Bioenergetic Effects of Mitochondrial-Targeted Coenzyme Q Analogs in Endothelial Cells


Departments of Internal Medicine/Endocrinology (B.D.F., J.A.H., M.A.Y., W.I.S.) and Pharmaceutical Sciences and Experimental Therapeutics (A.M.F., R.J.K.), University of Iowa, Iowa City, Iowa; and Iowa City Veterans Affairs Medical Center, Iowa City, Iowa (B.D.F., J.A.H., M.A.Y., W.I.S.)

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ABSTRACT

Mitochondrial-targeted analogs of coenzyme Q (CoQ) are under development to reduce oxidative damage induced by a variety of disease states. However, there is a need to understand the bioenergetic effects of these agents and whether or not these effects are related to redox properties, including their known pro-oxidant effects. We examined the bioenergetic effects of two mitochondrial-targeted CoQ analogs in their quinol forms, mitoquinol (MitoQ) and plastoquinonyl-decyl-triphenyl-phosphonium (SkQ1), in bovine aortic endothelial cells. We used an extracellular oxygen and proton flux analyzer to assess mitochondrial action at the intact-cell level. Both agents, in dose-dependent fashion, reduced the oxygen consumption rate; OCRATP, OCR directed at ATP turnover; SkQ1, plastoquinonyl-decyl-triphenyl-phosphonium; SOD, superoxide dismutase; TPP, N\textsuperscript{-}acetylcysteine; OCR, oxygen consumption. Both compounds increased extracellular acidification in the basal state consistent with enhanced glycolysis. Both compounds enhanced mitochondrial superoxide production assessed by using mitochondrial-targeted dihydroethidium, and both increased \( \text{H}_2\text{O}_2 \) production from mitochondria of cells treated before isolation of the organelles. The manganese superoxide dismutase mimetic manganese(III) tetraakis(1-methyl-4-pyridyl)porphyrin did not alter or actually enhanced the actions of the targeted CoQ analogs to reduce OCR\textsubscript{ATP}. In contrast, N-acetylcysteine mitigated this effect of MitoQ and SkQ1. In summary, our data demonstrate the important bioenergetic effects of targeted CoQ analogs. Moreover, these effects are mediated, at least in part, through superoxide production but depend on conversion to \( \text{H}_2\text{O}_2 \). These bioenergetic and redox actions need to be considered as these compounds are developed for therapeutic purposes.

Introduction

Oxidative damage contributes to a variety of disease states, many of them primarily of vascular etiology. Concern over this problem has led to attempts at antioxidant therapy, in particular, directed at mitochondria, because these organelles probably represent the predominant cellular source of reactive oxygen species (ROS) (Loschen et al., 1971; Boveris et al., 1972; Chance et al., 1979; Raha and Robinson, 2000). Efforts are underway to develop effective antioxidant compounds targeted to mitochondria (Murphy, 2001, 2004). One approach involves the synthesis of compounds linking redox forms of coenzyme Q analogs to alkylated triphenylphosphonium (TPP\textsuperscript{+}) compounds. The resultant antioxidant compounds in the form of lipophilic cations are avidly taken up into the relatively negative mitochondrial matrix (Kelso et al., 2001; Tauskela, 2007). Although much attention has been directed at such targeted redox therapy, an important issue that has received less attention is the metabolic consequence of this approach.

In the work reported here, we focus on the bioenergetic actions of two mitochondrial-targeted antioxidant compounds, triphenylphosphonium; MeTPP, methyltriphenylphosphonium; VEH/Veh, vehicle.

ABBREVIATIONS: ROS, reactive oxygen species; ANOVA, analysis of variance; BAE, bovine aortic endothelial; CoQ, coenzyme Q; MTQA, mitochondrial-targeted CoQ analog; DNP, dinitrophenol; ECAR, extracellular acidification rate; FCCP, carbonyl cyanide p-[trifluoromethoxy]-phenyl-hydrazone; MitoQ, mitoquinol; MnTMPyP, manganese(III) tetraakis(1-methyl-4-pyridyl)porphyrin; NAC, N-acetylcysteine; OCR, oxygen consumption rate; OCR\textsubscript{ATP}, OCR directed at ATP turnover; SkQ1, plastoquinonyl-decyl-triphenylphosphonium; SOD, superoxide dismutase; TPP, triphenylphosphonium; MeTPP, methyltriphenylphosphonium; VEH/Veh, vehicle.

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pounds, mitoquinol (MitoQ) and plastoquinonyl-decyl-triphenylphosphonium (SkQ1). Both have been characterized in vitro and in vivo for potential therapeutic effects (Smith et al., 2008; Skulachev et al., 2009). MitoQ (mitoquinone, mitoquinol, or a mixture of these two redox cycling compounds) consists of the quinone/quinol moiety of CoQ and a shortened (10 carbon or two 5-carbon prenyl units) side chain linked to triphenylphosphonium. SkQ1 arose from efforts to modify the MitoQ structure, improve the balance between antioxidant and pro-oxidant effects, and facilitate increased delivery. A potentially important modification, converting methoxy groups on the quinone moiety of MitoQ to methyl groups, led to SkQ1 (redox forms of plastoquinonyl-decyltriphenylphosphonium), which demonstrated greater permeability across synthetic lipid bilayers than MitoQ (Skulachev et al., 2009).

MitoQ and SkQ1, here termed mitochondrial-targeted CoQ analogs (MTQAs), are effective antioxidants by virtue of inhibiting lipid peroxidation during redox cycling of the quinol/quinone forms of the compounds (James et al., 2004). The major protective reaction transfers a hydrogen atom (H\(^+\)) from the quinol to a lipid radical (LO\(^2\)), forming LOOH and generating the semiquinone form of the MTQA (James et al., 2004; Skulachev et al., 2010). The respiratory chain then regenerates the MTQA through redox cycling similar to what occurs for native coenzyme Q. An example of the effectiveness of this process is the prevention of cardiolipin peroxidation in heart mitochondria exposed to iron and ascorbate (Skulachev et al., 2010). On the other hand, redox cycling generates electron leaks to oxygen, leading to pro-oxidant properties as demonstrated in past studies (James et al., 2004; O’Malley et al., 2006; Doughan and Dikalov, 2007).

Although CoQ analogs are promising as therapeutic agents there are certain concerns. In particular, there is a need for better understanding of the bioenergetic effects of targeted CoQ analogs and whether they are direct and/or consequent to their redox properties. There is evidence that MTQAs induce mild respiratory uncoupling through the reduction of mitochondrial membrane potential, possibly a protonophoric effect that may involve fatty acid transport (Skulachev et al., 2009, 2010). However, it is not clear to what extent this translates to bioenergetic action at the intact-cell level.

Here, we used recently available intact-cell respirometry technology to examine the dose-dependent effects of MitoQ and SkQ1 on mitochondrial function, extracellular acidification rate (ECAR), and reactive oxygen production in BAE cells. We show that both compounds have potent bioenergetic effects at the mitochondrial level, which are, at least in part, caused by their redox properties. We also provide evidence that MTQAs may, under conditions of cell stress, compromise mitochondrial substrate delivery.

**Materials and Methods**

**Reagents and Supplies.** MitoQ was synthesized from commercially available 11-bromoundecanoic acid (Sigma-Aldrich, St. Louis, MO) and 2,3-dimethoxy-5-methyl-1,4-benzoquinone (Sigma-Aldrich) as described previously (Moser et al., 1992). Cells were grown to near confluence in medium M199 (Invitrogen, Carlsbad, CA) supplemented with minimal essential medium vitamins (Sigma-Aldrich), 1 mM sodium pyruvate (Invitrogen), and 20% fetal bovine serum (Thermo Fisher Scientific, Waltham, MA) as described previously (Moser et al., 1992). Cells were grown to near confluence in 150 cm\(^2\) flasks and used between passages 5 and 10.

Clara, CA). Both SkQ1 and mitoquinol eluted as single peaks in high-performance liquid chromatography. Moreover, \(^1\)H and \(^{13}\)C NMR demonstrated the single component nature of these samples. Figure 1 depicts the structures of MitoQ and SkQ1.

**Other reagents, kits, and supplies were as specified or purchased from standard sources.**

**Cell Culture.** BAE cells were grown in medium M199 (Invitrogen, Carlsbad, CA) supplemented with minimal essential medium amino acids (Invitrogen), minimal essential medium vitamins (Sigma-Aldrich), 1 mM sodium pyruvate (Invitrogen), and 20% fetal bovine serum (Thermo Fisher Scientific, Waltham, MA) as described previously (Moser et al., 1992). Cells were grown to near confluence in 150 cm\(^2\) flasks and used between passages 5 and 10.

**Respirometry.** Oxygen consumption rate (OCR) and ECAR were measured by using an intact-cell respirometer designed for adherent cells (Seahorse Bioscience, North Billerica, MA). BAE cells were grown in 24-well plates designed for respirometer analyses. OCR and ECAR were determined in assay medium consisting of medium 199 lacking sodium bicarbonate and pyruvate (Invitrogen) over time periods up to 95 min with assessments at 8- to 10-min intervals. Before analysis, cells within individual wells were exposed for 18 h or 30 min to 0.3% vehicle (ethanol, in well volume of 600 \(\mu\)L) or differing concentrations of MitoQ or SkQ1 (added in equivalent volume to vehicle alone) as described in the figure legends. In some experiments (see figure legends), cells were treated with manganese(III) tetrakis(1-methyl-4-pyridyl)porphyrin (MnTMPyP), N-acetyl cysteine (NAC), or vehicle for these compounds (water). During respirometry, wells were sequentially injected at the times indicated in the figures with oligomycin (2 \(\mu\)M) to block ATP synthase to assess respiration required for ATP turnover (OCR\(_{ATP}\)), carbonyl cyanide p-(trifluoromethoxy)-phenyl-hydrazone (FCCP; 2 \(\mu\)M), a proton ionophore, to induce chemical uncoupling and induce maximal respiration, or antimycin A (0.5 \(\mu\)M) plus rotenone (2 \(\mu\)M) to completely inhibit electron transport and measure nonmitochondrial respiration. The FCCP concentration used in these studies was determined by titration with differing amounts of the uncoupler by using the least amount required for maximal uncoupling in cells unexposed to MTQAs.

OCR (pmol per minute per microgram of DNA) and ECAR were determined as the average numbers recorded during time periods defined as intervals between the above sequential injections. ECAR is expressed as milli pH unit change per minute per microgram of DNA, where milli pH = 1/1000 pH unit. Basal OCR was determined as respiration before injection of any compounds minus nonmitochondrial OCR. OCR\(_{ATP}\) was determined as basal OCR minus OCR after oligomycin injection. OCR accountable by the proton leak was calculated as OCR in the presence of oligomycin minus nonmitochondrial OCR. Maximal uncoupled respiration was calculated as OCR after FCCP minus nonmitochondrial OCR. All values for OCR and

![Fig. 1. Reduced (quinol) forms of SkQ1 [10-(6'-plastoquinolyl)decyltriphensolphosphonium] (top) and MitoQ [10-(6'-ubiquinolyl)decyltriphensolphosphonium] (bottom).](image-url)
ECAR were normalized to DNA content of the individual wells. ECAR was quantified simply as the recorded acidification rate during the respiratory conditions delineated above.

**IC$_{50}$ and EC$_{50}$ Determinations.** Half-maximal inhibitory (IC$_{50}$) or stimulatory (EC$_{50}$) concentrations were determined by third-order polynomial curve fitting ($r^2 > 0.94$ for all curve fits). Maximal inhibition of OCR$_{ATP}$ and maximal leak respiration were considered as the theoretical maximal value. For both metrics, this was equal to the difference between basal OCR and nonmitochondrial respiration. Maximal FCCP respiration was considered as FCCP respiration in the presence of vehicle.

**Quantification of DNA.** After respirometry, well contents were extracted in 0.4% SDS and diluted to 0.01%. DNA content of each well was determined by using a Sigma-Aldrich DNA Quantitation Kit (DNA-QF) using calf thymus DNA standards prepared in 0.01% SDS.

**ROS Detection.** Superoxide was determined by fluorescent microscopy using the mitochondrial-targeted (TPP$^+$ conjugated) dihydroethidium probe MitoSOX (Invitrogen). Cells were treated for 15 min with 5 µM concentration of MitoSOX in 0.25 ml of medium 199 lacking bicarbonate and containing 5.55 mM d-glucose and 2 mM HEPES. Dyes were washed out twice with 0.3 ml of assay medium. Dye-loaded cells were then incubated at 37°C for 2.5 h and imaged by using an Olympus (Tokyo, Japan) IX71 microscope and tetramethylrhodamine isothiocyanate filter at 1-s exposure. A heat-controlled cell chamber was mounted in place on the microscope stage to maintain the cells at 37°C for the duration of photography. Excitation and emission were set at 555 and 604 nm with bandwidths of 25 and 45 nm, respectively. To document specificity MitoSOX fluorescence was determined with and without the addition of MnTMPyP (25 µM). Quantitative data were obtained by using the image analysis software application ImageJ (National Institutes of Health, Bethesda, MD).

**H$_2$O$_2$ Production by Isolated BAE Mitochondria.** BAE cells were treated with MitoQ, SkQ1, or vehicle for 18 h before mitochondria were prepared. The organelles were isolated as described previously (O’Malley et al., 2006). After isolation, mitochondria remained unexposed to any further MTQA compound. Mitochondria isolated in this way were of good quality based on assay of cytochrome c oxidase (Sigma-Aldrich) revealing 5 to 10% outer membrane damage, which is well within an acceptable range compared with mitochondrial preparations from several sources (Wojtczak et al., 1972). There was also no difference in membrane damage between mitochondria from cells treated for 18 h with MitoQ or SkQ1 compared with vehicle-treated cells. H$_2$O$_2$ production was measured as described previously (O’Malley et al., 2006) using the probe 10-acetyl-3,7-dihydroxyphenoxazine (Amplex Red; Invitrogen), which is recognized as an optimal probe for isolated mitochondria (Brand, 2010). As we and others have previously shown, ROS detected in this way derives largely from superoxide converted to H$_2$O$_2$ by matrix manganese superoxide dismutase and released externally (O’Malley et al., 2006). Specificity was evident because fluorescence could be abolished by catalase. In addition, we determined fluorescence under no mitochondrial substrate conditions and subtracted that value to determine substrate-induced fluorescence. Samples were prepared in 96-well plates containing 0.06 ml per well of respiratory buffer. Fluorescence was measured as described previously (O’Malley et al., 2006) once every 60 s and carried out for 30 cycles. For quantification, a H$_2$O$_2$ standard curve ranging from 0 to 5 µM was prepared and included on each plate.

**Statistics.** Data were analyzed by one-way ANOVA or unpaired, two-tailed t test as described in the figure legends. Analyses were performed by using Prism (GraphPad Software, Inc., San Diego, CA). Significant differences were determined as p < 0.05. Repetition numbers are given in the figure legends. For respirometer experiments, where indicated, repetitions refer to the number of repeated experiments each involving the average of two to three wells per 24-well experimental plate (experimental run). In other cases, the numbers refer to the total number of wells. In these cases, each condition studied was included on each of the multiple plates used, avoiding bias by experimental run, all of which were carried out under identical conditions using the same instrument.

**Results**

MitoQ and SkQ1 Alter Mitochondrial Respiration in Intact BAE Cells. MitoQ and SkQ1 both showed dose-dependent effects on mitochondrial function (Fig. 2). As expected based on past studies we carried out in isolated mitochondria (Fink et al., 2009), untargeted coenzyme Q, at the same concentrations, had no effect (Supplemental Fig. 1). Data were normalized to DNA, although essentially the same results were obtained if oxygen consumption was normalized per well. Figure 2A illustrates a representative experiment depicting changes in OCR under different respiratory conditions defined by the sequential injections of oligomycin, FCCP, and rotenone plus antimycin A. As shown, MitoQ and SkQ1 altered respiratory parameters in a similar and dose-dependent fashion. There was a trend toward enhanced basal respiration, but it was significant only for the highest doses of MitoQ and SkQ1 (Fig. 2B). However, MitoQ and SkQ1 induced potent dose-dependent reductions in OCR$_{ATP}$ with corresponding increases in the proton leak (Fig. 2, C and D). MitoQ and SkQ1 decreased respiration in the presence of the chemical uncoupler FCCP (Fig. 2E). There was no difference in nonmitochondrial respiration (Fig. 2F). IC$_{50}$ and EC$_{50}$ values (Fig. 2, C-E) did not significantly differ between MitoQ and SkQ1.

If the above effects of MitoQ and SkQ1 were caused only by a protonophoric action, they would probably be observable much sooner than the 18-h time period used for the studies shown in Fig. 2. Therefore, we carried out analogous experiments adding MitoQ and SkQ1 either 18 h or 30 min before the experimental runs. As shown in Fig. 3A to D, after 30 min these agents, at concentrations of 200 nM, had no significant effects on basal OCR, OCR$_{ATP}$, or OCR related to the proton leak; however, FCCP uncoupled OCR was mildly reduced. This is in marked contrast to the effects of these agents when added 18 h before the experimental runs. At 300 nM concentrations (Fig. 3, E-G), acute (30 min) MitoQ and SkQ1 did alter OCR$_{ATP}$ or FCCP respiration, but were less effective than when added 18 h before study.

MitoQ and SkQ1 Enhance Mitochondrial Superoxide Production in Intact BAE Cells. Overnight exposure of BAE cells to either MitoQ or SkQ1 enhanced superoxide production as demonstrated by fluorescence of the mitochondrial-targeted dihydroethidium probe MitoSOX (Fig. 4). The fluorescent signal localized near the cell nucleus and cytoplasm, which was consistent with the distribution of mitochondria. The signal was abolished by the addition of the cell-permeable SOD mimetic MnTMPyP (25 µM), thus documenting specificity for the superoxide radical.

MitoQ and SkQ1 Enhance Mitochondrial H$_2$O$_2$ Production. ROS production was increased in mitochondria isolated from cells exposed for 18 h to MitoQ or SkQ1 (Fig. 5). It is noteworthy that this increase was evident even though the mitochondria were not exposed to either agent after isolation or during in vitro incubation to assess H$_2$O$_2$ generation. Production rates were normalized to the mean value.
for vehicle-treated cells. Absolute rates of H$_2$O$_2$ production by mitochondria of vehicle-treated cells were 15.8 ± 1.3 pmol/min/mg mitochondria under state 4 conditions and 11.1 ± 0.9 under simulated state 3 conditions (see legend to Fig. 5). In these experiments, one of the MTQA concentrations (500 nM) was higher than used in other experiments. This was done in anticipation of some loss from mitochondria after isolation.

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**Fig. 2.** Effect of vehicle (Veh), MitoQ (MQ), and SkQ1 (SK) in nanomolar concentrations (numbers after abbreviations) on oxygen consumption measured under different respiratory conditions as described under Materials and methods. MitoQ or SkQ1 were added 18 h before respirometry. A, representative respirometer experiment indicating the dose-dependent effect of SkQ1 on OCR measured before and after sequential injections of the indicated compounds; oligomycin (2 μM), FCCP (2 μM), or antimycin A (Ant A; 0.5 μM) plus rotenone (Rot; 5 μM). MitoQ had similar effects (not shown for clarity). Each data point represents the mean of two to three determinations (individual wells) during basal, oligomycin, FCCP, and nonmitochondrial OCR. Data in subsequent panels represent this and five repetitions of this experiment (n = 6 for each data point; each data point representing the mean obtained in two to three wells per condition). B to F, basal OCR (B), OCR$_{ATP}$ (C), OCR attributed to the proton leak (D), OCR during FCCP uncoupled respiration (E), and nonmitochondrial OCR (F) as affected by SkQ1 or MitoQ in the concentrations shown. Numbers above bars indicate IC$_{50}$ ± S.E.M. for OCR$_{ATP}$ and OCR after FCCP or EC$_{50}$ for the proton leak. Data represent mean ± S.E.M. of values determined in six individual wells. †, p < 0.05 compared with vehicle. **, p < 0.01 compared with corresponding compound at 30 min by one-way ANOVA and Tukey post tests.

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**Fig. 3.** Effect of MitoQ and SkQ1 added 30 min or 18 h before extracellular flux analyzer runs. A, bioenergetic profile in cells exposed to vehicle (Veh), 200 nM MitoQ (MQ), or 200 nM SkQ1 (SK) for the time periods indicated. Each data point represents mean ± S.E.M. of values determined in six individual wells. B to D, quantitative analysis of data in A demonstrating the effects of 200 nM MitoQ or 200 nM SkQ1 on basal OCR (B), OCR$_{ATP}$ (C), and OCR during FCCP uncoupled respiration (D). E to G, quantitative effects of 300 nM MitoQ or 300 nM SkQ1 on basal OCR (E), OCR$_{ATP}$ (F), and OCR during FCCP uncoupled respiration (G). Each data point represents mean ± S.E.M. of values determined in four to six individual wells. *, p < 0.05 or **, p < 0.01 compared with vehicle. †, p < 0.01 compared with corresponding compound at 30 min by one-way ANOVA and Tukey post tests.
Effect of an SOD Mimetic on the Bioenergetic Action of MTQAs. MnTMPyP did not significantly alter OCR in vehicle-treated cells under any of the respiratory conditions studied (Fig. 6). The SOD mimetic also had no effect on basal OCR in the presence of MitoQ or SkQ1 (Fig. 6A). Although MnTMPyP did not affect OCR_ATP in the presence of vehicle, MnTMPyP reduced OCR_ATP in the presence of MitoQ and nonsignificantly (p = 0.06) in the presence of SkQ1 (Fig. 6B). Corresponding effects were observed on the proton leak (Fig. 6C). MnTMPyP did not alter the effects of the MTQA compounds on FCCP or nonmitochondrial OCR (Fig. 6, D and E).

Effect of N-Acetylcysteine on the Bioenergetic Action of MTQAs. N-acetylcysteine (NAC) did not alter basal OCR either in the presence or absence of MitoQ or SkQ1 (Fig. 7A). However, NAC mitigated the effect of the MTQA compounds (200 μM) on OCR_ATP and OCR caused by the proton leak (Fig. 7, B and C). NAC also altered nonmitochondrial respiration for vehicle and MTQA-treated cells. Note that nonmitochondrial OCR did not affect the effect of the MTQA compounds on OCR_ATP, or the calculated proton leak. This is because nonmitochondrial OCR did not enter into the oligomycin-sensitive calculation and was subtracted out of the proton leak calculation (see Materials and Methods).

It is noteworthy that NAC seemed to completely abolish any action of FCCP, which is possibly a chemical interaction between these compounds. This phenomenon did not involve MTQAs because it occurred even in cells with no exposure to MTQAs (Fig. 7E). Therefore, we assessed NAC effects on MTQA-modulated bioenergetics, this time using a different chemical uncoupler, 30 μM dinitrophenol (DNP), rather than FCCP (Fig. 8). These studies used 300 μM concentrations of MitoQ and SkQ1 rather than the 200 μM concentrations used in the study shown in Fig. 7. NAC significantly mitigated the effects of 300 μM SkQ1 on OCR_ATP, OCR attributed to the proton leak, and DNP respiration (Fig. 8, C-E). NAC had similar, but nonsignificant, effects to mitigate the action of 300 μM MitoQ on these parameters.

Effect of MTQAs on FCCP Respiration. Of note is that MTQAs blunted or completely prevented the expected rise in OCR upon addition of FCCP after oligomycin (Fig. 2, A and E). This could, in part, be caused by a nonspecific interaction between the MTQAs and FCCP because the MTQAs had less effect on maximal DNP uncoupled respiration (Fig. 8). However, such interaction cannot explain the full effect of the MTQAs on FCCP respiration, because when the MTQAs were added 30 min before the respirometer runs (Fig. 3) there was much less reduction in FCCP respiration. Possibly oligomycin could deplete cellular ATP enough to impair the subsequent effect of FCCP to increase OCR (Brand and Nicholls, 2011). To determine whether this were the case,
we examined the effect of the MTQAs on these parameters in the absence of prior oligomycin. However, MitoQ and SkQ1 (200 nM) had essentially the same effects independent of prior oligomycin (Fig. 9A).

The effect of MTQAs to reduce or prevent the expected rise in OCR upon addition of FCCP could be caused by the limitation of substrate supply through glycolysis. FCCP per se may limit substrate supply through ionophoric action on endosomes and alterations in cytoplasmic calcium (Brand and Nicholls, 2011). We reasoned that MTQAs might further limit substrate supply, thereby reducing OCR in cells already stressed by FCCP. Therefore, we examined the effect of MitoQ and SkQ1 on OCR in the presence of added pyruvate. Pyruvate significantly mitigated the effect of the MTQAs to reduce uncoupled (FCCP) respiration (Fig. 9, B and C).

Pyruvate did not mitigate the effect of the MTQAs to reduce OCRATP (Fig. 9D).

**Methyltriphenylphosphonium Does Not Alter BAE Bioenergetics.** The cationic component of the MTQAs might contribute to the bioenergetic effects. However, overnight (18 h) treatment with the cation moiety of the MTQAs, methyltriphenylphosphonium (MeTPP⁺), had no effect on the bioenergetic profile in BAE cells (Fig. 10). A repeat experiment showed the same result (data not shown).

**Effects of MitoQ and SkQ1 on Extracellular Acidification.** Both MTQAs enhanced ECAR under basal conditions and at higher doses after oligomycin administration (Supplemental Fig. 2). As shown in Fig. 11, A and B, MitoQ and SkQ1 increased basal OCR and ECAR with a greater increase in ECAR at higher concentrations, which was consistent with progressive glycolysis (Ferrick et al., 2008; Nicholls et al., 2010). Administering either compound for 18 h, compared with 30 min, decreased the ratio of OCR to ECAR (Fig. 11C), which was consistent with a greater effect on glycolysis at 18 h.

**Discussion**

MTQAs have well documented antioxidant properties by preventing lipid peroxidation (James et al., 2004). However, we and others have described pro-oxidant effects caused by redox cycling with superoxide production by the semiquinone form of the compounds (James et al., 2004; O’Malley et al., 2006; Doughan and Dikalov, 2007). Moreover, because these agents are CoQ analogs targeted to mitochondria, metabolic effects should be anticipated. However, these have not been well described. Here, we examined the bioenergetic properties of two MTQA compounds in intact vascular endothelial cells. This cell type is of obvious importance to the problem of vascular disease, a state for which MTQAs are hypothesized to benefit. In fact, endothelial dysfunction is a well known independent predictor of atherosclerotic events in humans (Yeooh et al., 2009).

Here, we used recently available respirometer technology to assess the bioenergetic action of MTQAs. We show that higher MitoQ and SkQ1 mildly increase basal OCR, which is

![Fig. 6. Effect of the SOD mimetic MnTMPyP (25 μM; –, absent; +, present), on OCR in BAE cells treated for 18 h with vehicle (VEH), 200 nM MitoQ (MQ 200), or 200 nM SkQ1 (SK 200). MnTMPyP was added at the time of addition of the MTQA or vehicle. Basal OCR (A), OCRATP (B), OCR attributed to the proton leak (C), OCR after FCCP (D), and nonmitochondrial OCR (E) during respirometry were assessed as described in Fig. 2. Each bar represents mean values ± S.E.M. (n = 6 wells per data point). *, p < 0.05; **, p < 0.01 compared with the corresponding condition in the absence of MnTMPyP by two-tailed, unpaired t test.]
consistent with our past observation of increased oxygen use in BAE cells perfused on glass beads and exposed to a comparatively high concentration of MitoQ at 1000 nM (Fink et al., 2009). Of particular note is that, in spite of only mild change in basal OCR and no change in nonmitochondrial OCR, both MitoQ and SkQ1, in a dose-dependent fashion, markedly reduced OCR\textsubscript{ATP} with corresponding increases in OCR resulting from the proton leak. These data indicate respiratory uncoupling, reaching a marked extent at MTQA concentrations over 150 nM, and imply that any attempt to use MTQAs for therapeutic purposes must remain cognizant of bioenergetic action and use dosing low enough to avoid critical limitation to cellular ATP generation. Of note is that most cellular studies demonstrating the benefits of MTQAs involved concentrations in the upper range or above what we examined herein, for example, reduced telomere shortening in fibroblasts exposed to oxidative stress (Saretzki et al., 2003), reduced glucose-induced oxidative damage in BAE cells (Dhanasekaran et al., 2004), and reduced endogenous DNA damage in human peripheral mononuclear cells (Marthandan et al., 2011).

The uncoupling effect of MTQAs could be caused by a protonophoric effect. If so, we would expect rapid action upon addition to cells, because these cations are highly permeable based on their positive charge and lipophilic side chains (Murphy and Smith, 2007). However, we observed much less effect when the MTQAs were added 30 min before the extracellular flux experiments (Fig. 3). Thus, it is unlikely that protonophoric action explains all of the metabolic effects of these compounds.

The uncoupling effect of MTQAs might be caused, in part, by their known pro-oxidant action (James et al., 2004; O’Malley et al., 2006; Doughan and Dikalov, 2007). Our current data support this, demonstrating increased mitochondrial superoxide production in intact BAE cells (Fig. 4) and increased H\textsubscript{2}O\textsubscript{2} production from mitochondria isolated after 18-h antecedent treatment with MTQAs (Fig. 5). Because the isolated mitochondria were not further exposed to exogenous MTQAs the increase in H\textsubscript{2}O\textsubscript{2} production resulted from the antecedent intact cell treatment.

We then asked whether the uncoupling effects might improve by administering antioxidant agents along with MitoQ or SkQ1. However, in spite of the action of MnTMPyP to reduce superoxide, this agent did not mitigate the effect of MitoQ on these parameters with trends in the same direction for SkQ1 (Fig. 6). This could occur if the action of MTQAs on OCR\textsubscript{ATP} was, at least in part, caused by generation of H\textsubscript{2}O\textsubscript{2}, because the SOD mimetic converts superoxide to H\textsubscript{2}O\textsubscript{2}.

The effects of NAC (Figs. 7 and 8) support a role for H\textsubscript{2}O\textsubscript{2} in mediating the bioenergetic effects of MitoQ and SkQ1. NAC generates glutathione (Sen, 1998), which protects against H\textsubscript{2}O\textsubscript{2}-induced oxidation of thiol groups (Mallis et al., 2002). NAC also acts as a direct scavenger of hypochlorous and hydroxyl radicals and reacts slowly with H\textsubscript{2}O\textsubscript{2} (but not...
with superoxide) (Aruoma et al., 1989). As shown in Figs. 7 and 8, NAC, opposite to MnTMPyP, partially reversed the effects of the MTQAs on OCR_{ATP} and the proton leak.

It is noteworthy that NAC completely abolished all action of FCCP even in the absence of an MTQA (Fig. 7E). This could represent the chemical interaction between NAC and FCCP compounds abolishing the ionophoric effect of FCCP. In fact, there is precedent for such direct reactivity with impaired ionophoric action of the chemical uncoupler (Sulo et al., 1985). Of further note, NAC has been reported to reduce FCCP-mediated glutathione depletion in malignant Calu-6 cells (Han et al., 2009) and As4.1 juxtaglomerular cells (Han and Park, 2011). Perhaps these are interactive chemical rather than physiologic effects.

The effects of MTQAs on uncoupling could be caused by the TPF⁺ cation moiety. However, this is not the case because the cation itself did not alter the bioenergetic profile (Fig. 10).

Reduced ADP or phosphoribous availability (for example, through oxidative impairment of transport proteins) might impair ATP production and explain the decrease in OCR_{ATP}. However, this does not seem likely because it would impair basal OCR as well (OCR_{ATP} is a component of basal OCR).

Part of the effect of MTQAs on FCCP respiration could result from the limitation of substrate availability, FCCP itself can diminish substrate supply through nonmitochondrial cytoplasmic effects (Brand and Nicholls, 2011). MTQAs might exacerbate this leading to a reduction in OCR in cells already stressed with FCCP. This idea is supported by the effect of pyruvate to mitigate the effect of MTQAs on FCCP respiration (Fig. 9C). We acknowledge that this interpretation might be confounded by the possible antioxidant effects of pyruvate that may have improved FCCP respiration. However, adding pyruvate did not prevent the effect of MTQAs to reduce OCR_{ATP} (Fig. 9D). Moreover, this lack of effect of pyruvate to mitigate the effect of MTQAs on FCCP respiration (Fig. 9C) might be confounded by the possible antioxidant effects of pyruvate that may have improved FCCP respiration. However, adding pyruvate did not prevent the effect of MTQAs to reduce OCR_{ATP} (Fig. 9D). Moreover, this lack of effect of pyruvate to mitigate the effect of MTQAs on FCCP respiration caused by DNP (Fig. 8, B and E), add further support to the concept that MTQAs limit substrate supply, at least under the stress condition imposed by FCCP. Although there may be little relevance to the effects of MTQA on substrate supply under usual physiologic conditions, it is possible that this effect may become important under certain cytoplasmic stress conditions.

As shown in Supplemental Fig. 2 and Fig. 11, MTQAs enhanced ECAR under basal respiratory conditions, suggesting that these compounds enhance glycolysis. This is consistent with our prior report indicating that MitoQ induces a dose-dependent (50–1000 nM) enhancement of glucose oxidation while reducing fatty acid oxidation (Fink et al., 2009). This is also consistent with an adaptive response to impaired capacity for ATP formation because glucose oxidation provides more ATP per unit oxygen consumed than fatty acids.

We can only speculate as to comparative effects between MitoQ and SkQ1. We observed no significant differences in

![Fig. 8. Effect of 10 mM NAC (−, absent; +, present), on OCR in BAE cells treated for 18 h with vehicle (VEH), 300 nM MitoQ (MQ 300), or 300 nM SkQ1 (SK 300). NAC was added at the time of addition of the MTQA or vehicle. A, bioenergetic profiles of cells treated with SkQ1, vehicle, or SkQ1 plus NAC. B, bioenergetic profiles of cells treated with MitoQ, vehicle, or MitoQ plus NAC. C to E, quantitative data showing the effect of NAC on MTQA-treated cells during respiration under OCR_{ATP} (C), proton leak (D), and DNP (E). Bars represent mean values ± S.E.M. (n = 4–5 wells per data point): *, p < 0.05; ** p < 0.01 compared with the corresponding condition in the absence of NAC by two-tailed, unpaired t test.

**Fig. 8.** Effect of 10 mM NAC (−, absent; +, present), on OCR in BAE cells treated for 18 h with vehicle (VEH), 300 nM MitoQ (MQ 300), or 300 nM SkQ1 (SK 300). NAC was added at the time of addition of the MTQA or vehicle. A, bioenergetic profiles of cells treated with SkQ1, vehicle, or SkQ1 plus NAC. B, bioenergetic profiles of cells treated with MitoQ, vehicle, or MitoQ plus NAC. C to E, quantitative data showing the effect of NAC on MTQA-treated cells during respiration under OCR_{ATP} (C), proton leak (D), and DNP (E). Bars represent mean values ± S.E.M. (n = 4–5 wells per data point): *, p < 0.05; ** p < 0.01 compared with the corresponding condition in the absence of NAC by two-tailed, unpaired t test.
IC_{50} for OCR_{ATP} or FCCP uncoupled respiration and no significant differences in EC_{50} for the proton leak. However, SkQ1 seemed to have less pro-oxidant effect both for superoxide (Fig. 4) and H₂O₂ production (Fig. 5), and the effects of SkQ1 may have been mitigated more by NAC. It has been reported that SkQ1, compared with MitoQ, manifests less pro-oxidant action in aqueous medium and greater antioxidant effect against lipid peroxidation (Skulachev et al., 2009). Thus, our current observations are compatible with this report.

Although our studies indicate pause as to the therapeutic use of MTQAs, these compounds may be of metabolic benefit at low enough doses. It is plausible that low doses could induce subtle uncoupling in vivo that could, over time, result in cumulative energy dissipation and weight loss. Furthermore, our past studies showed that MTQAs enhance glucose oxidation while reducing fatty acid oxidation (Fink et al., 2009). This effect might be advantageous to cells faced with an ischemic environment wherein glucose oxidation provides more ATP per unit oxygen consumed. In fact, a switch to glucose oxidation is a well known adaptive cardiac response to limited blood supply (Boudina and Abel, 2007). Finally, the prevention of lipid peroxidation remains a potential benefit of MTQA treatment (Kelso et al., 2002; Skulachev et al., 2009), and it is suggested that the cytotoxic effects of MitoQ may provide a form of anticancer therapy (Rao et al., 2010).

There are limitations to our study. Targeting of dihydroethidium to mitochondria in the form of MitoSOX depends on mitochondrial membrane potential for localization. However, we observed an increase in fluorescence, not a decrease, which would occur if MTQAs reduce potential. We were unable to determine EC_{50} values for the effect of the MTQA compounds on OCR or ECAR (Fig. 2 and Supplemental Fig. 2), because we do not know the maximal enhancement beyond 300 μM concentrations. However, this does not seem important given the near-maximal effect of the 300 μM concentrations on uncoupling and the proton leak, that is, effects...
that would probably render toxicity beyond tolerable limits. Another limitation is that we did not assess the effects of MTQAs on mitochondrial ultrastructure. Although we cannot rule this out, we doubt there is any significant impairment in mitochondrial structure because basal OCR was not adversely affected and we did not see any greater cytochrome c loss from mitochondria of control versus MTQA-treated cells (see Materials and Methods). Moreover, MitoQ actually protects mitochondria from structural changes caused by ischemic reperfusion (Adlam et al., 2005) and SkQ1 protects against age-related mitochondrial damage in Drosophila melanogaster flight wings (Anisimov et al., 2008), which is consistent with a general effect of MTQAs to protect against oxidative damage to lipid membranes (James et al., 2004; Skulachev et al., 2010). A further limitation is that we administered only the reduced forms of MitoQ and SkQ1. We would expect very similar effects caused by the regenerative redox cycling of these compounds (James et al., 2004; Skulachev et al., 2010). Moreover, in the past, we treated isolated BAE mitochondria with both mitoquinone and mitoquinol and observed similar effects on ROS production (O’Malley et al., 2008) Moreover, in the past, we treated isolated BAE mitochondria with both mitoquinone and mitoquinol and observed similar effects on ROS production (O’Malley et al., 2008).

In summary, new findings are as follows. 1) MTQAs act in a dose-dependent fashion to reduce OCR_{ATP} while increasing proton leak and mildly increasing (higher doses) basal respiration. Higher doses lead to marked uncoupling and might not be tolerated in vivo depending on tissue concentrations achieved. 2) The bioenergetics effects of MTQAs on OCR_{ATP} and the proton leak are, in part, consequent to their pro-oxidant action. The pro-oxidant effect probably occurs through the generation of H₂O₂ or downstream effects of this radical to induce oxidative modification of molecules such as proteins or compounds containing thiol groups. 3) MTQAs enhance the basal rate of acidification, suggesting enhanced glycolysis. 4) MTQAs may limit substrate supply in cells subject to cytoplasmic stress.

We conclude that these effects of MTQAs and their dose dependence need to be considered as these or related compounds are developed for therapeutic purposes.

**Contributed new reagents or analytic tools:** Fenner and Kerns.

**Performed data analysis:** Fenk, Herlein, and Sivitz.

Wrote or contributed to the writing of the manuscript: Fink, Yorek, Kerns, and Sivitz.

**References**


Address correspondence to: William I. Sivitz, Department of Internal Medicine, Division of Endocrinology and Metabolism, University of Iowa, 422GH, 200 Hawkins Drive, Iowa City, IA. 52242. E-mail: william-sivitz@uiowa.edu.
Bioenergetic Effects of Mitochondrial Targeted Coenzyme Q Analogs in Endothelial Cells*

Brian D. Fink1, Judith A. Herlein1, Mark A. Yorek1, Amanda M. Fenner2, Robert J. Kerns2, and William I Sivitz1

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From the Departments of Internal Medicine/Endocrinology1 and Pharmaceutical Sciences & Experimental Therapeutics2, University of Iowa and the Iowa City Veterans Affairs Medical Center, Iowa City, IA, 52242

* Running title: Bioenergetics and CoQ analogs
To whom correspondence should be addressed: William I Sivitz, Department of Internal Medicine, Division of Endocrinology and Metabolism, The University of Iowa, 422GH, 200 Hawkins Drive, Iowa City, IA. 52242, USA, Tel: (319) 353-7812; Fax: (319) 353-7850 ; E-mail: william-sivitz@uiowa.edu

SUPPLEMENTAL DATA
Supplemental figure 1. Lack of effect of Coenzyme Q10 on OCR (pmoles O/min/µg DNA, top row of panels) and ECAR (mpH/min/µg DNA, bottom row of panels) under conditions corresponding to figure 1 (main manuscript). CoQ = Coenzyme Q10, adjacent numbers indicate concentrations (nM). CoQ had no significant effects compared to vehicle for any of the conditions examined. Data represent mean ± SEM, n = 4-5 wells per data point.
Supplemental figure 2. Effect of Mito Q and SkQ1 on ECAR measured in the experiments depicted in figure 1 (main manuscript). SK = SkQ1, MQ = MitoQ. Numbers adjacent to these designations indicate concentrations (nM). A) Same experiment shown in figure 1A assessing ECAR rather than OCR. B) Basal ECAR measured prior to addition of oligomycin. C) ECAR after oligomycin inhibition of ATP synthase. D) ECAR following FCCP. E) ECAR after inhibition of electron transport. Data in panel B-E represent mean ± SEM, * p < 0.05, ** p < 0.01 compared to vehicle by one-way ANOVA with repeated measures and Dunnett post tests. Each data point represents the average value obtained in 6 experiments carried out as in panel A (n = 6 for each data point, each data point representing the mean obtained in 2-3 wells per condition).