**Naltrindole Inhibits Human Multiple Myeloma Cell Proliferation In Vitro and in a Murine Xenograft Model In Vivo**

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**ABSTRACT**

It has been demonstrated previously that immune cell activation and proliferation were sensitive to the effects of naltrindole, a nonpeptidic δ-opioid receptor-selective antagonist; therefore, we hypothesized that human multiple myeloma (MM) would be a valuable model for studying potential antineoplastic properties of naltrindole. [3H]naltrindole exhibited saturable, low-affinity binding to intact human MM cells; however, the pharmacological profile of the binding site differed considerably from the properties of δ-, κ-, and μ-opioid receptors, and opioid receptor mRNA was not detected in MM cells by reverse transcriptase-polymerase chain reaction. Naltrindole inhibited the proliferation of cultured human U266 MM cells in a time- and dose-dependent manner with an EC\(_{50}\) of 16 \(\mu\)M. The naltrindole-induced inhibition of U266 cell proliferation was not blocked by a 10-fold molar excess of naltrexone, a nonselective opioid antagonist. Additive inhibition of MM cell proliferation was observed when using a combination of naltrindole with the histone deacetylase inhibitor sodium valproate, the proteasome inhibitor bortezomib, the glucocorticoid receptor agonist dexamethasone, and the HMG CoA reductase inhibitor simvastatin. Treatment of U266 cells with naltrindole significantly decreased the level of the active, phosphorylated form of the kinases, extracellular signal-regulated kinase and Akt, which may be related to its antiproliferative activity. The antiproliferative activity of naltrindole toward MM cells was maintained in cocultures of MM and bone marrow-derived stromal cells, mimicking the bone marrow microenvironment. In vivo, naltrindole significantly decreased tumor cell volumes in human MM cell xenografts in severe combined immunodeficient mice. We hypothesize that naltrindole inhibits the proliferation of MM cells through a nonopioid receptor-dependent mechanism.

**Introduction**

Multiple myeloma (MM) is an invasive plasma cell neoplasm of malignant cells that proliferate in the bone marrow. This incurable cancer is responsible for 10% of all hematological malignancies. MM is characterized by monoclonal gammopathy, destructive bone disease, renal failure, hypercalcemia, and hematological dysfunction (Kyle and Rajkumar, 2004). The molecular pathogenesis of MM is complex. Gene expression profiling and deep genome sequencing have revealed that, in many cases, chromosome translocations result in overexpression of growth regulatory genes via their juxtaposition to the Ig heavy chain locus, activation of the NF-κB pathway, and activation of MYC, FGF3, KRAS, NRAS, and loss-of-function mutations in the histone H3K27 demethylase gene UTX (Bergsagel and Kuehl, 2005; Annunziata et al., 2007; Keats et al., 2007; van Haaften et al., 2009; Chapman et al., 2011). The American Cancer Society estimated that in 2011 11,400 men and 9120 women were diagnosed with MM in the United States, and 5770 men and 4840 women died of the disease. Despite the development of new treatment agents in the last decade (Lonial et al., 2011), including the immunomodulatory drugs thalidomide and lenalidomide, and the proteasome inhibitor bortezomib, the 5-year relative
survival rate for MM is approximately 40%. Obviously, there is a great need for additional treatment options.

Naltrindole is a synthetic alkaloid with the pharmacological profile of a selective δ-opioid receptor (DOR) antagonist (Portoghese et al., 1988). It contains an indole group, which mimics the phenyl group of phenylalanine4 of enkephalin, attached to the morphinan base of naltrexone, a nonselective opioid antagonist. Naltrindole has also been reported to be a potent immunosuppressant. Similarly to cyclosporin A, naltrindole has been shown to suppress the allogeneic mixed lymphocyte reaction in vitro and inhibit renal graft rejection in vivo (Aракawa et al., 1992a, b). Subsequently, it was reported that naltrindole and related δ-opioid receptor antagonists retain their immunosuppressive activity in δ-opioid receptor knockout mice and triple μ/δ/κ-opioid receptor knockout mice, revealing a nonopioid receptor target for the immunosuppressant activity of naltrindole (Gavériaux-Ruff et al., 2001). In this study we report that naltrindole inhibits the proliferation of human multiple myeloma cells in vitro and in vivo by using a mouse xenograft model via a non-μ/δ/κ-opioid receptor signaling pathway.

Materials and Methods

Opioid peptides were products of Multiple Peptide Systems (San Diego, CA), and salvinorin A was from Tocris Bioscience (Ellisville, MO). All other opioid ligands were obtained from the National Institute on Drug Abuse (Bethesda, MD). [3H]naltrindole, supplied by the National Institute on Drug Abuse, had a specific activity of 31.5 Ci/mmol. Bortezomib was provided by Millenium Pharmaceuticals (Cambridge, MA). Valproic acid, dexamethasone, and simvastatin were purchased from Sigma-Aldrich (St. Louis, MO).

Cell Culture

We obtained the human U266 and RPMI 8226 multiple myeloma cell lines (TIB-196 and CCL-155, respectively) from the American Type Culture Collection (Manassas, VA). These cell lines were derived from biopsy samples from patients with multiple myeloma (Matsuoka et al., 1967; Nilsson, 1970). U266 and RPMI 8226 cells were cultured at 37°C in a humidified atmosphere containing 5% CO2 in RPMI 1640 medium, supplemented with 10% fetal bovine serum, 100 U/ml penicillin, and 100 μg/ml streptomycin sulfate.

Radioligand Binding Assays

Homologous competitive binding assays were conducted in duplicate at room temperature by using concentrations of [5,7-3H]naltrindole ranging from 5 nM to 200 μM. Samples containing tritiated naltrindole in the presence of excess unlabeled naltrindole (500 μM) were assayed to define nonspecific binding, which was subtracted from total binding to obtain specific binding. After incubation in a final volume of 0.1 ml for 30 min to reach equilibrium, binding assays were terminated by filtration through Whatman GF/B filters (VWR International, Buffalo Grove, IL). Filters were immersed in Ecosint H liquid scintillation cocktail (National Diagnostics, Manville, NJ) before the determination of filter-bound radioactivity by using a Beckman LS 1701 scintillation counter (Beckman Coulter, Fullerton, CA). Homologous competitive binding curves were analyzed by nonlinear regression using Prism 3.0 (GraphPad Software Inc., San Diego, CA) to determine \( B_{\text{max}} \) and \( K_d \) values.

For nonhomologous competition analysis, whole MM cell assays were conducted as described above. Various concentrations of each ligand, including naltrexone, 4-[(3S)-2(5,8R)-4-allyl-2,5-dimethylpiperazin-1-yl] (3-methoxyphenyl)methyl-N,N-diethylbenzamide (SNC80), 7-benzylidenenaltrexone (BNTX), naltrexone, and morphine, ranging from 0.2 to 200 μM, were assayed for displacement of [3H]naltrindole (5–10 nM). Binding assays were conducted as described above. IC\(_{50}\) values were determined by nonlinear regression analysis of the displacement curves by using Prism 3.0, and because the concentration of [3H]naltrindole used for competition assays was orders of magnitude below its \( K_d \) value, the IC\(_{50}\) approximated the \( K_d \) values calculated by using the Cheng-Prusoff equation (Cheng and Prusoff, 1973).

Reverse Transcriptase-Polymerase Chain Reaction

Human U266 and RPMI 8226 multiple myeloma cells were harvested from dense cultures grown in 10-cm dishes in phosphate-buffered saline (PBS) and centrifuged at 1000g for 5 min. Total RNA was extracted and isolated from these cells by using the RNeasy kit (QIAGEN, Valencia, CA). PCR primer pairs, obtained from Eurofins MWG Operon (Huntsville, AL), were designed to selectively amplify δ-, μ-, and κ-opioid receptor mRNAs, to yield the respective receptor cDNAs. Receptor-selective sense and antisense oligonucleotides were designed and chosen from adjacent receptor gene exons (that necessarily contained intervening introns) to ensure that any contaminating genomic DNA in the RNA preparation would not lead to false-positive PCR products. The primer sequences were (5′ to 3′): human DOR forward, AGCGCCCTGCTCCTCCGGCGT; human DOR reverse, GTTCGATGCTCACCAGGCTC; human κ-opioid receptor (KOR) forward, CATACCTCCCGGCGCATTCC; human KOR reverse, GGAGGTTGCTCCCCAGGCT; human μ-opioid receptor (MOR) forward, GCAGCTCCCTCATGATCAG; and human MOR reverse, TGGGATTGTAACAAAGCCTT. The Thermocycler two-step RT-PCR kit with Platinum Taq polymerase (Invitrogen, Carlsbad, CA) was used to perform the RT-PCR. cDNA synthesis was performed in the first step by using 1 μg of RNA and oligo(dT) primers in one cycle conducted at 50°C for 30 min followed by a denaturation step at 94°C for 2 min. In the second step, the PCR was performed in a separate thin-walled tube by using 5 μl of cDNA and opioid-receptor gene-specific primers. PCR amplification was carried out in 25 cycles, consisting of template denaturation at 94°C for 15 s and primer annealing at 55°C for 30 s, followed by polymerization at 72°C for 55 s followed by a final extension for one cycle of 72°C for 10 min. Predicted PCR products were 747, 747, and 753 bp in length for human DOR, MOR and KOR, respectively. Human DOR, MOR, and KOR plasmids, received from Dr. Lee-Yuan Liu-Chen (Temple University School of Medicine, Philadelphia, PA) were used as positive PCR controls.

Sensitivity of Naltrindole Binding to the pH of the Assay Buffer

U266 cells were incubated in PBS buffers adjusted to pH values from 4.5 to 8.5 as indicated for 30 min on ice. Subsequently, the “washed” samples were pelleted by centrifugation at 500g for 5 min at room temperature, resuspended in PBS, pH 7.4, centrifuged again, then resuspended in PBS, pH 7.4. Subsequently, specific [3H]naltrindole binding was assayed at 10 nM for the unwashed and washed cells after 30-min incubation at room temperature.

Kinetics of Association and Dissociation of [3H]Naltrindole Binding

Experiments to determine the association rate of [3H]naltrindole binding were conducted by assaying the specific binding of 10 nM [3H]naltrindole to human U266 multiple myeloma cells as described above at 22 and 4°C at various times ranging from 1 to 50 min. To evaluate the kinetics of [3H]naltrindole dissociation, U266 cells were incubated with 10 nM [3H]naltrindole for 30 min to reach equilibrium, then 500 μM unlabeled naltrindole was added and specific binding was determined at 22 and 4°C at various times up to 50 min. Association and dissociation curves were analyzed by nonlinear regression analysis using Prism 3.0.
Effect of Protein-Modifying Reagents and Cycloheximide on \(^{[3}H\)Naltrindole Binding to U266 MM Cells

Intact U266 MM cells were treated with 50 mM dithiotreitol (DTT), 5 mM N-ethylmaleimide (NEM), or 1 mM 5,5'-dithiobis-2-nitrobenzoic acid (DTNB; Ellman’s reagent) for 30 min at room temperature. Radioligand binding assays to assess the specific binding of 10 nM \(^{[3}H\)naltrindole were performed after a 30-min incubation at room temperature immediately after treatment with the protein-modifying reagents. Pilot experiments indicated that the results were similar whether the protein-modifying reagents were removed by washing and centrifugation or not, so, for simplicity, binding assays were conducted in the presence of the protein-modifying reagents.

To gain insight into the turnover rate of the naltrindole binding site protein, U266 cells were incubated with the protein synthesis inhibitor cycloheximide. U266 cells were incubated at 37°C for varying lengths of time, ranging from 30 min to 9 h, in 5 μM cycloheximide in culture media. Cycloheximide was removed by washing the cells twice in PBS by centrifugation at 500g for 5 min, and the cells were then resuspended in PBS. Specific binding assays were performed as usual after 30-min incubation with 10 nM \(^{[3}H\)naltrindole.

Subcellular Fractionation Studies

To elucidate the cellular localization of the naltrindole binding site in multiple myeloma cells, radioligand binding assays were conducted to compare the binding activity of intact U266 MM whole cells, cell homogenates, a membrane preparation, and the cytosolic fraction and compare the properties of the U266 binding site labeled with \(^{[3}H\)naltrindole to the \(\delta\)-opioid receptor expressed in HEK 293 cells and labeled with \(^{[3}H\)diprenorphine. Human U266 MM cells and human HEK 293 cells stably expressing the Flag-tagged DOR (Yadav et al., 2007) were harvested in PBS, pH 7.4, and centrifuged at 500g for 5 min. Whole-cell pellets were resuspended in PBS and centrifuged as above. The cell pellets were resuspended in PBS, pH 7.4, aliquots were removed for binding, and the remainder was homogenized with a Tekmar tissue homogenizer (Tekmar-Doehrmann, Mason, OH). Aliquots were set aside for binding, and a membrane fraction was prepared by ultracentrifugation of the homogenate at 100,000g for 30 min. The membrane pellet was resuspended by homogenization in PBS, pH 7.4, and the resulting supernatant represented the soluble cytoplasmic fraction. The protein concentration of the membrane preparations was determined by using the DC protein assay (Bio-Rad Laboratories, Hercules, CA) with bovine serum albumin as the standard. Radioligand binding assays were conducted in a final volume of 0.1 ml, using whole cells, cell homogenates, the cell membrane preparation, and the soluble cytoplasmic supernatant. Binding assays were conducted in duplicate at room temperature by using 3 nM (15,16-\(^{3}H\)) diprenorphine (specific activity 50 Ci/mmol; PerkinElmer Life and Analytical Sciences, Waltham, MA) as the radioligand for binding to HEK 293 DOR fractions or 7 nM \(^{[5}H\)naltrindole (specific activity 31.5 Ci/mmol; National Institute on Drug Abuse Drug Supply Program) for binding to U266 fractions. Samples containing tritiated diprenorphine in the presence of excess unlabeled diprenorphine (30 μM) and samples containing tritiated naltrindole in the presence of excess unlabeled naltrindole (500 μM) were assayed to define nonspecific binding, which was subtracted from total binding to obtain specific binding. After incubation for 30 min to reach equilibrium, the binding assays were terminated by filtration through Whatman GF/B filters and washed twice with 4 ml of 7.5% polyethylene glycol. Filters were immersed in Ecoscint H liquid scintillation cocktail (National Diagnostics) before determination of filter-bound radioactivity by using a Beckman LS 1701 scintillation counter. \(^{[3}H\)naltrindole binding to the soluble cytosolic fraction was also assayed by gel filtration. After incubation of duplicate 0.1-ml aliquots of the cytosolic fraction with 10 nM \(^{[3}H\)naltrindole alone (to assess total binding) or 10 nM \(^{[3}H\)naltrindole in the presence of 500 µM unlabeled naltrindole (to determine nonspecific binding), samples were applied to 7-ml mini-columns of Sephadex G-25 packed in serological pipets, and 0.5-ml fractions were collected and eluted with 1× PBS, pH 7.4. Fractions corresponding to the void volume (determined by elution of Blue Dextran), where the \(^{[3}H\)naltrindole/binding site complex should elute, were counted by using a Beckman LS 1701 scintillation counter to determine binding activity in the total and nonspecific binding samples.

Cell Fractionation after Hypotonic Lysis. Further attempts to determine the subcellular locale of the \(^{[3}H\)naltrindole binding site were made after hypotonic lysis of the MM cells, adapted from a protocol using a murine thymoma cell line, BW5147 (Merker and Handschumacher, 1984). Human U266 MM cells were resuspended at 5 × 10⁶ cells/ml in cold 10 mM Tris-HCl and 1 mM MgCl₂, pH 7.45. After 10 min at 0°C, tonicity was established with 10× Hanks’ balanced salt solution, and the cell suspension was ruptured by forcing it three times through a syringe fitted with a 26-gauge needle. This procedure causes approximately 90% of the cells to rupture, as determined by counting cells with trypan blue in a hemocytometer. The suspension was centrifuged at 800g for 20 min, and the resulting sediment was designated the low-speed pellet and contained the cell nuclei and unbroken cells. The supernatant was recentrifuged at 100,000g for 60 min, and the resulting sediment was designated the high-speed pellet, and the resulting supernatant was labeled the cytosol. Aliquots of the fractions, including whole cells, the low- and high-speed pellets, and the cytosol, were assayed for \(^{[3}H\)naltrindole binding. Binding activity displayed by the whole cells and the low- and high-speed pellets was assayed by using the GF/B filtration assay, whereas binding to the cytosol was assayed by LH-20 gel filtration chromatography as described by Merker and Handschumacher (1984) and precipitation of the \(^{[3}H\)naltrindole/binding site complex in 90% ammonium sulfate followed by filtration through Whatman GF/B filters.

\(^{[3}H\)naltrindole Binding to Intact Mitochondria. The method of Frezza et al. (2007) was used to isolate intact mitochondria from U266 MM cells. U266 cells grown in five 10-cm-diameter dishes were centrifuged at 600g for 5 min and resuspended in 7 ml of IBC buffer containing 10 mM Tris/MOPS, 1 mM EGTA/Tris, and 0.2 M sucrose, pH 7.4. One milliliter of the cell suspension was set aside for whole-cell binding, and the remainder was homogenized by using a Teflon pestle in a fitted glass vessel using 10 up/down strokes while rotating at 1600 rpm. One milliliter of the homogenate was removed for binding, and the rest was centrifuged at 600g for 10 min at 4°C. The resulting P1 pellet, which consisted largely of nuclei and any remaining unbroken cells, was resuspended in 1 ml of IBC buffer, and the supernatant was centrifuged at 7000g for 10 min at 4°C. Pellet (P2), which consisted largely of the mitochondrial fraction, was resuspended in 1 ml of IBC. \(^{[3}H\)naltrindole binding was compared in the whole-cell, homogenate, and P1 and P2 fractions, as was the protein content, determined by the Bio-Rad Laboratories DC method.

Western Blotting

U266 cells were incubated in the absence or presence of naltrindole (50 μM) for varying lengths of time. Whole-cell lysates were prepared by solubilization of cells with 1× lysis buffer (20 mM Tris-HCl, pH 7.5, 150 mM NaCl, 1 mM Na₂EDTA, 1 mM EGTA, 1% Triton X-100, 2.5 mM sodium pyrophosphate, 1 mM β-glycerophosphate, 1 mM Na₃VO₄, 1 µg/ml leupeptin, and a protease/phosphatase inhibitor cocktail (1:100, Thermo Fisher Scientific, Waltham, PA)). The detergent lysate was centrifuged at 16,000g for 20 min, and the
supernatant was recovered for immunoblot analysis. The protein concentration of each lysate was determined by using the D₉ protein assay (Bio-Rad Laboratories) with bovine serum albumin as the standard. Protein (40 µg per lane) was resolved by using 12% SDS/polyacrylamide gel electrophoresis at 120 V for approximately 1.5 h and transferred to Immobilon P polyvinylidene difluoride membranes (Millipore Corporation, Billerica, MA) at 100 V for 1 h. Immunoblots were incubated in blocking buffer (50 mM Tris-HCl, pH 7.5, 1 M glucose, 10% glyceral, 0.5% Tween 20, 3% nonfat dry milk, 1 mM CaCl₂, and 0.005% Thimerosal) for 30 min at room temperature and then incubated overnight with either a rabbit phospho-p44/p42 MAPK (Erk1/2) (Thr202/Tyr204) antibody that detects endogenous levels of phosphorylated p44 and p42 MAPK (1:1000; Cell Signaling Technology, Danvers, MA) or a phospho-Akt (Ser473) rabbit monoclonal antibody that detects endogenous levels of Akt only when phosphorylated at Ser473 (1:1000; Cell Signaling Technology). Immunoblots were washed three times with 200 mM Tris-HCl, pH 7.5, 1% Tween 20, 150 mM NaCl, and 1 mM CaCl₂ for 5 min each and incubated with secondary antibody conjugated to horseradish peroxidase in blocking buffer (goat anti-rabbit, 1:3000; Jackson ImmunoResearch Laboratories Inc., West Grove, PA). Membranes were washed three times with 200 mM Tris-HCl, pH 7.5, 1% Tween 20, 150 mM NaCl, and 1 mM CaCl₂ for 10 min each and developed by using ECL Western blotting substrate (Thermo Fisher Scientific) and HyBlot CL autoradiography film (Denville Scientific, Metuchen, NJ). Blots were quantitated by using Image J software (National Institutes of Health, Bethesda, MD). These blots were stripped for 30 min at 50°C in stripping buffer (62.5 mM Tris-HCl, pH 6.5, 2% SDS, and 100 mM β-mercaptoethanol) before incubation with either p44/p42 MAPK (Erk1/2) antibody that detects endogenous levels of total (phosphorylated and nonphosphorylated) p44/p42 MAPK (1:1000; Cell Signaling Technology) or Akt (pan) (C67E7) rabbit monoclonal antibody that detects endogenous levels of total Akt protein (1:1000; Cell Signaling Technology).

**WST-1 Cell Proliferation Assay**

U266 cells were plated in 96-well plates at 2000 cells per well in 100 µl of RPMI 1640 medium, supplemented with 10% fetal bovine serum, 100 U/ml penicillin, and 100 µg/ml streptomycin sulfate. Cells were incubated in quadruplicate in the presence of the various antineoplastic agents to construct dose-response curves, alone or in combination with various doses of naltrindole. U266 MM cells were incubated at 37°C in a humidified atmosphere containing 5% CO₂ for 72 h. At the end of the incubation the media, all of WST-1 cell proliferation reagent (Roche Applied Science, Indianapolis, IN) was added to each well, and the plates were returned to the incubator for 1 h. Absorbance was then measured at 450 nm by using a Synergy HT plate reader (BioTek Instruments, Winooski, VT). Cell proliferation data were analyzed by using Prism 3.0.

**Vi-Cell Determination of Cell Proliferation**

The Beckman Coulter (Fullerton, CA) Vi-Cell instrument is an automated cell counter and viability analyzer, which uses trypan blue exclusion staining, combined with image-based analysis to determine the total number of viable cells and viability percentages. U266 cells were cultured at 37°C in a humidified atmosphere containing 5% CO₂ for 72 h. At the end of the incubation 10 µl of WST-1 cell proliferation reagent was added to each well. The Vi-Cell instrument was then used to determine the total number of viable cells and viability percentages. U266 MM cells were incubated at 37°C in a humidified atmosphere containing 5% CO₂ for 72 h. The supernatant was aspirated, and the pellet was washed twice with PBS and resuspended in 28 ml of RPMI. One milliliter was taken from this concentration with the Vi-Cell XR. Three milliliters of the HS5/DMEM mixture and placed into a sample cup to determine cell viability. A 1000 ng/ml solution was transferred to a 5-ml culture tube, and 5 µl of FITC annexin V and 5 µl of PI were added to it. Cells were then vortexed and incubated at 15 min at room temperature in the dark. Four hundred microliters of 1× binding buffer was added to each tube, and fluorescence-activated cell sorting analysis was performed by using a BD Biosciences FACScalibur instrument. MG132 (25 µM), a proteasome inhibitor, was used as a proapoptotic positive control.

**Coculture of Human U266 MM Cells with Human HS-5 Bone Marrow Stromal Cells**

We obtained the human U266 MM and human HS-5 cells lines from the American Type Culture Collection. The U266 MM cell line is derived from biopsy samples from a 53-year-old man who died of MM. HS-5 cells are derived from a 30-year-old male and are bone marrow stromal cells transformed with human papilloma virus E6/E7 genes. U266 cells were cultured at 37°C in a humidified atmosphere containing 5% CO₂ in RPMI 1640 medium, supplemented with 10% fetal bovine serum, 100 U/ml penicillin, and 100 µg/ml streptomycin sulfate. HS-5 cells were cultured similarly but with Dulbecco’s modified Eagle’s medium (DMEM).

Media were aspirated from a 10-cm dish containing HS5 cells, and the adherent cells were washed with phosphate-buffered saline. Trypsin/EDTA solution was added to the dish and allowed to incubate at 22°C for 10 min. The contents of the dish along with 5 ml of DMEM were transferred to a 15-ml centrifuge tube and centrifuged for 5 min at 300g. The supernatant was aspirated, and the pellets were resuspended in 28 ml of DMEM. One milliliter was taken from this HS5/DMEM mixture and placed into a sample cup to determine cell concentration with the Vi-Cell XR. Three milliliter of the HS5/DMEM cell suspension was added to eight 3-cm culture dishes. The dishes were allowed to incubate at 37°C for 1 h.

Medium was pipetted from a 10-cm dish containing U266 cells into a 15-ml centrifuge tube. Cells were centrifuged for 4 min at 300g, and the supernatant was discarded. The pellets were resuspended in 28 ml of RPMI. One milliliter was taken from this U266/RPMI mixture and placed into a sample cup for Vi-Cell analysis. The effect of naltrindole at 0, 5, 20, and 50 µM was tested after a 72-h incubation in culture with U266 cells alone and U266 cells cocultured with HS-5 cells, all grown in RPMI media. In cocultures, the concentration of U266 cells added was three
times that of the concentration of attached HS5 cells. After 72 h, the culture medium was transferred to a Vi-Cell vial before analysis of 1 ml from each sample in duplicate with the Vi-Cell instrument. Dose-response curves were analyzed by nonlinear regression analysis by using Prism 5.0.

**Naltrindole Binding and Antiproliferative Effects on Freshly Isolated Peripheral Blood Mononuclear Cells, Red Blood Cells, and Platelets**

Blood was drawn from a volunteer into five heparinized Vacutainer tubes and centrifuged in a 50-ml sterile conical tube at 1000g for 20 min with the brake off. Buffy coat cells (10 ml) were obtained and diluted in an equal volume of complete RPMI 1640 medium, then layered over two 15-ml conical tubes containing 5 ml of Ficoll Histopaque (Sigma-Aldrich) and centrifuged at 540g for 30 min. An aliquot of the upper layer containing platelets, peripheral blood mononuclear cells obtained from the Ficoll interphase, and red blood cells from under the Ficoll phase were diluted with RPMI medium and centrifuged at 282g for 10 min with the brake off. Platelets, RBCs, and PBMC pellets were washed two more times with RPMI complete medium. Aliquots of these cell suspensions were centrifuged again, and the pellets were resuspended in PBS to assay [3H]naltrindole binding (10 nM) to whole cells, in comparison with binding to human U266 multiple myeloma cells. PBMC and RBC suspensions (3 ml) were plated onto 6-cm dishes, and the effect of naltrindole at 0, 5, 20, and 50 μM on cell proliferation was assayed with the Vi-Cell instrument after a 72-h incubation.

**Efficacy of Naltrindole to Inhibit Tumor Growth in a Xenograft Model of Human RPMI 8226 Multiple Myeloma Cells Injected into SCID Mice**

This study was done in collaboration with Washington Biotechnology, Inc. (Columbia, MD). Female SCID mice, 4 to 5 weeks old, were from Harlan (Indianapolis, IN) and housed four mice per cage with filter tops and autoclaved bedding. Human RPMI 8226 multiple myeloma cells (passage 8 from the American Type Culture Collection) were inoculated subcutaneously into both flanks of SCID mice (10 million cells per flank). After 8 days, 12 mice were divided into two groups of six mice each: vehicle-injected and naltrindole-injected (30 mg/kg). Animals were dosed daily for 36 days, and body weights and xenograft tumors were measured twice a week with a digital caliper (tumor volume = length × width × width × ⅓). Naltrindole was dissolved in distilled water to make a 3 mg/ml solution, and mice were injected with 10 ml/kg daily.

**Protein Assay**

The protein concentration of samples was determined by using the D2 protein assay (Bio-Rad Laboratories) with bovine serum albumin as the standard. Sample concentrations were determined by interpolation of the best-fit line generated by linear regression analysis by using Prism 5.0.

**Statistical Analysis**

The statistical significance of mean values was determined by using one- or two-way analysis of variance (ANOVA), including Tukey’s multiple comparison test.

**Results**

Characterization of the Naltrindole Binding Site in U266 Multiple Myeloma Cells. [3H]Naltrindole interacts in a saturable manner with micromolar affinity to an abundant binding site in intact human U266 multiple myeloma cells. Specific [3H]naltrindole binding (i.e., displaceable with 500 μM unlabeled naltrindole) was readily observed when using 5 to 10 nM of the radioligand. However, competition analysis, using concentrations of nonradiolabeled naltrindole ranging from 0.5 to 200 μM to displace 10 nM [3H]naltrindole, indicated that its IC50 was approximately 15 μM. The low affinity of the naltrindole binding site made typical saturation analysis with increasing concentrations of [3H]naltrindole prohibitive; therefore, we transformed the homologous competitive binding analysis data to calculate the amount of naltrindole bound at each concentration based on the dilution factor of the radioisotope. Homologous competitive binding analysis indicated that the apparent dissociation constant, Kd, was 20 ± 4 μM, and the maximum number of binding sites, Bmax was 1.8 ± 0.1 nmol/mg protein (Fig. 1). It should be noted that the affinity of naltrindole for this binding site was considerably lower than its affinity for the classic δ-opioid receptor, where the Kd for naltrindole is 1.5 nM (Chaturvedi et al., 2000). The inset of Fig. 1A displays [3H]naltrindole binding to the U266 cells in the low nanomolar range; the binding is linear rather than saturating as it would be for [3H]naltrindole binding to the δ-opioid receptor. Conversely, the Bmax for naltrindole in the U266 cells is exceptionally high. For comparison, we created a human embryonic kidney 293 cell line that expressed δ-opioid receptor cDNA driven by the strong cytomegalovirus promoter that displayed a Bmax of 10 pmol/mg protein (Christoffers et al., 2005).

Naltrindole interacted with a binding site expressed in another human multiple myeloma cell line, RPMI 8226, in a similar fashion. The Kd for naltrindole derived from homologous competitive binding analysis was 32 ± 7 μM, and the Bmax was 2.4 ± 0.6 nmol/mg protein (Fig. 1B). The concentration of naltrindole required to displace 50% of [3H]naltrindole binding was 16 ± 4 μM (Fig. 1C). Given the unusual pharmacological properties of the naltrindole binding site expressed in the human multiple myeloma cell lines, we looked for expression of δ-, μ-, and κ-opioid receptor mRNA in RPMI 8226 cells by using reverse transcriptase-polymerase chain reactions with opioid receptor-specific oligonucleotide primer pairs (Fig. 1D). When RNA from the RPMI 8226 cells was used as RT-PCR template, the results were negative. The positive control reactions yielded products of the expected size (747, 747, and 753 bp for the δ-, μ-, and κ-opioid receptors, respectively). Although a faint PCR product approximately 1000 bp in length was observed when using κ-opioid receptor primers, DNA sequence analysis indicated that the band was a PCR artifact and had no sequence homology to human κ-opioid receptor mRNA.

The optimal pH of the 1X phosphate-buffered saline used for binding assays was found to be at neutral to slightly alkaline pH (Fig. 2A). [3H]naltrindole binding was increased by 25% at pH 8.5 relative to the binding at pH 7.4. The pKa of the amino nitrogen of morphine is approximately 8; assuming that the pKα of naltrindole is similar, the pH profile suggests that naltrindole binding is favored slightly when the basic nitrogen is uncharged. At pH values below neutrality (pH 6.5, 5.5, and 4.5), binding declines to 20 to 25% of the binding at pH 7.4. When cells were incubated in acidic pH buffers or slightly alkaline buffer, then washed and re-equilibrated at pH 7.4, binding activity was restored back to the level assayed at pH 7.4, with the exception of cells incubated at the lowest pH 4.5. In that case, binding activity was not recovered, presumably because of nonreversible denaturation of the binding site at pH 4.5.
Experiments were conducted to examine the kinetics of association and dissociation of naltrindole binding to U266 cells at 22 and 4°C. The rate of binding was rapid at both temperatures, being half-maximal at 1 to 2 min, and binding reached equilibrium at both temperatures at approximately 20 min (Fig. 2B). At 22°C, the association rate constant, calculated by nonlinear regression analysis of the association curve using Prism 3.0, was 2650 ± 650 M⁻¹ · s⁻¹. The dissociation rate was also rapid at both temperatures (Fig. 2C). At 4°C, the half-life of dissociation was approximately 10 min, whereas at 22°C it was 26 ± 6 s. The dissociation rate constant at 22°C was 0.031 ± 0.008 s⁻¹. The apparent dissociation constant calculated from the ratio \(k_{\text{off}}/k_{\text{on}}\) was 11.5 μM, which was in excellent agreement with the dissociation constant of 10 to 20 μM calculated by homologous competition analysis.

Naltrindole binding to U266 MM cells was inhibited after incubation of viable cells with several protein-modifying reagents. Naltrindole binding was inhibited by incubation with DTT, which reduces disulfide bonds to yield free cysteine residues, NEM, which alkylates reduced cysteine residues, and DTNB, which also alkylates free sulfhydryl groups (Fig. 3A). These results strongly implicate a critical proteinaceous component of the naltrindole binding site and suggest that both a disulfide bond and a free cysteine residue are present that are critical for the maintenance of the naltrindole binding site crevice or the overall active conformation of the naltrindole binding site protein. It is widely accepted that DTNB is not cell-permeable, because of its negative charge (Laragione et al., 2003); therefore, the inhibition mediated by this reagent implies that a critical cysteine residue or residues are accessible to the reagent from the extracellular aspect of the plasma membrane that is required for naltrindole binding.

The proteinaceous character of the naltrindole binding site was further confirmed by incubating viable U266 cells with the protein synthesis inhibitor cycloheximide, which inhibited \(^[^3]H\)naltrindole binding in a time-dependent manner. Nonlinear regression analysis of the decay curve for specific binding indicated that the naltrindole binding site had an apparent half-life of 7.1 h (Fig. 3B). Although cycloheximide is certainly cytotoxic, we did not observe extensive cell death at earlier time points up to the half-life of the naltrindole binding site.

We observed that naltrindole binding to MM cell lines was maximal when radioligand binding assays were conducted with whole cells (Fig. 4A). \(^[^3]H\)naltrindole binding to U266 multiple myeloma cells was decreased by 60% when cells were disrupted by homogenization before radioligand binding assays. This was not the case for \(^[^3]H\)diprenorphine bind-

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**Fig. 1.** Naltrindole binding sites in human U266 and RPMI 8226 multiple myeloma cells. A, saturation curve of \(^[^3]H\)naltrindole binding to human U266 multiple myeloma cells derived from homologous competitive binding analysis as described under Materials and Methods. The inset displays the linear increase in \(^[^3]H\)naltrindole-specific binding using radioligand concentrations ranging from 1 to 40 nM. The \(K_D\) for \(^[^3]H\)naltrindole was 20 μM, and the \(B_{\text{max}}\) for U266 cells was 1.8 nmol/mg protein. B and C, saturation curves derived from homologous competitive binding analysis of naltrindole displacement of \(^[^3]H\)naltrindole binding using the radioligand at 10 nM and RPMI 8226 cells. B, specific binding. C, percentage of control specific binding. D, lack of evidence for the expression of \(\delta\), \(\mu\), and \(\kappa\) opioid receptor mRNA in human RPMI 8226 multiple myeloma cells. RNA was isolated from human RPMI 8226 cells and amplified by RT-PCR using selective opioid receptor primer pairs. Twenty five cycles of PCR were conducted and analyzed on 1.2% agarose gels, after staining with 1 μg/ml ethidium bromide. Lane M, size marker DNA standards (the prominent midgel DNA standard is 1000 bp). Lane C, RT-PCR that lacked the Thermoscript reverse transcriptase as a negative control. For plasmid, lanes labeled \(\delta\), \(\mu\), and \(\kappa\) were positive controls in which 1 ng each of the human opioid receptor plasmids were used as PCR templates. For RPMI 8226 cells, lanes labeled \(\delta\), \(\mu\), and \(\kappa\) correspond to opioid receptor RT-PCR products derived from amplification of RNA isolated from human RPMI 8226 cells using receptor-selective primer pairs. Data are derived from three or more independent experiments.
ing to the δ-opioid receptor expressed in HEK293 cells, in which essentially all of the binding activity was retained in the homogenate (Fig. 4A). Furthermore, when binding assays were conducted by using a membrane fraction obtained by centrifuging the U266 homogenate at 100,000 g, [3H]naltrindole binding was decreased by 75% relative to whole cells, whereas [3H]diprenorphine binding activity to DOR HEK293 cells was fully recovered in the membrane fraction from DOR HEK293 cells relative to whole cells or the homogenate. Thus, unlike opioid ligand binding to δ-, μ-, and κ-opioid receptors, it seems that the [3H]naltrindole binding site on MM cells is not localized to membrane fractions. [3H]naltrindole binding was also assayed by using the soluble supernatant 100,000g cytosolic fraction from U266 cells by Sephadex G25 gel filtration assays and polyethylene glycol precipitation methods (Howells et al., 1982); however, no specific binding was detected (data not shown). At the present time, the fate of the [3H]naltrindole binding activity subsequent to cell homogenization is unclear.

We also conducted subcellular fractionation studies after hypotonic lysis of myeloma cells, with the notion that this method may be less disruptive to cells than homogenization with the Tekmar tissueemizer. Once again, the binding activity within the low- and high-speed pellet fractions was decreased significantly relative to intact cells, and no specific binding was observed in the cytosolic fraction when assayed either by LH-20 gel filtration chromatography (Merker and Handschumacher, 1984) or precipitation with 90% ammonium sulfate (Fig. 4B).

Subcellular fractionation of cells after homogenization using a Teflon pestle/glass vessel in an isotonic sucrose buffer yielded similar results (Fig. 4C). Disrupting the cells by homogenization decreased [3H]naltrindole binding by 50% relative to the binding activity of intact cells, and binding to the P1 nuclear fraction and the P2 mitochondrial fraction was approximately 50% of the binding expressed as femtomoles/milligrams of protein relative to intact U266 cells. In our opinion, residual binding in subcellular fractions subsequent to homogenization in Fig. 4 probably is caused by the presence of intact cells, because more thorough homogenization at the outset of fractionation further reduces naltrindole binding in subcellular fractions.

The pharmacological profile of the naltrindole binding site expressed in U266 MM cells was investigated by using competitive binding assays with naltrindole (Portoghese et al., 1988), naltriben (Portoghese et al., 1990), SNC80 (Bilskey et al., 1995), BNTX (Portoghese et al., 1992), and naltrexone and morphine (Fig. 5). The rank order of potency for inhibition of [3H]naltrindole binding (with IC50 values in parentheses) was naltrindole (7.5 μM) > naltriben (20 μM) > SNC80 (25 μM) > BNTX (60 μM) > naltrexone (300 μM) > morphine (660 μM). In addition, the following opioid compounds exhibited negligible affinity (less than 20% inhibition of [3H]naltrindole binding at 100 μM) for the naltrindole binding site expressed in U266 MM cells:
salvinorin A, naloxone, dynorphin (1–13), β-endorphin, [D-Ser²]-Leu-enkephalin-Thr, [D-Ala², N-Me-Phe⁴, Gly-ol]-enkephalin, and [D-Ala², -D-Leu⁵]-enkephalin.

**Inhibition of Proliferation of Multiple Myeloma Cells by Naltrindole.** Naltrindole was tested for its effect on proliferation of human U266 MM cells, and it was observed that the antiproliferative activity correlated well with the IC₅₀ for displacement of [³H]naltrindole binding to the cells. Using the Wst-1 tetrazolium assay, after 72 h of treatment, naltrindole inhibited the proliferation of U266 multiple myeloma cells in a concentration-dependent manner with an EC₅₀ of 16 ± 0.1 μM (Fig. 6A). Regarding the time course of its antiproliferative activity, naltrindole caused a decrease in the number of viable cells in a time-dependent manner, being maximal at 72 h (Fig. 6B). As expected, the number of viable cells in untreated control U266 cell samples increased with time in culture, whereas naltrindole at 50 μM displayed a cytostatic effect on the cells, effectively inhibiting the time-dependent increase in viable cell number (Fig. 6B). It was also apparent from Fig. 6B that naltrindole was not inducing salvinorin A, naloxone, dynorphin (1–13), β-endorphin, [D-Ser²]-Leu-enkephalin-Thr, [D-Ala², N-Me-Phe⁴, Gly-ol]-enkephalin, and [D-Ala², -D-Leu⁵]-enkephalin.

**Fig. 3.** Effect of protein-modifying reagents and the protein synthesis inhibitor cycloheximide on specific [³H]naltrindole binding to human U266 multiple myeloma cells. A, sensitivity of [³H]naltrindole-specific binding to U266 cells after treatment with various protein-modifying reagents. Intact U266 cells were incubated for 30 min at 24°C with 50 mM DTT, 5 mM NEM, or 1 mM DTNB (Ellman's reagent). [³H]naltrindole binding assays using 10 nM of the radioligand in the absence and presence of 500 μM unlabeled naltrindole were performed for 30 min at 24°C immediately after the treatments. B, to assess the turnover rate of the naltrindole binding site, cycloheximide was added to U266 cell cultures at 120 μg/ml (or water for vehicle controls) for the indicated lengths of time, and cells were centrifuged at 375g, then resuspended in 1x PBS to measure specific binding using 10 nM [³H]naltrindole. The data were fitted to a first-order decay curve using nonlinear regression analysis (Prism version 5.0c); the half-life of the naltrindole binding site was calculated to be 7.1 h. Data are derived from three or more independent experiments.

**Fig. 4.** Subcellular fractionation studies of the naltrindole binding site in human U266 multiple myeloma cells. A, [³H]naltrindole binding to U266 cell fractions was compared with [³H]diprenorphine binding to HEK 293 cells expressing the δ-opioid receptor. Cell homogenates were prepared by homogenizing the cells by using a Tekmar tissuehomogenizer in 1× PBS. Membranes were isolated by ultracentrifugation (100,000g for 30 min) of the homogenates. [³H]naltrindole-specific binding was assayed at 7 nM by using comparably equal volumes of membranes or cell fractions. U266 homogenate and membrane binding was significantly decreased compared with whole-cell binding, whereas [³H]diprenorphine binding (3 nM) to the δ-opioid receptor expressed in HEK 293 cells was similar in whole cells, homogenates, and membrane fractions. B, specific [³H]naltrindole binding (8 nM) to U266 subcellular fractions after hypotonic lysis compared with whole-cell binding. HS, high speed; LS, low speed. C, subcellular fractionation of U266 using an isotonic sucrose buffer according to Frezza et al. (2007) as described under Materials and Methods. Specific [³H]naltrindole binding was compared in whole cells, homogenates, and P1 and P2 fractions. Data are derived from three or more independent experiments.
cell death, when one compares the number of viable cells in the naltrindole-treated samples with the number of viable cells in the 24-h control sample. Using the Wst-1 assay, it was observed that treatment of U266 cells for 72 h with the opioid antagonist naltrexone at 100 \( \mu \text{M} \) actually slightly stimulated the proliferation of U266 cells slightly relative to untreated control cells (although this increase was not statistically significant); however, the antiproliferative effect of 10 \( \mu \text{M} \) naltrindole was not blocked by the 10-fold higher concentration of naltrexone (Fig. 6C), suggesting, once again, that the effect of naltrindole was not caused by the activation or inhibition of the \( \delta \)-opioid receptor. Pharmacological intervention for the treatment of a variety of diseases often uses a combination of drugs that have multiple targets, and this is the case for the treatment of multiple myeloma. We tested the antiproliferative activity of drugs that target histone deacetylase (sodium valproate; 200 \( \mu \text{M} \)), the glucocorticoid receptor (dexamethasone; 5 \( \mu \text{M} \)), the proteasome (bortezomib; 10 nM), and HMG-CoA reductase (simvastatin; 1 \( \mu \text{M} \)) alone and in combination with 10 \( \mu \text{M} \) naltrindole after 72-h treatment of U266 MM cells using the Wst-1 tetrazolium assay. As displayed in Fig. 6D, at the concentrations indicated, all therapeutic agents inhibited U266 cell growth by 20 to 25%. The decrease in the number of viable cells induced by valproic acid and bortezomib was statistically significant (\( p < 0.05 \)); the decrease in the number of viable cells induced by naltrindole alone, dexamethasone alone, and simvastatin alone did not quite reach statistical significance (\( p > 0.05 \)). Combined drug treatment with naltrindole and the other chemotherapeutic agents at these submaximal concentrations resulted in a statistically significant, additive effect on cell proliferation compared with untreated control cells, as well as with cells treated with the single drugs alone. For instance, the combination of naltrindole and bortezomib resulted in a statistically significant decrease in the number of viable cells compared with cells treated with naltrindole alone, as well as cells treated with bortezomib alone.

To investigate more directly whether naltrindole was inducing programmed cell death in MM cells, a biochemical assay to detect caspase-3 cleavage and activation was used. Caspase-3 is a proapoptotic protease that is activated in the programmed cell death signaling pathway, and its activation

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**Fig. 5.** Competition analysis of \(^{3} \text{H}\)naltrindole binding to human U266 multiple myeloma cells by select opioid compounds. Dose-response curves for displacement of specific \(^{3} \text{H}\)naltrindole binding (7.5 nM) are shown by using unlabeled naltrindole, naltiben, SNC 80, BNTX, naltrexone, and morphine. Data are derived from three or more independent experiments.

**Fig. 6.** Naltrindole inhibits multiple myeloma cell proliferation. A, concentration-dependent antiproliferative activity of naltrindole after incubation for 72 h with human U266 multiple myeloma cells, using the Wst-1 assay. B, time-dependent antiproliferative activity of naltrindole by using the Vi-Cell assay of the number of viable U266 cells (one-way ANOVA, using Turkey’s multiple comparison test; \( F_{18,18} = 30.41; p < 0.01 \)). C, naltrindole (10 \( \mu \text{M} \)) inhibited the proliferation, whereas naltrexone (100 \( \mu \text{M} \)) slightly stimulated the proliferation of human U266 multiple myeloma cells, although neither of these effects quite reached statistical significance. Naltrexone (100 \( \mu \text{M} \)) at a 10-fold molar excess relative to naltrindole had no effect on the antiproliferative effects of naltrindole (10 \( \mu \text{M} \)) on U266 cells, implying that a nonopioid receptor-mediated mechanism was involved. D, the effect of antimultiple myeloma agents on U266 cell proliferation, alone and in combination with naltrindole. Data are derived from three or more independent experiments (one-way ANOVA, using Turkey’s multiple comparison test; \( F_{18,20} = 17.88; p < 0.01 \)). Nt, naltrindole; VPA, valproic acid; Dex, dexamethasone; BTz, bortezomib; Smvstn, simvastatin. Asterisks refer to statistically significant changes at \( p < 0.05 \), as described in the text.
involves proteolytic cleavage of an inactive 32-kDa precursor protein. As shown in Fig. 7A, Western blot analysis using an antibody that recognizes the inactive caspase-3 proenzyme indicated that 24-h treatment of RPMI 8226 or U266 MM cells with 10, 30, or 50 μM naltrindole had no effect on caspase-3 cleavage and activation, nor did treatment with 50 μM naltrindole for 48 or 72 h. In contrast, as a positive control, treatment of the MM cell lines with 25 μM MG132, a proteasome inhibitor, for 24 h, caused a marked decrease in the level of the caspase-3 proenzyme, with no effect on α-tubulin, used as a loading control.

Further confirmation that naltrindole does not induce programmed cell death in MM cells was obtained by using fluorescence-activated cell sorting with annexin V as a marker for apoptosis. Treatment of RPMI 8226 MM cells with 10, 30, or 50 μM naltrindole for 24 h had little effect on the fraction of cells that were annexin V-positive and propidium iodide-negative (the lower right quadrant) corresponding to cells undergoing early stages of apoptosis, compared with untreated control cells (Fig. 7B, left). In contrast, the treatment of RPMI 8226 cells with 25 μM MG132 for 24 h caused a dramatic increase in the population of cells that were annexin V-positive and propidium iodide-negative. Even a more prolonged treatment of RPMI 8226 cells for 48 and 72 h with 50 μM naltrindole failed to induce apoptosis as indicated by the minimal effects on the population of annexin V-positive, propidium iodide-negative cells (Fig. 7B, right).

Multiple myeloma cells home to the bone marrow, and interactions between MM cells and normal cells within the bone marrow microenvironment can attenuate the antitumor activity of drugs used to treat MM (Anderson and Carrasco, 2011); therefore, we investigated the antiproliferative effect of naltrindole by using U266 MM cells cocultured with human HS-5 bone marrow stromal cells. Radioligand binding assays demonstrated that human HS-5 bone marrow stromal cells express the naltrindole binding site, and the IC50 of naltrindole was 36 μM in these cells (Fig. 8A). In this set of experiments, nonlinear regression analysis of naltrindole concentration-response curves using the Vi-Cell assay generated an EC50 of 20 μM for the inhibition of U266 cell proliferation. The EC50 for the inhibition of HS-5 cell proliferation was 1.75-fold higher (35 μM), whereas the EC50 for the inhibition of U266 cell proliferation grown in the presence of HS-5 cells was intermediate, at 29 μM (Fig. 8B). Thus, nal-

Fig. 7. Naltrindole does not cause the activation of caspase-3, a marker for apoptosis, in multiple myeloma cells. A, naltrindole treatment of RPMI 8226 cells (left) or U266 cells (right) for 24 h at 10, 30, or 50 μM, or treatment with 50 μM naltrindole for 24, 48, or 72 h, did not elicit caspase-3 cleavage and activation, whereas treatment of the cells with 25 μM MG132, a proteasome inhibitor, resulted in caspase-3 activation and apoptosis. B, fluorescence-activated cell sorting analysis of RPMI 8226 cells confirmed that naltrindole did not trigger apoptosis of the cells under these conditions. Left, naltrindole treatment of RPMI 8226 cells for 24 h at 10, 30, or 50 μM did not cause an increase in the population of cells that were annexin V (A)-positive and PI-negative, whereas the positive control, MG 132, clearly induced apoptosis. Right, incubation of RPMI 8226 cells with 50 μM naltrindole for 24, 48, or 72 h did not induce apoptosis, whereas MG 132 did. Data are derived from three or more independent experiments.
Naltrindole Inhibits Multiple Myeloma Cell Proliferation

Fig. 8. The antiproliferative activity of naltrindole toward human U266 multiple myeloma cells is maintained when they are cocultured with human HS-5 bone marrow stroma cells. A, naltrindole binds to human HS-5 bone marrow stoma cells with an IC$_{50}$ of 36 µM. B, to mimic the bone marrow microenvironment, coculturing U266 with HS-5 cells (HS5) resulted in a slight shift to the right in the dose-response curve for naltrindole after incubation for 72 h, changing the antiproliferative EC$_{50}$ to 29 µM from 20 µM. Data are derived from three or more independent experiments.

Discussion

Morphine and other opioids have been used for pain relief and a variety of other indications for centuries, and opioid analgesics remain the most powerful and widely used therapeutic agents for pain control in current medical practice (Niscola et al., 2006). Studies have also demonstrated the importance of endogenous and exogenous opioids in modulating the proliferation of immune cells and neoplastic cells. Phagocytes, T cells, B cells, and natural killer cells have been demonstrated to be affected by opioids (McCarthy et al., 2001). Inhibitory effects of opioids on cell proliferation have been well characterized in several human hematological malignancies, including promyelocytic leukemia (Takeuchi et al., 2006) and erythroid leukemia (Mernenko et al., 1996).

Several investigators reported that naltrindole has immunosuppressive and antiproliferative activity mediated through a nonopioid receptor mechanism (House et al., 1995; Gavériaux-Ruff et al., 2001; Chen et al., 2004). Based on our data, we conclude that the naltrindole binding site expressed in U266 multiple myeloma cells is not the δ-opioid receptor (or the µ- or κ-opioid receptors). The $K_d$ and $B_{MAX}$ values for naltrindole and the affinities of other opioids that we have studied are significantly different from those reported for the classic δ-, κ-, and µ-opioid receptors. Substantial loss of detectable binding after cell homogenization is also not observed for the δ-, κ-, and µ-opioid receptors. In addition, we can detect specific [H]$|\text{Naltrindole binding, but not [H]}^{-}|\text{Diprenorphine binding (a nonselective opioid antagonist with high affinity for δ-, κ-, and µ-opioid receptors), to U266 and RPMI 8226 multiple myeloma cells.}$

The pharmacological profile of the naltrindole binding site differs significantly from the classic δ-opioid receptor, which binds...
the naltrindole binding site in multiple myeloma cells have not been compromised by the loss of binding activity in subcellular fractions. Investigations into developing binding assays in subcellular fractions continue, along with efforts to identify the binding site by expression cloning or microRNA knockdown. Multiple growth factors affecting many intracellular signaling pathways and many interactions between myeloma cells with the bone marrow environment are involved in the development and progression of multiple myeloma. Some of the most important signals regulating cell growth arise from the phosphatidylinositol 3-kinase/Akt, NF-κB, MAPK kinase/ERK, p38 MAPK, stress-activated protein kinase/c-Jun NH2-terminal kinase, and Janus tyrosine kinase signaling pathways. The diversity of survival and antiapoptotic mechanisms available to multiple myeloma cells contributes to the development of resistance to chemotherapy and radiation, a major problem in management of the disease. It is clear that targeting multiple pathways with combination therapies is beneficial for improving outcomes in patients with multiple myeloma. With better understanding of multiple myeloma pathology, many promising drug targets have been identified and are currently being evaluated for use in therapy (Lentzsch et al., 2004; Podar et al., 2005; Hwang et al., 2006; Piazza et al., 2007). We hope that investigating the mechanisms through which naltrindole exerts its growth inhibitory effects will establish a role for naltrindole in combination antineoplastic therapy.

Several signaling pathways have been implicated in the antiproliferative effects of naltrindole. IL-6 has many impor-
tant roles in the regulation of immune responses and inflammation; it acts as a growth factor and an antiapoptotic factor in multiple myeloma (Bommert et al., 2006; Nishimoto and Kishimoto, 2006). Human U266 multiple myeloma cells produce IL-6, thus inhibition of IL-6 secretion or interference with its signaling is a possible mechanism for the growth inhibition by naltrindole that we observed in those cells. IL-6 signaling activates the Janus tyrosine kinase/signal transducer and activator of transcription pathway, with downstream activation of MAPK, and Akt pathways, which are among the major growth-promoting mechanisms in multiple myeloma. Chen et al. (2004) reported that naltrindole inhibited constitutive phosphorylation of Akt and induced apoptosis in small-cell lung cancer cells. We have observed that naltrindole inhibits both Akt and ERK phosphorylation, and hence activation, in human U266 multiple myeloma cells, and this effect may underlie its antiproliferative activity.

Targeting of growth- or survival-promoting pathways is important for successful treatment of multiple myeloma, thus we investigated the synergy of naltrindole with other multiple myeloma antiproliferative agents, including dexamethasone, simvastatin, bortezomib, and valproic acid. NF-κB activation occurs via Akt pathway activation, and inhibition of NF-κB causes apoptosis of multiple myeloma cells, which is a mechanism of action of the proteasome inhibitor bortezomib, which has been approved for the treatment of multiple myeloma (Montagut et al., 2006; Piazza et al., 2007). We have observed that bortezomib and naltrindole act in an additive fashion in inhibiting proliferation on U266 cells. In addition, we have observed additivity in the antiproliferative effects of the HDAC inhibitor, valproic acid, and naltrindole on U266 cells. Histone modifications are key components of the chromatin-remodeling machinery. Regulation of gene expression by chromatin remodeling plays a key role in cell cycle progression and cell survival; interfering with this process by HDAC inhibitors is detrimental to many neoplastic cells, including multiple myeloma. Clinical trials to evaluate HDAC inhibitors for the treatment of multiple myeloma are ongoing (O’Connor et al., 2006; Gallinari et al., 2007). The short-chain fatty acid valproic acid is a widely used anticonvulsant. It has also been shown to be an HDAC inhibitor and have antineoplastic properties, including activity against multiple myeloma cell lines (Blaheta et al., 2005; Kaiser et al., 2006; Schwartz et al., 2007). In this study we have also demonstrated that naltrindole increases the antiproliferative activity of the widely used antimultiple myeloma agent dexamethasone, a gluocorticoid agonist, and the HMG CoA reductase inhibitor simvastatin. Statins are prescribed for hypercholesterolemia, but also display antineoplastic activity. Simvastatin has been shown to inhibit
multiple myeloma cell proliferation, perhaps because of its inhibition of Ras farnesylation and synthesis of IL-6 (Gronich et al., 2004). We hope that these studies will stimulate further investigation of the combined use of naltrindole with other antineoplastic agents in human clinical trials for treating multiple myeloma.

Opioid receptors undergo agonist-induced desensitization and down-regulation, causing lower receptor levels and diminished response to agonists, contributing to the development of tolerance (Corbett et al., 2006). Tolerance to opioid analgesics is a problem in the management of chronic pain. Inactivation of the δ-opioid receptor by pharmacological or genetic methods results in the attenuation of morphine tolerance. δ-Opioid receptor knockout mice do not develop analgesic tolerance to morphine (Zhu et al., 1998; Nitsche et al., 2002). Similar effects were seen by using antiseense oligodeoxynucleo-
tides targeted to the δ-opioid receptor gene (Kest et al., 1996). Naltrindole was also able to attenuate development of morphine-induced tolerance and acute physical dependence in rodents without blocking morphine analgesia when 10 pmol was injected intracerebroventricularly (Abdelhamid et al., 1991) or administered either at 1 mg/kg subcutaneously or 10 μg/mouse intracerebroventricularly (Hepburn et al., 1997). These are doses in which naltrindole maintains its δ-receptor selectivity. Although naltrindole is not currently in clinical use, its parent compound, naltrexone, is used extensively and has a good safety profile. Naltrindole is, however, widely used in animal studies. Naltrindole has been administered without overt toxicity at concentrations of 1 to 30 mg/kg (Drower et al., 1991; Stevenson et al., 2003). Based on our in vivo studies reported herein, it is important to test the antiproliferative activity of naltrindole in xenograft models by using lower doses and with less-frequent treatment regimens. We propose that naltrindole, or other structurally similar compounds, may be clinically useful in attenuating the development of tolerance to opioid analgesics in patients with multiple myeloma, provided that the δ-receptor selectivity can be maintained, in addition to its nonopioid receptor-mediated antineoplastic properties. This compound could prove to be especially valuable in hematological malignancies, such as multiple myeloma, because of the sensitivity of immune cells to naltrindole and severe pain-related morbidity associated with this disease.

Authorship Contributions

- Participated in research design: Mundra, Terskiy, and Howells.
- Conducted experiments: Mundra, Terskiy, and Howells.
- Contributed new reagents or analytic tools: Howells.
- Performed data analysis: Mundra, Terskiy, and Howells.
- Wrote or contributed to the writing of the manuscript: Mundra, Terskiy, and Howells.

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