Inhibiting Protein Arginine Deiminases Has Antioxidant Consequences

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ABSTRACT
Ulcerative colitis is a dynamic, idiopathic, chronic inflammatory condition that carries a high colon cancer risk. We previously showed that Cl-amidine, a small-molecule inhibitor of the protein arginine deiminases, suppresses colitis in mice. Because colitis is defined as inflammation of the colon associated with infiltration of white blood cells that release free radicals and citrullination is an inflammation-dependent process, we asked whether Cl-amidine has antioxidant properties. Here we show that colitis induced with azoxymethane via intraperitoneal injection + 2% dextran sulfate sodium in the drinking water is suppressed by Cl-amidine (also given in the drinking water).

Inducible nitric oxide synthase, an inflammatory marker, was also downregulated in macrophages by Cl-amidine. Because epithelial cell DNA damage associated with colitis is at least in part a result of an oxidative burst from overactive leukocytes, we tested the hypothesis that Cl-amidine can inhibit leukocyte activation, as well as subsequent target epithelial cell DNA damage in vitro and in vivo. Results are consistent with this hypothesis, and because DNA damage is a procancerous mechanism, our data predict that Cl-amidine will not only suppress colitis, but we hypothesize that it may prevent colon cancer associated with colitis.

Introduction
Ulcerative colitis is a heterogeneous, chronic, relapsing inflammatory bowel disease (IBD) that has a significant impact on quality of life. The millions of people who have this disease have an increased colon cancer risk. Despite varying causes (e.g., environmental factors, genetic susceptibility, imbalanced enteric bacteria), the end result is an abnormal immune response with repeated episodes of colonic inflammation. Although not everyone with colitis develops colon cancer, risk increases when disease duration exceeds 10 years, on the order of 0.5–1.0% annually (Itzkowitz and Yio, 2004). Conventional colitis treatments can reduce periods of active disease and help maintain remission, but these treatments often bring marginal results and patients become refractory and develop serious side effects. Hence, we continue to look for less toxic and more efficacious drugs to suppress colitis and prevent colon cancer.

Protein arginine deiminases (PADs) are an enzyme family that converts peptidyl-arginine to peptidyl-citrulline (Arg → Cit) (Jones et al., 2009), a process called "citrullination." Mammals encode 5 isozymes within a single evolutionarily conserved gene cluster located on human chromosome 1 (1p35–36) (Vossenaar et al., 2003). Mammalian PAD family members (PAD1–4 and 6) are highly related enzymes within and between individual species. PAD-mediated citrullination post-translationally modifies target proteins, which affects their function (Vossenaar et al., 2003). Recently, protein citrullination has received increased attention because of its role in the pathogenesis of various inflammatory conditions, such as rheumatoid arthritis, multiple sclerosis, psoriasis, chronic obstructive pulmonary disease, neurodegenerative diseases and, because of its emerging role in various human and animal cancers (Mohanan et al., 2012). Biochemical and genetic evidence suggests that dysregulated PADs also contribute to the onset and progression of colitis and colon cancer. For example, increased PAD levels are observed in colonic inflammatory lesions in Crohn’s disease (Struyf et al., 2009). We confirmed that PADs are also overexpressed in the colons of colitis patients and in mouse colitis (Chumanevich et al., 2011). PAD levels have also been reported to be increased in tumors, including colon adenocarcinomas (Chang and Han, 2006; Mohanan et al., 2012).

Importantly, we showed that Cl-amidine (Fig. 1), a novel small-molecule PAD inhibitor, delivered by oral gavage, suppresses mouse colitis (Chumanevich et al., 2011). It should be noted that Cl-amidine irreversibly inhibits PADs through the covalent modification of Cys645 in the active site of...
Materials and Methods

Cl-Amidine. The synthesis of Cl-amidine has been described previously (Luo et al., 2006; Causey and Thompson, 2008).

Cell Culture and Treatment. ANA-1 mouse macrophages or HCT116 human colon cancer cells lines were maintained in Dulbecco’s modified Eagle’s media (HyClone, Logan, UT) supplemented with 10% fetal bovine serum (Biofluids, Rockville, MD), penicillin (10 U/ml) and streptomycin (10 μg/ml; Biofluids). Experiments with Cl-amidine were carried out by preincubating cells with 0–10 μg/ml (0–25 μM) Cl-amidine for 12 hours. To activate ANA-1 cells, Cl-amidine was washed off, and cells were exposed to 100 μM interferon-γ (IFN-γ; R&D Systems, Minneapolis, MN).

Coculture Conditions. Coculture experiments were carried out as previously described (Hofseth et al., 2003) with modifications. HCT116 colon cancer cells were seeded at 2.5 × 10⁶ cells per 150 mm culture dish 24 hours before exposure to Cl-amidine (10 μg/ml) for 12 hours. Cl-amidine was washed off, then HCT116 cells were exposed to culture dish 24 hours before exposure to Cl-amidine (10 μg/ml). Experiments with Cl-amidine were carried out by preincubating cells with 0–10 μg/ml (0–25 μM) Cl-amidine for 12 hours. To activate ANA-1 cells, Cl-amidine was washed off, and cells were exposed to 100 μM interferon-γ (IFN-γ; R&D Systems, Minneapolis, MN).

Dextran Sulfate Sodium Mouse Model of Colitis. An outline of the colitis mouse model can be found in Fig. 2A. For this, dextran sulfate sodium (DSS; MP Biomedicals, Solon, OH; mol. wt. 36,000–50,000) mouse model, forty 8-week-old C57BL/6 male mice were injected with azoxymethane (AOM; 10 mg/kg i.p.) and divided into four groups. AOM was used because this experiment was carried out in parallel with a colon cancer study (using AOM/DSS); thus, we wanted to replicate each animal model as close as possible. Mice in group 1 were given drinking water ad libitum throughout the experiment. One week after AOM injection, 2% DSS was added to the drinking water for groups 2, 3, and 4. Groups 3 and 4 were given 0.25 and 0.5 mg/ml Cl-amidine, respectively, in the drinking water when 2% DSS was added to the water. Fresh doses of DSS and Cl-amidine were added to the drinking water every 48 hours, ensuring compound stability throughout the experiment. Colitis induction was evaluated during this study by monitoring body weight changes, bloody and loose stool, and rectal bleeding with daily observations. We determined that colitis was being sufficiently induced in group 2 compared with groups 1, 3, and 4 (data not shown). We did not examine colon cancer as an endpoint for these experiments because we wanted to determine whether Cl-amidine administered in the drinking water at our doses was effective in suppressing DSS-induced colitis before embarking on a lengthy, expensive mouse model of colitis-associated colon cancer.

Cl-amidine (0.5 mg/ml) is the equivalent to approximately 486 mg/day for humans. Our calculation of the human equivalent amount of Cl-amidine consumed by mice uses the body surface area normalization method (Reagan-Shaw et al., 2008), with the following assumptions: a typical mouse drinks 5 ml water daily and weighs 25 g; the average adult human weighs 60 kg. Therefore, 0.5 mg/ml × 5 ml drinking water/day = 2.5 mg Cl-amidine/day. An average mouse weighs 25 g, therefore 2.5 mg/25 g × 1000 g/1 kg = 100 mg/kg per day. As discussed by Reagan-Shaw et al. (2008), the human equivalent dose (HED; mg/kg) = animal dose (mg/kg) × [animal Kᵦ/human Kᵦ]. As such, HED (mg/kg) for mouse = 100 mg/kg × [3/37] = 8.1 mg/kg. If an average human adult weighs 60 kg, this equates to 8.1 mg/kg × 60 kg = 486 mg/day for humans. Correspondingly, 0.25 mg/ml is approximately the HED of 243 mg/day. After 14 days, mice were euthanized. For 4 mice/group, colons were flushed out with 1 × phosphate-buffered saline, opened longitudinally, and then incubated in 10% fetal bovine serum/5 mM EDTA/Ca²⁺/Mg²⁺ free phosphate-buffered saline for 15 minutes. Colons were shaken...
gently for 10 seconds, and the single-cell suspension consisting of epithelial and inflammatory cells was collected in the supernatant. Trypan blue staining revealed $95\%$ viable cells by microscopic observation. Epithelial and inflammatory cells were separated using CD45$^+$ magnetic cell sorting technology, according to kit instructions (Miltenyi BioTec, Auburn, CA). Small aliquots of cells from each group were centrifuged, and a dry pellet was frozen at $-80\degree C$ for Western blot analysis. CD45$^+$ epithelial cells were counted, equalized to $1/10^6$ cells, centrifuged (1500 rpm, 5 minutes). Pellets were resuspended in freezing media and frozen at $-80\degree C$ until Comet analysis. CD45$^-$ inflammatory cells were counted, equalized to $1/10^6$ cells, centrifuged (1500 rpm, 5 minutes), and examined for oxidative bursts by chemiluminescence. For the remaining 6 mice/group, colons were removed and measured. Colons were cut longitudinally, Swiss-rolled, and fixed in 10% buffered formalin overnight and then processed for histopathology/immunohistochemistry by paraffin embedding and sectioning.

**Quantification of Inflammation to Examine Effects on Colitis.** Paraﬃn embedded tissues were serially sectioned, and one section from each mouse was stained with H&E. Sections were microscopically examined for histopathologic changes, as we did previously (Jin et al., 2010).

**Western Blot Analysis and Antibodies.** Western blots were carried out as described previously (Ying et al., 2005). Antibodies used include inducible nitric oxide synthase (iNOS; rabbit polyclonal, diluted 1:1000; Cayman Chemicals, Ann Arbor, MI), cyclooxygenase-2 (Cox-2; rabbit polyclonal, diluted 1:2000; Cayman Chemicals), superoxide dismutase 1 (SOD1; rabbit polyclonal, diluted 1:2000; Abcam), glutathione peroxidase 1 (GPx1; rabbit polyclonal, diluted 1:500; Abcam), catalase (rabbit polyclonal, diluted 1:500; Abcam), and GAPDH (glyceraldehyde 3-phosphate dehydrogenase; rabbit monoclonal, clone 14C10, diluted 1:1000; Cell Signaling Technology, Danvers, MA).

**Immunohistochemical Staining.** For immunohistochemical staining, serial sections of mouse colon tissues (processed as described above) were incubated with anti-iNOS (rabbit polyclonal, diluted 1:2000; Cayman Chemicals), catalase (rabbit polyclonal, diluted 1:1000; Abcam), GPx1 (rabbit polyclonal, diluted 1:1000; Abcam), and SOD1 (rabbit polyclonal, diluted 1:500; Abcam). To ensure even staining and reproducibility, sections were incubated by slow rocking overnight in primary antibodies ($4\degree C$) using the antibody amplifier (ProHisto, LLC, Columbia, SC). Sections were processed with EnVision+ System-HRP kit according to kit protocols (DakoCytomation, Carpinteria, CA). The positive control was colon cancer tissue and the negative control lacked primary antibody incubation. Immunohistochemistry was quantified as described previously (Poudyal et al., 2012).

### Fig. 3.

In this figure, the authors show that iNOS levels are reduced in the colons of mice treated with Cl-amidine. Six mice from each of the indicated groups were euthanized on day 14, and colons were harvested from each animal and stained with iNOS as described in **Materials and Methods**. (A) Immunoreactivity score (IRS) for each group. Values represent the mean $\pm$ S.E. *Significant difference from the AOM + DSS only group ($P < 0.01$). (B) Representative sections of indicated group. Positive staining is brown colored. (400-x magnification.)

### Fig. 4.

This figure illustrates that Cl-amidine attenuates the activation of macrophages and protects from DNA damage in target epithelial cells in vitro. (A) iNOS and Cox-2 induction after treatment of ANA-1 mouse macrophages with IFN-$\gamma$. Numbers below each blot represent the GAPDH-adjusted density of each band, with the control (0 hour, no treatment) being a baseline of 1.0. The observation that for both markers (iNOS and Cox-2) density is lower in unstimulated cells exposed to Cl-amidine (0 hour, +10 $\mu$g/ml Cl-amidine, 5th lane) suggests Cl-amidine inhibits basal activity of macrophages. Accordingly, it also inhibits the activation of macrophages. (B) An oxidative burst in ANA-1 mouse macrophages is attenuated by pretreatment with Cl-amidine (10 $\mu$g/ml). Chemiluminescence was measured as described in **Materials and Methods**. Results were compared with no Cl-amidine control ($\pm$ S.E.). (C) In the presence of an oxidative burst, target epithelial cells (HCT116 colon cancer cells) pretreated with 10 $\mu$g/ml Cl-amidine are protected from DNA damage. Results are represented as the mean Comet tail moment $\pm$ S.E., scoring 50 comets/treatment group. Representative images of Comets in each treatment group are shown above each bar graph. *Significant difference from the untreated (No Cl-amidine) macrophages that were cocultured for 4 hours ($P < 0.01$).
Measuring Oxidative Bursts. Oxidative bursts from inflammatory cells were measured by chemiluminescence according to kit directions (World Precision Instruments, Sarasota, FL) and described by our group previously (Jin et al., 2008).

Comet Analysis. A Comet assay was performed according to kit instructions (CometAssay; Trevigen, Gaithersburg, MD). Cells treated with hydrogen peroxide (200 μM, 20 minutes) were positive controls. Fifty comets/treatment were captured and quantified with the Automated Comet Assay Analysis System (Loats Associates, Inc., Westminster, MD). The percentage of DNA damage is defined as the percentage of DNA in the tail. The percentage of DNA in the tail is defined as integrated tail intensity × 100/total integrated cell intensity = normalized measure of the % total cell DNA in the tail.

Statistical Analysis. Mean differences between groups were compared by one-way analysis of variance with Scheffe multiple comparison tests. The P value chosen for significance in this study was 0.05.

Results

Cl-Amidine Delivered through the Drinking Suppresses DSS-Induced Colitis. We previously showed that Cl-amidine, delivered daily by oral gavage, suppresses DSS-induced colitis in mice (Chumanevich et al., 2011). Because Cl-amidine has a relatively short half-life in mice (37 minutes) (Bicker et al., 2012a), we wanted to determine whether adding Cl-amidine in the drinking water would enable a slower delivery of similar dosages that had worked previously (Chumanevich et al., 2011). In our previous study, mice were dosed with Cl-amidine at 75 mg/kg per day by oral gavage. Here, we estimate that 0.25 and 0.5 mg/ml are equivalent to 50 and 100 mg/kg daily (see calculations in Materials and Methods). Figure 2B shows that delivering Cl-amidine through the water effectively suppresses colitis induced by AOM + DSS. The addition of both 0.25 and 0.5 mg/ml are equally effective, with the histology score nearly that of the AOM only control group. Similarly, Cl-amidine increased weight gain compared with AOM + DSS-treated mice. It is important to note that under such conditions Cl-amidine does suppress protein citrullination (Bicker et al., 2012b).

Because mouse colon length shrinks with stress, inflammation, and ulceration, colon lengths were measured upon euthanasia. Compared with the AOM only group (group 1: 8.7 ± 0.15 cm), the length was significantly reduced in the AOM + DSS group (group 2: 7.7 ± 0.27 cm). Mice consuming AOM + DSS + 0.25 mg/ml Cl-amidine (group 3) had a statistically significant increase in colon length (9.0 ± 0.15 cm) compared with the AOM + DSS group. Mice consuming AOM + DSS + 0.5 mg/ml Cl-amidine (group 4) had a statistically similar colon length (8.6 ± 0.26 cm) to that of groups 1 and 3, indicative of healthier, less inflamed colon in groups 1, 3, and 4.

To further verify the in vivo immunosuppressive effects of Cl-amidine on colon inflammation, we probed colon tissues for iNOS by immunohistochemistry. Figure 3 shows representative sections of stained tissues and quantification of iNOS. Overall, iNOS levels were elevated in AOM + DSS-treated animals and stained with catalase (B), GPx1 (C), and SOD1 (D) as described in Materials and Methods. Immunoreactivity scores (IRS) are shown for each group. Values represent the mean ± S.E. Significance is compared with the AOM + DSS only group: *P < 0.05; **P < 0.01; ***P < 0.005. Representative sections of each group were taken at 400 x magnification, and positive staining is brown colored.
mice, with staining appearing mostly in epithelial cells. iNOS staining was statistically significantly reduced in the AOM + DSS + Cl-amidine–treated mice. Such results both confirm and complement our H&E pathology results.

Cl-Amidine Inhibits Inflammatory Cell Activation and Associated DNA Damage in Target Epithelial Cells In Vitro and In Vivo. Mucosal and DNA damage associated with colitis, in part, is a result of an oxidative burst from overactive inflammatory cells (Luhrs et al., 2002; Sartor, 2006). Because we found that preincubating ANA-1 mouse macrophages with Cl-amidine suppressed iNOS and Cox-2 induction by IFN-γ (Fig. 4A), we tested the hypothesis that PAD inhibition by Cl-amidine can inhibit leukocyte activation with release of free radicals through an oxidative burst and resultant epithelial cell DNA damage. Figure 4B shows that Cl-amidine (10 μg/ml) inhibits oxidative bursts in cultured macrophages. Cells pretreated with Cl-amidine for 12 hours have 60% less oxidative burst capacity than cells not treated with Cl-amidine. This indicates Cl-amidine blunts basal oxidative bursts. One hour after activation with IFN-γ, Cl-amidine–treated cells have 60% of the oxidative burst capacity of untreated cells, indicating that Cl-amidine also protects from an induced oxidative burst. Thereafter, cells begin regaining their oxidative burst capacity, presumably because of the depletion of Cl-amidine.

Because an oxidative burst from macrophages can induce DNA damage in target epithelial cells, we cocultured ANA-1 macrophages with HCT116 colon cancer cells (see Materials and Methods). Figure 4C shows a time-dependent increase in DNA damage, as assessed by Comet assay. Cells preincubated with Cl-amidine were significantly protected from DNA damage at 4 hours after the initiation of coincubation (P < 0.01).

We next asked whether Cl-amidine can activate antioxidant enzymes. Therefore, we measured the levels of key antioxidant enzymes, catalase, GPx1, and SOD1, which are shown to be reduced in models of IBD (Cetinkaya et al., 2006; Sakthivel and Guruvayoorappan, 2013; Ren et al., 2014). Figure 5A shows that the level of each enzyme increases maximally when Cl-amidine is dosed at 5 μg/ml (12 μM) in ANA-1 murine macrophages. Also, we demonstrated that Cl-amidine treatment upregulates antioxidant enzymes in our mouse model of colitis compared with AOM + DSS–treated mice (Fig. 5, B–D). As expected, the AOM only–treated mice had low basal levels of catalase and GPx1 due to no induction of inflammation. Likewise, the AOM + DSS–treated mice had attenuated levels of catalase, GPx1, and SOD1 in the presence of significant inflammation. To note, the AOM only group did have a higher basal level of SOD1; however, SOD1 levels were restored upon Cl-amidine treatment (Fig. 5D).

To test whether Cl-amidine inhibits an oxidative burst and associated DNA damage in vivo, isolated colon epithelial and inflammatory cells from mice treated with and without Cl-amidine (see Materials and Methods). Figure 6A shows that AOM + DSS–treated mice have increased levels of iNOS in CD45+ and CD45- cells. iNOS induction is attenuated in mice consuming Cl-amidine. CD45+ leukocytes were examined for an oxidative burst by chemiluminescence and we found that Cl-amidine suppresses CD45+ cell activity in the colon (Fig. 6B). CD45-colon epithelial cells from the same mice were examined for DNA damage by Comet analysis. Figure 6C shows DNA damage is blunted in mice consuming Cl-amidine. Interestingly, but not surprisingly, there was appreciable DNA damage in the AOM + DSS group. Such damage is attributed to AOM, a carcinogen capable of causing DNA damage in the gastrointestinal tract (Petzold and Swenberg, 1978; Hong et al., 2001). These results indicate that Cl-amidine attenuates inflammatory cell activation and protects from colon epithelial cell damage in vivo.

Discussion

Here we have shown that the pan-PAD inhibitor Cl-amidine, given to mice in drinking water and shown by us to block
protein citrullination in mice fed Cl-amidine (Bicker et al., 2012b), suppresses colitis (Fig. 2). Additionally, we have shown that Cl-amidine suppresses an oxidative burst in leukocytes and protects target epithelial cells from DNA damage in vitro (Fig. 4) and in vivo (Fig. 6). Increasing evidence shows that PADs are involved in the citrullination of multiple target proteins. Although there are some overlapping target proteins, each isoform (PAD1–4 and PAD6) appears to target a unique set of cellular proteins (Knuckle et al., 2007; Darrah et al., 2012). For instance, PAD4 (the most well studied PAD isoform) is involved in gene regulation and apoptosis, acting as a transcriptional coregulator for p21, p53, p300, CIP1, ELK1, ING4, and nuclearophosmin (Li et al., 2008; Yao et al., 2008; Tanikawa et al., 2009; Guo and Fast, 2011; Zhang et al., 2011). Because Cl-amidine is a pan-PAD inhibitor (Knuckle et al., 2010), it is likely that it suppresses the citrullination of many of these PAD target proteins.

Because citrullination is an inflammation-dependent event (Makryannikis et al., 2006) and we previously showed (and show here) that Cl-amidine suppresses colon inflammation (Fig. 2) (Chumanevich et al., 2011), it is likely that citrullination of proteins specifically involved in colitis drives inflammation. Accordingly, we have shown here that PAD inhibition by Cl-amidine suppresses reactive oxygen species release by inflammatory cells. This brings up the intriguing possibility that enzymes/proteins directly involved in reactive oxygen species production are affected by citrullination. Such enzymes/proteins include not only TNF-α (a major target for treatment of IBD in humans that has been shown to be citrullinated, resulting in a change in activity; Moelants et al., 2013), but also downstream targets, such as iNOS and Cox-2, both of which were suppressed by Cl-amidine (Figs. 3, 4, and 6). Our finding that catalase, GPx1, and SOD1 are all elevated by Cl-amidine in vitro and in vivo (Fig. 5) is also consistent with the hypothesis that these antioxidant enzymes are mechanistically involved in the cross-roads of Cl-amidine and its ability to suppress an oxidative burst. Because Cl-amidine induces p53 (Li et al., 2008; Cui et al., 2013) and p53 drives the expression of antioxidant enzymes (Tan et al., 1999; Hussain et al., 2004; Yoon et al., 2004; Bensaad et al., 2006; Popowich et al., 2010; Kang et al., 2013), potentially p53 repression by PADs (either by direct or upstream citrullination) is suppressing the ability of p53 to activate antioxidant enzymes. This hypothesis, though, would have to be tested.

In summary, we have shown that the pan-PAD inhibitor Cl-amidine through the drinking water is a viable treatment strategy for colitis. Our data reveal that Cl-amidine directly inhibits leukocyte activation and target epithelial DNA damage within the colon. Because of the strong link between chronic DNA damage and increased cancer risk, we are carrying out separate, long-term studies to explore the hypothesis that Cl-amidine protects mice from inflammation-driven colon cancer. Further studies will also explore whether Cl-amidine works upstream of the colon in peripheral blood cells or lymphoid tissues. Indeed, other biologic therapies can cause cellular apoptosis within spleens of treated mice (Fuss et al., 1999). Here, we present the first line of evidence that a pan-PAD small-molecule inhibitor (Cl-amidine) has anti-inflammatory properties in a colitis mouse model with the ability to suppress leukocyte activation and prevent colon epithelial DNA damage both in vitro and in vivo.


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