

JPET #263293

## Title Page

The effects of eating a high fat diet on sensitivity of male and female rats to methamphetamine  
and dopamine D<sub>1</sub> receptor agonist SKF 82958

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JPET #263293

## Running Title Page

**Running Title:** High fat diet enhances sensitivity to dopaminergic drugs

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### Abstract

Rats eating high fat chow are more sensitive to the behavioral effects of dopaminergic drugs, including methamphetamine and the dopamine D<sub>2</sub>/D<sub>3</sub> receptor agonist quinpirole, than rats eating standard chow. However, limited work has explored possible sex differences regarding the impact of diet on drug sensitivity. It is also unknown if eating high fat chow enhances sensitivity of rats to other dopamine (e.g., D<sub>1</sub>) receptor agonists. To explore these possibilities, male and female Sprague Dawley rats eating standard laboratory chow (17% kcal from fat) or high fat chow (60% kcal from fat) were tested once per week for 6 weeks with dopamine D<sub>1</sub> receptor agonist SKF 82958 (0.01-3.2 mg/kg) or methamphetamine (0.1-3.2 mg/kg) using cumulative dosing procedures. Eating high fat chow increased sensitivity of male and female rats to methamphetamine-induced locomotion; however, only female rats eating high fat chow were more sensitive to SKF 82958-induced locomotion. SKF 82958-induced eye blinking was also marginally, though not significantly enhanced among female rats eating high fat chow, but not males. Further, while dopamine D<sub>2</sub> receptor expression was significantly increased for SKF 82958-treated rats eating high fat chow regardless of sex, no differences were observed in dopamine D<sub>1</sub> receptor expression. Taken together, the present study suggests that while eating high fat chow enhances sensitivity of both sexes to dopaminergic drugs, the mechanism driving this effect might be different for males versus females. These data further demonstrate the importance of studying both sexes simultaneously when investigating factors that influence drug sensitivity.

JPET #263293

### **Significance Statement**

While it is known that diet can impact sensitivity to some dopaminergic drugs, sex differences regarding this effect are not well characterized. This report demonstrates that eating a high fat diet enhances sensitivity to methamphetamine, regardless of sex; however, sensitivity to dopamine D<sub>1</sub> receptor agonist SKF 82958 is only increased among females eating high fat chow, but not males. This suggests that the mechanism(s) driving diet-induced changes in drug sensitivity might be different between sexes.

## Introduction

In addition to causing cardiovascular and metabolic diseases, eating a diet high in fat can alter dopamine systems; the same systems that are targeted by drugs of abuse (Tomasi and Volkow, 2013). For example, mice and rats eating high fat laboratory chow are more sensitive to dopaminergic drugs than animals eating standard (low fat) laboratory chow (Baladi et al., 2012a; Collins et al., 2015; Fordahl and Jones, 2017; Naneix et al., 2017). Specifically, dopaminergic drugs produce unconditioned behavioral effects, which are increased among rats eating high fat chow (Baladi et al., 2012a; McGuire et al., 2011; Reyes, 2012). That is, dopamine D<sub>2</sub>/D<sub>3</sub> receptor agonist-induced yawning (Baladi and France, 2009) and psychomotor stimulant-induced locomotion (McGuire et al., 2011; Baladi et al., 2015; Collins et al., 2015; Oginski et al., 2016) are increased among male rats eating high fat chow. Some of these behavioral assays have been difficult to study in females, contributing to a relatively small number of reports exploring sex differences in the impact of diet on drug sensitivity (Collins et al., 2015; Martinez et al., 2019; Ramos et al., 2019). For example, dopamine agonist-elicited yawning is an androgen mediated behavior (Berendsen and Nicholson, 1981) that only occurs at low frequency in females, even when they are fed a high fat diet (Ramos et al., 2019; Serafine et al., 2014). Those reports that have explored both sexes suggest that the impact of diet on sensitivity to the locomotor stimulating effects of drugs might be greater among females than males (Baladi et al., 2012b; Collins et al., 2015; Ramos et al., 2019; though see also Martinez et al., 2019). Further, there are well known sex differences regarding general sensitivity to psychostimulant drugs (i.e., cocaine and methamphetamine; Schindler and Carmona, 2002; Chin et al., 2001; Camp and Robinson, 1988; Milesi-Halle et al., 2007).

JPET #263293

While only a few publications include both males and females in the same study (Collins et al., 2015; Ramos et al., 2019), separate experiments studying male and female rats have examined the impact of eating high fat chow on sensitivity of rats to cocaine (Baladi et al., 2012b; Serafine et al., 2014; Serafine et al., 2016); however, less is known about how diet impacts sensitivity of female rats to methamphetamine (McGuire et al., 2011; Robinson et al., 2015). While often grouped together as psychostimulants, several important differences between methamphetamine and cocaine necessitate the further examination of this drug of abuse in both sexes. For example, while cocaine is a monoamine transporter inhibitor, methamphetamine is a monoamine transporter substrate, and can cause neurotoxicity (Howell and Kimmel, 2007). Further, methamphetamine use remains relatively high in the western/midwestern regions of the United States (Artigiani et al., 2018). Given the continued high rates of obesity in the United States (Hales et al., 2017), it is critical to understand the potential impact of eating a high fat diet on sensitivity of individuals to different drugs of abuse.

While the mechanisms driving the effects of diet remain relatively understudied in females, high fat chow-induced enhanced sensitivity to stimulants in male rats appears to be at least partly mediated by decreases in active (i.e. membrane-bound) dopamine transporter expression (Speed et al., 2011; Cone et al., 2013). While methamphetamine is a substrate for monoamine transporters, its rewarding, reinforcing, and locomotor stimulating effects are due to increased endogenous activation of dopamine D<sub>1</sub> and D<sub>2</sub> receptors (Hubner and Moreton, 1991; Caine and Koob, 1994; Brennan et al., 2009; Bardo et al., 1999; Nazarian et al., 2004; Cabib et al., 1991). Eating a high fat diet decreases dopamine D<sub>2</sub> receptor binding and expression (Johnson and Kenny, 2010; Tomasi and Volkow, 2013; though see also South and Huang, 2008) and increases sensitivity of male rats to the dopamine D<sub>2</sub>/D<sub>3</sub> receptor agonist quinpirole (Baladi

JPET #263293

and France, 2009; Baladi et al., 2011; though see Ramos et al., 2019; Serafine et al., 2014 for examples with female rats). Eating high fat chow results in the downregulation of dopamine D<sub>1</sub> receptor gene expression (Alsio et al., 2010); however; it is not known if eating high fat chow enhances sensitivity of rats to the behavioral effects of dopamine D<sub>1</sub> receptor agonists (Desai et al., 2007; Graham et al., 2013; Kotani et al., 2016). There is some reason to suspect that there might be sex differences related to the effects of dopamine D<sub>1</sub> receptor agonists, given that estradiol, a female sex hormone, has been shown to modulate dopamine D<sub>1</sub> and D<sub>2</sub> receptor–sensitive adenylyl cyclases (Maus et al., 1989).

In order to address the abovementioned gaps in knowledge, the present report examined the impact of eating high fat chow on 1) sensitivity of male and female rats to methamphetamine-induced locomotion, 2) sensitivity of male and female rats to dopamine D<sub>1</sub> receptor agonist SKF 82958-induced eye blinking and locomotion, and 3) expression of dopamine D<sub>1</sub> and D<sub>2</sub> receptors.

### Materials and Methods

**Animals.** Male and female Sprague-Dawley rats (Envigo, Livermore, CA) weighing 20–23 g upon arrival (PND 20–21), were individually housed in Tecniplast™ 1284L (365 × 207 × 140 mm) individually ventilated cages, in an environmentally controlled room (23 ± 3 °C, 50 ± 20% relative humidity) with a 12:12 h light dark cycle (lights on at 8:00 am). All rats had *ad libitum* access to food and water except where indicated. Upon arrival all animals were habituated to the housing facilities and to the experimental procedure prior to experimental testing. All experimental procedures were conducted in accordance with the Institutional Animal Care and Use Committee, The University of Texas at El Paso, and the 2011 Guide for Care and

JPET #263293

Use of Laboratory Animals (Institute of Laboratory, Animal Resources on Life Sciences, the National Research Council, and the National Academy of Sciences).

**Behavioral Observations and Timeline.** Prior to experimental testing (PND 24-26 and PND 32-33), animals were habituated to all experimental procedures. In all behavioral assays, all animals were placed into their respective testing apparatus for 30 minutes and subsequently received 7 saline injections, spaced 15 minutes apart. This methodology was identical for testing procedures, except SKF 82958 and methamphetamine dose-response curves were generated using a cumulative dosing procedure. After a 30-min habituation period, rats were given vehicle 15 minutes before the first dose of drug with each successive dose separated by 15 minutes. Behavioral observations began immediately after each injection. Testing procedures began on PND 39-41 with initial baseline testing and immediately following completion of baseline testing, rats were randomly assigned to their dietary condition. Subsequent testing continued once weekly for 5 weeks with the last session occurring on PND 74-77. Therefore, dietary manipulations and drug testing took place during the entirety of adolescence and the start of early adulthood, matching previous reports (Baladi et al., 2012; Ramos et al., 2019).

**Feeding Conditions.** All rats had free access to standard laboratory chow (3.1 kcal/g, 17% kcal from fat, Envigo Teklad 7912) upon arrival to the facility and for the duration of habituation procedures. Following the completion of baseline testing a subset of rats were randomly assigned to eat high fat chow (5.1 kcal/g, 60% kcal from fat, Envigo Teklad 06414) until the end of the experiment (PND 74–77). The remaining animals continued to eat standard chow for the duration of the experiment. All rats were weighed and fed daily at approximately 8:00 AM for the duration of the experiment.



JPET #263293

**Drugs.** SKF 82958 (Tocris, Minneapolis, MN), methamphetamine (Sigma Aldrich, St. Louis, MO), and urethane (Sigma Aldrich, St. Louis, MO) were prepared in sterile saline (0.9% NaCl, pH 5.4). All drugs were administered in volume of 1 ml/kg i.p.

**SKF 82958- and Methamphetamine- Induced Locomotion.** When examining SKF 82958- or methamphetamine-induced locomotion, animals were placed into individual testing chambers within sound attenuating cubicles (Med Associates Inc., Fairfax, VT). Locomotor activity counts were recorded with Activity Monitor Software (Med Associates Inc., Fairfax, VT) using the following criteria. At the start of each session, the software centered a virtual stereotypic box around each rat using horizontal and vertical infrared beams spaced 1.6 cm apart. If the rat moved outside the stereotypic box, movements were recorded, via beam breaks, as ambulatory counts until the rat ceased lateral movement for 0.5 seconds. Consequently, the software centered a new stereotypic box around the rat and repeated the above process until the completion of each 15-minute recording session. Any movements occurring within the stereotypic box (e.g., fine motor activity) were not included in the analysis of locomotor activity counts. The effects of eating high fat chow on locomotor activity counts induced by the dopamine D<sub>1</sub> receptor agonist SKF 82958 or methamphetamine were assessed using a cumulative dosing procedure. Increasing doses of SKF 82958 (vehicle, 0.01, 0.032, 0.1, 0.32, 1.0, 3.2 mg/kg) or methamphetamine (vehicle, 0.1, 0.32, 1.0, 3.2 mg/kg) were delivered in 15-minute intervals with behavioral recording occurring between injections as mentioned above. All animals were tested once weekly, on the same day and time, for 6 weeks after assignment to dietary condition. Finally, to test for changes in the rate of sensitization between groups after weekly injections, the area under the locomotor activity counts dose-response curve (AUC) was calculated for individual rats, using GraphPad Prism (GraphPad Software, San Diego, California,

JPET #263293

USA). Values for AUC were then averaged across groups and analyzed for significant differences as described by (Chefer and Shippenberg, 2009).

**SKF 82958-induced Eye Blinking.** When examining SKF 82958-induced eye blinking, animals were placed in custom made restraint devices made of 6” length and 2” diameter PVC tubing affixed to wooden platforms (based on specifications used in Desai et al., 2007 obtained via personal communication with the authors), for progressively longer sessions for three days, leading to a final restraint time of 2.25 hrs. The head of each rat was gently placed into individual neck plates, with adjustable points to accommodate individual rat sizes, to facilitate accurate detection of eye blinks. Each session was videotaped using a digital video camera (Cannon, model HF R600, Melville, NY). Eye blinking was defined by the opening and closing of one or both eyelids for a duration of less than 1 s. Recordings were scored by observers blind to the testing conditions. The effects of eating high fat chow on SKF 82958-induced eye blinking were assessed using a cumulative dosing procedure (vehicle, 0.01, 0.032, 0.1, 0.32, 1.0, 3.2 mg/kg) delivered in 15-minute intervals with video recording occurring as mentioned above. All animals were tested once weekly, on the same day and time, for three weeks after assignment to dietary condition.

**Tissue Preparation.** Rats were anesthetized with urethane (1.5 g/kg) and decapitated one week after the final testing session. Brains were extracted, and the left and right striatum were removed, using a calibrated dissection block, and placed in ice cold lysis buffer (10 mM HEPES, 10 mM KCl, 1.5 mM MgCl<sub>2</sub>, 1% Igepal CA) that contained protease and phosphatase inhibitors (Roche Diagnostics, Basel, SUI). The striatal tissue was then homogenized, with a ultrasonic homogenizer. The homogenate was then centrifuged at 14,000 rpm for 5 minutes at 4°C.

JPET #263293

Following centrifugation, primary protein fractions were collected and stored at -80°C until analyzed.

**Western Blotting.** Striatal supernatant samples were examined via western blot analysis following standard procedures (Speed et al., 2011). Specifically, protein concentrations (40 µg) were quantified from the cytosolic fraction using a Bio Rad Protein Assay Standard II Kit with bovine serum albumin (BSA) as the standard (Bio Rad, Hercules, CA, USA). Samples were separated on 12% sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE) and transferred to a PVDF membrane (Immobilon, Millipore) and allowed to incubate for 1 h in blocking buffer (1% BSA in 1x Tris-buffered saline, .25% Tween 20 (1x-TBS-T)). Following blocking, membranes were incubated with primary antibodies selective for dopamine D<sub>1</sub> receptor (66 kDa; 1:500; Millipore Sigma) dopamine D<sub>2</sub> receptor (50 kDa; 1:100; Santa Cruz Biotechnology) and GAPDH (37 kDa; 1:10,000, Fitzgerald) overnight at 4 °C. Membranes were then repeatedly washed 3 × for 10 min in 1x-TBST and incubated with HRP-conjugated secondary anti-mouse IgG (1:10,000; Sera Care) for 30 min at room temperature followed by washes. Subsequently, membranes were visualized using a C-DiGit Blot Scanner (LI-COR) in chemiluminescent reagents for protein intensity. All blots were normalized to total GAPDH and quantified using ImageStudio software suite (LI-COR).

**Data Analysis.** Dose-response curves were generated for locomotor activity counts for male ( $n=9$ ) and female ( $n=10$ ) rats eating standard chow that were tested with SKF 82958, male ( $n=9$ ) and female ( $n=12$ ) rats eating high fat chow that were tested with SKF 82958, male ( $n=12$ ) and female ( $n=12$ ) rats eating standard chow that were tested with methamphetamine, and male ( $n=12$ ) and female ( $n=11$ ) rats eating high fat chow that were tested with methamphetamine. Locomotion was expressed as mean number of locomotor activity counts ±

JPET #263293

SEM. Three-way mixed model ANOVAs with the between-subjects variables of sex (male or female) and diet (standard or high fat) and the within-subjects variable of dose (e.g., repeated measure) were used to determine significant changes to drug-induced locomotion and eye blinking. Sidak's multiple comparisons post-hoc tests were used to examine significant main effects of diet, sex, dose, and interaction effects (between diet x sex, diet x dose, sex x dose, and diet x sex x dose). Specifically, differences between groups regarding mean locomotion or eye-blinking were examined between groups of rats eating different diets (standard versus high fat), and that were different sexes (male versus female) at different drug doses. Due to the substantial number of comparisons for main effects and interactions effects, group means and confidence intervals are reported. All comparisons were conducted with a family-wise error rate of 0.05. SKF 82958-induced eye blinking dose-response curves were generated for male ( $n=3$ ) and female ( $n=4$ ) rats eating standard chow, and male ( $n=3$ ) and female ( $n=4$ ) rats eating high fat chow. Though originally slated for 5 consecutive weeks, eye blinking data collection was terminated after 3 weeks of testing due to unexpectedly large attrition rates (~50% of animals), especially among animals eating high fat chow (70% attrition rate). To assess for differences in the rate of drug sensitization a three-way mixed model ANOVA with the between-subjects variables of sex (male or female) and diet (standard or high fat) and the within-subjects variable of dose (e.g., repeated measure) was used to examine differences in average AUC of locomotor activity counts within and across weeks for all groups (similar to analysis used by Gerdeman, Schechter, and French, 2008). Dopamine D<sub>1</sub> and D<sub>2</sub> receptor intensity was measured at the conclusion of locomotor testing in a randomly selected subset of male ( $n=6$ ) and female ( $n=6$ ) rats eating standard chow, and male ( $n=6$ ) and female ( $n=6$ ) rats eating high fat chow. Two-way between subjects ANOVAs using Sidak's multiple post-hoc comparisons were used to assess for

JPET #263293

significant changes in receptor intensity. Data analysis was completed using SPSS (IBM corporation, New York, USA) and GraphPad Prism (GraphPad Software San Diego, California, USA).

## Results

**Methamphetamine-Induced Locomotion.** Methamphetamine dose-dependently increased, then decreased locomotion among male and female rats (Fig. 1 A&B), resulting in an inverted U-shaped dose-response curve. For each week, three-way mixed model ANOVAs were conducted to examine group differences. No significant results were revealed until week 3, during which a significant main effect of sex was revealed ( $p < 0.001$ ). That is, consistent with previous reports, methamphetamine induced significantly more locomotion among females than males after 3 weeks of testing. This effect persisted for week 4 and 5, as other effects emerged. Since the effects that were revealed at week 4 and 5 were identical in terms of significance, week 5 (see Fig. 1 A&B) statistical values are reported here. The three-way mixed model ANOVA examining methamphetamine-induced locomotion dose-response curves on week 5 revealed a significant main effect of dose [ $F(3.083, 132.6) = 71; p < 0.0001$ ], sex [ $F(1, 43) = 14.45; p = 0.0004$ ], and diet [ $F(1, 43) = 12.41; p = 0.001$ ], as well as a significant dose x diet interaction effect [ $F(4, 172) = 8.098; p < 0.0001$ ]. However, no significant dose x sex [ $F(4, 172) = 0.3439; p = 0.848$ ], sex x diet [ $F(1, 43) = 0.03170; p = 0.8595$ ], nor dose x sex x diet [ $F(4, 172) = 0.1444; p = 0.9652$ ] interactions were revealed.

The main effect of dose demonstrates that regardless of diet or sex, methamphetamine dose-dependently increased locomotion as compared to activity that occurred following saline injections. Specifically, locomotor activity after 0.1 mg/kg (95% CI [801.808, 987.770]), 0.32 mg/kg (95% CI [1275.929, 1556.711]) and 1.0 mg/kg (95% CI [1361.139, 1709.638])

JPET #263293

methamphetamine was greater than activity following saline injections (95% CI [466.321, 601.097]). The main effect of sex demonstrates that regardless of diet or dose, methamphetamine induced significantly more locomotion among females than males. Specifically, during week 5 methamphetamine induced 265.255 more locomotor activity counts on average among females than among males (95% CI for difference [119.688, 410.823]). The main effect of diet demonstrates that regardless of sex or dose, methamphetamine induced more locomotion among rats eating high fat chow, than rats eating standard chow. Specifically, during week 5 methamphetamine induced 245.646 more locomotor activity counts on average among rats eating high fat chow than among rats eating standard chow (95% CI for difference [100.079, 391.214]). Finally, the significant dose x diet interaction effect demonstrates that regardless of sex, methamphetamine at certain doses induced more locomotion among rats eating high fat chow than rats eating standard chow. Specifically, Sidak's multiple comparisons revealed that rats eating high fat chow were significantly more active than rats eating standard chow following 0.1 mg/kg (standard, mean locomotor activity counts = 585.106, 95% CI [456.780, 713.432]; high fat, mean locomotor activity counts = 1204.472, 95% CI [1069.883, 1339.062]) and 0.32 mg/kg (standard, mean locomotor activity counts = 1155.677, 95% CI [961.919, 1349.435]; high fat, mean locomotor activity counts = 1676.963, 95% CI [1473.747, 1880.178]) methamphetamine, regardless of sex (see Fig. 1 A&B). At week 6 there was a main effect of dose ( $p < 0.001$ ) but no other significant differences remained. To summarize, on average females were generally more sensitive to methamphetamine-induced locomotion than males, and rats eating high fat chow were more sensitive on average to methamphetamine-induced locomotion than rats eating standard chow, regardless of sex.

JPET #263293

**Methamphetamine-Induced Sensitization.** In order to analyze changes over time (e.g. across weeks) as an index of the development of sensitization to methamphetamine, AUC for methamphetamine-induced locomotion was calculated (Fig 1 C&D). A three-way mixed model ANOVA revealed significant main effects of week [ $F(1,945,83.65)=92.40;p<0.0001$ ], sex [ $F(1,43)=12.14;p=0.0011$ ], and diet [ $F(1,43)=14.33;p=0.0005$ ], as well as a significant week x sex [ $F(5,215)=5.229;p=0.0001$ ] and week x diet [ $F(5,215)=6.317;p<0.0001$ ] interaction effects. However, no week x sex x diet interaction effect was observed [ $F(5,215)=0.5674;p=0.7250$ ].

The main effect of week demonstrates that all rats, regardless of sex or diet, developed sensitization to the locomotor-stimulating effects of methamphetamine after repeated testing, during weeks 3-5. Specifically, the AUC for methamphetamine-induced locomotion increased significantly during weeks 3-5; week 3 (mean area= 1068.46, 95% CI [977.21, 1159.71]), 4 (mean area = 1509.58, 95% CI [1416.73, 1602.43]), and 5 (mean area= 1796.58, 95% CI [1666.65, 1926.50]), see Fig 1 C&D). The main effect of sex demonstrates that regardless of diet and week, AUC of methamphetamine-induced locomotor activity was greater among female rats as compared to males. Specifically, AUC for female rats was increased on average by 214.232, as compared to male rats (95% CI of difference [90.24, 338.23]). The main effect of diet demonstrates that regardless of week or sex, the AUC of methamphetamine-induced locomotor activity was greater among rats eating high fat chow as compared to rats eating standard chow. Specifically, AUC for rats eating high fat chow was increased on average by 232.755, compared to standard chow (95% CI of difference [108.76, 356.75]). The significant interaction effects were explored using Sidak's multiple comparisons. The significant week x sex effect demonstrates that regardless of diet, at certain weeks methamphetamine induced greater locomotion among females than among males. Specifically, Sidak's multiple comparisons

JPET #263293

revealed that the AUC was greater among female rats during week 4 (female, mean AUC = 1708.966, 95% CI [1576.206, 1841.726]; male, mean AUC = 1310.192, 95% CI [1180.350, 1440.033]) and week 5 (female, mean AUC = 2036.266, 95% CI [1850.700, 2222.232]; male, mean AUC = 1556.683, 95% CI [1375.001, 1738.366]). By week 6 this effect was no longer apparent, suggesting that after several weeks of testing, sensitization occurred at the same magnitude eventually in both male and female rats. The significant week x diet interaction effect demonstrates that regardless of sex, at certain weeks methamphetamine induced greater locomotor activity among rats eating high fat chow than rats eating standard chow. Specifically, Sidak's multiple comparisons revealed that the AUC was greater for rats eating high fat chow at week 4 (standard, mean AUC = 1240.608, 95% CI [1110.767, 1370.450]; high fat, mean AUC = 1778.549, 95% CI [1645.789, 1911.309]) and week 5 (standard, mean AUC = 1506.808, 95% CI [1325.767, 1688.491]; high fat, mean AUC = 2086.341, 95% CI [1900.575, 2272.107]) as compared to rats eating standard chow. To summarize, methamphetamine-induced sensitization was larger among females than males, as evidenced by greater AUC initially (e.g., during weeks 4-5), but this effect dissipated with repeated testing. That is, by week 6 males and females developed comparable sensitization to methamphetamine. Methamphetamine-induced sensitization was also greater among rats eating high fat chow than rats eating standard chow, regardless of sex, as demonstrated by greater AUC at weeks 4 and 5, but this effect dissipated with repeated testing. That is, by week 6 rats eating high fat or standard chow developed comparable sensitization to methamphetamine.

**SKF 82958-Induced Locomotion.** SKF 82958 dose-dependently increased locomotor activity among male and female rats (Fig. 2 A&B). For each week of locomotor activity, three-way mixed model ANOVAs were conducted to examine group differences. No significant results



JPET #263293

were revealed until week 4. Since the effects that were revealed at week 4 and 5 were identical in terms of significance, week 5 (see Fig. 2 A&B) statistical values are reported here. The three-way mixed model ANOVA examining SKF 82958-induced locomotion dose-response curves on week 5 revealed a significant main effect of dose [ $F(3,912,140.8.0)=115.0;p<0.0001$ ], as well as a significant dose x diet interaction effect [ $F(6,216)=2.876;p=0.0102$ ], dose x sex interaction effect [ $F(6,216)=3.731;p=0.0015$ ], and a significant dose x sex x diet interaction effect [ $F(6,216)=2.329;p=0.0336$ ]. However, no significant effects of sex [ $F(1,36)=2.306;p=0.1376$ ], diet [ $F(1,36)=2.328;p=0.1358$ ], nor sex x diet interaction effect [ $F(1,36)=1.1214;p=0.298$ ] were observed.

The main effect of dose demonstrates that regardless of diet or sex, SKF 82958 dose-dependently increased locomotion as compared to activity that occurred following saline injections. Specifically, Sidak's multiple comparisons revealed that locomotion following 0.1 mg/kg (95% CI [676.459, 917.737]), 0.32 mg/kg (95% CI [1319.386, 1682.897]), 1.0 mg/kg (95% CI [1698.832, 2001.015]), and 3.2 mg/kg (95% CI [1413.482, 1812.493]) was greater than activity following saline injections (95% CI [442.680, 609.011]). The significant dose x sex interaction demonstrates that regardless of diet, SKF 82958 induced significantly more locomotion among female rats at certain doses. Specifically, Sidak's multiple comparisons revealed greater locomotion among females after 0.1 mg/kg (female, mean locomotor activity counts = 1007.725, 95% CI [845.484, 1169.966]; male, mean locomotor activity counts = 586.444, 95% CI [407.823, 765.066]) and 0.32 mg/kg SKF 82958 (standard, mean locomotor activity counts = 1155.677, 95% CI [961.919, 1349.435]; high fat, mean locomotor activity counts = 1676.963, 95% CI [1473.747, 1880.178]) as compared to males. The significant dose x diet interaction demonstrates that regardless of sex, SKF 82958 induced more locomotion among

JPET #263293

rats eating high fat chow than rats eating standard chow. Specifically, Sidak's multiple comparisons revealed that SKF 82958 induced more locomotion in rats eating high fat chow after 0.1 mg/kg (standard, mean locomotor activity counts= 653.097, 95% CI [586.012, 720.182]; high fat, mean locomotor activity counts = 941.072, 95% CI [766.974, 1115.171]), and 0.32 mg/kg (standard, mean locomotor activity counts = 1206.917, 95% CI [992.022, 1421.812]; high fat, mean locomotor activity counts= 1715.367, 95% CI [1453.097, 1977.636]) SKF 82958. Finally, the significant dose x sex x diet interaction demonstrates that SKF 82958 at certain doses induced more locomotion among female rats eating high fat chow as compared to other groups. Specifically, Sidak's multiple comparisons demonstrated greater SKF 82958-induced locomotion among female rats eating high fat chow (mean locomotor activity counts= 1300.700, 95% CI [1061.055, 1540.345] compared to females eating standard chow (mean locomotor activity counts= 714.750, 95% CI [495.985, 933.515]), male rats eating high fat chow (mean locomotor activity counts = 581.444, 95% CI [328.836, 834.053]), and male rats eating standard chow (mean locomotor activity counts = 591.444, 95% CI [338.836, 844.053]) following 0.1 mg/kg SKF 82958. Similar differences were observed following 0.32 mg/kg SKF 82958, after which female rats eating high fat chow had significantly increased locomotion compared to all other groups (all  $p < 0.05$ ). At week 6 there was a main effect of dose ( $p < 0.001$ ) but no other significant differences remained. Three female rats eating high fat chow were lost due to attrition; two during week 4 of testing and one during week 5 (data were excluded for all analyses). To summarize, females were generally more sensitive to SKF 82958 locomotion than males. Some toxicity associated with repeated injections of SKF 82958 was also observed and only impacted female rats. Further, female rats eating high fat chow (but not males) were more sensitive to SKF82958-induced locomotion than female rats eating standard chow.

JPET #263293

**SKF 82958-Induced Sensitization.** In order to analyze changes over time (e.g. across weeks) as an index of the development of sensitization to SKF 82958, AUC for SKF 82958-induced locomotion was calculated (Fig 2). A three-way mixed model ANOVA revealed significant main effects of week [ $F(1,720,61.91)=124.00;p<0.0001$ ], as well as a significant week x sex interaction effect [ $F(5,180)=3.892;p=0.0023$ ], and a significant week x diet interaction effect [ $F(5,180)=3.047;p=0.0115$ ]. However, no significant main effects of sex [ $F(1,36)=1.828;p=0.1848$ ] or diet [ $F(1, 36)=0.2319;p=0.6330$ ] and no week x diet x sex interaction effect [ $F(5, 180)=1.195;p=0.313$ ] were revealed.

The significant main effect of week demonstrates that regardless of sex and diet, rats developed sensitization to the locomotor-stimulating effects of SKF 82958 after repeated testing, during weeks 1-4. Specifically, the AUC for SKF 82958-induced locomotion increased weekly, from week 1 (mean area = 1486.618, 95% CI [1384.434, 1588.803]), week 2 (mean area = 2758.811, 95% CI [2556.518, 2961.104]), week 3 (mean area = 4101.808, 95% CI [3800.026, 4403.591]), and week 4 (mean area = 5881.296, 95% CI [5499.353, 6263.239]). There were no continued increases in AUC at weeks 5 and 6, suggesting a ceiling effect regarding locomotor sensitization after week 4.

Although significant week x sex and week x diet interactions were revealed with the three-way ANOVA, Sidak's post hoc multiple comparisons did not reveal any specific significant differences within the same week (all  $p>0.05$ ), suggesting that the rate of SKF 82958-induced sensitization was the same for all groups as measured by AUC (though see Fig 2 A&B for differences among females for the week 5 SKF 82958 dose-response curve). To summarize, no differences in AUC were observed between males and females or between rats eating

JPET #263293

different diets; however, all rats (regardless of sex and diet) developed sensitization to SKF 82958 after repeated testing (as indicated by increased AUC in all groups during weeks 1-4).

**SKF 82958-Induced Eye Blinking.** SKF 82958 dose-dependently increased eye blinking among male and female rats. For each week of eye blinking activity, mixed model ANOVAs were conducted to examine group differences. The mixed model ANOVAs for week 1 and 2 revealed significant main effects of dose (all  $p$ 's<0.5). The mixed model ANOVA for week 3 (Fig. 3 A&B) revealed a significant main effect of dose [ $F(2.422,24.22)=49.07;p<0.0001$ ] but no significant main effects of diet [ $F(1,10)=0.6580;p=0.4362$ ] or sex [ $F(1,10)=0.9019;p=0.3647$ ], and no significant dose x diet [ $F(5,50)=0.5301;p=0.7524$ ], diet x sex [ $F(5,50)=1.176;p=0.3342$ ], sex x diet interaction [ $F(1,10)=0.4290;p=0.5273$ ], nor dose x sex x diet interaction effect [ $F(5,50)=1.618;p=0.1724$ ] were observed. Specifically, SKF 82958 dose-dependently increased eye blinking on average among rats (Fig. 3 A&B) following 0.1 mg/kg (95% CI [66.709,132.041]), 0.32 mg/kg (95% CI [78.469, 147.739]) and 1.0 mg/kg (95% CI [99.599, 168.234]) SKF 82958 as compared to eye blinking following saline injections (95% CI [466.321, 601.097]).

During the experiment, the toxic effects of repeated SKF 82958 testing in combination with restraint became apparent, and treatment was discontinued after week 3. Attrition included 3 of 6 male rats eating standard chow, 3 of 6 male rats eating high fat chow, 3 of 6 female rats eating standard chow, and 4 of 8 female rats eating high fat chow (data were excluded for all analyses). To summarize, repeated testing with SKF 82958 combined with eye blink restraints revealed toxic effects that precluded the ability to achieve statistical power to detect significant effects in the present report. Toxicity was observed in all groups, for both sexes and both dietary conditions.

JPET #263293

**Dopamine D<sub>1</sub> and D<sub>2</sub> Receptor Expression.** Striatal dopamine receptor expression was examined using two-way between subjects ANOVAs. The two-way between subjects ANOVA examining striatal dopamine D<sub>2</sub> receptor expression among rats that had been treated with SKF 82958 revealed a significant main effect of diet [ $F(1,20)=7.15;p=0.0146$ ], but no main effect of sex [ $F(1,20)=2.89;p=0.1042$ ] nor a diet x sex interaction effect [ $F(1,20)=0.02;p=0.8959$ ]. The significant main effect of diet demonstrates that regardless of sex, dopamine D<sub>2</sub> receptor expression was significantly increased among rats eating high fat chow that were tested with SKF 82958 compared to rats eating standard chow (Fig. 4). In contrast, the two-way between subjects ANOVA examining striatal dopamine D<sub>2</sub> receptor expression among rats that had been treated with methamphetamine revealed no significant effects (all  $p>0.05$ ).

The two-way between subjects ANOVAs examining striatal dopamine D<sub>1</sub> receptor expression among rats that had been treated with SKF 82958 or methamphetamine revealed no significant effects (all  $p>0.05$ ; Fig. 5). To summarize, dopamine D<sub>2</sub> receptor expression was increased among rats eating high fat chow that were tested with SKF 82958 (but not methamphetamine) and no differences were observed for dopamine D<sub>1</sub> receptor expression.

## Discussion

Eating a high fat diet increases risk of cardiovascular disease, metabolic syndrome, and obesity (USDA, 2010). Eating high fat laboratory chow enhances sensitivity of rats to the behavioral effects of drugs that act directly and indirectly on dopamine systems (Baladi et al., 2012a; Collins et al., 2015; McGuire et al., 2011; Reyes, 2012). However, the majority of this work has not considered potential sex differences, or has focused on one sex exclusively. The present report evaluated the effects of eating high fat chow on sensitivity of male and female rats to the behavioral effects of methamphetamine and SKF 82958. Consistent with the literature,

JPET #263293

female rats were more sensitive to the locomotor stimulating effects of methamphetamine and SKF 82958 as compared to male rats initially; however, after repeated injections all rats developed sensitization, washing out these sex differences by week 4 of testing. As in previous reports with males (McGuire et al., 2011), eating high fat chow enhanced sensitivity of rats to methamphetamine-induced locomotion (Fig 1B). Rats in all groups, regardless of sex or diet, developed sensitization to methamphetamine as indicated by increased AUC throughout weekly testing (Fig 1 C&D). Female rats eating high fat chow were also more sensitive to the locomotor stimulating effects of SKF 82958 (Fig 2B). In contrast, male rats eating high fat chow tested weekly with SKF 82958 were not more sensitive than standard chow controls at any time point (Fig 2A). Males and females developed sensitization to the locomotor stimulating effects of SKF 82958 (Fig 2C & D); however, eating high fat chow did not enhance the rate of sensitization for either sex (Fig 2D). SKF 82958 significantly increased eye-blinking in all rats regardless of sex or diet; however, unexpectedly high attrition rates (~50% of rats) contributed to inadequate statistical power to detect significant effects. Despite this, it does appear as though female rats were more sensitive than males to the toxic effects of SKF 82958 repeated testing in combination with restraint, given the larger rate of attrition among females as compared to males. Taken together the SKF 82958 experiments suggest that enhanced sensitivity of females to methamphetamine might be largely due to changes involving dopamine D<sub>1</sub> receptors, given that females eating high fat chow are also more sensitive to SFK 82958-induced locomotion. In contrast, diet did not impact sensitivity of males to SKF 82958, suggesting that high fat diet-induced enhanced sensitivity to methamphetamine might not be related to changes at the level of the dopamine D<sub>1</sub> receptor among males.

JPET #263293

This hypothesis is supported by previous work demonstrating that in the absence of dietary manipulation, there are already sex differences with regard to dopamine D<sub>1</sub> receptors. For example, dopamine D<sub>1</sub> receptor agonists differentially impact cocaine-induced conditioned place preference in male and female rats (Nazarian et al., 2004). Further, in cell culture, the female sex hormone estradiol suppresses dopamine D<sub>2</sub> receptor-mediated inhibition of adenylyl cyclase activity and enhances dopamine D<sub>1</sub> receptor-mediated activation of adenylyl cyclase (Maus et al., 1989; Becker and Hu, 2008). Although fewer reports have examined dopamine receptors directly in studies using both sexes and high fat diets, female sex hormones (i.e., estradiol) are increased in rats eating high fat chow (Hilakivi-Clarke et al., 1996) and decreased in rats eating a low fat chow (Rosenthal et al., 1985; Heber et al., 1991), suggesting a potential interaction between diet and sex hormones that might be underlying some of the sex differences reported here.

Although increases in dopamine D<sub>1</sub> receptor gene expression in rats eating a high fat/high sugar diet have been described previously (Alsio et al., 2010), in the present report, dopamine D<sub>1</sub> receptor expression was not altered by diet regardless of sex (Fig 5). Therefore, the high fat chow-induced enhancements in SKF 82958-induced locomotion in female rats demonstrated here (Fig 2.) are likely due to factors other than general receptor expression changes. In fact, repeated psychomotor stimulant administration itself can enhance cellular and behavioral activity in the absence of changes to receptor density (Henry and White, 1991; Peris et al., 1990; Kleven et al., 1990). For example, repeated cocaine administration increases the cellular effects of dopamine D<sub>1</sub> receptor agonist SKF 38393 without altering dopamine D<sub>1</sub> receptor density (Henry and White, 1991). Similarly, supersensitivity to dopamine has also been reported in the absence of dopamine receptor density changes in studies examining nigral denervation as a result of intracerebral 6-Hydroxydopamine infusions (Ariano, 1998; Leslie and Bennett, 1987). These

JPET #263293

instances of supersensitivity are likely partly mediated by enhancements in dopamine D<sub>1</sub> receptor downstream transduction mechanisms (Henry and White, 1991; Terwilliger et al., 2016). Taken together, these previous studies suggest that although dopamine D<sub>1</sub> receptor expression was not changed by diet in the present report, some other aspect of dopamine D<sub>1</sub> receptor function is likely altered specifically among female rats eating high fat chow, resulting in enhanced sensitivity to methamphetamine and SKF 82958.

While dopamine D<sub>1</sub> receptor specific changes might underly the high fat chow-induced changes in drug sensitivity among females, enhanced sensitivity of males eating high fat chow to methamphetamine might be predominantly driven by changes at the level of the dopamine transporter (Speed et al., 2011; Cone et al., 2013; South and Huang, 2008) dopamine D<sub>2</sub> receptor (Baladi et al., 2012a; South and Huang, 2008), and/or dopamine D<sub>3</sub> receptor (Baladi et al., 2011; Heidbreder et al., 2005). For example, male rats eating high fat chow have decreased dopamine clearance rate as well as decreased dopamine transporter expression (Speed et al., 2011). Further, those observed decreases are posited to be mediated by high fat chow-induced decreases in an insulin signaling central kinase (pAkt; see Speed et al., 2011). Interestingly, decreases in pAkt are not observed in female rats eating high fat chow (Ramos et al., 2019), supporting the hypothesis that high fat chow-induced changes in drug sensitivity are differentially mediated in males versus females. Additionally, previous reports have demonstrated increased behavioral sensitivity to the dopamine D<sub>2</sub>/D<sub>3</sub> receptor agonist quinpirole (Baladi et al., 2011) as well as increased dopamine D<sub>2</sub> receptor binding density (South and Huang, 2008) among male rats eating high fat chow as compared to male rats eating standard chow. Although drug naïve rats eating different diets were not examined in the present report, dopamine D<sub>2</sub> receptor expression was only increased among male and female rats eating high fat chow that were tested with SKF



JPET #263293

82958 (Fig 4). However, it is possible that the behavioral changes in drug sensitivity among male rats (e.g., enhanced sensitivity to methamphetamine [McGuire et al., 2011; Speed et al., 2011] and quinpirole [Baladi and France., 2009; Ramos et al., 2019]) also occur in the absence of changes to dopamine D<sub>2</sub> receptor expression (see Fig 4). For example, at least one other report found no differences in dopamine D<sub>2</sub>/D<sub>3</sub> receptor availability in rats eating high fat chow (van de Giessen et al., 2012). One potential factor that might underly the discordant results in the literature regarding receptor expression changes is body weight itself. For example, it has been well demonstrated that eating a high fat diet produces changes to drug sensitivity, similar to those demonstrated in this report, even in the absence of changes to body weight (Ramos et al., 2019; Baladi et al., 2011; Hernandez-Casner et al., 2019). In contrast, many of the reports demonstrating changes in dopamine receptor expression also describe increases in body weight among animals eating a high fat diet (Johnson and Kenny, 2010; South and Huang, 2008; Konner et al., 2011). Further, changes to dopamine D<sub>2</sub> receptor binding has also been demonstrated among obese human patients (Tomasi and Volkow, 2013; Wang et al., 2001; de Weijer et al., 2011). Although the rats in the present experiments were not definable as obese by many recognized definitions, we have previously demonstrated that body fat composition can be altered even in the absence of changes to overall body weight (Hernandez-Casner et al., 2019). Future research will explore the possible factors involved in weight gain versus body fat distribution changes that might be occurring concurrent to changes in dopamine receptor expression and sensitivity.

Taken together with previous research, the present report suggests that the mechanism(s) by which high fat diets enhance sensitivity of rats to dopaminergic drugs might be distinct between males and females. These data highlight the importance of examining both sexes in

JPET #263293

experiments related to both dietary manipulations, as well as drug sensitivity, since behavioral as well as receptor expression changes do not always generalize across sex. Future research will further examine the role of sex hormones in modulating these sex differences. Additionally, future research should explore how these differences in drug sensitivity, as a function of diet and/or sex might contribute to differences in abuse vulnerability among males and females, using animal models of substance use disorder.

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JPET #263293

### **Authorship Contributions**

*Participated in research design:* Ramos and Serafine

*Conducted experiments:* Beltran, Ramos, Hardin, Grant, Flores-Robles, Gonzalez, Cruz, Martinez, and Serafine

*Contributed new reagents or analytic tools:* n/a

*Performed data analysis:* Ramos, Grant, and Serafine

*Wrote or contributed to the writing of the manuscript:* Beltran, Ramos, Hardin, Grant, Flores-Robles, Gonzalez, Cruz, Martinez, and Serafine

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JPET #263293

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JPET #263293

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## Footnotes

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### Legends for Figures

Figure 1. Methamphetamine-induced locomotion and sensitization for male and female rats eating high fat ( $n = 12$  male,  $n = 11$  female) or standard chow ( $n = 12$  male,  $n = 12$  female). Methamphetamine-induced locomotion (e.g., ambulatory counts), for the last 5 minutes of each 15-minute recording session, after 5 weeks of initial assignment to dietary conditions (A&B). Area under the weekly generated methamphetamine dose-response curves (AUC) for male and female rats eating high fat or standard chow for 1-6 weeks (C&D). Data were analyzed using a three-way (sex x diet x dose) mixed model ANOVA with Sidak's multiple comparison post-hoc tests. Data are expressed as mean  $\pm$  SEM. \* $p < 0.05$ , dietary difference within sex; #  $p < 0.05$ , weekly sex difference independent of diet.

Figure 2. SKF 82958-induced locomotion and sensitization for male and female rats eating high fat ( $n = 9$  male,  $n = 10$  female) or standard chow ( $n = 9$  male,  $n = 12$  female). SKF 82958-induced locomotion (e.g., ambulatory counts), for the last 5 minutes of each 15-minute recording session, after 5 weeks of initial assignment to dietary conditions (A&B). Area under the weekly generated SKF 82958 dose-response curves (AUC) for male and female rats eating high fat or standard chow for 1-6 weeks (C&D). Three female rats eating high fat chow were lost due to attrition; two during week 4, and one during week 5 (data not included in analysis). Data were analyzed using a three-way (sex x diet x dose) mixed model ANOVA with Sidak's multiple comparison post-hoc tests. Data are expressed as mean  $\pm$  SEM. \*  $p < 0.05$ , dietary difference within sex; #  $p < 0.05$ , female rats eating high fat chow had significantly increased locomotion compared to all other groups.

JPET #263293

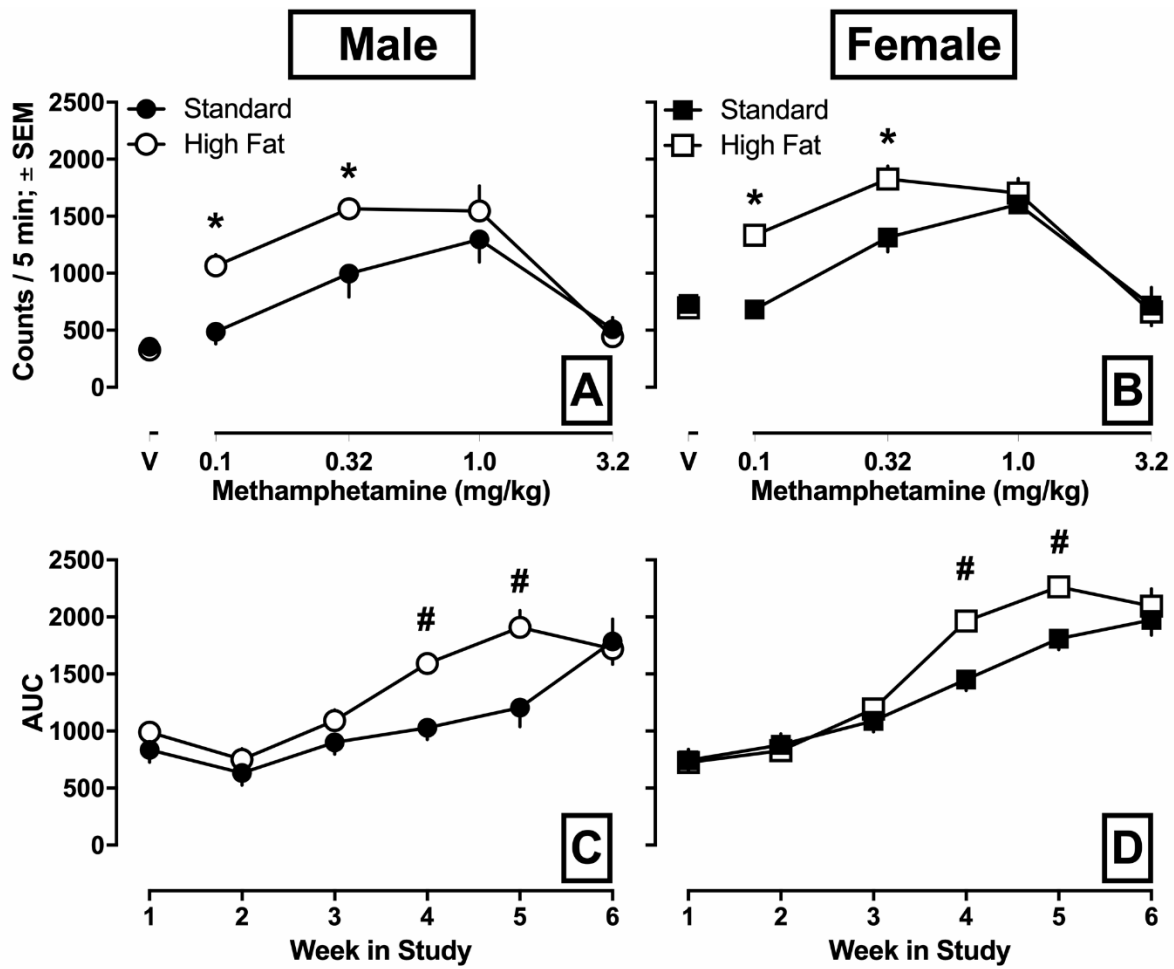
Figure 3. SKF 82958-induced eye blinking for male and female rats eating high fat ( $n = 3$  male,  $n = 4$  female) or standard chow ( $n = 3$  male,  $n = 4$  female) for the full 15-minute recording session after 3 weeks of initial assignment to dietary conditions (A & B). Although, under powered, data were analyzed using a three-way (sex x diet x dose) mixed model ANOVA. After 3 weeks of testing, treatment was discontinued due to apparent toxic effects of a combination of SKF 82958 and restraint testing. Attrition included 50% male rats eating standard chow, 50% male rats eating high fat chow, 50% female rats eating standard chow, and 60% female rats eating high fat chow. Data are expressed as mean  $\pm$  SEM.

Figure 4. Dopamine D<sub>2</sub> receptor intensity for male and female rats eating high fat ( $n = 6$  male,  $n = 6$  female) or standard chow ( $n = 6$  male,  $n = 6$  female) after 7 weeks of initial assignment to dietary conditions. Data were analyzed using an ordinary two-way (diet x sex) ANOVA with Sidak's multiple comparison post-hoc tests. Rats treated with SKF 82958 and eating high fat chow had significantly increased dopamine D<sub>2</sub> receptor expression compared to rats eating standard chow regardless of sex (left). No changes in dopamine D<sub>2</sub> receptor expression were observed in rats treated with methamphetamine. Data are expressed as mean + SEM. \* $p < 0.05$ , compared to rats eating standard chow.

Figure 5. Dopamine D<sub>1</sub> receptor intensity for male and female rats eating high fat ( $n = 6$  male,  $n = 6$  female) or standard chow ( $n = 6$  male,  $n = 6$  female) after 7 weeks of initial assignment to dietary conditions. Data were analyzed using an ordinary two-way (diet x sex) ANOVA. Rats treated with SKF 82958 or methamphetamine did not have significantly different dopamine D<sub>1</sub> receptor expression regardless of diet or sex. Data are expressed as mean + SEM.

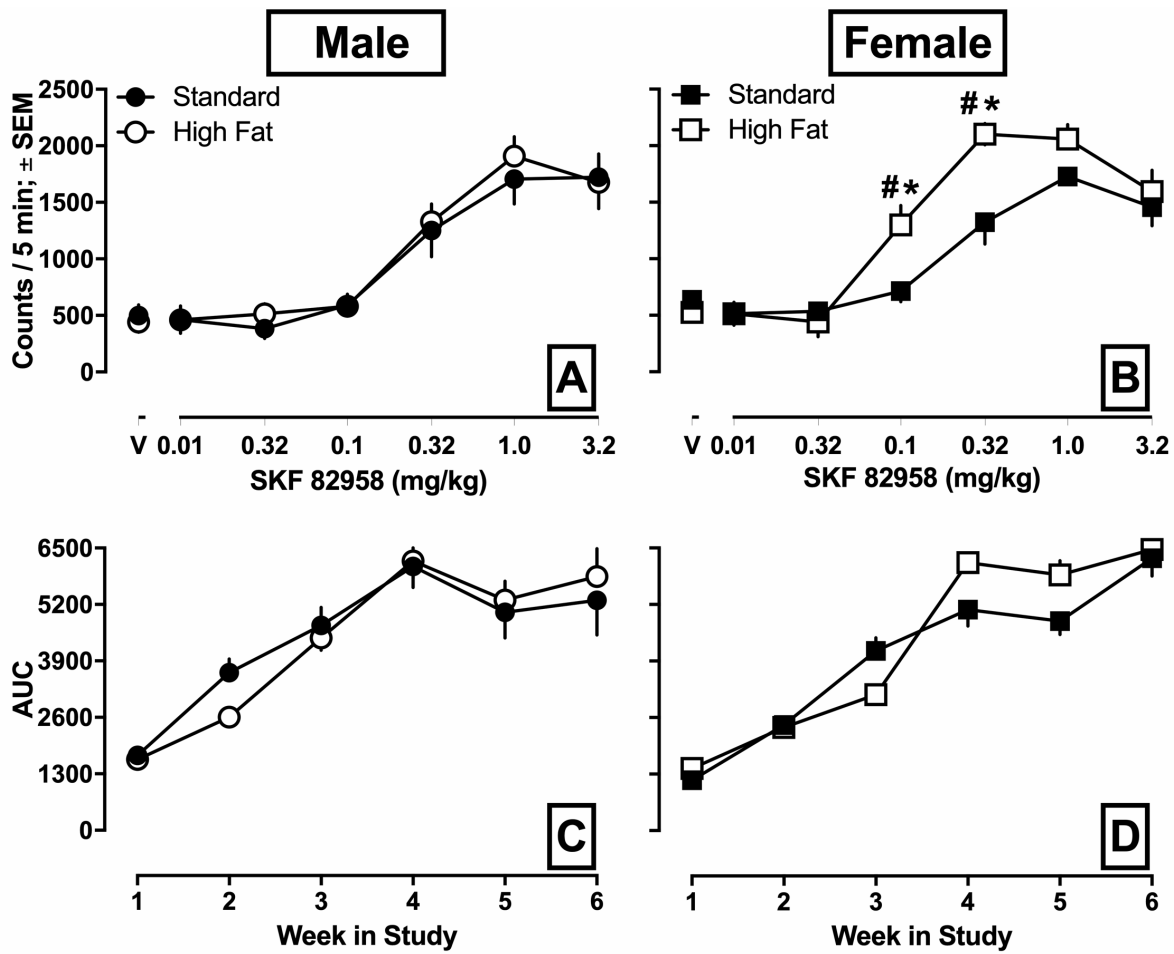
### Figures

Figure 1.



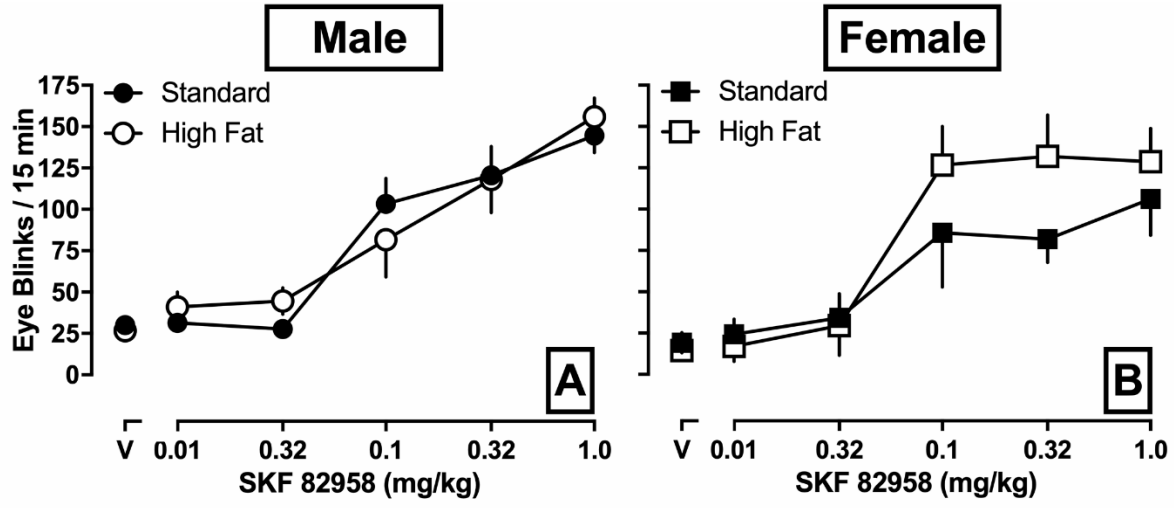
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Figure 2.



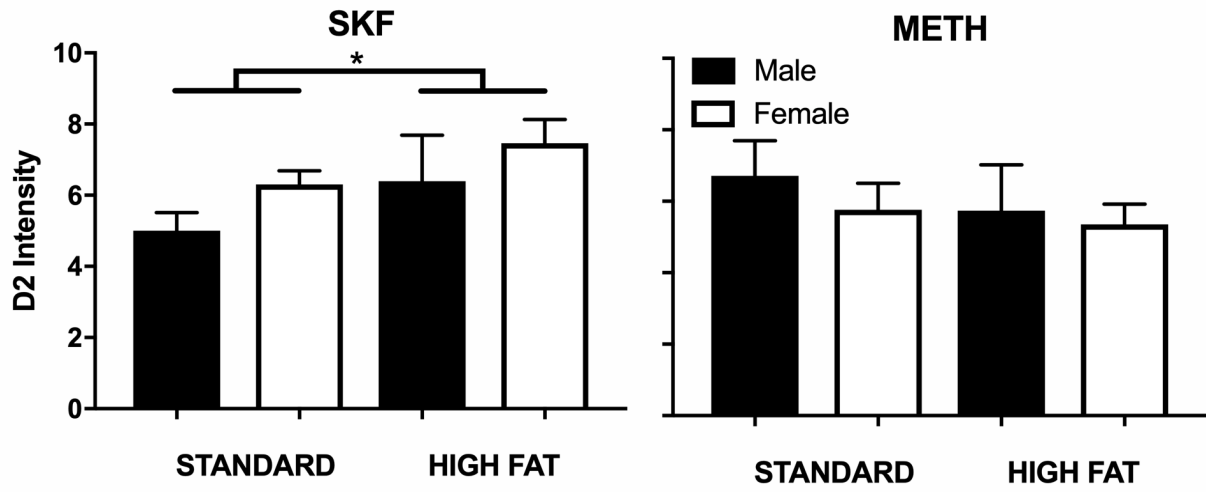
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Figure 3.



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Figure 4.





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Figure 5.

