the plasma concentration versus time curve up to the last measurable concentration (AUC_{0–last}) was reported.

Analytical Methods. Samples from in vitro and in vivo experiments were fortified with 3–6 volume equivalents of methanol containing a close structural analog as internal standard, and proteins were removed by centrifugation at 3220 *g* for 20 minutes at 4°C. If required, supernatants were diluted with 1% aqueous formic acid or a 1:1 mixture of acetonitrile and 1% aqueous formic acid prior to quantification by liquid chromatography coupled to mass spectrometry (LC-MS/MS) on API5000 or API5500 mass spectrometers (AB SCIEX, Concord, Ontario, Canada) in selected reaction monitoring mode. Chromatographic separation was achieved on Phenomenex Luna C8, C18, Gemini C18 or Synergy Polar RP columns (4–5 μm, 2.0 × 20 mm internal diameter) operated at room temperature with a flow rate of 0.6 ml/min, using a linear gradient starting from 5 to 10% mobile phase B and a run time of 0.95 minutes. Mobile phases were 0.1% aqueous formic acid or 5 mM ammonium formate (pH 9, phase A) and acetonitrile or methanol (phase B).

TABLE 3

Brain partitioning of orexin receptor antagonists in Wistar rats after oral dosing^a

Compound	Dose ^b	Total		Unbound ^b		Ratio
		Brain	Plasma	Brain	Plasma	
	mg/kg	nM	nM	nM	nM	
ACT-541468	30	665	685	6.65	19.2	0.3
	100	4010	2840	40.1	79.5	0.5
ACT-605143	30	154	494	1.23	5.93	0.2
	100	2250	1830	18.0	22.0	0.8
ACT-658090	30	614	1050	4.30	9.45	0.5
	100	12000	7270	84.0	65.4	1.3

^aGeometric mean brain and plasma concentrations were determined at 3 hours postdose (*n* = 3–4).

^bFormulated in PEG400; unbound concentrations in the plasma and brain were calculated using the binding at 1 μM data in Table 7.

Fig. 3. Effect of benzimidazole DORAs on sleep/wake stages at 30 mg/kg in telemetrized rats. Effects of ACT-541468, ACT-658090, and ACT-605143 during the first 6 hours of the night-active period in telemetrized male Wistar rats (% of total time). Data are expressed as mean $\pm$ S.E.M., $n = 8$ per group. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$ compared with matched vehicle-treated rats.

Population-Based Pharmacokinetic Modeling. Simcyp Population-based ADME Simulator (version 15; Sheffield, UK) was used for PBPK modeling, and simulation PBPK models were built on the basis of physicochemical, binding, permeability and metabolic stability data (Table 7; Supplementary Materials for experimental details). Oral absorption was modeled using the advanced dissolution, absorption, and metabolism (ADAM) model within Simcyp. Compounds were modeled as a solid formulation in immediate-release capsules for dog and human or as suspension for rat, using the diffusion-layer model of Wang and Flanagan (Jamei et al., 2009) to calculate the rate of dissolution from fine particles with an assumed diameter of 1 μm . The effect of bile salts upon dissolution and solubility was considered, matching the measured solubility in fasted state (FaSSiF) and fed state (FeSSiF) simulated intestinal fluids. Default values for particle density of 1.2 g/ml, a supersaturation ratio of 10, a precipitation rate constant of 15 minutes, and a diffusion layer thickness of 30 μm were assumed. A full PBPK, perfusion-limited distribution model was applied using method 2 within Simcyp, with an assumed tissue-to-plasma partition coefficient (K_p) scalar of 0.5 (Rodgers and Rowland, 2007; de Kanter et al., 2016). Elimination was assumed to be driven by CYP3A4-mediated metabolism, on the basis of evidence for almorexant (Dingemans et al., 2014), suvorexant (Cui et al., 2016), and ACT-541468 (A.T., unpublished observation) using the well-stirred liver and ADAM gut model with fraction unbound in the gut ($f_{u,\text{gut}}$) assumed to be 0.01. A factor of 2 was used to correct for the underprediction of in vitro-to-in vivo total plasma clearance (CL). Thus, the model was populated with measured intrinsic clearance (CL_{int}) values from rat, dog, or human liver microsomes, set to occur by hepatic and intestinal cyp3a (rat), cyp3a12 (dog), or CYP3A4 (human), multiplied by 2, and corrected for nonspecific assay binding [fraction unbound in liver microsomes ($f_{u,\text{mic}}$), Table 7]. OX_2 occupancy was estimated using predicted unbound brain concentration versus time profiles, mean unbound K_b on the OX_2 receptor (Tables 1 and 7), and a sigmoid E_{max} model with an E_{max} of 100% and a Hill slope of 1.

$$\text{OX}_2 \text{ occupancy} = \frac{E_{\text{max}} [\text{unbound brain concentration}]}{K_b + [\text{unbound brain concentration}]}$$

Free distribution of unbound drug between plasma and brain was assumed, as supported by the physicochemical properties of all compounds and the absence of relevant P-glycoprotein and breast cancer resistance protein-mediated efflux (A.T., unpublished observation).

Ten virtual trials of 10 subjects each were simulated in a male, healthy volunteer population with an age range of 18–45 years. Variation of all physiologic parameters was on the basis of the default variation in the healthy volunteer population database used in Simcyp.

Brain Partitioning in the Rat. Brain and plasma concentrations were determined 3 hours following oral administration at 30 and

Fig. 4. Effect of benzimidazole DORAs on total sleep time (A), latency to non-REM (B), and latency to REM sleep (C) at 30 mg/kg in telemetrized rats. Effects of ACT-541468, ACT-658090, and ACT-605143 on (A) total sleep time during the first 6 hours of the night-active period (difference versus vehicle in minutes for all parameters), (B) on latency to persistent non-REM sleep (in minutes, first episode of at least 60 seconds), and (C) latency to persistent REM sleep (in minutes, first episode of at least 30 seconds) in telemetrized male Wistar rats. Data are expressed as mean $\pm$ SEM, $n = 8$ per group, * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$ compared with matched vehicle-treated rats.

100 mg/kg to rats ($n = 3$ –4 per group) under license no.KV-BL-426. All compounds were formulated as solutions in PEG400. Blood was collected from the vena cava caudalis into plastic tubes containing EDTA as anticoagulant and centrifuged to yield plasma. Brain was collected after cardiac perfusion of 10 ml NaCl 0.9%. Brain tissue was then homogenized with 1 volume equivalent of cold phosphate buffer (pH 7.4), and compounds were extracted with methanol. Compound concentrations in plasma and brain were determined using LC-MS/MS as described above.

Telemetric Sleep/Wake Cycle Evaluation in Rats. Sleep/wake cycles were evaluated on the basis of electroencephalography/electromyography (EEG/EMG) and home-cage activity recorded in individually housed Wistar rats under free-moving conditions under license no.KV-BL-205. Rats (250–350 g, 6–8 weeks of age) were equipped with telemetric transmitters (TL11M2-F20-EET; Data Science International, St. Paul, MN) that allowed the noninvasive detection of EEG/EMG and activity via signal transmission to a receiver. The surgical transmitter implantation was performed under aseptic conditions. A preoperative analgesia (buprenorphine 0.015 mg/kg s.c.) was administered 30 minutes before anesthesia. The entire surgical implantation was performed under general anesthesia [isoflurane inhalation (1–5% vol.) initiated in an anesthetic chamber]. The rat was placed and secured in a stereotaxic apparatus. The body of the transmitter was placed subcutaneously along the dorsal flank of the rat with the leads routed subcutaneously to an incision accessing the cranium. For EEG recordings, two trepanations were placed in the skull, 2 mm from either side of the midline and 2 mm anterior to the lambda suture for placement of one differential pair of electrodes. Two other superficial trepanations were drilled for screws as support for cementing the electrodes. The EMG leads were inserted in either side of the muscles of the neck and sutured into place. After surgery, rats recovered from anesthesia in a chamber equipped with a heating pad at 37°C. They were then housed individually and received analgesia with 0.015 mg/kg s.c. of buprenorphine B.I.D. for the first 2 days of the 2-week postsurgery recovery period. Before the experiment, rats were acclimatized for 3 days in their home cages placed in ventilated sound-attenuating boxes, on a regular 12-hour light/dark cycle. Experiments used a “crossover” design, i.e., each animal was alternatively treated with a test compound and the vehicle, with at least 72 hours between administrations. Treatments were administered orally (gavage) at the transition between the day and the night phase. Each telemetric recording covered a 24-hour “baseline” period preceding the treatment, the 12-hour night period immediately following the administration of treatment, and a 36-hour recovery (washout) period. The recordings were split into a sequence of equal intervals of user-defined length (10 seconds). Sleep and wake stages (active wake, quiet wake, non-REM sleep, or REM sleep) were assigned to each interval automatically using the Somnologia Science software (Medcare; Embla Systems Ltd., Thornton, CO) on the basis of frequency estimation for EEG, amplitude discrimination for the EMG, and the locomotor activity, as follows. Wake was characterized by low-amplitude EEG activity with relatively greater power in the higher frequency bands, such as alpha-band (10–13 Hz), accompanied by moderate to high levels of EMG activity. Active and quiet wake were distinguished on the basis of the locomotor activity and the amplitude of the EMG. Non-REM sleep was defined by high-amplitude EEG activity with greater power in the delta frequency band (0.5–5 Hz) and low EMG activity. REM sleep was characterized by low-amplitude EEG activity focused in the theta frequency band (6–9 Hz) and no EMG activity. Data were analyzed by two-tailed paired Student's *t* test or one-way analysis of variance (ANOVA) followed by the posthoc Tukey's multiple comparisons test, using GraphPad Prism (GraphPad Software). Differences were considered statistically significant at *P* < 0.05.

PK and PD Assessments of ACT-541468 in Healthy Subjects. The single-dose pharmacokinetic profile of ACT-541468 after daytime and night-time administration was assessed in the two single-center, double-blind, placebo-controlled, randomized studies AC-078-101 (NCT02919319) and AC-078-102 (NCT02571855). Both trials were conducted in full compliance with the principles of the Declaration of Helsinki, and study protocols were approved by independent Ethics Committees. Detailed information about study endpoints and inclusion and exclusion criteria are available at www.clinicaltrials.gov. For daytime pharmacokinetic assessments, eight healthy male subjects received either placebo (*n* = 2) or ACT-541468 (*n* = 6) at doses of 5, 25, 50, 100, and 200 mg, given in the morning after overnight fasting. Blood samples were collected over a period of 96 hours postdose, plasma was

TABLE 4

Observed and simulated mean pharmacokinetic parameters of orexin receptor antagonists after oral dosing to Wistar rats and Beagle dogs^a

Compound	Dose		AUC _{0–last}	C _{max}	T _{max}	F
	mg/kg		nM·h	nM	h	%
Rat						
ACT-541468	10	Observed	412	386	0.5	9
		Simulated	1376	876	0.6	39
ACT-605143	30 ^b	Observed	2950	712	2.3	23
		Observed	2030	771	1.0	15
ACT-658090	10	Simulated	3140	1670	0.7	43
		Observed	6410	1500	1.0	18
	30 ^b	Observed	4060	2140	0.5	43
		Simulated	2610	1360	0.6	38
	30 ^b	Observed	7510	1820	0.5	27
Dog						
ACT-541468	1.6–1.9 ^c	Observed	2020	530	1.0	35
		Simulated	3480	549	1.2	40
ACT-605143	1.6–1.9 ^c	Observed	4740	1720	0.5	28
		Simulated	4540	842	1.6	18
ACT-658090	1.6–1.9 ^c	Observed	5610	1509	0.25	39
		Simulated	7510	978	1.2	40

^aAll compounds were formulated as suspension in 0.5% methyl cellulose. Pharmacokinetic data in the rat and dog are geometric means (*n* = 3), median is given for T_{max}.

^bFormulated in PEG400.

^cDogs received a total dose of 30 mg, bodyweight: 16–18 kg.

separated by centrifugation, and ACT-541468 concentrations therein determined by LC-MS/MS. CL and apparent volume of distribution at steady-state (*V*_{ss}) were determined using an intravenous ¹⁴C-ACT-541468 microdose given on top of 100 mg oral ACT-541468 (*n* = 4). Plasma levels of radiolabeled ACT-541468 were quantified by accelerator mass spectrometry technique after chromatographic separation. Pharmacokinetic parameters after night-time administration were assessed in 6 healthy subjects who received either 25 mg ACT-541468 (*n* = 4) or placebo (*n* = 2). PD effects were assessed in study AC-078-101 at all doses after daytime administration of ACT-541468 during the first 10 hours after dosing, using a battery of objective tests including saccadic eye movements, adaptive tracking, and body sway.

Results

Inhibition of Orexin Receptor Signaling in Cellular Assays

Almorexant and suvorexant have shown efficacy in inducing sleep in animals and humans, and, therefore, served as benchmark for the present benzimidazole series. Table 1 and Fig. 2 summarize the characterization of the three benzimidazoles ACT-541468, ACT-605143, and ACT-658090 in calcium-release assays in comparison with almorexant and suvorexant. The IC₅₀ values measured at approximately EC₇₀ of OX_A (1.6 nM) were used to calculate the apparent K_b values. All five compounds behaved as potent dual antagonists, and displayed an insurmountable profile at both receptors. K_b values ranged from 0.52 to 8.3 nM at human OX₁ receptors, and from 0.42 to 5.9 nM at human OX₂ receptors. K_b values on the corresponding rat and human receptors were comparable (Supplemental Table S1). Using calcium-release assays after antagonist washout, ROt_{1/2} on OX₁ was estimated to be 6–9 minutes for suvorexant and all benzimidazoles, and 22 minutes for almorexant (Table 2). On OX₂, suvorexant, ACT-541468 and ACT-605143 showed ROt_{1/2} in the range of 4–6 minutes, whereas ROt_{1/2} was 13–14 minutes for ACT-658090 and almorexant. In summary, the three benzimidazoles displayed in vitro receptor interaction profiles similar to those of suvorexant and almorexant. ACT-541468 was a

TABLE 5

Proportion of non-REM and REM sleep relative to total sleep time over the first 6-hour period following oral dosing of ACT-541468, ACT-605143, or ACT-658090

Compound	Dose	Non-REM ^a	REM ^a
	mg/kg	%	%
ACT-541468	Vehicle	79 ± 3	21 ± 3
	10	78 ± 3	22 ± 3
	Vehicle	84 ± 2	16 ± 2
	30	81 ± 2	19 ± 2
	Vehicle	85 ± 2	15 ± 2
ACT-605143	100	80 ± 3	20 ± 3
	Vehicle	86 ± 2	14 ± 2
	30	78 ± 2 ^b	22 ± 2 ^b
ACT-658090	Vehicle	83 ± 2	17 ± 2
	30	81 ± 2	19 ± 2

^aData are arithmetic means ± S.E.M. All compounds formulated in PEG400 (*n* = 8 per dose group);

^b*P* < 0.001 compared with matched vehicle-treated animals.

selective OX₁ and OX₂ receptor antagonist in a panel screen of more than 130 established central and peripheral pharmacological targets (A.T., unpublished observation).

Pharmacology in the Rat

Brain Penetration. Brain penetration of ACT-541468, ACT-658090, and ACT-605143 was determined 3 hours after administration of oral doses of 30 mg/kg and 100 mg/kg. At 30 mg/kg, mean total brain concentrations of ACT-541468 and ACT-658090 reached 665 and 614 nM but was only 154 nM for ACT-605143 (Table 3). Total brain levels increased in a more than dose-proportional manner at 100 mg/kg, reaching 2247–12,000 nM. Correction for in vitro brain binding (*f*_{u,brain}; Table 7) yielded unbound brain concentrations around or above the K_b values on rat OX₂ (Supplemental Table S1), warranting further investigations in a rat sleep model.

Effect on Sleep/Wake Cycles in Rats. All three benzimidazole DORAs were tested in male Wistar rats implanted with telemetric transmitters to allow for continuous EEG/EMG-based evaluation of sleep/wake cycles in freely moving animals in their home cages. ACT-541468, ACT-605143, and ACT-658090 were dosed at 30 mg/kg at the beginning of the night-active phase, when endogenous orexin levels are rising.

All three compounds showed robust effects on sleep/wake stages over the 6-hour period postdose (Fig. 3). ACT-541468 decreased the time spent in active wake by 22% compared with vehicle-treated rats (−45 minutes; *P* = 0.0068, paired *t* test) and increased the time spent in non-REM and REM sleep by 29 and 84% (+26 and +10 minutes; *P* = 0.0009 and *P* = 0.0228), respectively. Latency to persistent non-REM sleep significantly decreased by 59% from 44 to 18 minutes (*P* = 0.0002), and to REM sleep by 58% from 71 to 30 minutes (*P* = 0.0006, Fig. 4). A similar effect was observed with ACT-605143, which decreased the time spent in active wake by 21% compared with vehicle-treated rats (−45 minutes; *P* = 0.0089), and increased the time spent in non-REM and REM sleep by 34 and 146% (+24 and +16 minutes; *P* = 0.0092 and *P* < 0.001), respectively. Latency to persistent non-REM sleep significantly decreased by 49% from 35 to 18 minutes (*P* = 0.0033, Fig. 4), and to REM sleep by 44% from 62 to 35 minutes (*P* = 0.007). Finally, ACT-658090 decreased the time spent in active wake by 25% (−46 minutes; *P* < 0.001) and increased

Fig. 5. Dose-response of single oral administrations of ACT-541468 on sleep/wake stages in telemetrized rats (A), latency to persistent non-REM (B) and REM sleep (C) at 10, 30, and 100 mg/kg. Effect of ACT-541468 on time spent in active wake, quiet wake, non-REM, and REM sleep during the first 6 hours of the night-active period (A), on latency to persistent non-REM sleep (in minutes, first episode of at least 60 seconds, B), and on latency to persistent REM sleep (in minutes, first episode of at least 30 seconds, C) in telemetrized male Wistar rats (in minutes, difference versus matched vehicle). Data are expressed as mean ± S.E.M., *n* = 8 per group. **P* < 0.05, ***P* < 0.01, ****P* < 0.001 compared with matched vehicle-treated rats.

the time spent in quiet wake by 21% (+10 minutes; *P* = 0.0099). It increased the time spent in both non-REM and REM sleep by 27% and 57% (+26 minutes, *P* = 0.0001; and +10 minutes, *P* = 0.0127), respectively. Latency to persistent non-REM sleep significantly decreased by 50% from 42 to 21 minutes (*P* = 0.030), and to REM sleep by 54% from 84 to 39 minutes (*P* = 0.032). Efficacy of the 3 benzimidazole DORAs over the 6-hour period following a 30 mg/kg dose was similar (Fig. 4). The increase in total sleep time over the 6-hour period was between 36 and 40 minutes for all compounds and differences between compounds were not statistically significant (*P* = 0.9087, one-way ANOVA). Drug exposure, expressed

as AUC_{0-last} , was also similar, within a 2.5-fold range from 2950–7510 nM·h (Table 4).

The dose response of ACT-541468 in the rat sleep model was characterized at 10, 30 and 100 mg/kg (Fig. 5). ACT-541468 dose-dependently impacted sleep/wake parameters. Over the 6-hour time period following administration, time spent in active wake decreased by 6–50 minutes, and time spent in non-REM and REM sleep increased by 2–29 minutes and 5–15 minutes, respectively. The lowest dose giving significant effects was 30 mg/kg. In the vehicle group, latency to persistent non-REM sleep varied from 40 to 47 minutes, depending on the group. Compared with vehicle, ACT-541468 significantly decreased the latency to persistent non-REM sleep to 18 minutes at 30 ($P = 0.0002$) or 100 mg/kg ($P = 0.0079$), and the latency to persistent REM sleep down to 30 minutes and 37 minutes at 30 mg/kg ($P = 0.0006$) and 100 mg/kg ($P = 0.014$), respectively.

In the vehicle-treated animals, the proportion of non-REM and REM sleep relative to total sleep time varied between 79–86% for non-REM sleep, and between 14–21% for REM sleep (Table 5). The proportion of non-REM and REM sleep did not change in a statistically significant manner for ACT-541468 at 30 mg/kg ($P = 0.15$) or 100 mg/kg ($P = 0.59$), or for ACT-658090 at 30 mg/kg ($P = 0.27$). In contrast, the time spent in non-REM sleep significantly decreased from 86 to 78% ($P = 0.00074$) for ACT-605143 at 30 mg/kg.

Pharmacokinetics in Rat and Dog

Pharmacokinetics of all three benzimidazole compounds were characterized in male rats and dogs to generate a database for validation of the respective PBPK models. Pharmacokinetic results after oral and intravenous administration are summarized in Tables 4 and 6, respectively. Plasma clearance of ACT-605143 and ACT-658090 in the rat was 32–36 ml/min per kilogram, and 85 ml/min per kilogram for ACT-541468. After correction for blood/plasma partitioning (Table 7), blood clearance of all three compounds was in a narrow range of 36–45 ml/min per kilogram, i.e., ca. 51–64% of liver blood flow in the rat. Plasma and blood clearances in the dog were 3.9–9.5 ml/min per kilogram and 6.5–15 ml/min per kilogram, respectively, the latter corresponding to 44–48% of liver blood flow for ACT-541468

and ACT-605143 but only 21% for ACT-658090. V_{ss} in the rat was in large excess of total body water, indicating significant drug distribution into tissues: 3.2 and 3.9 l per kilogram for ACT-541468 and ACT-658090, but only 0.8 l/kg for ACT-605143. V_{ss} in the dog was in a more narrow range, between 1.1–2.4 l/kg.

Oral absorption of all compounds was rapid in rat and dog, with peak plasma concentrations (C_{max}) being reached within 0.25–2.3 hours (Table 4). Oral exposures (AUC_{0-last}) in the rat at 10 mg/kg varied by about 10-fold, from 412 nM·h for ACT-541468 to 4060 nM·h for ACT-658090, which was also reflected in their different oral bioavailability (F) of 9 versus 43%. Smaller differences in AUC_{0-last} were observed in the dog, with 2020 nM·h for ACT-541468 and 5610 nM·h for ACT-658090. Similar trends were evident for C_{max} in both species (Table 4).

PBPK Model Development for Predicting Human PK Profiles

PBPK models for the benzimidazole DORAs ACT-541468, ACT-605143, and ACT-658090 were built on the basis of in silico and biochemical data (Table 7), as outlined in Fig. 6. PBPK models were initially developed for rat and dog and validated against observed PK data in both species. All three PBPK models consistently overpredicted observed V_{ss} . Therefore, a K_p scalar of 0.5 was applied to empirically correct the predicted tissue-to-plasma ratios in all simulated tissues. In contrast, CL predictions underestimated observed values by approximately 2-fold, and microsomal CL_{int} was therefore multiplied by 2 in the PBPK models. The simulated pharmacokinetic parameters of these refined PBPK models after intravenous and oral dosing in rat and dog were considered similar enough to the observed values to construct the corresponding human PBPK models (Table 4 and Table 6). The simulated plasma concentration versus time profiles and derived pharmacokinetic parameters of the three benzimidazoles in healthy volunteers at a dose of 25 mg are shown in Fig. 7A. At this dose, the predicted fraction absorbed was 96–100% and not sensitive to the supersaturation ratio (1–100) or precipitation constant (0.4–40). Among the three compounds, ACT-541468 showed the fastest simulated oral

TABLE 6

Observed and simulated mean systemic pharmacokinetic parameters of orexin antagonists in rats, dogs, and healthy subjects^a

Species	Compound	CL		V_{ss}	
		Observed	Simulated	Observed	Simulated
		ml/min/kg	ml/min/kg	l/kg	l/kg
Rat	ACT-541468	85	104	3.9	2.5
	ACT-605143	32	51	0.8	1.7
	ACT-658090	36	50	3.2	2.5
Dog	ACT-541468	9.5	15	2.4	2.9
	ACT-605143	7.4	7.7	1.1	2.4
	ACT-658090	3.9	4.9	2.2	3.3
Human	Almorexant	8.9 ^b	8.1	8.5 ^b	8.9
	Suvorexant	0.8 ^c	1.0	0.6 ^c	0.4
	ACT-541468	1.0	1.2	0.4	0.5
	ACT-605143	N/A	0.2	N/A	0.2
	ACT-658090	N/A	0.1	N/A	0.2

^aObserved pharmacokinetic data are geometric means from $n = 3$ for rat and dog, and $n = 4$ –20 for healthy human subjects; geometric mean data are given for simulated values.

^bCalculated from (Hoch et al., 2012) for a body weight of 80 kg.

^cCalculated from (TGA, 2014) for a body weight of 80 kg.

TABLE 7

Biochemical and physicochemical data for PBPK model development

Biochemical data are means of at least triplicate experiments.

Parameter	ACT-541468	ACT-605143	ACT-658090
logD	3.8	4.0	4.3
pK _a	4.2	4.0	4.2
Molecular weight (g/mol)	451	449	490
Solubility FaSSIF (μg/ml) ^{a,f}	79	76	196 ^d
Solubility FeSSIF (μg/ml) ^b	256	83	653 ^d
Solubility PB (μg/ml) ^c	14	18 ^e	32 ^d
f _{u,OX2} assay	0.79	0.80	0.69
f _{u,brain}	0.010	0.008	0.007
f _{u,mic}	0.41	0.34	0.29
Permeability (A-to-B, 10 ⁻⁶ cm/sec)	22.6	15.4	34.3
CL _{int} (μl/min/mg, rat)	990	835	988
f _{u,plasma} (rat)	0.028	0.012	0.009
Blood/plasma ratio (rat)	2.1	0.9	0.8
CL _{int} (μl/min/mg, dog)	235	212	89
f _{u,plasma} (dog)	0.024	0.012	0.008
Blood/plasma ratio (dog)	0.7	0.5	0.6
CL _{int} (μl/min/mg, human)	138	149	69
f _{u,plasma} (human)	0.0013	0.0004	0.0010
Blood/plasma ratio (human)	0.5	0.7	0.7

f_{u,brain}, fraction unbound in the brain; f_{u,gut}, fraction unbound in the gut; f_{u,mic}, fraction unbound in liver microsomes; f_{u,OX2} assay, fraction unbound in OX₂ binding assay; f_{u,plasma}, fraction unbound in plasma.

^aFaSSIF, simulated intestinal fluid at fasted state, pH 6.5 and 37°C.

^bFeSSIF, simulated intestinal fluid at fed state, pH 5.0 and 37°C.

^cPB, phosphate buffer, pH 7.0–7.4, 25°C.

^dNoncrystalline material.

^eAt 37°C.

^fData of hydrochloride salt.

absorption with a time to reach peak plasma concentration ($T_{\max}$) of 2 hours, the shortest initial half-life of 4.3 hours, and the lowest $C_{\max}$ and AUC_{0–24h} of 814 nM and 6500 nM·h, respectively (Table 8). ACT-658090 and ACT-605143 exhibited 5.9- to 7.3-fold higher AUC_{0–24h}, and 2.9–3.3 times higher $C_{\max}$, and reached peak plasma concentrations later than ACT-541468, with $T_{\max}$ of 3.6–3.9 hours. Most important for a sleep agent, plasma levels of ACT-658090 and ACT-605143 declined

with relatively long half-lives of 10.4 and 26.8 hours, resulting in significant residual drug levels at the end of the 24-hour dosing interval (Fig. 7A).

PBPK models for suvorexant and almorexant were developed using physicochemical and biochemical data (Supplemental Table S2) together with published clinical data for both compounds (Hoch et al., 2012; Sun et al., 2013; Dingemans et al., 2014; TGA, 2014). For both, suvorexant and almorexant,

Fig. 6. PBPK and absorption model development and application.

Fig. 7. Simulated geometric mean plasma concentration (A) and OX₂ receptor occupancy (B) versus time profiles of ACT-541468, ACT-605143 and ACT-658090 after a 25-mg dose given to healthy male subjects. Plasma concentration-versus-time profiles were predicted using PBPK models (A), and OX₂ receptor occupancy-versus-time profiles (B) were predicted on the basis of a E_{max} model driven by the unbound brain concentrations of the benzimidazole compounds.

oral absorption was modeled using ADAM and cellular permeability determined in MDCKII cells. Tissue distribution of suvorexant and almorexant was modeled as described above, and elimination was modeled on the basis of published plasma clearances of 5 l/h and 43 l/h, respectively (Hoch et al., 2012;

TGA, 2014). Final model parameters after intravenous and oral dosing are presented in Tables 6 (CL and V_{ss}) and 8 [AUC_{0–24h}, C_{max}, T_{max}, initial half-life (T_{1/2})]. The observed and simulated mean plasma concentration–time profiles of 40/50 mg suvorexant and 200 mg almorexant are shown in Fig. 8.

TABLE 8
Observed and simulated pharmacokinetic parameters and estimated OX₂ receptor occupancies in healthy male subjects^a

Compound	Dose	Time of dosing	AUC _{0–24h}	C _{max}	T _{max}	T _{1/2} ^b	OX ₂ occupancy at 8 h
	mg		nM·h	nM	h	h	%
Almorexant	200	Daytime	747	182	1.0	2.7	N/A
	200	Night-time	620	74	4.0	6.4	N/A
	200	Simulated	1080	157	1.6	3.1	63
Suvorexant	40	Daytime ^c	10,500	1130	4.0	12.1	N/A
	50	Night-time ^d	8570	870	3.0	10.8	N/A
	50	Simulated	8990	750	3.3	8.7	66
ACT-541468 ^e	25	Daytime	5700	1400	1.0	3.0	N/A
	25	Night-time	8270	1050	1.5	5.1	N/A
	25	Simulated ^e	6500	814	2.0	4.3	58
ACT-605143	25	Simulated	31,900	2380	3.9	10.4	53
ACT-658090	25	Simulated	47,500	2660	3.6	26.8	14

^aObserved and simulated pharmacokinetic data are geometric means; median is given for T_{max}.
^bHalf-lives were calculated on the basis of the initial decline of the plasma concentration-versus-time curves.
^cAUC and C_{max} data were estimated on the basis of data from (Sun et al., 2013).
^dData taken from (Sun et al., 2013).
^eSimulated data are for the hydrochloride salt; N/A, not applicable.

Human Dose Estimates

PK/PD Analysis of Almorexant and Suvorexant in Rats as Basis for Human PD Threshold Concentrations.

An attempt to estimate drug exposures needed to induce sleep in humans was done on the basis of a PK/PD analysis in rats. The sleep-wake pattern in rats was analyzed after treatment with almorexant and suvorexant at doses of 10, 30, and 100 mg/kg given at the beginning of the active period (lights off), together with exposure data from PK experiments in a satellite group of rats. Both compounds were inactive at 10 mg/kg (Supplemental Fig. S2), with almorexant and suvorexant plasma exposures in the first hours reaching 97 and 443 nM, respectively. At 30 mg/kg, total sleep time increased significantly with both compounds to about 3–7 hours for almorexant, and about 2 hours for suvorexant (Supplemental Figs. S2 and S3) at total and unbound plasma concentrations of ca. 195 and 1.2 nM for almorexant and ca. 890 and 3.5 nM for suvorexant, which were regarded as PD threshold plasma concentrations in rat. Considering human plasma protein binding and the absence of potency differences at target receptors (Table 1 and Supplemental Table S1), and assuming the need for similar degrees of OX₂ blockade in rats and humans, the predicted human PD threshold plasma concentrations would be 195 nM for almorexant and 3550 nM for suvorexant. These projected values were about 5- to 6-fold above the exposures observed in man with sleep-inducing doses of almorexant (200 mg; 8-hour residual exposure of 20 ng/ml) and suvorexant (50 mg; 8-hour residual exposure of 240 ng/ml; Fig. 8). It is noteworthy, that an exact determination of sleep duration in rats is technically difficult and is a methodological limitation of this approach. Moreover, the fragmented sleep pattern in rats, i.e., alternating sleep and wake periods both in the active night and the inactive day period might render a direct translation of PD threshold concentrations from rat to humans difficult. Owing to these uncertainties, human dose predictions were performed on the basis of OX₂ receptor occupancy estimates.

Orexin 2 Receptor Occupancy Estimates of Almorexant and Suvorexant in Humans. On the basis of PBPK models of almorexant and suvorexant (Table 8 and Fig. 8) and assuming OX₂ blockade as the driving force for sleep maintenance, PBPK-PD models, i.e., OX₂ receptor occupancy versus-time profiles, were constructed using a sigmoid $E_{\max}$ model, unbound drug concentrations in brain, and the unbound K_b values for OX₂ inhibition shown in Table 1. OX₂ receptor occupancies were then estimated at 8 hours postdose as the presumed end of the sleep period (Table 8). According to these PBPK-PD models, 200 mg almorexant resulted in a peak OX₂ receptor occupancy of 81% at 2.5 hours postdose, which declined to 63% at 8 hours postdose. Likewise, a 50-mg dose of suvorexant yielded a maximal OX₂ receptor occupancy of 73% reached at 3.2 hours after drug intake, which slowly declined to 66% at 8 hours postdose.

Human Dose Estimates for Benzimidazole DORAs. The OX₂ receptor occupancy versus time profiles of the three benzimidazole DORAs in healthy male subjects were derived starting from the respective PBPK models (Fig. 7A). OX₂ receptor occupancy versus time profiles in brain (Fig. 7B) were then predicted on the basis of unbound brain concentrations, assuming that unbound drug in plasma readily equilibrates with brain and using the unbound K_b constants on OX₂ in a sigmoid $E_{\max}$ model with a Hill factor of 1. Using this approach, ACT-541468 doses were identified targeting an OX₂ receptor blockade of about 65% over a period of 8 hours. As shown in

Fig. 8. Observed (daytime and night-time) and simulated geometric mean plasma concentration-versus-time plots of 200 mg almorexant (A) and 40 or 50 mg suvorexant (B). Plasma concentration versus time profiles were reconstructed on the basis of published data for almorexant (Hoever et al., 2012a) and suvorexant (Sun et al., 2013, 2015). Horizontal lines indicate total plasma concentrations at 8 hours after night-time administration. Data for almorexant are given as geometric mean $\pm$ S.D. with daytime time points being shifted by +10 minutes for clarity. Data for suvorexant are given as geometric means only as no information on variability is given in the published literature.

Table 8, an ACT-541468 dose of 25 mg resulted in a predicted OX₂ receptor occupancy of 58% at 8 hours postdose. OX₂ receptor occupancies estimated for ACT-605143 and ACT-658090 at 8 hours postdose at the same 25 mg dose yielded values of 53 and 14%, respectively (Table 8).

ACT-541468 Pharmacokinetics and Pharmacodynamics in Healthy Subjects. The pharmacokinetic and pharmacodynamic profile of ACT-541468 was assessed in healthy subjects ($n = 6$ on active, $n = 2$ on placebo) after daytime administration at doses ranging from 5 to 200 mg. Night-time pharmacokinetic data were only generated for the 25 mg dose ($n = 4$). Only data on the 25 mg dose are reported here. Geometric mean pharmacokinetic parameters (median for $T_{\max}$) after daytime and night-time administration are summarized in Table 8 and are graphically

depicted in Fig. 9. After daytime administration, ACT-541468 was rapidly absorbed as judged from the median T_{max} of 1 hour. Peak plasma concentrations and AUC_{0-24h} were 1400 nM and 5700 nM·h, respectively. Oral absorption was slightly delayed to 1.5 hours after night-time dosing and peak plasma concentrations were reduced to 1050 nM. AUC_{0-24h} was 8270 nM·h, i.e., about 45% higher compared with daytime administration. The pharmacodynamic effects of ACT-541468 were assessed during the first 10 hours after dosing using a battery of objective tests, including saccadic eye movements, adaptive tracking, and body sway. The effect of 25 mg ACT-541468 on adaptive tracking as one of the most sensitive assessments of vigilance and attention is depicted in Fig. 10.

CL and V_{ss} were determined from an intravenous ^{14}C -ACT-541468 microdose given on top of 100 mg oral ACT-541468 ($n = 4$), followed by quantification of ACT-541468 using accelerator mass spectrometry technique after chromatographic separation. Results are summarized in Table 6 and were used for the validation of the human PBPK model.

Discussion

An ideal sleep drug should mediate rapid sleep onset and sleep maintenance through major parts of the night and be devoid of next-day effects. Although sleep onset may be optimized by appropriate formulation strategies, including particle-size control or use of solubility enhancers, sleep maintenance is dependent on intrinsic factors such as the time course of target receptor blockade in the brain. Tools allowing for robust estimates of drug levels in human brain are therefore key for a successful sleep drug discovery program. Sleep models in rodent and nonrodent animal species have been conventionally used for this purpose and constitute an appropriate choice for compounds with little interspecies differences in receptor pharmacology and pharmacokinetics. Translation of animal data to man becomes challenging when interspecies differences are prominent.

Fig. 9. Observed (daytime and night-time) and simulated geometric mean plasma concentration-versus-time profiles of ACT-541468 after a 25 mg dose administered to healthy subjects. Plasma concentration versus-time profiles were either predicted using PBPK model (simulated) or observed in a clinical trial (daytime and night-time) (Muehlan et al., 2017). Observed data are given as geometric means $\pm$ S.D., with daytime time points being shifted by +10 minutes for clarity.

All three benzimidazole DORAs described here fulfill the basic requirements of a sleep drug. They are potent and insurmountable antagonists of both orexin receptors showing comparable K_b values on OX_1 and OX_2 (Table 1). In line with their physicochemical properties and the absence of relevant P-glycoprotein efflux, they readily cross the blood-brain barrier, as evidenced by the similarity of unbound brain and plasma concentrations in rats (Table 3). A 30 mg/kg dose increased non-REM, REM, and total sleep time in telemetrized rats and decreased the latency to the first episode of persistent non-REM and REM sleep compared with vehicle-treated animals. The pharmacological profiles in the rat were similar to each other and comparable to other DORAs described in literature (Aissaoui et al., 2008; Boss et al., 2008, 2014; Cox et al., 2010; Sifferlen et al., 2010, 2013, 2015; Winrow et al., 2012; Heidmann et al., 2016). No clear differentiation between compounds was therefore possible on the basis of drug efficacy in rats.

In contrast, the benzimidazoles exhibited significant interspecies differences in key parameters driving drug distribution and clearance (Table 7). Metabolic stability in liver microsomes differed by 7.2- to 14-fold between rat and human, whereas plasma protein binding, the major determinant for general tissue and specifically brain penetration, differed by 9- to 30-fold. Ratios of unbound brain and plasma concentrations in the rat were below unity and increased with dose (Table 3). Nonlinear plasma protein binding was demonstrated for ACT-541468 at concentrations relevant for rat pharmacology assessments but not clinical testing (Supplemental Table S3), which might, at least in part, contribute to the dose-dependent brain/plasma ratios. Other factors, such as P-gp or breast cancer resistance protein-mediated efflux might also play a role in rats but have been excluded for man. Pharmacokinetic behavior was therefore expected to significantly differ between rat and man, calling for a tailored approach for the

Fig. 10. Adaptive tracking performance of healthy male subjects after a 25 mg dose of ACT-541468. Effect of 25 mg ACT-541468 in an adaptive tracking test in healthy male subjects ($n = 6$) over a period of 10 hours postdosing, expressed as mean change $\pm$ S.D. from baseline, and compared with placebo ($n = 2$).

identification of a candidate drug exhibiting, beyond rapid sleep onset and efficacy, a sleep maintenance in man not longer than 8 hours.

The pharmacokinetic differences predicted for these benzimidazoles are mostly a reflection of differences in drug CL and tissue distribution (Table 6 and Fig. 7A). ACT-541468 had a 6–12 times higher simulated CL compared with ACT-605143 and ACT-658090 (Table 6), resulting from its CL_{int} in liver microsomes and the lowest binding to plasma and liver microsomal proteins (Table 7). On the other hand, ACT-541468 exhibited a larger simulated volume of distribution, i.e., 0.5 l/kg versus 0.2 l/kg, in line with its lower plasma protein binding and distribution coefficient (logD). The combination of higher clearance and larger volume of distribution resulted in a simulated initial ACT-541468 plasma half-life of only 4.3 hours, which favorably compared with the 10.4 hours and 26.8 hours of ACT-605143 or ACT-658090, respectively, and also to suvorexant with a simulated half-life of 8.7 hours. It is noteworthy, that these differences in pharmacokinetic profiles were not obvious from simple inspection of the individual modeling input data such as CL_{int} , plasma, or microsomal binding, pK_a and logD, which were all within a 2- to threefold range.

Published data on human pharmacodynamics and pharmacokinetics of 200-mg almorexant (Hoever et al., 2012a) and 50-mg suvorexant (Sun et al., 2013) after night-time administration were used as a basis to estimate active doses of the benzimidazoles in man. Initial inspection of the plasma concentration versus time profiles of both compounds at the end of the presumed 8-hour sleep period indicated residual almorexant and suvorexant plasma concentrations of 20 ng/ml and 240 ng/ml, respectively (Fig. 8). This 12-fold difference in total plasma concentrations between both compounds appeared somewhat surprising in light of apparently identical OX_2 receptor potency in cellular assays (Table 1). Introducing corrections for molecular weight, plasma protein binding, and non-specific binding in the orexin binding assays (Table 7) yielded comparable unbound almorexant and suvorexant concentrations of 1.5 and 2.3, when expressed as multiples of their respective unbound K_b values at OX_2 . PBPK-PD models constructed for both antagonists yielded consistent levels of OX_2 receptor occupancy of 63–66% at the end of an 8-hour period (Table 8). A very similar threshold of 65–80% was recently reported for other DORAs in rat and dog (Gotter et al., 2013). Although almorexant and suvorexant both exhibited the same degree of OX_2 receptor blockade at 8 hours postdose, only suvorexant was associated with impaired next-day performance (Citrome, 2014; Vermeeren et al., 2015). In addition to the absolute values in OX_2 blockade, their rate of decline at the end of the sleep period was identified as a second key factor determining the absence of next day effects. The 65% OX_2 threshold was then used as guidance for predicting active doses of the benzimidazoles (Fig. 7B). The time course of OX_2 receptor blockade generally followed plasma concentrations for all three compounds. Major differences were, however, observed in the magnitude of OX_2 blockade. Despite the lowest simulated total plasma exposure, ACT-541468 elicited the highest peak OX_2 receptor blockade of 79%, whereas only 59% was reached with ACT-605143. Differences in plasma protein binding compensated for the 2.9-fold higher total plasma concentrations of ACT-605143, resulting in almost equal unbound peak concentrations of ACT-541468 in brain, i.e., 1.1 nM versus 0.96 nM. At 8 hours postdose, OX_2 receptor occupancies were 58% for ACT-541468 and 53% for

ACT-605143, indicating that both compounds met the requirement to maintain sleep over an 8-hour period. Slightly lower OX_2 receptor occupancies than those deduced from clinical data on almorexant and suvorexant were targeted on purpose to compensate for the higher drug concentrations expected after night-time dosing (Hoever et al., 2012a; Sun et al., 2013), which PBPK-PD modeling was technically unable to capture. Compared with ACT-605143, the decline in OX_2 receptor occupancy was faster with ACT-541468, in line with the higher CL, lower V_{ss} , and resulting shorter half-life (Table 6). On the basis of PBPK-PD modeling, ACT-658090 was predicted to elicit a maximum OX_2 receptor blockade of only 15%. This somewhat surprising outcome in light of the excellent pharmacokinetic profile (Fig. 7A) is best explained by the lower OX_2 receptor potency combined with very high plasma binding (Table 7), resulting in insufficient unbound drug levels in brain to elicit relevant OX_2 receptor blockade. On the basis of above analysis and its overall favorable profile in terms of animal pharmacology, early safety and drug-drug interaction potential (A.T., unpublished observation), ACT-541468 was selected for clinical development.

The pharmacokinetic profile of ACT-541468 in healthy subjects was characterized after daytime and night-time administration in two Phase 1 studies, whereas its pharmacodynamics were assessed during the first 10 hours after daytime administration using a battery of objective and subjective assessments. Observed PK parameters at a dose of 25 mg (Table 8 and Fig. 9) indicated rapid oral absorption after daytime administration, with peak plasma concentrations of 1400 nM being reached within 1 hour. Plasma AUC_{0-24h} was well predicted within a 14% range. The observed initial half-life was 3.0 hours and thus slightly shorter than the simulated value of 4.3 hours, well in accordance with the higher observed CL, i.e., 1.0 ml/min per kilogram versus predicted 1.2 ml/min per kilogram, and lower V_{ss} , 0.4 l/kg versus 0.5 l/kg (Table 6). The terminal half-life of ACT-541468 was about 6 hours (Muehlan et al., 2017). After night-time dosing of ACT-541468, mean peak plasma concentrations only reached 1050 nM, whereas AUC_{0-24h} increased by 27% to 8270 nM·h. Oral absorption was slightly delayed, with a T_{max} of 1.5 hours, and plasma half-life increased from 3.0 to 5.1 hours. The differences between ACT-541468 daytime and night-time pharmacokinetics may result from differences in physiology between night and day such as intestinal motility and perfusion, or liver blood flow. It is important to note, that the observed differences in ACT-541468 PK were rather small, in contrast to the significantly delayed oral absorption and reduced plasma levels after night-time administration of almorexant (Table 8 and Fig. 8) (Hoever et al., 2012a). From a methodological point of view, it is noteworthy that PK simulations were run with a total of 100 subjects, whereas the observed PK data are means of only six and four healthy subjects, which might not properly represent a larger population. Pharmacodynamically, 25 mg ACT-541468 revealed significantly reduced vigilance and attention (Fig. 10) and had clear effects on visuomotor coordination and postural stability. Onset of effects was observed within 1 hour, and returned to baseline within 3–6 hours. These early assessments in healthy subjects after daytime dosing suggest that a 25-mg dose has the potential to elicit the desired sleep effects in insomnia patients.

In conclusion, we have described the discovery of the dual orexin receptor antagonist ACT-541468 on the basis of early use of PBPK and PD modeling as part of the lead optimization

process. ACT-541468 was identified out of a larger set of structurally related derivatives on the basis of its simulated OX₂ receptor occupancy, targeting for an effect duration of about 8 hours at a 25 mg dose, and a sufficiently short half-life to minimize next-day effects. Phase I clinical trials with ACT-541468 in healthy subjects confirmed PBPK model-based predictions, as ACT-541468 reached peak plasma concentrations within 1 hour after dosing and exhibited an initial plasma half-life of only 3 hours. Drug exposure at a dose of 25 mg reduced vigilance and attention, and impaired visuo-motor coordination and postural stability in healthy subjects after daytime administration. Differences between night-time and daytime PK performance may result from changes in physiology between day and night but are not expected to negatively impact on performance of ACT-541468 in insomnia patients.

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Authorship Contributions

Participated in research design: Treiber, de Kanter, Roch, Gatfield, Boss, von Raumer, Muehlan.

Conducted experiments: Treiber, de Kanter, Roch, Gatfield, Boss, von Raumer, Muehlan, van Gerven.

Performed data analysis: Treiber, de Kanter, Roch, Gatfield, Boss, von Raumer, Muehlan.

Wrote or contributed to the writing of the manuscript: Treiber, de Kanter, Roch, Gatfield, Boss, Schindelholz, Jenck.

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Address correspondence to: Dr. Alexander Treiber, Idorsia Pharmaceuticals Ltd, Hegenhelmertweg 91, 4123 Allschwil, Switzerland. E-mail: alexander.treiber@idorsia.com