

# A Novel Etomidate Analog EL-0052 Retains Potent Hypnotic Effect and Stable Hemodynamics without Suppressing Adrenocortical Function

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## ABSTRACT

Etomidate is a potent and rapidly acting anesthetic with high therapeutic index (TI) and superior hemodynamic stability. However, side effect of suppressing adrenocortical function limits its clinical use. To overcome this side effect, we designed a novel etomidate analog, EL-0052, aiming to retain beneficial properties of etomidate and avoid its disadvantage of suppressing adrenocortical steroid synthesis. Results exhibited that EL-0052 enhanced GABA<sub>A</sub> receptors currents with a concentration for EC<sub>50</sub> of  $0.98 \pm 0.02 \mu\text{M}$ , which was about three times more potent than etomidate ( $3.07 \pm 1.67 \mu\text{M}$ ). Similar to hypnotic potency of etomidate, EL-0052 exhibited loss of righting reflex with ED<sub>50</sub>s of 1.02 (0.93–1.20) mg/kg in rats and 0.5 (0.45–0.56) mg/kg in dogs. The TI of EL-0052 in rats was 28, which was higher than 22 of etomidate. There was no significant difference in hypnotic onset time, recovery time, and walking time between EL-0052 and etomidate in rats. Both of them had minor effects

on mean arterial pressure in dogs. EL-0052 had no significant effect on adrenocortical function in dogs even at a high dose ( $4.3 \times \text{ED}_{50}$ ), whereas etomidate significantly inhibited corticosteroid secretion. The inhibition of cortisol synthesis assay showed that EL-0052 had a weak inhibition on cortisol biosynthesis in human H259 cells with an IC<sub>50</sub> of  $1050 \pm 100 \text{ nM}$ , which was  $2.09 \pm 0.27 \text{ nM}$  for etomidate. EL-0052 retains the favorable properties of etomidate, including potent hypnotic effect, rapid onset and recovery, stable hemodynamics, and high therapeutic index without suppression of adrenocortical function.

## SIGNIFICANCE STATEMENT

The novel etomidate analog EL-0052 retains the favorable properties of etomidate without suppressing adrenocortical function and provides a new strategy to optimize the structure of etomidate.

## Introduction

As a potent and rapidly acting anesthetic, etomidate displays many favorable clinical properties, such as high therapeutic index and superior hemodynamic stability. However, the inhibitory effect of etomidate on adrenocortical increases the morbidity and mortality of patients, especially for those

undergoing intensive care or receiving continuous infusion (Albert et al., 2011; Forman, 2011; Chan et al., 2012; Komatsu et al., 2013), which limits its clinical applications. Therefore, it is necessary to chemically modify etomidate to maintain its advantages and overcome its shortcomings.

Previous structure-activity relationship studies on etomidate have indicated that imidazole ring and ester moiety are the main groups that inhibit the biosynthesis of adrenocortical steroid (Ouellet et al., 2008; Atucha et al., 2009; Gay et al., 2009; Sneyd, 2012; Pejo et al., 2016). Currently, replacing the nitrogen atom in the imidazole ring with carbon atoms or modifying the ester group are the most commonly used strategies to reduce corticosteroid toxicity of etomidate. The corresponding chemical entities that have been successfully discovered include carboetomidate, methoxycarbonyl etomidate, etc. (Cotten et al., 2009, 2010; Pejo et al., 2012; Campagna et al., 2014; Wang et al., 2017). These etomidate analogs can significantly reduce the

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**ABBREVIATIONS:** ACTH, adrenocorticotrophic hormone; CI, confidence interval; LD<sub>50</sub>, median lethal dose; LORR, loss of righting reflex; MAP, mean arterial pressure; TI, therapeutic index.

activity of adrenocortical suppression, but most of them have a lower hypnotic potency than etomidate, which may increase the safety risk and bring some difficulties in formulation (Cotten et al., 2009, 2010; Pejo et al., 2012; Sneyd, 2012; Campagna et al., 2014; Wang et al., 2017).

It has been reported that many imidazole-containing medications (e.g., cimetidine, ketoconazole) inhibit the specific isozymes of cytochrome P450 by binding to the heme iron atom and blocking oxygen binding (Seward et al., 2006; Ouellet et al., 2008). 11- $\beta$  hydroxylase (CYP11B1), a member of the cytochrome P450 superfamily, is a key enzyme for the synthesis of corticosteroids. Studies have shown that the basic nitrogen on the imidazole ring of etomidate can form a coordination bond with heme iron in the active center of 11- $\beta$  hydroxylase (Roumen et al., 2007), thus inhibiting the bioactivity of 11- $\beta$  hydroxylase and ultimately leading to a decrease in corticosteroid synthesis (Pejo et al., 2016). It has been shown that reducing the coordination of nitrogen with heme iron can reduce etomidate's inhibitory effect on adrenocortical function (Cotten et al., 2010). Based on these findings, we hypothesized that replacing the hydrogen atom beside the imidazole nitrogen with a highly electronegative group could reduce the electron cloud density of nitrogen in the imidazole ring, thereby weakening the coordination of nitrogen with heme iron and ultimately reducing etomidate's inhibitory effect on 11- $\beta$  hydroxylase. In addition, such modification might retain hypnotic effects due to the preservation of imidazole nitrogen and ester moiety. To test this hypothesis, we synthesized a series of compounds and screened out a lead compound ethyl *R*-(+)-4-fluoro-1-(1-phenylethyl)-1H-imidazole-5-carboxylate (EL-0052) (Fig. 1B). Furthermore, we examined the hypnotic effect, hemodynamic stability, and adrenocortical toxicity of EL-0052 in comparison with etomidate.

## Materials and Methods

**Materials.** Etomidate and propofol were provided by Jiangsu Nhwa Pharmaceutical Corporation Ltd. (Xuzhou, China). EL-0052 was provided by Jiangsu Nhwa-Luokang Pharma R&D Ltd. (Chongqing, China). The information about synthesis and purity methods of EL-0052 was described in the patent US10392352, and the data can be freely accessed. Hypnotics were dispensed in 20% medium and long-chain fat-emulsion injection (80KG045, Huarui Pharmaceutical Company Ltd.) for in vivo tests and dissolved in 0.5% DMSO for in vitro tests. The chemical structures of etomidate and EL-0052 are shown in Fig. 1.

**Animals.** Wistar rats (280–330 g) were purchased from Shanghai SIPPR-BK Laboratory Animal Co., Ltd. Beagle dogs were purchased from Department of Laboratory Animal Science, Shanghai Jiao Tong School of Medicine. All animal experiments were conducted in accordance with Guide for Care and Use of Laboratory Animals (8th edition) and approved by Institutional Animal Care and Use Committee of Jiangsu Nhwa Pharmaceutical Corporation Ltd. (Xuzhou, China).

**GABA<sub>A</sub> Receptor Electrophysiology.** HEK293 cells stably expressing human GABA<sub>A</sub> receptors ( $\alpha_1\beta_2\gamma_2$ ) were provided by ICE Bioscience Co. Ltd (Beijing, China). A total of  $5 \times 10^3$  HEK293 cells were planted on a piece of cover glass and incubated in buffer solution (140 mM NaCl, 5 mM CsCl, 2 mM CaCl<sub>2</sub>, 1 mM MgCl<sub>2</sub>, 5 mM HEPES, 10 mM glucose, pH = 7.4) for 18 hours before electrophysiologic experiments. Whole-cell patch-clamp technique was used to record the changes in average whole-cell currents. Etomidate and EL-0052 were dissolved in DMSO as stock solutions. The final working solutions contained 2  $\mu$ M GABA and etomidate or EL-0052 of 0.01, 0.1, 1, 10, and 100  $\mu$ M. GABA current activated by 2  $\mu$ M GABA was stably recorded for 30 seconds before a cell was continuously perfused with the working solutions containing 2  $\mu$ M GABA and tested drugs in increasing concentrations. The washout interval was 2 minutes. Then 2  $\mu$ M GABA was given again to test the reversibility of GABA<sub>A</sub> receptors after the perfusion of 100  $\mu$ M drug solution. For each concentration of tested drugs, at least three independent assays were performed. The peak current amplitudes were normalized to control currents elicited by 2  $\mu$ M GABA. EC<sub>50</sub>s of etomidate and EL-0052 were calculated using GraphPad Prime 5.0.

**Determination of ED<sub>50</sub> for Loss of Righting Reflex and Median Lethal Dose.** The Dixon's up-and-down sequential allocation method was used to determine the ED<sub>50</sub> for loss of righting reflex (LORR) and median lethal dose (LD<sub>50</sub>) of EL-0052, etomidate, or propofol (Dixon, 1991).

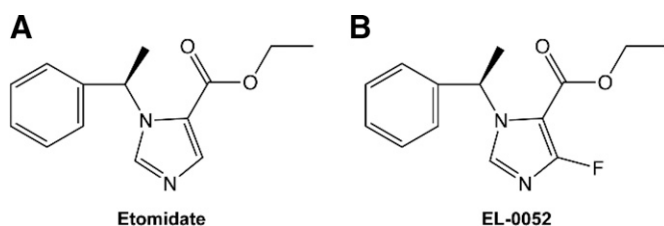
The ED<sub>50</sub> test for LORR was performed in male rats and male dogs. We first conducted a preliminary test to find out the approximate dose range of ED<sub>50</sub> and LD<sub>50</sub> and then set a series of doses with an interval of 1.25 times between each dose group for the formal test. In the formal test, the desired doses of EL-0052 (0.82, 1.02, and 1.28 mg/kg for rats and 0.45, 0.56, and 0.7 mg/kg for dogs), etomidate (0.66, 0.82, and 1.02 mg/kg for rats and 0.30, 0.38, 0.47, and 0.59 mg/kg for dogs), and propofol (4, 5, and 6.25 mg/kg for rats and 1.94, 2.43, and 3.04 mg/kg for dogs) were injected intravenously within 10 seconds (rats) or 30 seconds (dogs) and followed by a normal saline flush. The volume of saline flush was 1 ml, and it was injected within 10 seconds. After injection, animals were placed with their back on a table (for rats) or laid on their sides (for dogs). An animal was judged to have LORR if it lost its ability to right itself (onto all four paws) immediately.

In the LD<sub>50</sub> test, male rats were injected intravenously with a series of doses of EL-0052 (25.6, 32, and 40 mg/kg) or etomidate (16.4 and 20.5 mg/kg) through tail vein within 10 seconds. The death rate of rats was observed in 30 minutes after injection.

**Duration of LORR in Rats.** Male Wistar rats weighing 280–330 g were first placed in plastic restrainers before intravenously injected with 20% medium and long-chain fat-emulsion injection (as a negative control), EL-0052 (2.04 mg/kg), or etomidate (1.64 mg/kg) at  $2 \times$  ED<sub>50</sub> doses, and the duration of injection was 10 seconds. Animals were removed from restraint devices immediately after injection and turned gently on their backs to assess the duration of LORR. A stopwatch was used to record the time from the injection to recovery. The onset time was defined as the time from injection to LORR. The recovery time was defined as the time when animals regained the ability to right themselves after LORR. The walking time was defined as the time when any hind limb of animals took the first step after the recovery of righting reflex.

To avoid subjective differences, all behavioral experiments (ED<sub>50</sub>, LD<sub>50</sub>, and LORR tests) were conducted blindly. Behavioral observations and recording were performed by a specially trained individual who was blinded to different treatments.

**Mean Arterial Pressure Measurement in Beagle Dogs.** Twenty-four beagle dogs with stable blood pressure were screened out by noninvasive blood pressure monitor (BP-2010E, Softtron, Japan), and randomly divided into six groups: vehicle, propofol (6 mg/kg,  $2.5 \times$  ED<sub>50</sub>), etomidate (1.15 mg/kg,  $2.5 \times$  ED<sub>50</sub>), etomidate (2 mg/kg,  $4.3 \times$  ED<sub>50</sub>), EL-0052 (1.26 mg/kg,  $2.5 \times$  ED<sub>50</sub>), and EL-0052 (2.17 mg/kg,  $4.3 \times$  ED<sub>50</sub>) groups, with two male dogs and two female dogs in each group. The doses of propofol (6 mg/kg) and etomidate (2 mg/kg)



**Fig. 1.** Chemical structure of etomidate (A) and EL-0052 (B).

were set according to that of Campagna (Campagna et al., 2014). Mean arterial pressure (MAP) was measured by a tail-cuff method using noninvasive blood pressure monitor in conscious dogs. Each dog with a tail cuff was placed in casting harness and allowed to acclimate for at least 10 minutes. The desired doses of anesthetic agents or vehicle (20% medium and long-chain fat-emulsion injection, as a negative control) were injected via the forelimb cephalic vein in 30 seconds. The blood pressure was recorded every 1 minute for 5 minutes prior to drug administration and every 1 minute for 20 minutes thereafter. The MAP at each time point after drug administration was compared with the baseline (mean of MAP recorded 5 minutes before drug administration).

**Suppression of Cortisol Synthesis in H259R Cells.** The in vitro effect of EL-0052 on the cortisol synthesis was investigated using human adrenocortical cell line H259R (NCI-H295R, Cell Culture Center, Chinese Academy of Medical Science). H259R cells were suspended in growth medium (Dulbecco's modified Eagle's medium/F12 supplement with 1% insulin-transferrin-selenium, 1.25 mg/ml bovine serum albumin, 2.5% FBS, 15 mM HEPES, and 0.0053 mg/ml linoleic acid), and the cell density was adjusted to  $10^5$  cells/ml. The cell suspension was seeded in a 12-well plate with 2 ml in each well and cultured at 37°C under 5% CO<sub>2</sub>. The growth medium was replaced with maintenance medium (Dulbecco's modified Eagle's medium/F12 supplement with 1% insulin-transferrin-selenium and 20  $\mu$ M Forskolin) when cell density reached about 80%. Each well was added with 1.98 ml of maintenance medium and 0.02 ml of etomidate (final concentrations: 0.032, 0.16, 0.8, 4, 20, and 100 nM) or EL-0052 (final concentrations: 3.2, 16, 80, 400, 2000, and 10,000 nM) with triple duplication for each concentration. After incubation at 37°C under 5% CO<sub>2</sub> for 48 hours, 1.2 ml maintenance medium was collected and centrifuged at 1000 rpm for 5 minutes. The concentrations of cortisol in the supernatant were determined by ELISA kits (R&D SYSTEMS, USA). IC<sub>50</sub> was calculated using GraphPad Prime 5.

**Adrenocortical Suppression Test in Dogs.** Suppression of adrenocortical synthesis in dogs was performed as previously reported (Cotten et al., 2010). Briefly, 18 beagle dogs were randomly divided into vehicle, etomidate (2 mg/kg,  $4.3 \times \text{ED}_{50}$ ), and EL-0052 (2.17 mg/kg,  $4.3 \times \text{ED}_{50}$ ) groups with three male and three female dogs in each group. Dexamethasone (0.1 mg/kg) was intravenously administered to each dog to suppress corticosterone production. Then 4 ml blood was sampled 2 hours later. Then vehicle (20% medium and long-chain fat-emulsion injection, as a negative control) or tested drug along with adrenocorticotrophic hormone (ACTH<sub>1-24}</sub>) (20  $\mu$ g/kg, Sigma) was injected successively to stimulate corticosterone production. Another 4 ml blood was collected 15 minutes after ACTH injection. The concentrations of cortisol and corticosterone were quantified by ELISA kits (R&D SYSTEMS, USA).

**Statistical Analysis.** All data were expressed as the mean  $\pm$  S.E.M. unless otherwise noted. The EC<sub>50</sub>s for GABA<sub>A</sub> receptor function assay and the IC<sub>50</sub>s for the H259R cell cortisol suppression assay were calculated using nonlinear regression analysis in GraphPad Prism 5 according to the following equation:  $Y = \text{Bottom} + (\text{Top} - \text{Bottom}) / (1 + 10^{-(\text{LogEC}_{50} - X) * \text{Hillslope}})$ . Results were reported as EC<sub>50</sub>s or IC<sub>50</sub>s and S.E.M. The ED<sub>50</sub>s for LORR test and LD<sub>50</sub>s for acute toxicity test were determined using the up-and-down procedure according to the OECD (Organization for Economic Cooperation and Development) test guidelines on acute oral toxicity under a computer-guided statistical program, AOT425statPgm, version 1.0. Results were expressed as ED<sub>50</sub>s or LD<sub>50</sub>s with 95% confidence intervals (CIs).

Data for behavioral and physiologic were compared using one-way or two-way ANOVA followed by a Tukey multiple comparison test. Data for serum corticosterone concentrations or MAP values were analyzed using two-way repeated measures ANOVA followed by a Bonferroni post-test. The statistical analysis was performed with SPSS 19.0. The value of  $P < 0.05$  was considered to be statistically significant.

## Results

**Activation of GABA<sub>A</sub> Receptor Currents by EL-0052.** It has been reported that etomidate exerts hypnotic effects by modulating GABA<sub>A</sub> receptors (Belelli et al., 2003). To test whether EL-0052 modulates GABA<sub>A</sub> receptors, the effects of EL-0052 on human  $\alpha_1\beta_2\gamma_2$  GABA<sub>A</sub> receptors were evaluated. Both EL-0052 and etomidate enhanced the currents of GABA<sub>A</sub> receptors activated by 2  $\mu$ M GABA in a concentration-dependent manner, and their EC<sub>50</sub>s were  $0.98 \pm 0.02$   $\mu$ M and  $3.07 \pm 1.67$   $\mu$ M, respectively (Fig. 2, A–C). The results indicated that EL-0052 was three times more potent than etomidate. However, the maximum effect of EL-0052 on enhancing the currents elicited by 2  $\mu$ M GABA was about half that of etomidate.

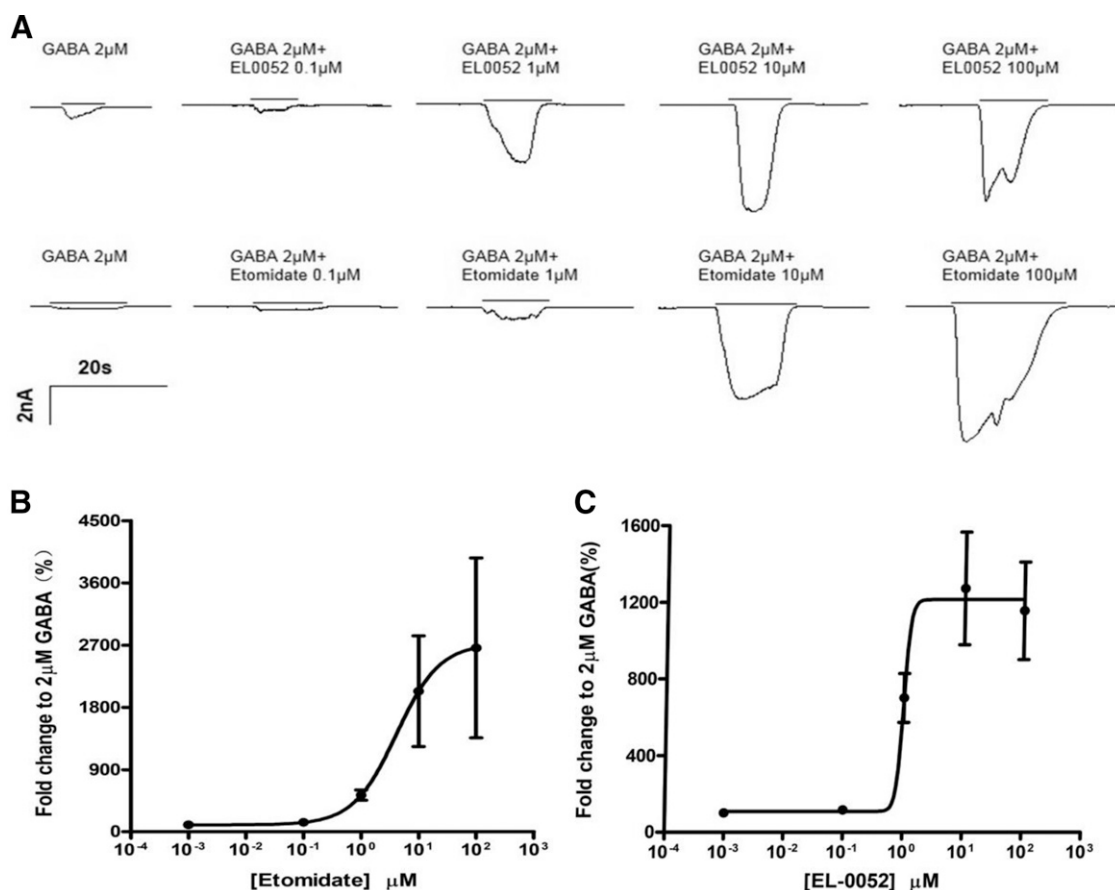
### Hypnotic Properties of EL-0052 in Rats and Dogs.

To reduce etomidate-induced corticosteroid suppression, a series of etomidate analogs were developed, but most of them reported compromised hypnotic properties (Cotten et al., 2009, 2010; Ge et al., 2012, 2014; Pejo et al., 2012; Sneyd, 2012; Wang et al., 2017). Therefore, tests were conducted to clarify whether EL-0052 could retain the hypnotic properties of etomidate in rats and dogs. The ED<sub>50</sub>s of EL-0052, etomidate, and propofol in rats were 1.02 mg/kg (95% CI: 0.93–1.20 mg/kg), 0.82 mg/kg (95% CI: 0.68–0.88 mg/kg), and 5.12 mg/kg (95% CI: 4.40–5.71 mg/kg), respectively (Fig. 3, A and B; Table 1). The ED<sub>50</sub>s of EL-0052, etomidate, and propofol in dogs were 0.50 mg/kg (95% CI: 0.45–0.56 mg/kg), 0.46 mg/kg (95% CI: 0.27–0.58 mg/kg), and 2.43 mg/kg (95% CI: 1.94–3.1 mg/kg), respectively (Fig. 3, A and B; Table 1). The hypnotic potency of EL-0052 was similar to that of etomidate in rats and dogs. The dose of  $2 \times \text{ED}_{50}$  was sufficient to produce LORR in rats, and there was no significant difference between EL-0052 and etomidate in hypnotic onset time ( $P = 0.558$ ), recovery time ( $P = 0.082$ ), and walking time ( $P = 0.801$ ) (Fig. 4, A and B). These results demonstrated that EL-0052 retained etomidate's favorable hypnotic properties of rapid onset and fast recovery after a single-dose administration.

To calculate the TI, we further performed the acute toxicity test to obtain the LD<sub>50</sub> value of EL-0052 and etomidate in rats. The LD<sub>50</sub>s of EL-0052 and etomidate in rats were 29 mg/kg (95% CI: 26–32 mg/kg) and 18 mg/kg (95% CI: 16–21 mg/kg), respectively. Accordingly, the TI of EL-0052 was 28, which was higher than 22 of etomidate (Table 1).

### Hemodynamic Actions of EL-0052 in Beagle Dogs.

In clinical applications, one of the superior properties of etomidate over propofol is hemodynamic stability. To determine whether EL-0052 maintained the excellent properties of etomidate, the effects of EL-0052, etomidate, and propofol on hemodynamics were compared in beagle dogs. Propofol significantly reduced MAP in dogs. Etomidate and EL-0052 also produced a brief reduction in MAP, but there was no significant difference compared with the baseline (Fig. 5, A and B). At the dose of  $2.5 \times \text{ED}_{50}$ , the maximum inhibition rates of propofol, etomidate, and EL-0052 on MAP were 30%, 17%, and 16%, respectively, indicating that the inhibitory effects of etomidate and EL-0052 on MAP were weaker than that of propofol at equivalent doses. At the high dose of  $4.3 \times \text{ED}_{50}$ , the maximum inhibition rates of etomidate and EL-0052 on MAP were 21% and 22%, respectively, which were similar to that of propofol at the dose of  $2.5 \times \text{ED}_{50}$ , but the duration of blood pressure inhibition of these two drugs was shorter than propofol.

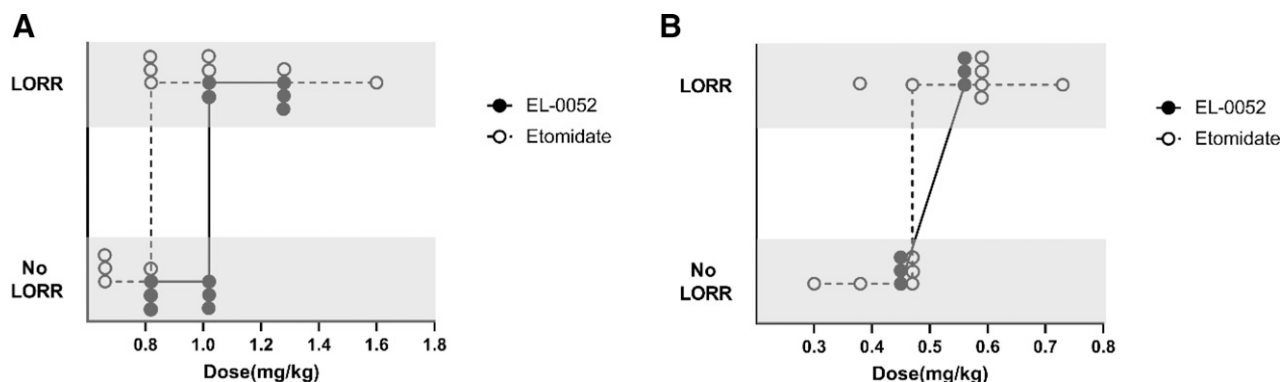


**Fig. 2.** Enhancement effects of EL-0052 and etomidate on human GABA<sub>A</sub> receptor current. (A) Representative traces showing enhancement of currents activated by 2 μM GABA by different concentrations of etomidate and EL-0052. Direct activation of GABA<sub>A</sub> receptors by etomidate (B) and EL-0052 (C). Current amplitudes were normalized to that activated by 2 μM GABA. The data of curves were fitted to Hill equation yielding an EC<sub>50</sub>s of 3.07 ± 1.67 μM for etomidate and 0.98 ± 0.02 μM for EL-0052, respectively. Each data point represents the mean ± S.E.M. from three independent experiments.

### Comparison of Adrenocortical Suppression between EL-0052 and Etomidate Both in Cells and Dogs.

EL-0052 was designed to be of no inhibition of corticosteroids. To verify whether EL-0052 had any effects on corticosteroid suppression, the inhibitory effects of EL-0052 and etomidate on cortisol biosynthesis in human H259R cells were examined.

The IC<sub>50</sub> of EL-0052 inhibiting cortisol was 1050 ± 100 nM, which was about 500-fold less potent than etomidate (2.09 ± 0.27 nM) (Fig. 6A). In dog adrenocortical suppression test, the baseline levels of serum cortisol and corticosterone concentrations were similar among the groups of vehicle (6.06 ± 1.13 ng/ml and 7.56 ± 1.40 ng/ml), etomidate (7.30 ± 1.16 ng/ml



**Fig. 3.** EL-0052 and etomidate dose-response curves for LORR in rats (A) and dogs (B). Each data point represents the results from a single animal. The ED<sub>50</sub>s were determined using the up-and-down procedure according to OECD test guidelines on acute oral toxicity under a computer-guided statistical program, AOT425statPgm, version 1.0. The ED<sub>50</sub>s of EL-0052 and etomidate in rats were 1.02 mg/kg (95% CI: 0.93–1.20 mg/kg) and 0.82 mg/kg (95% CI: 0.68–0.88 mg/kg), respectively. The ED<sub>50</sub>s of EL-0052 and etomidate in dogs were 0.50 mg/kg (95% CI: 0.45–0.56 mg/kg) and 0.46 mg/kg (95% CI: 0.27–0.58 mg/kg), respectively.

TABLE 1

The ED<sub>50</sub> for LORR, LD<sub>50</sub>, and therapeutic index of EL-0052 and etomidate in rats and dogs

	Rats			Dogs
	ED <sub>50</sub> (95% CI)	LD <sub>50</sub> (95% CI)	Therapeutic Index	ED <sub>50</sub> (95% CI)
	mg/kg	mg/kg		mg/kg
EL-0052	1.02 (0.93–1.20)	29 (26–32)	28	0.50 (0.45–0.56)
Etomidate	0.82 (0.68–0.88)	18 (16–21)	22	0.46 (0.27–0.58)
Propofol	5.12 (4.40–5.71)			2.43 (1.94–3.1)

and  $10.45 \pm 1.69$  ng/ml), and EL-0052 ( $8.46 \pm 1.71$  ng/ml and  $5.51 \pm 0.72$  ng/ml) under dexamethasone inhibition (Fig. 6, B and C). Fifteen minutes after ACTH<sub>1-24</sub> injection, the serum cortisol and corticosterone levels were  $17 \pm 3.04$  ng/ml and  $28.04 \pm 4.59$  ng/ml in the vehicle group,  $8.54 \pm 2.38$  ng/ml and  $6.13 \pm 0.56$  ng/ml in the etomidate group, and  $15.99 \pm 2.40$  ng/ml and  $30.95 \pm 2.12$  ng/ml in the EL-0052 group (Fig. 6, B and C). Compared with the vehicle group, etomidate significantly inhibited ACTH-induced increase of corticosteroids ( $P = 0.021$  for cortisol and  $P = 0.001$  for corticosterone). In contrast, EL-0052 had no significant effect on ACTH<sub>1-24</sub>-induced corticosteroid elevation ( $P = 0.817$  for cortisol and  $P = 0.611$  for corticosterone) (Fig. 6, B and C), indicating that EL-0052 had no effect on adrenocortical suppression in dogs after a single-dose administration.

## Discussion

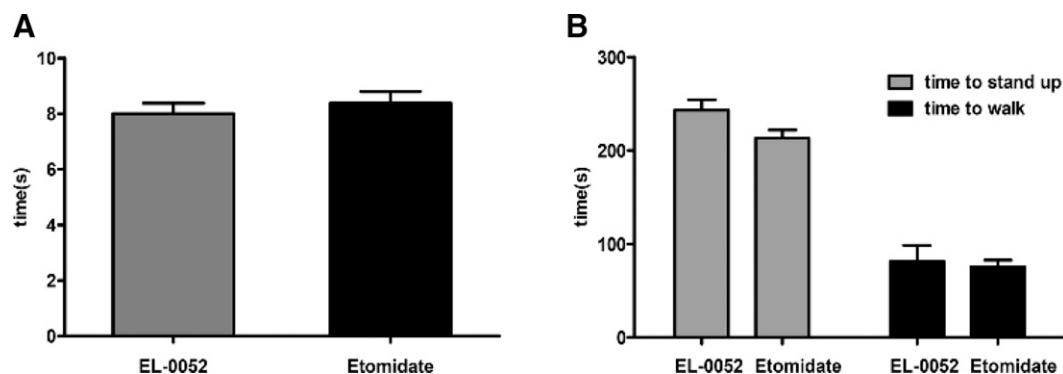
In this study, we describe the pharmacological properties of EL-0052, an etomidate analog, in which a hydrogen atom in the fourth position of imidazole ring of etomidate is replaced with a fluorine atom. We find that EL-0052 potentially enhances GABA<sub>A</sub> receptor's function; displays excellent hypnotic properties with high hypnotic potency, rapid onset, and fast recovery; and maintains hemodynamics stability. Most importantly, EL-0052 has no significant effect on corticosteroid secretion in dogs even at very high doses.

The adrenal function suppression is a major side effect of etomidate, which limits its clinical applications (Annane, 2005). It has been identified that the inhibition of 11- $\beta$  hydroxylase is the main cause of etomidate-induced adrenocortical suppression. The basic imidazole nitrogen is also considered to be responsible for the binding of etomidate and 11- $\beta$  hydroxylase (Roumen et al., 2007). To reduce the adrenocortical toxicity of etomidate, our strategy is to replace the hydrogen atom

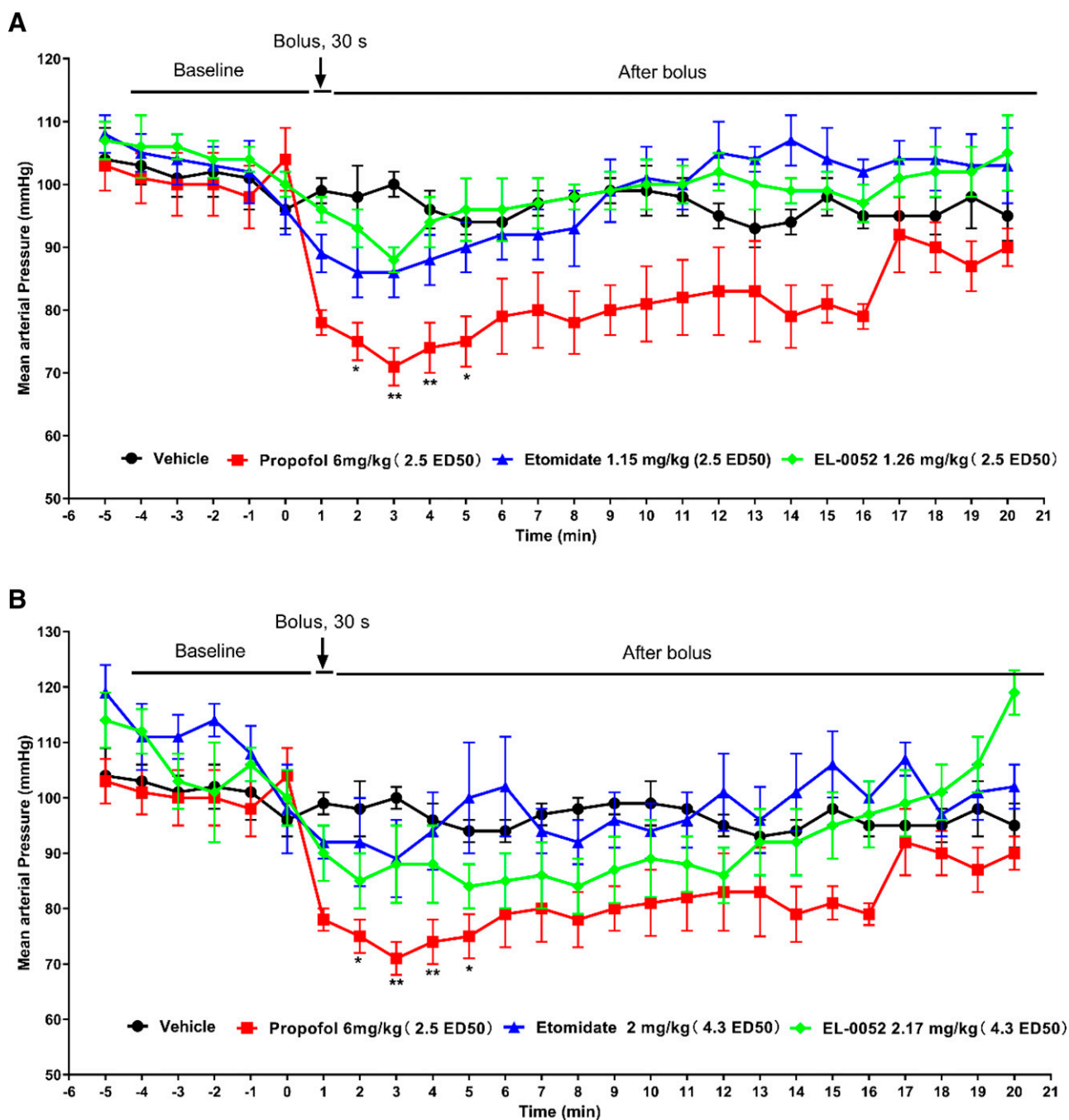
with a highly electronegative fluorine atom on fourth position of imidazole ring of etomidate. Selective replacement of the hydrogen atom with a fluorine atom is a strategy widely used in bio-organic and medicinal chemistry (Richardson, 2016). The high electronegativity of the fluorine can have significant electronic effect on the properties of organic compounds (Yerien et al., 2016). Theoretically, after introducing a fluorine atom into the imidazole ring of etomidate, the electron cloud density of the nitrogen atom on the imidazole ring of EL-0052 will be greatly reduced, and the coordination effect with heme iron will be correspondingly reduced, thus reducing the suppression of adrenocortical function. Our study on human H259R cells demonstrates that the inhibitory potency of EL-0052 on corticosteroid synthesis is only 1/500 compared with etomidate. The assays in dogs further confirm that the adrenocortical suppression of EL-0052 is remarkably lower than that of etomidate, as EL-0052 has no significant effect on adrenocortical function ( $P = 0.817$  for cortisol and  $P = 0.611$  for corticosterone), whereas etomidate significantly inhibits corticosteroids secretion ( $P = 0.021$  for cortisol and  $P = 0.001$  for corticosterone). These results indicate that EL-0052 avoids the corticosteroid inhibitory effects that are common for etomidate. Therefore, EL-0052 has potential for clinical use as a maintenance anesthetic.

Maintaining stable cardiovascular function is a key factor for guaranteeing success of surgery. Our study finds that EL-0052 and etomidate exhibit no significant impact on MAP in dogs even at a very high dose ( $4.3 \times \text{ED}_{50}$ ). In contrast, propofol markedly lowered blood pressure at the hypnotic dose ( $2.5 \times \text{ED}_{50}$ ). This finding suggests that EL-0052 may have a significant advantage over propofol in maintaining cardiovascular stability in clinical applications.

Although currently reported etomidate analogs can reduce the inhibitory effect of corticosteroids and maintaining cardiovascular



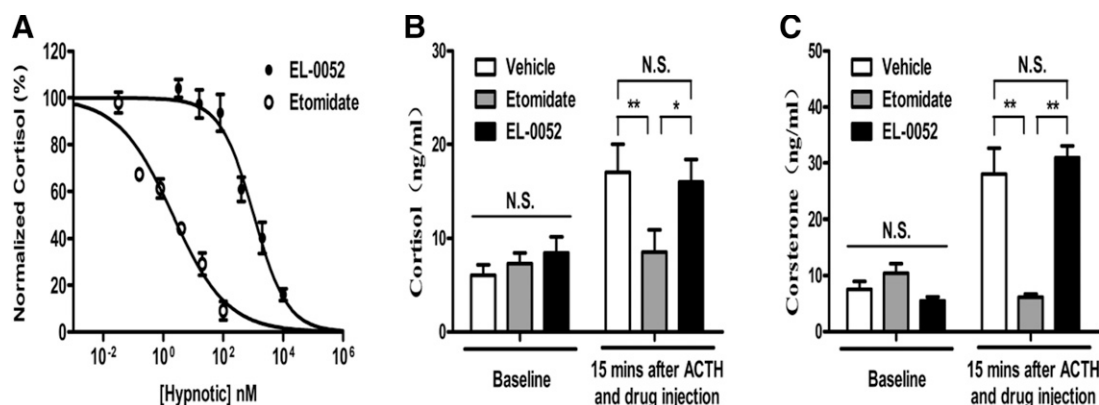
**Fig. 4.** The onset time (A), recovery time, and walking time (B) observed after intravenous administration of  $2 \times \text{ED}_{50}$  EL-0052 or etomidate in rats ( $n = 10$ ). The doses of EL-0052 and etomidate were 2.04 mg/kg and 1.64 mg/kg, respectively. Under this equivalent dose, there was no significant difference in hypnotic efficacy between the two groups.



**Fig. 5.** Effects of etomidate, propofol and EL-0052 on MAP in beagle dogs. (A) Effects of a bolus injection of  $2.5 \times \text{ED}_{50}$  etomidate, propofol, and EL-0052 on MAP in dogs ( $n = 4$ ). (B) Effects of a bolus injection of  $4.3 \times \text{ED}_{50}$  etomidate and EL-0052 on MAP in dogs ( $n = 4$ ). The doses of propofol (6 mg/kg,  $2.5 \times \text{ED}_{50}$ ) and etomidate (2 mg/kg,  $4.3 \times \text{ED}_{50}$ ) were determined according to that of Campagna et al. (2014). Each data point represents the mean  $\pm$  S.E.M. of MAP recorded every 1 minute using noninvasive blood pressure monitor. \*  $p < 0.05$ , \*\*  $p < 0.01$  vs. the baseline (mean of MAP recorded 5 minutes before drug administration).

stability, such as carboetomidate, MOC-etomidate, and MOC-carboetomidate, their hypnotic potency is greatly reduced. The  $\text{ED}_{50}$ s of carboetomidate, MOC-etomidate, MOC-carboetomidate, and ET26 in rats are 7.2 mg/kg, 5.2 mg/kg, 13.5 mg/kg, and 2.35 mg/kg, respectively, which are much lower than that of etomidate (1 mg/kg) (Cotten et al., 2009, 2010; Pejo et al., 2012; Sneyd, 2012; Wang et al., 2017). In contrast, our results show that EL-0052 not only maintains cardiovascular stability and eliminates adrenocortical inhibition but also retains the potent hypnotic efficacy and excellent hypnotic properties of etomidate, indicating

that the imidazole nitrogen and the ester moiety are vital for inhibiting the synthesis of corticosteroids and for producing the anesthesia effect. The  $\text{ED}_{50}$ s of EL-0052 in rats and dogs are 1.02 mg/kg (95% CI: 0.93–1.20 mg/kg) and 0.50 mg/kg (95% CI: 0.45–0.56 mg/kg), respectively, which are similar to those of etomidate with  $\text{ED}_{50}$ s of 0.82 mg/kg (95% CI: 0.68–0.88 mg/kg) and 0.46 mg/kg (95% CI: 0.27–0.58 mg/kg). At the hypnotic doses, there are no significant differences in hypnotic onset time ( $P = 0.558$ ), recovery time ( $P = 0.082$ ), and walking time ( $P = 0.801$ ) between EL-0052 and etomidate in rat LORR tests,



**Fig. 6.** The effects of etomidate and EL-0052 on adrenocortical function in vitro and in vivo. (A) The effects of etomidate and EL-0052 on biosynthesis of cortisol in human adrenocortical tumor cell line H259R. The data of curves are fitted to Hill equation. The  $IC_{50}$  was  $1050 \pm 100$  nM and  $2.09 \pm 0.27$  nM for EL-0052 and etomidate, respectively. Each data point represents the mean  $\pm$  S.E.M. from three independent experiments. The results from dog adrenocortical suppression tests showed that  $4.3 \times ED_{50}$  of EL-0052 (at  $2.17$  mg/kg) did not decrease the concentrations of cortisol (B) and corticosterone (C) in dog plasma 15 minutes after adrenocorticotrophic hormone stimulation. Six dogs were studied in each group. \*,  $P < 0.05$ ; \*\*,  $P < 0.01$ . N.S., no significant difference.

indicating that EL-0052 retains the favorable hypnotic properties of etomidate with rapid onset and fast recovery after a single-dose administration.

In addition to the aforementioned properties, we also find that EL-0052 has a TI of 28, which is higher than etomidate (22) and propofol (3.4) (Forman, 2011), suggesting that EL-0052 may be safer than etomidate and propofol in clinical applications.

There are some limitations in our study. We only evaluated the hypnotic effect of EL-0052 in a single administration but did not conduct the hypnotic tests under continuous infusion. In addition, the pharmacokinetic properties of EL-0052 were not explored. We will carry out these experiments to evaluate more properties of EL-0052 in further research.

In summary, EL-0052 not only retains the favorable properties of etomidate, including potent hypnotic effect, rapid onset and recovery, stable hemodynamics and high therapeutic index, but also avoids adrenocortical function suppression. Our findings demonstrate a feasibility to modify etomidate by replacing hydrogen atoms beside the imidazole nitrogen with other substitution groups for reduction of adrenocortical toxicity while maintaining the hypnotic effect.

#### Authorship Contributions

*Participated in research design:* Xu, Jiang, Li.

*Conducted experiments:* Xu, Dong, Qiu, Mei, K. Wang, Xiu, T. Wang, Zeng, Dong, Shen.

*Performed data analysis:* Xu, Li.

*Wrote or contributed to the writing of the manuscript:* Xu, Wei, Jiang, Li.

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