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**Chrysin Ameliorates Chemically Induced Colitis in the Mouse Through  
Modulation of a PXR/NF- $\kappa$ B Signaling Pathway**

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**Running title page**

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CCR2, chemokine receptor 2; Cdx2, caudal-related homeodomain transcription factor 2; Cox2, cyclooxygenase 2; CYPs, cytochromes P450; DSS, dextran sodium sulfate; ELISA, enzyme linked immunosorbent assay; GSTs, glutathione S-transferase; PXR, pregnane x receptor; IBD, inflammatory bowel disease; ICAM-1, Intercellular adhesion molecule-1; IL-6, interleukin 6; INOS, inducible NO synthase; LPS,

lipopolysaccharide; MCP-1, monocyte chemotactic protein-1; MDR1, multidrug resistance 1; MPO, myeloperoxidase; MRP2, multidrug resistance protein 2; NF- $\kappa$ B, nuclear transcription factor kappa B; OATP2, organic anion transporting polypeptide 2; PCN, pregnenolone-16 $\alpha$ -carbonitrile; PPAR $\gamma$ , peroxisome proliferator-activated receptor- $\gamma$ ; qRT-PCR, quantitative reverse transcriptase polymerase chain reaction; RNAi, RNA interference; TNBS, trinitrobenzene sulfonic acid; TNF- $\alpha$ , tumor necrosis factor-alpha; UGTs, UDP-glucuronosyltransferases;

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## ABSTRACT

Targeted activation of pregnane X receptor (PXR) in recent years has become a therapeutic strategy for inflammatory bowel disease (IBD). Chrysin is a naturally occurring flavonoid with anti-inflammation activity. The current study investigated the role of chrysin as a putative mouse PXR agonist in preventing experimental colitis. Pre-administration of chrysin ameliorated inflammatory symptoms in mouse models of colitis (DSS- and TNBS-induced) and resulted in down-regulation of NF- $\kappa$ B target genes (iNOS, ICAM-1, MCP-1, Cox2, TNF- $\alpha$  and IL-6) in the colon mucosa. Chrysin inhibited the phosphorylation/degradation of I $\kappa$ B $\alpha$ , which correlated with the decline in the activity of myeloperoxidase (MPO) and the levels of TNF- $\alpha$  and IL-6 in the colon. Consistent with the *in vivo* results, chrysin blocked LPS-stimulated nuclear translocation of NF- $\kappa$ B p65 in mouse macrophage RAW264.7. Furthermore, chrysin dose-dependently activated human/mouse PXR in reporter gene assays and up-regulated xenobiotic detoxification genes in the colon mucosa, but not in the liver. Silencing of PXR by RNAi demonstrated necessity of PXR in mediating chrysin's ability to induce xenobiotic detoxification genes and NF- $\kappa$ B inactivation. The repression of NF- $\kappa$ B transcription activity by chrysin was confirmed by *in vitro* PXR transduction. These findings suggest the effect of chrysin in preventing chemically induced colitis is mediated in large part by a PXR/NF- $\kappa$ B pathway. The data also suggest that chrysin or chrysin-like flavonoids could be further developed as intestine-specific PXR activators.

## Introduction

Pregnane x receptor (PXR), a ligand-activated transcription factor and master regulator of xenobiotic metabolism and intestinal immune homeostasis, is abundantly expressed in the intestine and liver of mammals and rodents (Fiorucci et al., 2012). More recently, PXR has been implicated in the pathogenesis of IBD, a chronic inflammation of the intestinal tract (Langmann et al., 2004; Cheng et al., 2010). Upon activation, PXR behaves as a xenosensor and regulates a battery of genes encoding metabolism enzymes (e.g., CYPs, UGTs and GSTs) and xenobiotic transporters (e.g., MDR1, MRP2 and OATP2). Attenuated activation of PXR target genes, such as the xenobiotic transporters MDR1 (ABCB1), leads to a less compact epithelial barrier (Ma et al., 2007). Therefore, impaired PXR function may lead to less effective induction of MDR1 and export of harmful substances that originate from bacteria, diet, and pollutants (Langmann et al., 2004; Elias and Mills 2007). For instance, there was a significant down-regulation of PXR and reduced expression of drugs metabolism enzymes and xenobiotic transporters in the colon of IBD patients, suggesting a role of PXR and its target genes in the pathogenesis of IBD (Blokzijl et al., 2007; Mencarelli et al., 2010). In addition, PXR was shown to be a key regulator of inflammation in hepatocytes and in the intestine. PXR activation inhibited the activity of NF- $\kappa$ B and the expression of its target genes (Shah et al., 2007). Recent studies have demonstrated that IBD therapeutic drugs that typically activate PXR, such as rifaximin, inhibited NF- $\kappa$ B and its target genes, such as iNOS, ICAM-1, CCR2, MCP-1, TNF- $\alpha$  and several interleukines (Ma et al., 2007; Cheng et al., 2010). Our

previous study indicated that natural flavonoid baicalein ameliorated DSS-induced colitis via a Cdx2-mediated PXR activation mechanism(Dou et al., 2012).

Chrysin (5,7-dihydroxyflavone), a naturally occurring flavonoid in many plant extracts, honey and propolis, has been used as a traditional anti-inflammatory and anti-cancer remedy for centuries (Woo et al., 2005). A recent investigation suggested that chrysin co-administration ameliorated inflammatory symptoms in a mouse model of DSS-induced colitis and blocked NF- $\kappa$ B activation in intestinal epithelial IEC-6 cells (Shin et al., 2009). In the past, chrysin was demonstrated to be a human PXR ligand *in vitro* (Sugatani et al., 2004). However, the ability of chrysin to activate PXR *in vivo* and its resulting phenotype remains unknown. Based on the key role PXR plays in intestinal inflammation, we investigated the effect of chrysin in PXR activation and evaluated PXR/NF- $\kappa$ B signaling pathway in ameliorating DSS- and TNBS-induced colitis.

### Materials and Methods

**Materials.** Chrysin (5,7-dihydroxyflavone, C<sub>15</sub>H<sub>10</sub>O<sub>4</sub>, MW 254.24, HPLC $\geq$ 98%) was obtained from Shanghai R&D Center for Standardization of Traditional Chinese Medicine, Shanghai, China. Mouse macrophage RAW264.7 cells, human colorectal carcinoma HT-29 cells and human hepatocyte carcinoma HepG2 cells were purchased from ATCC (Manassas, VA, USA). All cells were cultured in DMEM supplemented with 10% fetal bovine serum under 5% CO<sub>2</sub> at 37 °C. For *in vivo* studies, chrysin stock solution was prepared in 0.5% methylcellulose and administered to mice at a

dose of 25 mg/kg/day by oral gavage. As vehicle control, all mice received an equivalent volume (compared to experimental groups) of 0.5% methylcellulose solution. Healthy 8-week-old female C57BL/6 mice ( $20 \pm 2$  g) were obtained from Shanghai Laboratory Animal Center and studies performed in accordance with the guidelines approved by the Animal Ethics Committee of Shanghai University of TCM (SHUTCM). All mice were housed under a specific pathogen-free facility at SHUTCM with free access to standard laboratory chow and tap water.

**DSS-induced Colitis.** 8-week-old female C57BL/6 mice were placed into four groups ( $n \geq 10$  per group) in the DSS-induced IBD study: Group 1, vehicle controls were administered 100  $\mu$ l of 0.5% methylcellulose by oral gavage once per day; Group 2, chrysin at a dose of 25 mg/kg of body weight via oral gavage once per day; Group 3, 100  $\mu$ l of 0.5% methylcellulose by oral gavage once per day and 4% DSS (MW 36000-50000, MP Biomedicals, Solon, OH) in drinking water from d 4 to d 10; Group 4, received chrysin by oral gavage (25 mg/kg of body weight) 3 days prior to DSS treatment and continued to the end of DSS treatment.

**TNBS-induced Colitis.** 8-week-old female C57BL/6 mice were placed into four groups ( $n = 10$  per group) in the TNBS-induced IBD study: Group 1 and group 2 refer to DSS-induced IBD model; Group 3, 100  $\mu$ l of 0.5% methylcellulose by oral gavage once per day and 2 mg (in 100  $\mu$ l of 50% ethanol) of TNBS (Sigma-Aldrich, USA) was administered intrarectally to fasted and anesthetized mice via a catheter inserted 3cm proximally to the anus on day 4; Group 4, received chrysin by oral gavage (25 mg/kg of body weight) 3 days prior to TNBS administration and continued to the end

of the study (d 10).

**Colitis Evaluation.** Mice were monitored daily for the signs of body movement, weight, diarrhea and bloody stool. Bloody diarrhea events were evaluated clinically by inspection of anal discharge and a percent value was determined based on the number of animals with this condition at any given point of time (Wallace et al., 2010). Animals were sacrificed by cervical dislocation under anaesthesia. The entire colon was excised and placed on the ice plate and cleaned of fat and mesentery. The length of each colon specimen was measured. The distal colons were taken and fixed in 10% buffered formalin for 24 h at room temperature and embedded in paraffin and stained with hematoxylin-eosin (H&E) for histological evaluation. Histological scoring was performed in a blinded fashion by two pathologist (L. G., M. H.) as a combined score of inflammatory cell infiltration (score 0–3) and tissue damage (score 0–3) as described previously (Siegmond *et al.*, 2001; Wallace et al., 2010; Dou et al., 2012). The two sub-scores were added and the combined histologic score ranged from 0 (no changes) to 6 (extensive cell infiltration and tissue damage).

**Western Blot Analysis.** Colon tissues were disrupted by homogenization on ice and centrifuged at 4°C (12,000 g, 15 min). The supernatants were collected and protein concentrations were determined. Equal amounts of protein (40 µg/lane) were separated on 10% SDS-PAGE and transferred to nitrocellulose membrane. Membranes were blocked in 5% skim milk and incubated with antibodies against PXR (ab85451, Abcam), phospho-p65 (#3033, 1:1000, Cell Signaling Technology Inc, Beverly, MA), phospho-IκBα (#2859, 1:1000, Cell Signaling), IκBα (#4812, 1:1000,



Cell Signaling), and  $\beta$ -actin (#4970, 1:2000, Cell Signaling), respectively. Blots were incubated with horseradish peroxidase conjugated secondary antibodies (Santa Cruz). Blots were developed by ECL detection reagents (Amersham). The protein bands were quantified by the average ratios of integral optic density (IOD) following normalization to  $\beta$ -actin expression.

**RNA Analysis.** RNA was extracted from colon and liver samples using TRIzol reagent (Invitrogen, CA, USA). Quantitative real-time PCR (qPCR) was performed using cDNA generated from 3  $\mu$ g total RNA with the SuperScript II Reverse Transcriptase kit (Invitrogen). The primer sequences used in PCR amplification are as follows: 5'-

GATGAAAGAAAGTCGCCTCG-3'/5'-GCTGGACATCAGGGTGAGTG-3' for hCyp3a4,

5'-AGCCCATCCTGTTTGACTGC-3'/5'-TGTATGTTGGCCTCCTTTGC-3' for hMdr1,

5'-GGAAATCGTGCGTGACATTA-3'/5'-TCAGGCAGCTCGTAGCTCTT-3' for h $\beta$ -actin,

5'-TGGAGATGGAATACCTGGAT-3'/5'-GAATCATCACTGTTGACCCT-3' for mCyp3a11,

5'-TGTGATTGCGTTTGGAGGAC-3'/5'-CCATACCAGAATGCCAGAGC-3' for mMdr1a,

5'-GGGAATCTTGGAGCGAGTTG-3'/5'-GTGAGGGCTTGCTGAGTGA-3' for miNOS,

5'-CGCTGTGCTTTGAGAACTGT-3'/5'-AGGTCCTTGCCTACTTGCTG-3' for  
mICAM-1,

5'-AAGTTGACCCGTAAATCTGA-3'/5'-TGAAAGGGAATACCATAACA-3' for  
mMCP-1,

5'-GAAGTCTTTGGTCTGGTGCCT-3'/5'-GCTCCTGCTTGAGTATGTTCG-3' for  
mCox2,

5'-ACCACGGCCTTCCCTACTTC-3'/5'-CATTTCCACGATTTCCAGA-3' for  
mIL-6,

5'-CGTGGAAGTGGCAGAAGAGG-3'/5'-AGACAGAAGAGCGTGGTGGC-3' for  
mTNF- $\alpha$ ,

5'-CAGCCTTCCTTCTTGGGTAT-3'/5'-TGGCATAGAGGTCTTTACGG-3' for  
m $\beta$ -actin. PCR reactions were carried out using SYBR Premix ExTaq Mix (Takara  
Biotechnology, Japan) in an ABI Prism 7900HT Sequence Detection System (Applied  
Biosystems, CA). Thermal cycler parameters were as follows: 1 cycle of 95°C for 30s,  
40 cycles of denaturation (95°C, 5s) and combined annealing/extension (60°C, 30s).  
Gene expression changes were calculated by the comparative Ct method and the  
values were normalized to endogenous reference  $\beta$ -actin.

**Determination of TNF- $\alpha$  and IL-6 Levels.** Colon segments were homogenized in  
ice-cold PBS. The homogenates were centrifuged at 3,000 g for 10 min and the  
supernatants were assayed for the determination of levels of the cytokines. The level  
of each cytokine was evaluated using ELISA kits according to the manufacturer's  
protocols (R&D systems, Minneapolis, MN, USA) and the results are expressed in

pg/mg of protein in each sample.

**Determination of MPO Activity.** Tissue MPO activity, which is linearly related to neutrophil infiltration in inflamed tissue, was assayed to monitor the degree of inflammation. MPO activity was measured in pieces of colon adjacent to the instillation point according to manufacturer's instructions (CytoStore, Alberta, Canada). MPO activity is expressed as units/mg of protein.

**NF- $\kappa$ B Nuclear Translocation Immunofluorescence.** RAW264.7 cells were seeded in 8-chamber slides (BD Biosciences, Bedford, MA) at a density of  $5 \times 10^4$  cells per well. Cells were allowed to adhere at 37°C overnight and chrysin (50  $\mu$ M) was added to the cells for 2 h. Then, cells were overnight stimulated with LPS (2  $\mu$ g/ml, Sigma-Aldrich, MO, USA) and fixed with 4% paraformaldehyde solution at 20°C for 10 min. After washing in PBS, cells were permeabilized with 0.3% Triton X-100 in PBS at room temperature for 20 min. After incubation in blocking buffer of 0.1% Triton X-100, 1% BSA, and 3% donkey serum, cells were then incubated with rabbit NF- $\kappa$ B p65 antibody (#8242, 1:50, Cell Signaling) at 4°C overnight and further incubated with Alexa Fluor 488-conjugated anti-rabbit IgG (A-21206, 1:500, Invitrogen) at room temperature for 45 min. 1  $\mu$ g/ml of Dapi (Invitrogen) in PBS was added to stain the nuclei. Fluorescence photographs were obtained using an Olympus CKX41 fluorescence microscope.

**PXR Transactivation Reporter Assay.** HT-29 cells were maintained and transiently transfected using Lonza Nucleofector II instrument (Amaxa Biosystems, Germany) as previously described (Dou et al., 2012). Receptor constructs contained

coding sequences for human PXR (pSG5-hPXR) and mouse PXR (pCMV-mPXR) (Dou et al., 2012). The reporter used was CYP3A4-luciferase (pGL3-CYP3A4-Luc[(-444/+53)(-7836/-7208)], Genscript Corp., NJ, USA). The receptors were transfected in combination with the reporter. After electroporation, cells were incubated with chrysin (1.56, 3.12, 6.25, 12.5, 25, 50, 75, 100 and 125  $\mu$ M). Cell lysates were assayed for luciferase activity after compound treatment for 24 h. Results were expressed as fold induction of control cells.

**Chrysin on PXR-mediated NF- $\kappa$ B Repression Reporter Assay.**  $1 \times 10^6$  HT-29 cells were electroporated with pGL4.32[luc2P/NF- $\kappa$ B-RE/Hygro] reporter (Promega, WI, USA) alone or co-electroporated with pCMV-mPXR and pRL-TK using Lonza Nucleofector II instrument. The pGL4.32 reporter is a NF- $\kappa$ B reporter vector containing NF- $\kappa$ B response elements and firefly luciferase gene. After overnight incubation, cells were incubated with chrysin (0, 1, 50 and 100  $\mu$ M) for 2 h followed by an additional incubation with or without TNF- $\alpha$  (20 ng/ml, Cell signaling) for 5 hours. A standard dual luciferase assay was performed with cell lysates as described and results were expressed as fold induction of control cells (Dou et al., 2012).

**PXR Silencing.**  $1 \times 10^6$  HepG2 cells were electroporated with PXR siRNA (h) (Santa Cruz Biotechnology, sc-44057) targeting the human PXR mRNA. Control siRNA (Santa Cruz Biotechnology, sc-37007), a non-targeting siRNA, was used as a negative control. After transfection, cells were incubated with chrysin at a 50  $\mu$ M final concentration for 2 h followed by an additional incubation with or without TNF- $\alpha$  (20 ng/ml, Cell signaling) for 5 hours. At the end of the incubation, cells were

rinsed, scraped and used in qRT-PCR or western blot studies as described above.

**Statistical Analysis.** The data were analyzed using a SPSS 16.0 statistical package. Multiple comparisons were performed by one-way analysis of variance (ANOVA) followed by LSD t-test. A value of  $p < 0.05$  was considered statistically significant, and all results are presented as the mean  $\pm$  SD.

## Results

**Chrysin Administration Attenuated DSS-induced Colitis.** A previous study demonstrated the therapeutic effect of chrysin on DSS-induced IBD (Shin et al., 2009). To assess whether or not chrysin would also provide protection to the same IBD model, we added dextran sulfate sodium (MW 36000-50000, MP Biomedicals, Solon, OH) into the drinking water to induce the acute colitis in mice. The inflammation was mainly localized to the colon with features resembling human ulcerative colitis. There was no weight loss observed in mice receiving vehicle or chrysin alone (groups 1 and 2, respectively). The body weight of mice in group 3 dramatically decreased from d 3 onwards following DSS treatment. The mice receiving both DSS and chrysin (group 4) exhibited less significant weight loss than did the group 3 mice (Fig. 1A). Diarrhea symptoms appeared on or shortly after d 3. From d 3 to d 7, all the mice in the DSS-only treatment (group 3) experienced both diarrhea and bloody diarrhea, whereas none of the mice receiving vehicle or chrysin alone (groups 1 and 2, respectively) exhibited diarrhea at any point during the study. By the end of IBD study, all the group 3 mice were euthanized under anaesthesia due to critical weight loss and bloody

diarrhea. In contrast, the mice receiving both DSS and chrysin (group 4), exhibited less diarrhea and bloody diarrhea than did the group 3 mice (Fig. 1B). Colon shortening is an indirect marker of colonic inflammation (Okayasu et al., 1990). After 7 days of treatment with DSS in drinking water, there was a significant shortening of the colon length of mice in group 3 compared with the mice receiving both DSS and chrysin. This indicates that the oral administration of chrysin significantly ameliorated the symptom of colon shortening (Fig. 1C). Examination and scoring of colonic samples from each group established that chrysin protected mucosal epithelium from DSS-induced damage (Fig. 1D and 1E). Mice treated with vehicle or chrysin alone exhibited intact crypt-villus structures and epithelial layer. DSS administration resulted in a paucity of intact crypt-villus structures and large inflammatory exudates across the thickness of the bowel wall. By contrast, chrysin administration to DSS-exposed mice resulted in significant protection of the colon crypt structures and less severe histologic inflammation.

**Direct Inhibition of NF- $\kappa$ B Activity *in vivo* and *in vitro*.** NF- $\kappa$ B is the key regulator of the immune and inflammatory responses (Zhou et al., 2006). As a transcription factor, NF- $\kappa$ B controls an array of pro-inflammatory genes involved in inflammatory signaling cascade (Zhang et al., 2009). We hypothesized that the anti-inflammatory effect of chrysin in response to DSS-induced colitis, correlated with the blockade of NF- $\kappa$ B activation. A significant increase in the protein expression of phospho-p65 was observed in colonic tissues of DSS-induced model group (Fig. 2A and 2B). Furthermore, the degradation and phosphorylation of I $\kappa$ B $\alpha$

was induced in colonic tissues of DSS-exposed mice compared with mice control. By contrast, administration of chrysin reduced phospho-p65 expression in DSS-induced colitis, and the phosphorylation/degradation of I $\kappa$ B $\alpha$  was effectively suppressed. Consistent with the *in vivo* data, chrysin (50  $\mu$ M) inhibited NF- $\kappa$ B p65 nuclear translocation as indicated in LPS-stimulated mouse macrophage RAW264.7 cells (Fig. 2C). These results indicated that chrysin significantly inhibited NF- $\kappa$ B activity in DSS-induced colitis by suppressing I $\kappa$ B $\alpha$  phosphorylation/degradation and blocking NF- $\kappa$ B p65 nuclear translocation.

**Chrysin Activated Human/Mouse PXR and Up-regulated PXR Target Genes in the Colon.** A previous study indicated chrysin activates human PXR and induces UGT1A1 promoter in a cell-based reporter assay (Shin et al., 2009). We hypothesized that chrysin could also activate mouse PXR and induce Cyp3a11 promoter. A transient transfection luciferase reporter assay was performed in colonic HT-29 cells to evaluate the effect of chrysin on human PXR- and mouse PXR-mediated CYP3A4 transcription activity, respectively. As expected, chrysin activated both human and mouse PXR and induced CYP3A4 promoter activity in a dose-dependent manner (Fig. 3A). In addition, cell viability results showed less significant cytotoxicity of chrysin on the growth of transiently transfected HT-29 cells (Fig. 3B). Consistent with PXR-transactivation results, mRNA expression of mouse PXR target genes Cyp3a11 and Mdr1 was remarkably up-regulated in the colon, but not in the liver of mice exposed to chrysin (Fig. 3C and 3D). These results indicated chrysin is an activator of both human and mouse PXR, and activates PXR in an intestine-specific manner.

**Inhibition of NF- $\kappa$ B by Chrysin was Mediated by Mouse PXR Expression.** To determine the role of mouse PXR on the repression of NF- $\kappa$ B signaling by chrysin, HT-29 cells were electroporated with a NF- $\kappa$ B-luciferase reporter alone or co-electroporated with pCMV-mPXR and pRL-TK. After transfection, cells were incubated with vehicle or chrysin (1, 50 and 100  $\mu$ M) for 2 h followed by an additional incubation with or without TNF- $\alpha$  (20 ng/ml, Cell signaling) for 5 hours. In cells transfected with NF- $\kappa$ B reporter alone, TNF- $\alpha$  significant induced NF- $\kappa$ B luciferase expression, while chrysin had no effect on basal NF- $\kappa$ B luciferase, and coincubation of chrysin (100  $\mu$ M) significantly repressed TNF- $\alpha$ -stimulated NF- $\kappa$ B luciferase expression as compared to the TNF- $\alpha$  alone treatment cells (Fig. 3E). Compared with cells transfected with NF- $\kappa$ B reporter alone, TNF- $\alpha$ -stimulated NF- $\kappa$ B luciferase expression was significantly repressed after co-transfection with pCMV-mPXR, confirming the direct role of mouse PXR expression on NF- $\kappa$ B inhibition. Furthermore, the addition of chrysin (50, 100  $\mu$ M) potentiated the repression in a dose-dependent manner (Fig. 3E). We hypothesized that the significant inhibition of TNF- $\alpha$ -stimulated NF- $\kappa$ B luciferase expression under chrysin (100  $\mu$ M) treatment in the absence of pCMV-mPXR transfection might be caused by basal expression of human PXR in HT-29 cells because chrysin was also demonstrated to be a human PXR activator in the current study (human PXR transactivation assay). These results suggested that PXR-mediated NF- $\kappa$ B suppression might be the mechanism by which chrysin provides protection to DSS-induced IBD.

**Chrysin Inhibited NF- $\kappa$ B Target Genes Expression in the Colon.** NF- $\kappa$ B is the



central transcription factor in the regulation of pro-inflammatory cytokines and chemokines. To elucidate the impact of chrysin on NF- $\kappa$ B signaling, we investigated the expression levels of representative downstream signaling genes involved in NF- $\kappa$ B activation. qPCR analyses of several NF- $\kappa$ B target genes were carried out. The results showed that mRNA expression of iNOS, ICAM-1, MCP-1, Cox2, TNF- $\alpha$  and IL-6 was remarkably induced in inflamed colons of mice exposed to DSS (group 3). By contrast, the increase in inflammatory mediators following DSS treatment was significantly decreased in mice receiving chrysin administration (Fig. 4A-F). The results indicated that chrysin ameliorated DSS-induced colitis through NF- $\kappa$ B signaling repression.

**Effects of Chrysin on Detoxification Genes and NF- $\kappa$ B Activity were Abrogated by PXR Silencing.** Previous studies have shown that inflammation-driven NF- $\kappa$ B activation reduces PXR signaling and decreases hepatic CYP expression, whereas, PXR activation inhibited the activity of NF- $\kappa$ B and the expression of its target genes (Zhou, et al., 2006; Shah et al., 2007). To explore the mechanistic involvement of PXR in the effect exerted by chrysin, PXR gene expression was silenced by anti-PXR siRNA. We use human hepatocyte carcinoma HepG2 cells to assess the effects of chrysin due to the abundant expression of PXR and its target genes in HepG2 cells. As shown in Fig. 5A (upper panel), treatment of HepG2 cells with an anti-PXR siRNA markedly abrogated the expression of PXR. Exposure of HepG2 cells to TNF- $\alpha$  caused a significant increase in the protein expression of phospho-p65 as well as a significant degradation of I $\kappa$ B $\alpha$  protein, and these effects

were prevented by co-treatment with chrysin (Fig. 5A, lower panel, and 5B). In addition, a robust reduction in the mRNA expressions of Cyp3a4 and Mdr1 was observed in HepG2 cells exposed to TNF- $\alpha$ , this effect was reverted by co-treatment with chrysin (Fig. 5C and 5D). Thus, chrysin effectively enhanced the expression of PXR target genes and decreased the activity of NF- $\kappa$ B in HepG2 cells exposed to TNF- $\alpha$ . However, silencing the expression of PXR by an anti-PXR siRNA almost completely abrogated the ability of chrysin to counteract the effects of TNF- $\alpha$  (Fig. 5A-D). These results indicated that the effects of chrysin in the up-regulation of PXR target genes and in the suppression of NF- $\kappa$ B activity were mediated by PXR expression.

**Chrysin Reduced the Production of TNF- $\alpha$  and IL-6 in the Inflamed Colon.** A significant increase in the content of TNF- $\alpha$  and IL-6 was observed in mice exposed to DSS (group 3) as compared to control mice (group 1 and group 2). Treatment with chrysin resulted in a reduction in the levels of TNF- $\alpha$  and IL-6 in mice exposed to DSS (group 4) compared with mice receiving DSS alone (group 3) (Table 1). The data indicated that the protective effect for chrysin in DSS-induced colitis was correlated with the repression of pro-inflammatory cytokines.

**Chrysin Decreased the Activity of MPO in the Inflamed Colon.** MPO activity, a marker for leukocyte infiltration into the inflamed tissue, was low in the colonic tissues of control mice (group 1 and group 2) and markedly ( $P < 0.001$ ) increased in mice with DSS-induced colitis (Table 1). These results confirmed with the histological assessment which showed increased leukocyte infiltration in

DSS-induced colitis mice. The increased MPO activity in mice with DSS-induced colitis was significantly reduced after administration of chrysin.

**Chrysin Administration Attenuated TNBS-induced Colitis.** To confirm the results from DSS-induced colitis model, we tested the effect of chrysin on some parameters of colitis induced by TNBS, which constitutes a Crohn's disease model. Rectal administration of TNBS dissolved in ethanol induced severe colitis in mice that was characterized by weight loss and diarrhea. Treatment with chrysin, once a day, starting 3 days before TNBS administration, significantly reduced body weight loss, ameliorated histological damage and improved colon morphology (Fig. 6A-D).

### Discussion

Although the etiology of IBD remains unknown, evidence suggests a complex interplay of intestine commensal bacteria and host immune defense in maintaining healthy homeostasis of the intestine tract (Medina-Contreras et al., 2011). Especially, recent studies of the xenobiotic sensor nuclear receptor, PXR, and the inflammatory key mediator NF- $\kappa$ B, have revealed a functional link between xenobiotic neutralization and inflammation and explain how certain xenobiotics can affect the immune response (Zhou et al., 2006).

Activated PXR functions as a xenosensor and regulates the expression of xenobiotics oxidation (e.g., CYPs) and conjugation (e.g., UGTs and GSTs) enzymes, and transporters (e.g., MDR1, MRP2 and OATP2), involved in the metabolism and elimination of potentially harmful chemicals from the body (Chen et al., 2012). PXR

is a major regulator of Cyp3a4, a human homolog of rodent Cyp3a11, and mainly expressed in the adult hepatointestinal system (Gu et al., 2006). It is estimated that Cyp3a4 is responsible for the metabolism of over 50 % of drugs in use today. PXR and its target genes are critical components in intestinal barrier function against xenobiotics and bacteria. For example, PXR and Mdr1 were down-regulated in the colon of IBD patients (Blokzijl et al., 2007), mice with a genetic deficiency in Mdr1a developed spontaneous colitis (Panwala et al., 1998), and humans with single-nucleotide polymorphisms in PXR gene were associated with a decrease in PXR activity and an increase in susceptibility to IBD (Dring et al., 2006). Our previous study showed that PXR activation was linked to the up-regulation of Cyp3a11 and Mdr1 in the intestine and reduced susceptibility to DSS-induced colitis (Dou et al., 2012). In the current study, chrysin activates both human and mouse PXR in a dose-dependent manner, and consequently, we observed a up-regulation of PXR target genes including Cyp3a11 and Mdr1 in the colon mucosa, but not in the liver, suggesting its gut-specific activation manner. The minimal effect of chrysin on liver PXR, was probably related to its poor absorption (Walle, et al., 2001). Since PXR is abundantly expressed in the hepatointestinal system, it is noteworthy that activating PXR in the intestine but not in the liver has clinical benefit for maintaining healthy intestinal barrier, whereas avoiding drug-drug interaction due to altered metabolism profile of drug metabolism enzymes and transporters in the liver (Ma et al., 2007). Further studies should consider the extensive compound metabolism mode and the pharmacokinetics of the CYP3A substrate in order to elucidate the intestine-specific

PXR activation.

Recently, mutual suppression between PXR and NF- $\kappa$ B provided a potential molecular mechanism that links xenobiotic metabolism and inflammation (Xie and Tian, 2006; Zhou et al., 2006). Not only does activation of NF- $\kappa$ B inhibit PXR activity, but activation of PXR inhibits NF- $\kappa$ B activity and the expression of NF- $\kappa$ B target genes. For example, pregnenolone-16 $\alpha$ -carbonitrile (PCN), a rodent-specific PXR ligand, protected mice from DSS-induced colitis via NF- $\kappa$ B signaling suppression, indicating the potential value of PXR as a therapeutic target for IBD (Shah et al., 2007). Here we reported that mouse PXR expression inhibited NF- $\kappa$ B activity and the addition of chrysin enhanced the repression of NF- $\kappa$ B by PXR-transactivation assay. These data support the fact that ligand activation of PXR inhibits NF- $\kappa$ B activity (Zhou et al., 2006). The NF- $\kappa$ B nuclear translocation data performed in mouse macrophage RAW264.7 cells confirmed the role of chrysin in the inhibition of NF- $\kappa$ B. To further explore the mechanistic involvement of PXR in the action of chrysin, PXR gene expression was silenced by anti-PXR siRNA. We have observed that exposure to TNF- $\alpha$  reduced the expression of PXR-regulated cellular detoxification genes and increased NF- $\kappa$ B activity in human hepatocyte carcinoma HepG2 cells, whereas, these effects were effectively counter-regulated by that co-treatment with chrysin. Interestingly, the regulatory effect of chrysin was lost in cells lacking the expression of PXR, which indicating a key role for PXR in chrysin effect. Consistent with the *in vitro* data, *in vivo* evaluation of the protein expressions of phospho-p65, phospho-I $\kappa$ B $\alpha$  and I $\kappa$ B $\alpha$  suggested a direct role of chrysin on NF- $\kappa$ B inhibition.

Actually, pre-administration of chrysin not only inhibited NF- $\kappa$ B activity but also reduced the production of inflammatory cytokines (TNF- $\alpha$  and IL-6), reduced the activity of MPO, down-regulated inflammatory mediators (iNOS, Cox2, ICAM-1, etc.), and limited the inflammatory (histological) response. Consequently, these molecular changes resulted in a significant amelioration of DSS- and TNBS-induced colitis. Hence, in light of available literatures on PXR activation and NF- $\kappa$ B inhibition, our results support the hypothesis that chrysin appears to exert its effect in ameliorating DSS- and TNBS-induced colitis through PXR-mediated NF- $\kappa$ B inhibition.

Other pathways, distinct from PXR/NF- $\kappa$ B signaling pathway, are also involved in the pathogenesis of IBD. For instance, baicalein, a natural flavonoid, was shown abrogating DSS-induced colitis through the Cdx2/PXR pathway in our previous study (Dou et al., 2012). Adachi et al. showed that rosiglitazone, known as antidiabetic drug, decreased the severity of DSS-induced colitis via a PPAR $\gamma$  activation pathway (Adachi et al., 2006). Shinoda et al. showed that blockade of the Notch pathway contributed to the reduced severity of DSS-induced colitis (Shinoda et al., 2010). Recently, Shin et al. showed that co-administration of chrysin ameliorated the severity of DSS-induced colitis and antagonized the activity of NF- $\kappa$ B *in vitro* (Shin et al., 2009). Our study verifies this effect but goes further in providing a deeper molecular basis for such an observation. The present study demonstrated that chrysin behaved as a PXR ligand and decreased the susceptibility of mice to colitis (DSS- and TNBS-induced) via PXR-mediated NF- $\kappa$ B inhibition mechanism. The data suggest

that chrysin unlikely induces systemic drug interactions through PXR activation at dose used to abrogate intestinal inflammation in mice. In light of the intense attempt in the development of NF- $\kappa$ B inhibitors and the deleterious side effects due to the ubiquitous expression of NF- $\kappa$ B, the current study supports the rationale to explore intestine-specific PXR agonist as a therapeutic strategy for IBD due to its hepatointestinal abundant expression profile.

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### **Authorship Contributions**

*Participated in research design:* Dou and Mani.

*Conducted experiments:* L Zhang, E Zhang, Sun, and Ding.

*Contributed new reagents or analytic tools:* Chou and Wang.

*Perform data analysis:* Dou and J Zhang.

*Wrote or contributed to the writing of the manuscript:* Dou and Mani.

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**Footnotes:**

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### Legends for Figures

**Fig. 1.** Protective role of chrysin against DSS-induced colitis in mice. (A) Body weight changes following DSS induction of colitis. Data plotted as percentage of basal body weight. (B) The occurrence of bloody diarrhea. Mice were evaluated for the occurrence of bloody diarrhea following DSS administration. Data plotted as percentage of total mice on different point of time of DSS treatment. (C) Colon length. (D) Representative H&E-stained colon sections (Magnification 200 ×). (E) Histology score. DSS-induced IBD studies were repeated twice. Values were expressed as mean  $\pm$  SD of n = 20 mice in each group. \* p<0.05, \*\* P< 0.01, \*\*\* p<0.001 vs. DSS-treated group.

**Fig. 2.** The effects of chrysin on NF- $\kappa$ B repression *in vivo* and *in vitro*. (A) Mice (n = 6 per group) were sacrificed after 7 days of 4% DSS exposure, and total protein (40  $\mu$ g) from colon samples was loaded. Western blot was performed with phospho-p65 (#3033, 1:1000), phospho-I $\kappa$ B $\alpha$  (#2859, 1:1000) and I $\kappa$ B $\alpha$  (#4812, 1:1000) antibodies. One representative experiment from three independent experiments is shown. (B) Quantification of the phospho-p65, phospho-I $\kappa$ B $\alpha$  and I $\kappa$ B $\alpha$  protein expressions was performed by densitometric analysis of the blots. Data were expressed as the mean  $\pm$  SD of three independent experiments. (C) RAW264.7 cells were pretreated with or without chrysin (50  $\mu$ M ) for 2 h followed by an additional treatment by LPS (2  $\mu$ g/ml) for 12 h. NF- $\kappa$ B p65 localization was observed under a fluorescence microscope (magnification 200 $\times$ ) using an NF- $\kappa$ B p65 antibody (#8242, 1:50) followed by an

Alexa 488-conjugated detection antibody (A-21206, 1:500). n = 3. \* p < 0.05, \*\*\*P < 0.001 vs. DSS-treated group.

**Fig. 3.** The effects for chrysin in human/mouse PXR activation, mouse PXR target gene expression, and mouse PXR-mediated NF- $\kappa$ B repression. HT-29 cells were co-electroporated with CYP3A4 luciferase reporter and human or mouse receptor, respectively, as described in Methods. PXR transactivation assay (A) and Cell viability assay (B) were performed to determine the effects for chrysin in the activation of human/mouse PXR and in cell viability, respectively. The results were presented as relative light unit (RLU) and normalization was carried out. Data were expressed as mean  $\pm$  SD of quadruplicates of three independent experiments. mRNA expressions of Cyp3a11 (C) and Mdr1 (D) were assessed by qPCR in colon and liver samples isolated from mice (n = 6 per group) treated with vehicle or chrysin (25 mg/kg gavage). Expression was normalized to  $\beta$ -actin, and each bar represents the mean  $\pm$  SD of triplicates of two independent experiments. \*\*\* p<0.001 vs. vehicle control group. (E) Chrysin on PXR-mediated NF- $\kappa$ B repression reporter assay. HT-29 cells were electroporated with NF- $\kappa$ B luciferase reporter alone or co-electroporated with mouse PXR expression vector and along with pRL-TK. After transfection, cells were incubated with chrysin for 2 h followed by an additional incubation with or without TNF- $\alpha$  (20 ng/ml). A standard dual luciferase assay was performed with cell extracts and results were expressed as fold induction of control cells. Data were expressed as mean  $\pm$  SD of triplicates of three independent experiments. # P < 0.05 vs.

TNF- $\alpha$ -treated samples without mouse PXR transfection; \*  $p < 0.05$ , \*\*  $P < 0.01$  vs. TNF- $\alpha$ -treated samples with mouse PXR transfection.

**Fig. 4.** The effects of chrysin on mRNA expressions of NF- $\kappa$ B target genes in the colon of DSS-induced colitis mice. mRNA expressions of iNOS (A), ICAM-1 (B), MCP-1 (C), Cox2 (D), TNF- $\alpha$  (E) and IL-6 (F) was determined by qRT-PCR in colon samples isolated from mice ( $n = 6$  per group) treated with vehicle, chrysin, DSS or chrysin + DSS. Expression was normalized to  $\beta$ -actin, and each bar represents the mean  $\pm$  SD of triplicates of two independent experiments. \*  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\* $P < 0.001$  vs. DSS-treated group.

**Fig. 5.** The mechanistic involvement of PXR in the action exerted by chrysin. HepG2 cells were electroporated with PXR siRNA (h) (Santa Cruz Biotechnology, sc-44057) or control siRNA (Santa Cruz, sc-37007). After overnight incubation, cells were treated with chrysin (50  $\mu$ M) followed by an additional incubation with or without TNF- $\alpha$  (20 ng/ml). At the end of the incubation, cells were harvested and analyzed by qRT-PCR or western blot. Data are expressed as mean  $\pm$  SD of triplicates of two independent experiments. \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $P < 0.001$  vs. vehicle-treated wells; # $P < 0.05$ , ## $P < 0.01$ , ### $P < 0.001$  vs. TNF- $\alpha$ -treated wells.

**Fig. 6.** Protective role of chrysin against TNBS-induced colitis in mice. (A) Body weight changes following TNBS induction of colitis. Data plotted as percentage of



basal body weight. (B) Colon morphology. (C) Representative H&E-stained colon sections (Magnification 200 ×). (D) Histology score. TNBS-induced IBD studies were repeated twice. Values were expressed as mean ± SD of n = 20 mice in each group. \* p < 0.05, \*\* P < 0.01 vs. TNBS-treated group.

**Table 1.**

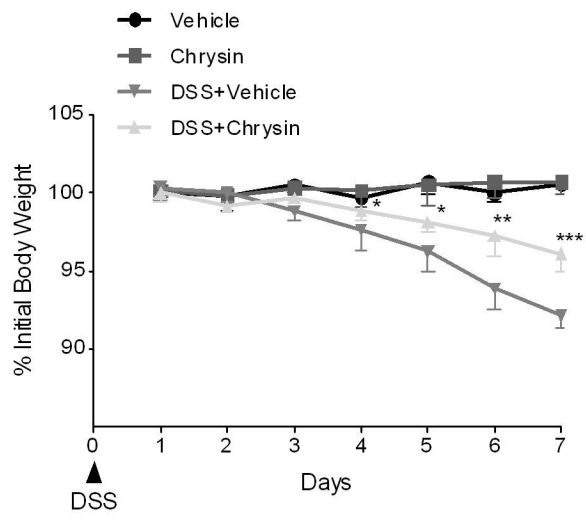
Effects of chrysin on MPO activity and the levels of TNF- $\alpha$  and IL-6 in DSS-induced colitis mice.

Group	TNF- $\alpha$ (pg/mg protein)	IL-6 (pg/mg protein)	MPO (U/mg protein)
Vehicle	14.6 $\pm$ 1.7	28.9 $\pm$ 2.3	3.7 $\pm$ 0.6
Chrysin	18.3 $\pm$ 1.2	33.2 $\pm$ 2.1	4.4 $\pm$ 0.3
DSS + Vehicle	127.4 $\pm$ 8.5 <sup>###</sup>	214.3 $\pm$ 17.9 <sup>###</sup>	26.8 $\pm$ 2.2 <sup>###</sup>
DSS + Chrysin	47.1 $\pm$ 2.7 <sup>***</sup>	89.4 $\pm$ 6.5 <sup>**</sup>	14.3 $\pm$ 1.9 <sup>**</sup>

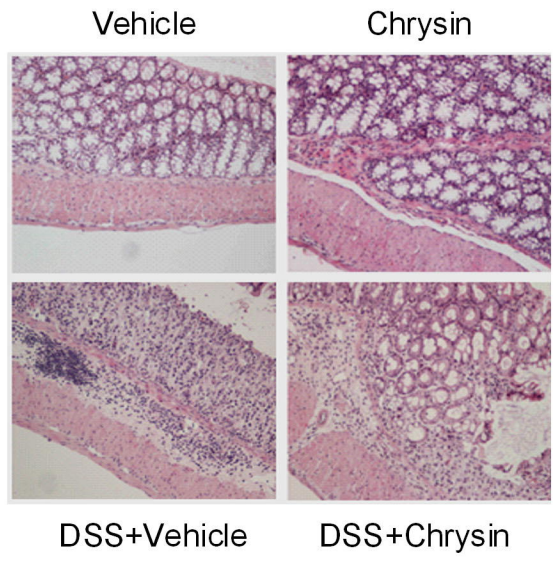
Colon segments from mice (n = 6 per group) were excised and homogenized. The supernatants were assayed for the determination of the activity of MPO and the levels of TNF- $\alpha$  and IL-6 as described in the Methods. Values are expressed as mean  $\pm$  SD of triplicates of two independent experiments. <sup>###</sup>p < 0.001 vs. vehicle-treated group, <sup>\*\*</sup> p < 0.01, <sup>\*\*\*</sup>P < 0.001 vs. DSS-treated group.

Figure 1

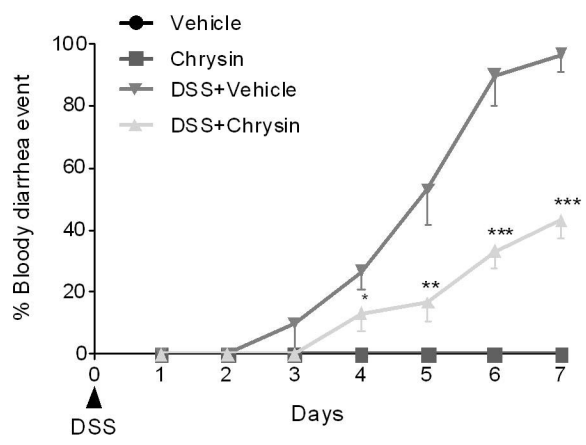
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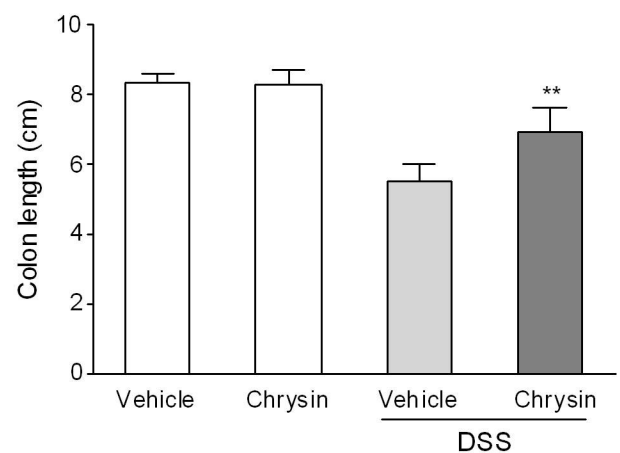
**D**



**B**



**C**



**E**

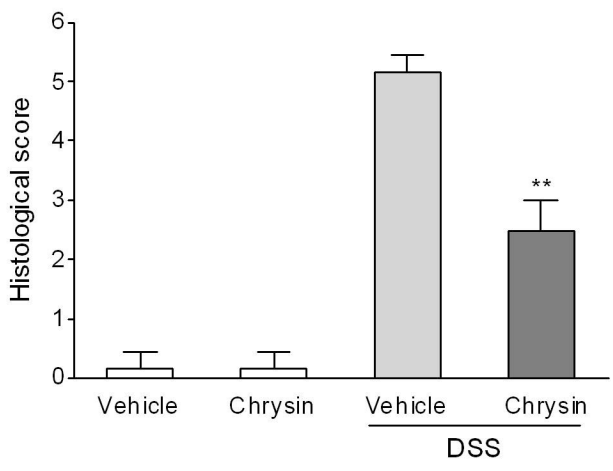
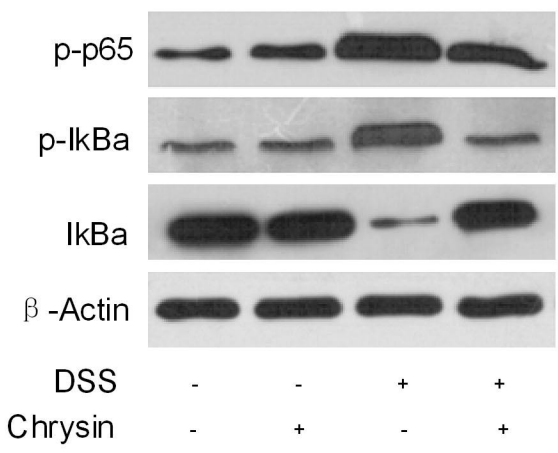
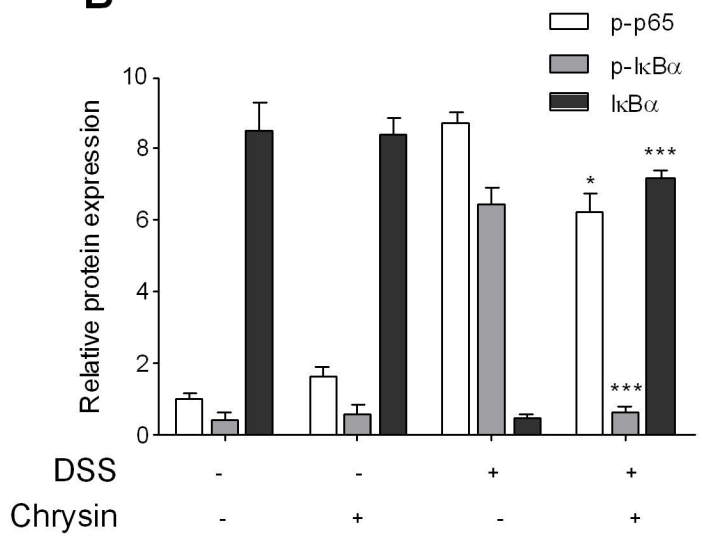


Figure 2

**A**



**B**



**C**

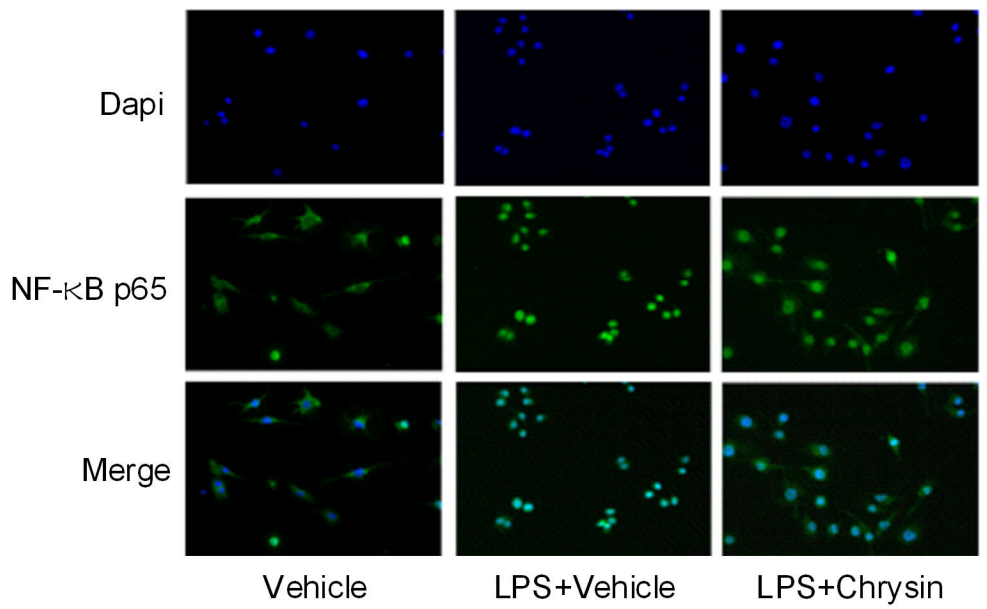


Figure 3

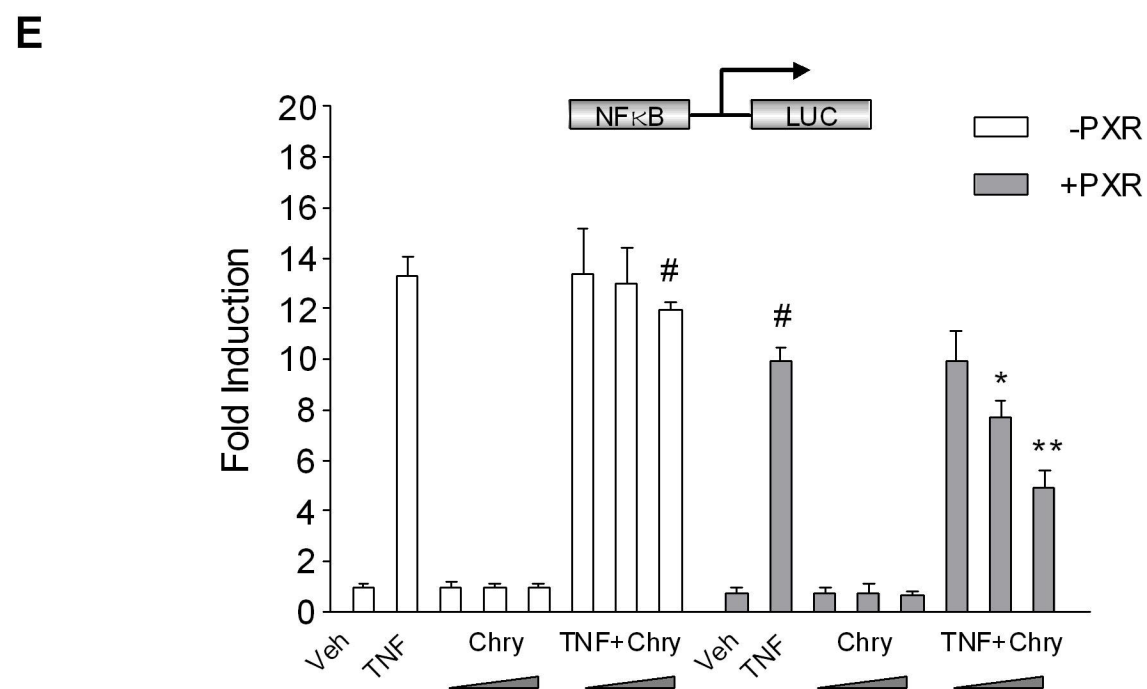
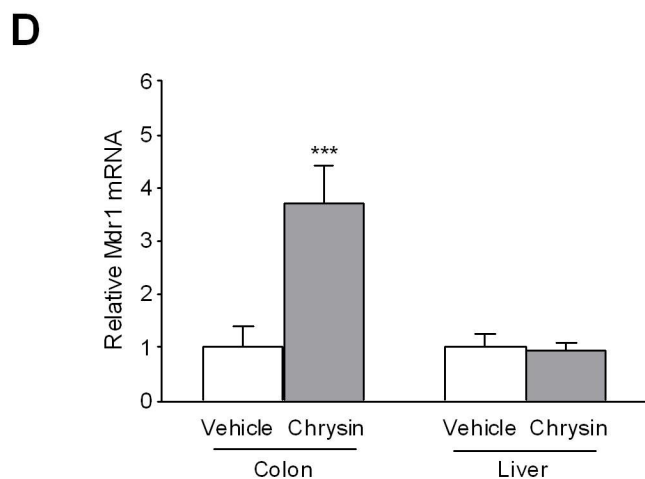
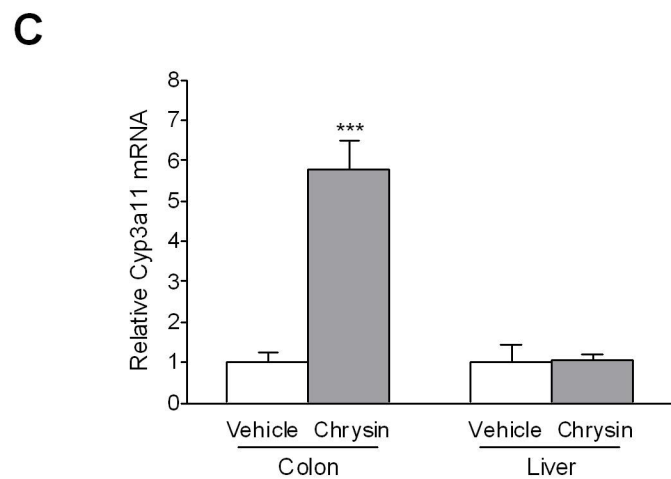
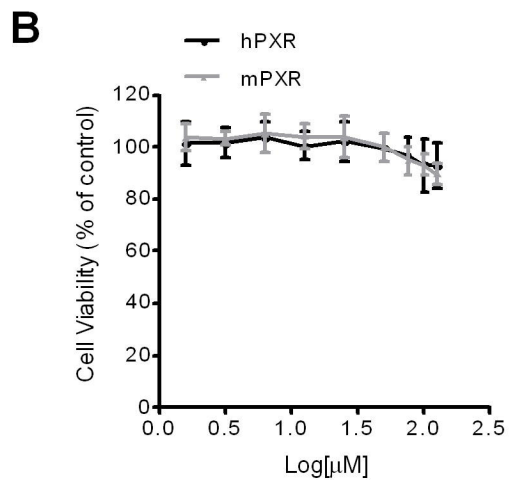
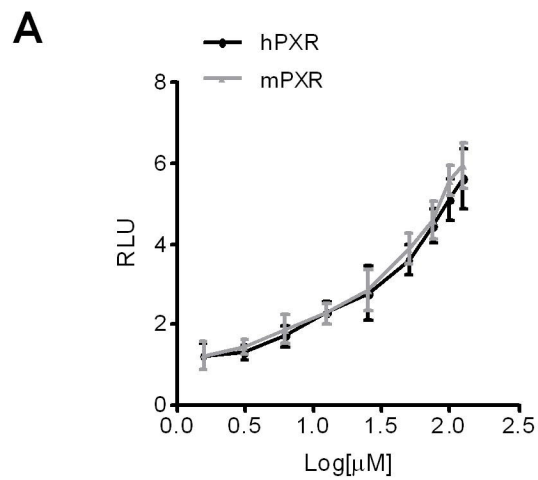


Figure 4

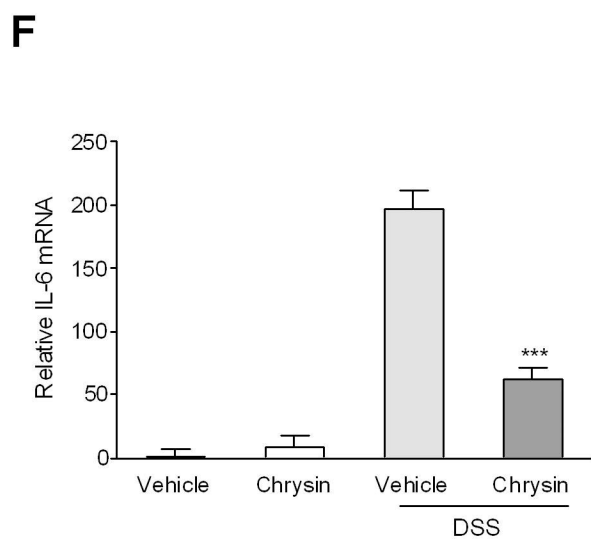
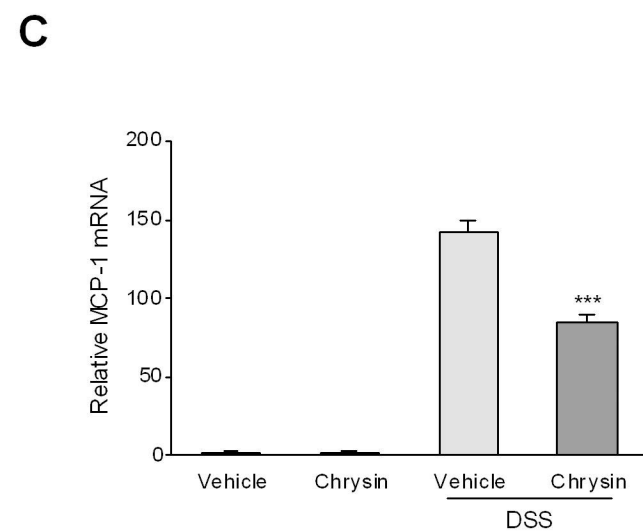
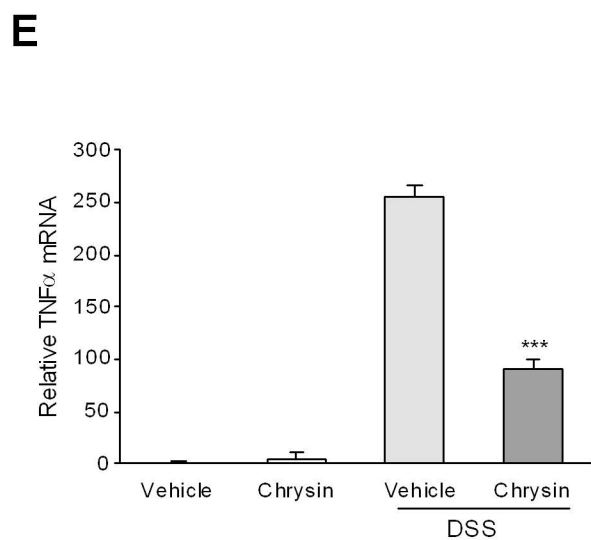
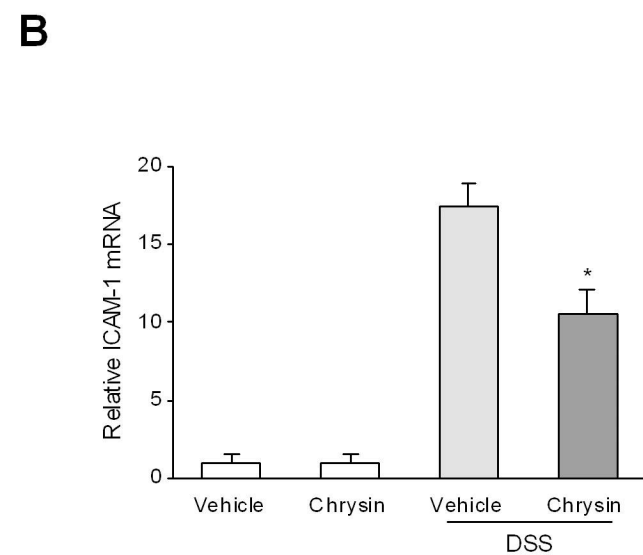
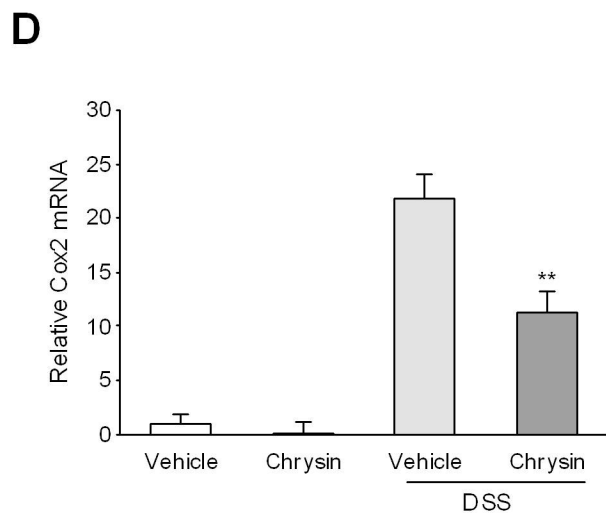
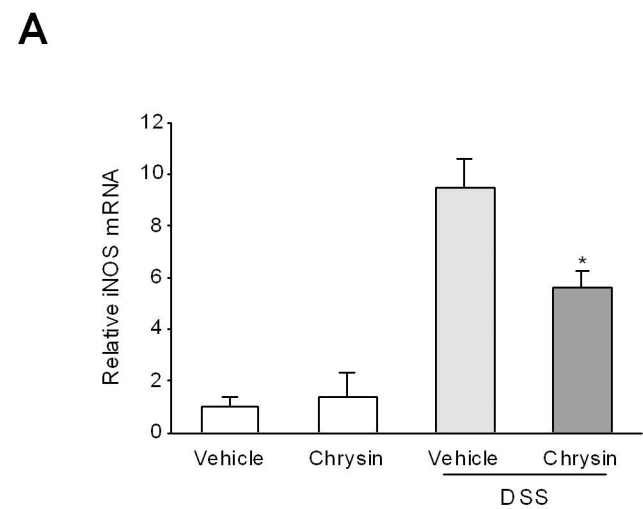
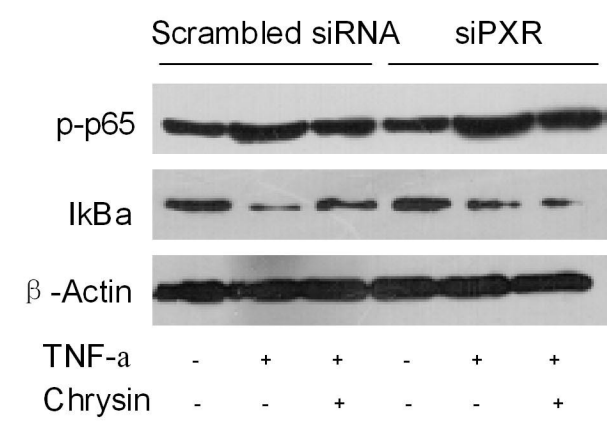
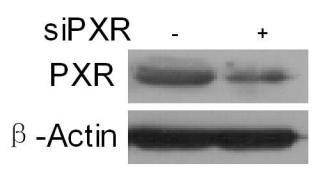
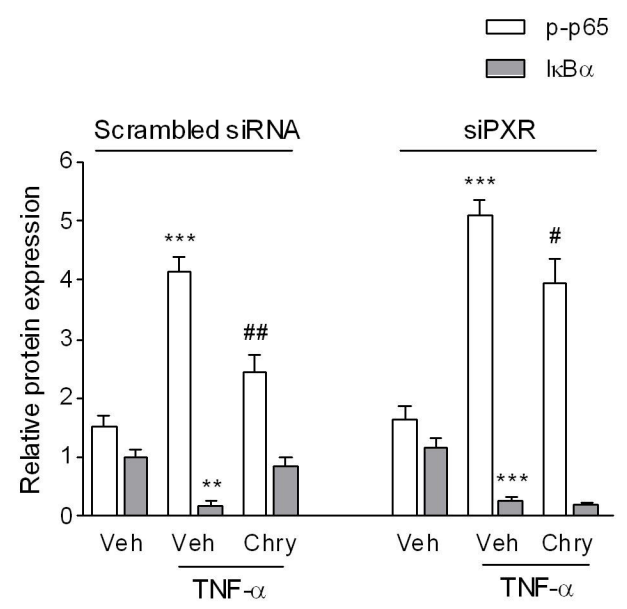


Figure 5

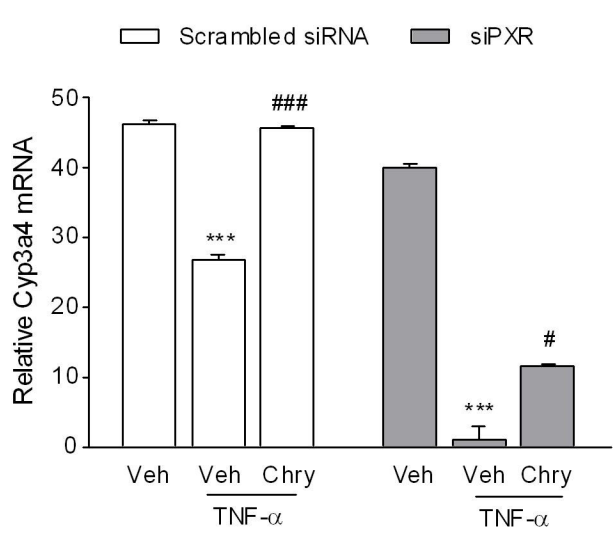
**A**



**B**



**C**



**D**

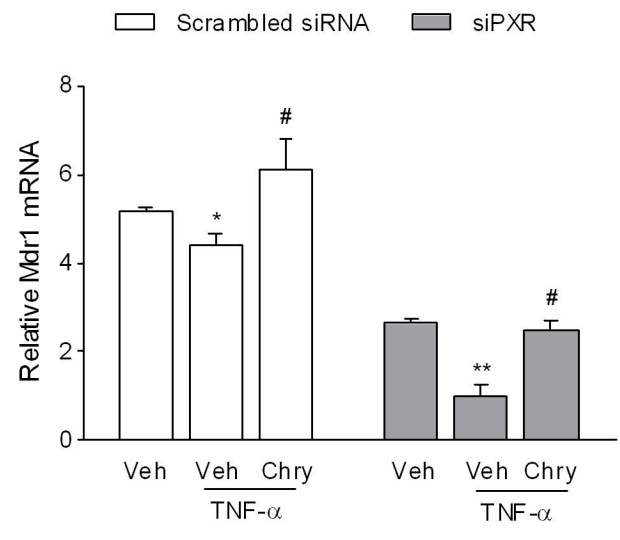


Figure 6

