Spinal Functions of B-Type Natriuretic Peptide, Gastrin-Releasing Peptide, and Their Cognate Receptors for Regulating Itch in Mice

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ABSTRACT

B-type natriuretic peptide (BNP)–natriuretic peptide receptor A (NPRA) and gastrin-releasing peptide (GRP)–GRPR receptor (GRPR) systems contribute to spinal processing of itch. However, pharmacological and anatomic evidence of these two spinal ligand-receptor systems are still not clear. The aim of this study was to determine the spinal functions of BNP-NPRA and GRP-GRPR systems for regulating scratching activities in mice by using pharmacological and immunohistochemical approaches. Our results showed that intrathecal administration of BNP (0.3–3 nmol) dose dependently elicited scratching responses, which could be blocked by the NPRA antagonist (Arg6,β-cyclohexyl-Ala8,D-Tic16,Arg17,Cys18)-atrial natriuretic factor(6-18)amide (A71915). However, A71915 had no effect on intrathecal GRP-induced scratching. In contrast, pretreatment with a GRPR antagonist (D-Tpi6,Leu13,Arg17,Cys18)-atrial natriuretic factor(6-18)amide (A71915), but not A71915, inhibited SLIGRL-induced scratching. Interestingly, immunostaining showed that RC-3095, but not A71915, inhibited SLIGRL-induced c-Fos activation in the spinal dorsal horn, which was in line with behavioral outcomes. These findings demonstrate that: 1) BNP-NPRA system may function upstream of the GRP-GRPR system to regulate itch in the mouse spinal cord, and 2) both NPRA and GRPR antagonists may have antipruritic efficacy against centrally, but not peripherally, elicited itch.

Introduction

Itch/pruritus is one of the key symptoms in patients suffering from a variety of systemic disorders, including infectious, uremic, hepatic, and hematologic diseases (Weisshaar and Dalgarg, 2009; Yosipovitch and Bernhard, 2013; Hay et al., 2014). Given that itch is a significant clinical problem afflicting a large global population, there is a strong need for more research on the cause and treatment of itch. Generally, ligand-receptor signaling plays a fundamental role in the generation of itch. For instance, keratinocyte-derived histamine, which binds to the transmembrane H1 receptor, is a well known pruritogen and had been considered as a possible target for clinical therapies (Thurmond et al., 2015). However, antihistamines are not effective in alleviating itch derived from most dermatoses, systemic diseases, and opioid administration (Biro et al., 2005; Yosipovitch and Bernhard, 2013; van Zuuren et al., 2014). Therefore, more research is warranted to discover novel targets and develop effective antipruritics.

Recent rodent studies have identified several molecules and neural circuits in the spinal cord for regulating itch signaling (Akiyama and Carstens, 2013; Bautista et al., 2014; LaMotte et al., 2014). One of the central itch mediators is gastrin-releasing peptide (GRP), which acts as an enhancer of gastrin secretion from the gastric antrum through binding to its corresponding transmembrane GRP receptor (GRPR) (McDonald et al., 1979; Jensen et al., 2008). GRP has been used to elicit scratching responses in rodents (Bishop et al., 1986; Masui et al., 1993). With use of GRPR mutant mice, spinal GRP-GRPR signaling has been demonstrated to specifically regulate itch without altering pain thresholds (Sun and Chen, 2007). Additionally, GRP serum levels in patients with atopic dermatitis and GRPR expression in the spinal cord of monkeys suffer from a variety of systemic disorders, including infectious, uremic, hepatic, and hematologic diseases (Weisshaar and Dalgarg, 2009; Yosipovitch and Bernhard, 2013; Hay et al., 2014). Given that itch is a significant clinical problem afflicting a large global population, there is a strong need for more research on the cause and treatment of itch. Generally, ligand-receptor signaling plays a fundamental role in the generation of itch. For instance, keratinocyte-derived histamine, which binds to the transmembrane H1 receptor, is a well known pruritogen and had been considered as a possible target for clinical therapies (Thurmond et al., 2015). However, antihistamines are not effective in alleviating itch derived from most dermatoses, systemic diseases, and opioid administration (Biro et al., 2005; Yosipovitch and Bernhard, 2013; van Zuuren et al., 2014). Therefore, more research is warranted to discover novel targets and develop effective antipruritics.

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with excessive scratching were shown to correlate with the severity of itch (Kagami et al., 2013; Nattkemper et al., 2013). More importantly, like μ-opioid-related ligands, intrathecal administration of GRP elicited robust scratching responses in monkeys and these findings translate the functional role of GRP as an itch mediator from rodents to primates (Lee and Ko, 2015). However, GRPR antagonists are fully effective against GRP-elicited scratching, but they are ineffective or partially effective against scratching elicited by other pruritogens (Inan et al., 2011; Akiyama et al., 2013; Sukhtankar and Ko, 2013; Lee and Ko, 2015). Further research is warranted to determine the effectiveness of GRPR antagonists against itch scratching elicited peripherally by diverse pruritogens.

Natriuretic peptides are secreted by the ventricles of the heart, and they have been established as diagnostic and prognostic tools for cardiovascular diseases (Levin et al., 1998; Potter et al., 2009). B-type natriuretic peptide (BNP), originally isolated from porcine brain, binds to transmembrane natriuretic peptide receptor A (NPRA) (Mukoyama et al., 1991; Misono et al., 2011). A recent study reported that BNP-NPRA signaling is a key mechanism of itch transmission in the mouse spinal cord (Mishra and Hoon, 2013). In addition, an increased level of serum BNP was found to be associated with the degree of pruritus in hemodialysis patients (Shimizu et al., 2013). Anatomic and pharmacological studies have demonstrated that GRP-GRPR system acts downstream of the BNP-NPRA signaling in the pruriceptive circuit as an itch-selective regulation by BNP (Mishra and Hoon, 2013). However, a series of experiments conducted later indicated that BNP is neither itch-specific nor functions upstream of the GRP-GRPR signaling pathway (Liu et al., 2014). It is important to clarify the anatomic and pharmacological relationship between BNP-NPRA and GRP-GRPR systems in spinal regulation of itch. Moreover, no pharmacological evidence is currently available to demonstrate the effectiveness of NPRA antagonists against scratching evoked by different pruritogens. Therefore, it is pivotal to determine and compare the effectiveness of NPRA and GRPR antagonists in regulating itch neurotransmission, not only to improve our understanding of these signaling pathways but also to validate their therapeutic potential as antipruritics.

In the present study, we first determined the dose-response and time course of the NPRA antagonist (Arg6,β-cyclohexyl-Ala8,D-Tic16,Arg17,Cys18)-atrial natriuretic factor(6-18) amide (A71915) against intrathecal BNP-induced scratching in mice. To define the anatomic location of BNP and NPRA, we tested colocalization of BNP or NPRA with GRP and GRPR by using immunohistochemistry. More importantly, we compared the effectiveness of the NPRA antagonist A71915 and GRPR antagonist (D-Tpi6,Leu13β/CH2-NH-)Leu14/bombesin (6-14) (RC-3095) on scratching elicited by intradermal administration of pruritogens that included endothelin-1, U-46619, bovine adrenal medulla 8-22 (BAM8-22), and Ser-Leu-Ile-Gly-(6-14) (RC-3095) on scratching elicited by other pruritogens (Inan et al., 2011; Akiyama et al., 2013; Sukhtankar and Ko, 2013; Lee and Ko, 2015). Further research is warranted to determine the effectiveness of GRPR antagonists against itch scratching elicited peripherally by diverse pruritogens.

Materials and Methods

**Animals.** Male CD-1 mice weighing 25–30 g were used (Harlan Laboratories, Indianapolis, IN) for all experiments. These naïve mice were housed five per cage under a 12-hour light/dark cycle and provided with water and food ad libitum. Each animal was used only once per experimental condition. All experimental procedures were approved by the Institutional Animal Care and Use Committee in Wake Forest University School of Medicine (Winston-Salem, NC), and they were conducted in accordance with the Guide for the Care and Use of Laboratory Animals as adopted and promulgated by the U.S. National Institutes of Health (Bethesda, MD).

**Drug Administration.** All drugs were dissolved in sterile water and diluted as needed. BNP (Advanced Targeting Systems, San Diego, CA), A71915 (Bachem Americas, Torrance, CA), GRP (R&D Systems, Minneapolis, MN), and RC-3095 (Sigma-Aldrich, St. Louis, MO) were intrathecally administered in the volume of 5 μl as previously described (Sukhtankar and Ko, 2013). The antagonist (A71915 or RC-3095) was administered 10 minutes before administration of pruritogens (i.e., intrathecal or intradermal pruritogens). Briefly, mice were secured by a firm grip on the pelvic girdle, and drugs were injected by lumbar puncture between L5 and L6 vertebrae using a 30-gauge needle fitted with Hamilton microsyringe. Endothelin-1 (R&D Systems), U-46619, BAM8-22, and SLIGRL-NH2 (abcam, Cambridge, MA) were intradermally administered in the nape of the neck. Fur at the injection site was clipped before experiment and drugs were administered in the volume of 100 μl using a 30-gauge needle fitted to a 1-ml syringe. To justify the drug distribution in the spinal cord, 2.5% Evans blue dye (Sigma-Aldrich) in sterile water was intrathecally administered in the volume of 5 μl by lumbar puncture between L5 and L6 vertebrae, and the brain and spinal cord were collected 10 minutes after injection.

**Scratching Behavior.** Mice were habituated for 20 minutes in plastic cages with a small amount of bedding. Scratching response was quantified as the number of scratching bouts counted by individuals who were blind to the dosing conditions. One scratching bout was defined as lifting the hind limb, directing it toward the trunk area of body or nape regions following intrathecal or intradermal injection, respectively, scratching, and then placing the hind limb back on the floor. Scratching bouts were measured in 10-minute intervals for either 30 or 60 minutes as previously reported (Sukhtankar and Ko, 2013).

**Rotarod Test.** The rotarod (IITC Life Science, Woodland Hills, CA), consisting of five textured drums of 1.25-cm diameter was used for the assessment of motor function. The total time that the mice were able to remain on the rotating drum was recorded. Mice were acclimatized to the rotarod at 5 rpm for 180 seconds for habituation and then allowed to remain on the rotarod at 10 and 15 rpm for 30 seconds as training. On the test day, mice were tested at 15, 20, 25, and 30 rpm for 180 seconds, and a 10-minute rest period was set between trials. Different groups of naïve animals were used in the rotarod test.

**Immunohistochemistry.** Naïve mice were perfused transcardially with phosphate-buffered saline (PBS) followed by 4% paraformaldehyde. Similar to other studies (Nojima et al., 2003; Nakano et al., 2008), the collected cervical (C3–C5) and lumbar (L4–L6) spinal cord and dorsal root ganglion (DRG, L4–6) were then postfixed for 2 hours and cryoprotected in a 25% sucrose solution at 4°C overnight. Frozen tissues embedded in optimal cutting temperature compound (Sakura Finetek USA, Torrance, CA) were cut at 12 μm (spinal cord) or 10 μm (DRG) with a cryostat, and thaw-mounted on glass slides. The sections were treated with 0.1 M PBS containing 0.3% Triton X-100, and blocked with 5% normal donkey serum at room temperature for 2 hours. The sections were incubated with primary antibodies against BNP (goat polyclonal, 1:100; Santa Cruz Biotechnology, Dallas, TX (Zhang et al., 2010; Liu et al., 2014)), GRP (rabbit polyclonal, 1:4000; ImmunoStar, Hudson, WI (Sun and Chen, 2007; Solorzano et al., 2015)), NeuN (mouse monoclonal, 1:200; EMD Millipore, Billerica, MA), GRPR (rabbit polyclonal, 1:500; MBL International, Woburn, MA), NPRA (rat monoclonal, 25 μg/ml; LifeSpan BioSciences, Seattle, WA), or c-Fos (rabbit polyclonal, 1:50; Santa Cruz Biotechnology) at 4°C overnight. For preabsorption experiments, GRP antibody (1:4000; ImmunoStar) was preincubated with GRP (10 μg/ml; R&D Systems)
or substance P (10 μg/ml; Sigma-Aldrich) in blocking buffer at 4°C overnight before it was applied to sections as previously reported (Solorzano et al., 2015). The following day, sections were washed and incubated in secondary antibodies conjugated with Alexa 488, Cy3 (1:200; Jackson ImmunoResearch Laboratories, West Grove, PA), or Alexa 350 (1:200; ThermoFisher Scientific, Waltham, MA) at room temperature for 2 hours. Finally, the sections were washed, and then a cover glass with mounting medium containing DAPI (Vector Laboratories, Burlingame, CA) were placed over spinal cord and DRG, respectively. Digital images were captured using a Nikon Eclipse Ni fluorescent microscope system (Nikon, Tokyo, Japan). For quantification of c-Fos in each mouse, the number of positive cells in the superficial laminae of the cervical (C3-C5) spinal cord was the average of four randomly selected sections from one segment of each mouse before c-Fos was viewed. All images of c-Fos labeling were taken at the same time with the same camera settings, and the persons performing the counts were blind to treatment groups. Brightness and contrast of fluorescent micrographs were minimally processed and colorized as needed, using Adobe Photoshop. For c-Fos images, adjustments made in Photoshop were applied uniformly in images from all treatment groups.

**Statistical Analysis.** All data are presented as mean ± S.E.M. calculated from individual mouse. Some of behavioral data presenting the total number of scratching bouts (Fig. 1, B and D and Fig. 6, B, D, F, H) and histologic data presenting the number of c-Fos cells (Fig. 7C) were analyzed using one-way analysis of variance followed by Tukey’s test. Other behavioral data (Fig. 5, B and D) were analyzed using unpaired t test. The criterion for significance was set at P < 0.05.

## Results

Figure 1 shows the effects of the NPRA antagonist A71915 (1–3 nmol) on intrathecal BNP (1 nmol)-induced scratching in mice. Compared with the vehicle treatment, BNP (0.3–3 nmol) elicted scratching bouts in dose-dependent and time-dependent manners [F(3, 20) = 11.99; P < 0.05] (Fig. 1, A and B). Pretreatment with A71915 (1–3 nmol) dose-dependently antagonized BNP (1 nmol)-induced scratching [F(2, 15) = 3.878; P < 0.05] (Fig. 1, C and D). Before intrathecal administration, all mice were able to balance on the rotarod at 15 rpm for approximately 180 seconds. Intrathecal A71915 (3 nmol) did not affect motor function, demonstrated by the similar amount of time mice stayed on the rotarod at 15, 20, 25, and 30 rpm in comparison with vehicle treatment (Fig. 1E).

Figure 2 shows the expression of BNP and GRP in the mouse DRG. Immunostaining using antibodies against BNP or GRP revealed the expression of BNP and GRP proteins in the DRG, and both BNP and GRP were coexpressed with neuronal nuclei (NeuN) (Fig. 2, A and B).

Figure 3 illustrates the expression of BNP in lumbar dorsal horn of naïve mice. Double immunostaining using antibodies against BNP or GRP revealed the expression of BNP and GRP proteins in the superficial area of dorsal horn. BNP proteins did not colocalize with GRP expression (Fig. 3, A and C). In addition, BNP was not coexpressed with GRPR or nuclei (DAPI) in the sensory laminae of dorsal horn (Fig. 3, B and C).

In preabsorption experiments, GRP immunoreactivity completely disappeared by preincubation with GRP. On the other hand, positive staining of GRP was observed after preincubation with substance P (Supplemental Fig. S1).

Figure 4 illustrates the colocalization of NPRA and GRP in lumbar dorsal horn of naïve mice. Double immunostaining using antibodies against NPRA or GRP revealed the expression of NPRA and GRP proteins in the superficial area of dorsal horn. NPRA expression in superficial area colocalized with GRP expression (Fig. 4, A and C). On the other hand, NPRA did not overlap with GRPR or nuclei in the sensory laminae of dorsal horn (Fig. 4, B and C).

Figure 5 illustrates the effects of GRPR antagonist RC-3095 and NPRA antagonist A71915 on intrathecal BNP- and GRP-induced scratching in mice, respectively. Pretreatment with RC-3095 (0.1 nmol) inhibited BNP (1 nmol)-induced

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Fig. 1. Effects of the NPRA antagonist A71915 on intrathecal BNP-induced scratching. A71915 was intrathecally administered 10 minutes prior to BNP. Scratching bouts were observed immediately after intrathecal BNP up to 1 hour. Time course in 10-minute intervals (A, C) and dose response of total BNP-induced scratching bouts for 1 hour (B, D) are shown. Top panels (A, B) present the effects of BNP alone. Bottom panels (C, D) present the effects of A71915 on BNP-induced scratching bouts. (C) Rotarod test was performed before and 10 minutes after administration of A71915. Each value represents mean ± S.E.M. (n = 6). ***P < 0.001 versus vehicle. *P < 0.05 versus vehicle/BNP.
scratching ($P < 0.05$) (Fig. 5, A and B). In contrast, pre-treatment with A71915 (3 nmol) had no effect on GRP-induced scratching (Fig. 5, C and D). It is noteworthy that GRP (0.1 nmol) elicited scratching at a greater magnitude compared with BNP (1 nmol).

Figure 6 compares the effects of NPRA antagonist A71915 and GRPR antagonist RC-3095 on intradermal pruritogen-induced scratching in mice. Endothelin-1 (0.1 nmol, Fig. 6, A and B), U-46619 (10 nmol, Fig. 6, C and D), BAM8-22 (50 nmol, Fig. 6, E and F), or SLIGRL (100 nmol, Fig. 6, G and H) elicited scratching bouts at different degrees of magnitude. A71915 (3 nmol) did not affect scratching induced by all four pruritogens. In contrast, RC-3095 (0.1 nmol) inhibited the SLIGRL-induced scratching ($F(2, 15) = 4.576; P < 0.05$) (Fig. 6, G and H) but had no effect on other pruritogens.

Figure 7 demonstrates the effects of GRPR antagonist RC-3095 and NPRA antagonist A71915 on intradermal SLIGRL-induced c-Fos activation in cervical dorsal horn at 2 hours after administration. SLIGRL (100 nmol) elicited c-Fos activation and approximately 16 c-Fos$^+$ cells per section were observed in the nuclei of sensory laminae of dorsal horn (Fig. 7, B and C). Treatment with RC-3095 (0.1 nmol), but not A71915 (3 nmol), inhibited SLIGRL-induced c-Fos activation ($F(3, 16) = 20.76; P < 0.05$) (Fig. 7, A and C).

### Discussion

The present study provides four novel findings advancing our understanding of how the itch sensation is regulated in the mouse spinal cord. First, intrathecal BNP dose dependently elicited scratching responses that were antagonized by the NPRA antagonist A71915, providing pharmacological evidence of spinal BNP-NPRA system for regulating itch. Second, NPRA proteins colocalized with GRP, but not GRPR, in the superficial area of dorsal horn, whereas BNP proteins did not colocalize with either GRP or GRPR in the dorsal horn; and a GRPR antagonist RC-3095 inhibited intrathecal BNP-induced scratching. These data support the notion that BNP-NPRA system may function upstream of the GRP-GRPR signaling in the pruriceptive circuit. Third, intrathecal A71915 did not attenuate scratching induced by intradermal administration of four different pruritogens. On the other hand, RC-3095 partially attenuated scratching induced by only SLIGRL but not by other pruritogens. At functionally receptor-selective doses, GRPR and NPRA antagonists seem limited in alleviating peripherally elicited itch. Fourth, RC-3095, but not A71915, inhibited intradermal SLIGRL-elicited c-Fos activation in the spinal dorsal horn. This finding complements behavioral effects of RC-3095 and A71915 on SLIGRL-induced scratching.

Prior to the present study, there was no dose-response study of BNP-elicited scratching. We found that intrathecal administration of BNP (0.3–1 nmol) dose dependently elicited...
scratching responses in mice (Fig. 1). However, the onset and magnitude of BNP-induced scratching are slower and smaller than GRP (Sukhtankar and Ko, 2013). Pretreatment with an NPRA antagonist A71915 dose dependently attenuated intrathecal BNP-induced scratching (Fig. 1). This finding not only identifies a functionally selective antipruritic dose of the NPRA antagonist without compromising motor function but also conceptually supports previous findings showing that treatment with BNP-saporin inhibited BNP-induced scratching (Mishra and Hoon, 2013). In addition, immunostaining revealed the expression of NPRA protein in the superficial area of dorsal horn (Fig. 4), which is similar to findings by Liu et al. (2014). Moreover, the expression of BNP proteins in the DRG and the superficial area of dorsal horn (Figs. 2 and 3) suggests that BNP may be produced by primary sensory neurons, which is anatomically similar to previous findings (Zhang et al., 2010; Mishra and Hoon, 2013). These lines of functional and anatomic evidence indicate that BNP-NPRA system is involved in the spinal processing of itch.

Similar to previous studies (Masui et al., 1993; Sukhtankar and Ko, 2013), intrathecal GRP rapidly elicited scratching (Fig. 5). The expression of GRPR protein was observed in the sensory laminae of dorsal horn (Figs. 3 and 4), consistent with previous reports (Sun and Chen, 2007; Fleming et al., 2012). These findings may suggest that intrathecally-delivered GRP acts directly on GRPR, resulting in rapid scratching behavior. Using a functionally receptor-selective dose (0.1 nmol) of the GRPR antagonist RC-3095 (Sukhtankar and Ko, 2013), we found that RC-3095 blocked BNP-induced scratching (Fig. 5). However, A71915 was ineffective in blocking GRP-induced scratching. Here we found direct colocalization of NPRA and GRP in the superficial area of dorsal horn (Fig. 4), as indirectly supported by previous findings using GRP-driven green fluorescent protein–expressing mice (Mishra and Hoon, 2013). Although GRP antibody may have cross-reacted with substance P in the preabsorption control experiment (Supplemental Fig. S1), we have demonstrated GRP-specific immunoreactivity in the dorsal horn in accordance with a recent study (Solorzano et al., 2015). Furthermore, we present the first evidence demonstrating that NPRA does not colocalize with either GRP or GRPR in the dorsal horn (Fig. 3). According to their protein expression patterns in the dorsal horn, BNP might be mainly secreted from primary afferent terminals. On the other hand, GRP might be provided by both primary afferent terminals and spinal interneurons. This notion is conceptually supported by previous studies (Sun and Chen, 2007; Takanami et al., 2014; Solorzano et al., 2015). These lines of evidence suggest that BNP-NPRA system might modulate GRP-expressing neurons without direct effects on GRPR-expressing neurons in the dorsal horn. On the basis of

Fig. 4. Colocalization of NPRA and GRP in lumbar dorsal horn of mice. Expression and localization of NPRA, GRP, and GRPR in lumbar dorsal horn were examined by immunohistochemistry in naïve mice. Representative micrographs from four mice in lower magnification (A, B) and higher magnification (C) of bordered square are shown. Scale bars, 100 μm (A, B) and 20 μm (C).

Fig. 5. Cross-examination of effects of the GRPR antagonist RC-3095 and NPRA antagonist A71915 on intrathecal BNP- and GRP-induced scratching. Each antagonist was intrathecaIly administered 10 minutes prior to BNP (1 nmol) or GRP (0.1 nmol). Scratching bouts were observed immediately after intrathecal BNP or GRP up to 1 hour. Time course in 10-minute intervals (A, C) and total scratching bouts for 1 hour (B, D) are shown. Top panels (A, B) and bottom panels (C, D) present the effects of RC-3095 and A71915, respectively. Each value represents mean ± S.E.M. (n = 6). *p < 0.01 versus vehicle/BNP.
anatomic and functional evidence from previous findings (Mishra and Hoon, 2013) and the present study, we hypothesized that BNP-NPRA system functions upstream of GRP-GRPR system through the GRP release subsequent to NPRA activation. The evidence presenting each independent expression of GRP and GRPR in sensory laminae of dorsal horn also supports this hypothesis (Solorzano et al., 2015). Collectively, these findings indicate that BNP-induced scratching requires GRP release, thereby causing a delayed onset of BNP-induced scratching in comparison with GRP.

Several pruritogens have been identified and used in rodent studies to peripherally elicit itch scratching. We used endothelin-1 (Trentin et al., 2006), U-46619 [thromboxane A2 analog (Andoh et al., 2007)], BAM8-22 [activator of Mas-related G protein-coupled receptors (Sikand et al., 2011)], and SLIGRL [a proteinase-activated receptor-2 agonist (Shimada et al., 2006)], to elicit scratching through activation of their respective pruriceptors in primary afferents; we then determined the involvement of BNP-NPRA and GRP-GRPR systems in spinal processing of histamine-independent itch.

**Fig. 6.** Comparison of effects of the GRPR antagonist RC-3095 and NPRA antagonist A71915 on intradermal pruritogen-induced scratching. Each antagonist was intrathecally administered 10 minutes prior to intradermal pruritogen. Scratching bouts were observed immediately after intradermal administration of endothelin (A, B), U-46619 (C, D), BAM8-22 (E, F), or SLIGRL (G, H) up to 30 minutes. Time course in 10-minute intervals (tops: A, C, E, G) and total scratching bouts for 30 minutes (bottoms: B, D, F, H) are shown. Each value represents mean ± S.E.M. (n = 6). *P < 0.05 versus vehicle/SLIGRL.

**Fig. 7.** Effects of the GRPR antagonist RC-3095 and NPRA antagonist A71915 on intradermal SLIGRL-induced c-Fos activation. Each antagonist was intrathecally administered 10 minutes prior to SLIGRL. Expression of c-Fos protein in cervical dorsal horn was evaluated 2 hours after intradermal administration of SLIGRL by immunohistochemistry. Representative micrograph (A) and mean number of c-Fos+ cells (C) in each group are shown. (B) Higher magnification of bordered square in vehicle/SLIGRL indicates c-Fos overlaps with DAPI. Scale bars, 100 μm (A) and 20 μm (B). Each value represents mean ± S.E.M. (n = 5). ***P < 0.001 versus vehicle control, ##P < 0.01 versus vehicle/SLIGRL. ns, Not significant versus vehicle/SLIGRL.
Following lumbar intrathecal administration, a ligand is generally considered to distribute within the whole mouse spinal cord including cervical region (Nojima et al., 2003; Sun and Chen, 2007; Akiyama et al., 2013; Mishra and Hoon, 2013), as we demonstrated an even distribution throughout the spinal cord by using Evans blue dye (Supplemental Figure S2). Hence, using the same procedure as reported previously [e.g., Pereira et al. (2011); Akiyama et al. (2013); Akiyama et al. (2014)], we measured whether intrathecal pretreatment with either NPRA or GRPR antagonist can attenuate scratching responses elicited by intradermal pruritogens in the neck. At the dose sufficient to block spinal BNP-induced scratching, AT1915 did not attenuate scratching responses elicited by these four pruritogens (Fig. 6). This is the first pharmacological evidence showing the minimal role of spinal BNP-NPRA system in regulating peripherally elicited scratching in mice. On the other hand, RC-3095 partially inhibited only SLIGRL-induced scratching, but not others. Indeed, the different effectiveness of RC-3095 against SLIGRL- versus BAMS-22-induced scratching observed herein is similar to that found by Akiyama et al. (2013). Nonetheless, other reports show that peripherally elicited scratching by not only SLIGRL but also other pruritogens were greatly reduced in BNP- or GRPR-knockout mice (Sun and Chen, 2007; Mishra and Hoon, 2013). Although these studies illustrate the cellular mechanisms of itch processing, knockout mice may often have unexpected compensatory influence on the homeostatic system (Lariviere et al., 2001). In addition, by using targeted toxins (i.e., saporin), neuronal ablation eliminates not only targeted receptors but also other molecules coexpressed on the same neurons. Findings from these approaches may not agree with the functional evidence of pharmacological blockade (Sasaki et al., 2013). Thus, we concluded that pharmacological antagonism of spinal NPRA or GRPR is not sufficient to relieve peripherally elicited itch under these conditions.

Conventionally, behavioral effects is supported by anatomic evidence or biologic action. The c-Fos is one of the early response genes and it is considered to be the suitable marker of neuronal activation (Hunt et al., 1987; Morgan and Curran, 1989). Especially, c-Fos expression has often been evaluated to justify the activation of pain- or itch-processing neurons in the central nervous system (Presles et al., 1990; Yao et al., 1992). Several reports indicate that the c-Fos expression in dorsal horn neurons correspond with peripherally administered pruritogens, including SLIGRL (Nakano et al., 2008; Imamachi et al., 2009). In the present study, c-Fos activation was observed in the superficial area of cervical dorsal horn following intradermal administration of SLIGRL (Fig. 7). Inhibition of SLIGRL-induced c-Fos activation by RC-3095, but not by AT1915, strongly supports the behavioral findings. These results indicate that an anatomic approach evaluating c-Fos expression strengthens validity of behavioral studies assessing antipruritic effects of these candidates. Although pruriceptive circuitry in the dorsal horn is still not clear, on the basis of our present findings we hypothesized that intradermal SLIGRL might induce the release of GRP from some GRP-expressing neurons, but only a small amount of BNP might be released in the dorsal horn.

In summary, this pharmacological study provides functional and anatomic evidence that BNP-NPRA system may function upstream of the GRP-GRPR system to regulate neurotransmission of itch in the mouse spinal cord. In addition, spinal blockade of GRPR is partially effective in regulating peripherally elicited itch. It is interesting to note that activation of supraspinal GRPR can also elicit excessive scratching in rodents (Su and Ko, 2011). Given that nonhuman primate behavioral models have been used to distinguish spinal versus supraspinal actions of different ligand-receptor systems for regulating itch and pain (Ding et al., 2015; Lee and Ko, 2015), it is essential to further investigate the functional relationship of central GRP-GRPR and BNP-NPRA systems in primates. Spinal delivery of GRP elicited robust scratching responses in primates (Lee and Ko, 2015), which can be used to compare the onset, magnitude, and duration of scratching activity elicited by any ligands, including BNP, and to determine if BNP-induced scratching depends on the GRP-GRPR system. More importantly, these pharmacological studies in nonhuman primates will provide a translational bridge to discover the effectiveness of NPRA and GRPR antagonists and other therapeutic candidates against centrally or/and peripherally elicited itch.

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Authorship Contributions

Participated in research design: Kiguchi, Sukhtankar, Ding, Tanaka, Ko.
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