ABSTRACT

The commonly prescribed antiepileptic drug phenytoin has a narrow therapeutic range and wide interindividual variability in clearance explained in part by CYP2C9 and CYP2C19 coding variants. After finding a paradoxically low urinary phenytoin metabolite (S)/(R) ratio in subjects receiving phenytoin maintenance therapy with a CYP2C19*1/*1 and CYP2C19*1/*2 genotype, we hypothesized that CYP2C9 regulatory polymorphisms (rPMs), G-3089A and –2663delIG, in linkage disequilibrium with CYP2C19 were responsible. These rPMs explained as much as 10% of the variation in phenytoin maintenance dose in epileptic patients, but were not correlated with other patients’ warfarin dose requirements or with phenytoin metabolite ratio in human liver microsomes. We hypothesized the rPMs affected CYP2C9 induction by phenytoin, a pregnane X receptor (PXR), and constitutive androstane receptor (CAR) activator. Transfection studies showed that CYP2C9 reporters with wild-type versus variant alleles had similar basal activity but significantly greater phenytoin induction by cotransfected PXR, CAR, and Nrf2 and less Yin Yang 1 transcription factor repression. Phenytoin induction of CYP2C9 was greater in human hepatocytes with the CYP2C9 wild type versus variant haplotype. Therefore, CYP2C9 rPMs affect phenytoin-dependent induction of CYP2C9 and phenytoin metabolism in humans, with an effect size comparable with that for CYP2C9*2 and 2C9*3. These findings may also be relevant to the clinical use of other PXR, CAR, and Nrf2 activators.

Phenytoin (PHT, 5,5-diphenylhydantoin) is among the most frequently prescribed antiepileptic drugs (AEDs). Among the older AEDs, the prevalence of use in the United States is: PHT > valproic acid > carbamazepine > phenobarbital (52, 19, 11, and 7%, respectively). The use of phenytoin is highest among the elderly population, those most likely to be taking other medications metabolized by CYP2C9. For example, it is estimated that 10.5% of nursing home residents had one or more AED orders, a prevalence 10 times greater than that found in the community (Garrard et al., 2007; Leppik, 2007). Although newer AEDs that may have fewer side effects have come on the market, PHT continues to occupy an important role in the pharmacological treatment of epilepsy, in particular, for patients
on long-standing PHT-containing regimens that may have required months to years of modification of drug regimens and doses to achieve optimal control of their disease.

Phenytoin demonstrates a large interindividual variation in metabolism and has a narrow therapeutic index, and hence is difficult to administer effectively. Previous studies have consistently demonstrated reduced in vivo PHT metabolism and reduced clinical dose requirements for PHT in patients carrying protein sequence-altering genetic variants of the enzymes CYP2C9 and CYP2C19. These enzymes metabolize PHT to a mixture of (R)- and (S)-stereoisomers of the inactive metabolite 5-(4′-hydroxyphenyl)-5-phenylhydantoin (p-HPPH). The most commonly occurring CYP2C9 variant alleles are CYP2C9*2, a C430T leading to Arg144Cys, and CYP2C9*3, a A1075T leading to Ile359Leu (Stubbins et al., 1996; Sullivan-Klose et al., 1996; Bhasker et al., 1997). An in vitro kinetic study in insect cells showed that recombinant CYP2C9*2 and CYP2C9*3 exhibited a 1.5- and 20-fold decrease in catalytic efficiency, respectively, relative to CYP2C9*1, in formation of (S)-p-HPPH (Rettie et al., 1999). The CYP2C19*2 variant allele, a G681A transition in exon 5, creates a cryptic splice site and forms a truncated defective protein. It is the major genetic defect accounting for 75 to 85% CYP2C19 poor metabolizers (de Morais et al., 1994).

Because of its narrow therapeutic range, genotyping of CYP2C19 in addition to CYP2C9 could theoretically be used to optimize the dosage of phenytoin. The CYP2C9*2, CYP2C9*3, and CYP2C19*2 alleles have all been shown to affect PHT plasma concentration and toxicity (Aynacioglu et al., 1999; Desta et al., 2002; Tate et al., 2005). For example, the mean 12-h concentration of PHT in serum after a 300-mg dose to healthy Turkish volunteers was significantly higher (26–37%) in patients with even one CYP2C9*2 or CYP2C9*3 allele compared with Wt subjects (Aynacioglu et al., 1999).

In European epileptic patients on PHT, the CYP2C9*3 allele showed a significant association with maximum PHT dose (Tate et al., 2005). Although PHT is metabolized to p-HPPH by both CYP2C9 (90%) and CYP2C19, CYP2C9 demonstrates high prochiral stereoselectivity yielding an (S)/(R) ratio of 43–44. In contrast, CYP2C19 has low prochiral selectivity, yielding a (S)/(R) ratio of 1.2–1.3 (Fig. 1A) (Küpfer and Preisig, 1984; Bajpai et al., 1996; Browne and Leduc, 2002). Although it was hypothesized (Ieiri et al., 1997; Argikar et al., 2006) that the (S)/(R) p-HPPH ratio could be used as a phenotypic measure of CYP2C9 activity, the results from two in vivo studies testing this idea have been paradoxical. As shown in Figure 1B, the 24-h urinary sample from 45 epilepsy patients taking PHT under steady-state conditions analyzed for mean urinary (S)/(R) p-HPPH ratios in subjects homozygous for CYP2C19*1/*1 was 24.2 ± 3.1. Heterozygotes for the defective CYP2C9*2 and CYP2C9*3 alleles demonstrated lower values of 11.1 ± 3.3 and 2.7 ± 0.6, respectively. However, unexpectedly, normal homozygotes for CYP2C9*1/*1 but heterozygous for CYP2C19*2 had a mean (S)/(R) ratio as low as 12.9 ± 1.7 instead of the expected range of 30 to 40 (Argikar et al., 2006). A high (S)/(R) ratio was expected in these subjects because CYP2C19-mediated metabolism would be expected to dominate in CYP2C19*2 poor metabolizers. We hypothesized that some undetected CYP2C9 variation in LD with CYP2C19*2 was affecting PHT elimination.

Here, we describe two genetic variants in the extended promoter of CYP2C9, -3089G–A and -2663delTG (a designation used by Veenstra et al. (2005) but equivalent to the -2656–2664delTG designation used by some others) in strong linkage disequilibrium with CYP2C19*2, and demonstrate that these variants explain the paradoxically low (S)/(R) ratio in CYP2C19*2 carriers. We show that these polymorphisms are strongly associated with phenytoin dose requirements in patients with epilepsy on PHT maintenance therapy, and that these variants are causal for reduced PHT metabolism through their effects on PHT-sensitive autoinduction of CYP2C9. These findings may have direct relevance to the clinical use of PHT and potentially other CYP2C9 inducers.

Materials and Methods

Materials. QuikChange II XL site-directed mutagenesis kit was obtained from Stratagene (La Jolla, CA). TRIZol and Superscript reverse transcription-polymerase chain reaction (PCR) systems were purchased from Invitrogen (Carlsbad, CA). The luciferase assay system, β-galactosidase assay system, TNT quick coupled transcription/translation system, and PCR master mix were purchased from Promega (Madison, WI). High-purity plasmid purification kits and DNA sequencing were purchased from QIAGEN (Valencia, CA). Trypsin, penicillin, streptomycin, and cell culture minimal essential media were purchased from Invitrogen (Carlsbad, CA). Fetal bovine serum was purchased from HyClone (Logan, UT). Dimethyl sulfoxide and PHT were purchased from Sigma-Aldrich (St. Louis, MO). The transfection reagent TurboFect 8, Yin Yang 1 (YY1) expression, and NeF2 expression plasmids were procured from Origene (Rockville, MD). [35S]methionine were supplied by PerkinElmer Life and Analytical Sciences (Waltham, MA). Exonuclease 1 and shrimp alkaline phosphatase were from USB (Cleveland, OH). FirstChoice RLM-RACE Kit was purchased from Ambion/Applied Biosystems (Austin, TX). Custom oligonucleotide synthesis and DNA sequencing was done by the Hartwell Center for Bioinformatics and Biotechnology at St. Jude Children’s Research Hospital (Memphis, TN).

In Silico Analysis of the CYP2C9 and CYP2C19 Genes. Databases screened for potential candidate SNPs in CYP2C9, which are in LD with CYP2C19*2: HapMap (http://www.hapmap.org/) and Perlegen (http://genome.perlegen.com/). Web-based bioinformatic tools Nubiscan (http://www.nubiscan.unibas.ch) and Transfac (http://hc-transfac/cgd-bin/biobase/transfac/11.4/bin/start.cgi) were used to identify whether polymorphisms altered transcription factor binding sites.

Procurement of Liver Tissue. Human liver studies were approved by the St. Jude Children’s Research Hospital and University of Pittsburgh Institutional Review Boards. Human liver tissue (n = 28) was received through a process coordinated by the St. Jude Liver Procurement and Distribution Program and by the Cooperative Human Tissue Network. DNA from donor livers was used to analyze the expression of CYP2C9 and to prepare cDNA to study the polymorphic splicing events by amplifying full-length cDNA. DNA from donor livers was used to genotype for CYP2C9*2, CYP2C9*3, CYP2C9-3089G–A, CYP2C9-2663delTG, and CYP2C19*2.

mRNA Quantification. Total RNA was isolated from liver or human hepatocytes with TRIzol. First-strand cDNA was prepared by use of oligo(dT) primers (Invitrogen, Superscript reverse transcription-PCR system). Real-time PCR quantitation of CYP2C19 like Ex1x2C9 Ex2xchimeras, CYP2C9, CYP2C19, CYP3A4 mRNA, and the housekeeping control glyceraldehyde-3-phosphate dehydrogenase was carried out by use of the QuantiTect SYBR Green PCR kit (QIAGEN) according to the manufacturer’s instructions. cDNA was analyzed in duplicate by quantitative real-time PCR on an ABI.
PRISM 7900HT Sequence Detection System (Applied Biosystems, Foster City, CA). Primers used for real-time quantification are provided in Supplemental Table 1. Specificity of amplification was confirmed in each case by performing melt curve analysis and agarose gel electrophoresis. The averaged Ct values were analyzed by the comparative Ct method to obtain relative mRNA expression levels.

Genotyping of CYP2C9 and CYP2C19 Alleles. DNA from human livers was isolated by use of a DNeasy tissue kit. PCR was performed by use of 50 ng of genomic DNA template and 1 µM each primer in a 25-µl reaction volume with PCR master mix from Promega. Genotyping for CYP2C9*2, CYP2C9*3, CYP2C9-3089G>A, CYP2C9-2663delTG, and CYP2C19*2 was performed by direct DNA
sequencing of the specific PCR-amplified fragments. The primers were used for PCR amplification and DNA sequencing and are listed in Supplemental Table 1.

**Epilepsy Study Population.** The patient population included adult individuals of primarily European ancestry enrolled in a retrospective observational study of adult and pediatric chronic epilepsy patients followed by epileptologists at Duke University Medical Center (n = 79), and the National Hospital for Neurology and Neurosurgery, University College London Hospital (n = 94). Studies were performed under protocols approved by the appropriate local institutional review boards. Informed consent was either obtained from each patient or from the patients’ parent or caregiver when it was not possible to obtain consent from the patient directly. A DNA sample was obtained from each patient, and medical records were reviewed retrospectively. Selected clinical data including a comprehensive past medical history and demographic information, epilepsy diagnosis, seizure type and frequency, drug initiation and stop dates, and adverse effects from AEDs were recorded in a relational database (InForm). We tested whether concomitant antiepileptic medications, or any individual AED, in particular, was associated with PHT maintenance dose; however, these variables did not significantly predict PHT dose requirements. Thus, we treated all individuals achieving the maintenance dose definition as a group, and ignored the potential influence of concomitant medications as a practical measure in our analysis. Genotyping for CYP2C9*2, CYP2C9*3, and CYP2C9-3089G>A was performed by use of Taqman MGB genotyping assays (Applied Biosystems).

**Phenotyping/Phenotype Definitions.** Maintenance dose was defined as any prescribed dose that remained unchanged for two consecutive clinic visits, not including the initial (referral) visit. If this definition was met more than once for the same drug and patient, the dose that was maintained for the longest period of time was selected as the maintenance dose. It was anticipated that the maintenance dose would tend to reflect, in a quantitative manner, the liability toward seizure control by a given drug for a particular patient, whereas the maximum dose will tend to be limited by the tolerability of the drug, although both maintenance dose and maximum are likely to be influenced by both efficacy and tolerability.

**Chinese Patients on Warfarin.** This study received human subject approval from the Chinese University of Hong Kong-New Territories East Cluster Clinical Research Ethics Committee. After informed consent was obtained, a cohort of Chinese patients who had warfarin therapy initiated for indications of moderate intensity anticoagulation (target international normalized ratio = 2–3) were recruited at the anticoagulation clinic of the Prince of Wales Hospital in Hong Kong. Exclusion criteria included concurrent use of drugs known to interfere with warfarin metabolism, impaired hepatic function (serum creatinine >120 μM), and patients who had received warfarin for less than 3 months. A 5-ml blood sample was drawn for genotyping during a regularly scheduled clinic visit. Complete warfarin-dosing information was retrieved from medical records to determine stable warfarin dose, defined as three international normalized ratio measurements within target range, at the same mean daily dose, after consecutive clinic visits.

**Human Liver Microsomes.** Human liver microsomes were prepared from CYP2C9*2 and CYP2C9-3089G>A genotyped samples (n = 14) and analyzed for the formation of (S)- and (R)-p-HPPH. Microsomal incubations consisted of 100 μl of protein (1.25 mg of protein/ml), 100 μl of 25 mM MopsCl, 100 μl of 250 mM Tris buffer, pH 7.4 at 37°C, and 100 μl of 50 μM PHT (10 μM final concentration). This mixture was preincubated at 37°C for 2 min in a shaking-water bath set at 30 rpm, and 100 μl of 5 mM NADPH was added to initiate the reaction. The reaction was stopped after 45 min by adding 100 μl of 20% trichloroacetic acid. Production of p-HPPH under these conditions was linear with respect to time and protein concentration. The samples were next placed on ice for 30 min to complete precipitation of the protein, followed by centrifugation at 15,000g for 10 min. An aliquot of the supernatant (500 μl) was then subjected to solid-phase extraction on Phenomenex Strata-X (30 mg) columns. Low-speed (50g) centrifugation for 30 s was used to elute the solutions and samples through the cartridge in a Forma Scientific (model 5681) swinging-bucket centrifuge (Thermo Fisher Scientific, Waltham, MA). The columns were activated with 1 ml of methanol, followed by conditioning with 1 ml of 10 mM ammonium formate buffer, pH 3. The sample was next added to the column and allowed to stand for 2 min before centrifugation. The cartridges were then washed with 1 ml of 2% methanol in buffer, followed by two washes of 1 ml of buffer solution. The cartridges were allowed to stand for 3 min before centrifugation. Sample elution was carried out with two 1-ml washes of acetonitrile. The final centrifugation was carried out at 75g for 1 min. All eluants were collected and dried under nitrogen at 40°C, followed by reconstitution in 100 μl of 50% acetonitrile and 50% ammonium acetate buffer (10 mM). The reconstituted samples were centrifuged at 10,000g for 10 min in a Beckman microcentrifuge, and a 30-μl sample was injected into the liquid chromatography-mass spectrometry system for analysis. Separation of (R)- and (S)-p-HPPH was accomplished with a Nucleodex β-OH chiral column (200 mm × 4.6 mm) (Macherey-Nagel, Bethlehem, PA) with 1 ml/min of 75% ammonium formate (10 mM, pH 3) and 25% acetonitrile as mobile phase. The retention times for the (R)- and (S)-p-HPPH isomers were 15 and 17 min, respectively. Peak areas were directly measured and an (S)/(R) p-HPPH ratio was determined. Detection was by atmospheric pressure chemical ionization-mass spectrometry in the negative ion mode at an m/z of 266 on a Shimadzu 2010 liquid chromatography-mass spectrometry instrument (Shimadzu, Kyoto, Japan). The atmospheric pressure chemical ionization probe was maintained at 400°C, the heater block at 200°C, and the desolvation line at 200°C. The detector voltage was 1.6 kV, the microscan set to 0.3 amu, a scan time of 0.5 s, and nitrogen gas flow rate 2.5 liters/min.

**CYP2C9 Reporter Plasmids.** Cloning of the −5470/+25 CYP2C9 promoter luciferase reporter plasmid in the pGL3-basic vector (Promega) has been described previously (Al-Dosari et al., 2006). The plasmid, supplied by Dr. Dexi Liu (University of Pittsburgh), was resequenced to genotype for the CYP2C9-3089G>A and -2663delTG and found to be WT at these two positions. Site-directed mutagenesis was used to create the VAR CYP2C9-3089G>A and -2663delTG and found to be WT at these two positions. Site-directed mutagenesis was used to create the VAR CYP2C9-3089G>A and -2663delTG and found to be WT at these two positions. Site-directed mutagenesis was used to create the VAR CYP2C9-3089G>A and -2663delTG and found to be WT at these two positions. Site-directed mutagenesis was used to create the VAR CYP2C9-3089G>A and -2663delTG and found to be WT at these two positions.
erase activities were normalized with respect to β-galactosidase activity to correct for transfection efficiency and expressed as fold change with respect to vector control. Data are reported as mean ± S.D. of three determinations and were representative of multiple experiments. Statistical differences between groups was determined by use of the Student's t test.

Electrophoretic Mobility Shift Assay. hPX, hCAR, hXR, hYY1, hNrf2 and Maf K proteins were generated by TNT in vitro transcription and translation per manufacturers' instructions. Proteins were incubated at 4°C for 1.5 h with 32P-labeled double-stranded oligonucleotides (600,000 cpm/reaction) in the presence or absence of 100- to 500-fold excess of unlabeled double-stranded oligonucleotide in a DNA-binding buffer [10 mM Tris, pH 8.0, 40 mM KCl, 0.05% Nonidet P40, 6% glycerol, 0.2 μg of poly(dI/dC), 200 μM ZnCl2, 1 mM dithiothreitol]. Complexes were resolved by electrophoresis on a nondenaturing 6% polyacrylamide gel and analyzed using a PhosphorImager model 860 Storm (Molecular Dynamics, Sunnyvale, CA). Specific oligonucleotides sequences used are listed in Supplemental Table 1.

PHT Treatment of Primary Human Hepatocytes. Studies in primary hepatocytes isolated from human liver were approved by the University of Pittsburgh Institutional Review Board. Livers were procured from donor organs and were flushed, in situ, and maintained with Belzar's UW solution (Barr Laboratories, Pomona, NY). Hepatocytes were isolated as described previously and were plated on collagen-coated six-well plates maintained in modified Williams' E medium for 48 h and then treated with PHT for 48 h. Media were then aspirated and TRIzol solution (Invitrogen) was added for RNA isolation. DNA was extracted from an aliquot of donor liver for CYP2C9 genotyping.

5' Rapid Amplification of cDNA Ends. 5' rapid amplification of cDNA ends (5'-RACE) was performed in control and PHT-treated human hepatocyte extracts according to the manufacturer's protocol. The 5'RACE and CYP2C9 gene-specific primers are listed in Supple

mental Table 1. The RACE products were analyzed by use of 1% agarose gel electrophoresis, cloned into a TOPO TA vector, and sequenced by use of direct DNA sequencing.

Statistical Analysis. Relationship of different genotypes with CYP2C9 mRNA expression, (S)/(R) p-HPPH ratio, and warfarin dose requirements was analyzed by use of the statistical program R:A Language and Environment for Statistical Analysis (http://www.Rproject.org). Group differences were analyzed nonparametrically with use of the Wilcoxon rank-sum test to compare two genotype groups, whereas the Kruskal-Wallis test was used to compare three groups of genotypes with the phenotypes. Box plots represent the median value; the whiskers represent the first and third quartiles. Significant differences were determined by use of the Student's t test.

CYP2C9 Polymorphisms in LD with CYP2C19*2. To identify CYP2C9 polymorphisms in LD with CYP2C19*2 we screened available databases and literature and identified at least eight linked CYP2C9 polymorphisms: two intronic (intron 4 [470 bp downstream of Ex4/Int4 junction] and intron 8 [147 bp downstream of Ex8/Int8 junction]), and six in the 5' region (−76 kb, −59 kb, −32 kb, −16 kb, and −3089G>A and -2663delTG). The complete haplotype has been previously designated CYP2C9*1B (Veenstra et al., 2005). The -3089G>A and -2663delTG polymorphisms were chosen for further study because they are in proximity to binding sites at −2898, −1839, and −1818 for other CYP2C9 transcriptional regulators (e.g., CAR, constitutive androstane receptor and PXR, pregnane X receptor) that can be activated by PHT (Fig. 1B).

CYP2C9 Promoter Polymorphisms Are Associated with Maintenance PHT Dose and Steady-State Serum Levels in Patients with Epilepsy. Having discovered the CYP2C9*1B haplotype through its association with CYP2C19*2 and its paradoxical effect on urinary (S)/(R) p-HPPH ratio, we then tested independently whether these promoter polymorphisms influenced PHT dose requirements and steady-state PHT serum levels in patients with epilepsy receiving chronic PHT therapy (n = 173). After correcting for the effects of CYP2C9*2 and CYP2C9*3, gender and population structure, we found that the CYP2C9*1B haplotype was associated with a significant reduction in PHT dose requirements (Table 1). The effect of CYP2C9*1B on phenytoin dose was independent of CYP2C9*2 and CYP2C9*3 genotype in the linear model (Table 1). The magnitude of the effect of CYP2C9*1B was similar to that for the previously identified CYP2C9*2 and CYP2C9*3 allelic variants, but the β-coefficient of 42 (i.e., 42 mg lower dose requirement per minor allele carried) and significantly improved the overall predictive power of CYP2C9 genetic markers, from (adjusted) r = 0.186 in a model containing only CYP2C9*2 and CYP2C9*3 to (adjusted) r = 0.23 in a model containing these markers plus CYP2C9*1B, giving an absolute difference of 4.4% of the variation in phenytoin maintenance dose explained by CYP2C9*1B. The independent effect of CYP2C9*1B is shown graphically in Fig. 2 in n = 123 patients who do not carry a CYP2C9*2 or CYP2C9*3 allele.

Because body weight is also a strong independent predictor of PHT dose requirements, we reassessed the CYP2C9*1B effect on PHT maintenance dose in a subset of n = 70 patients for whom total body weight at the time of PHT therapy was recorded. After correcting for total body weight, addition of CYP2C9*1B to the linear model improved the fit from (adjusted) r = 0.571 to (adjusted) r = 0.471, with approximately 10% of the variability in PHT dose explained by this haplotype alone (Table 1). We further inspected an overlapping subset of n = 78 patients to determine whether the effect of CYP2C9*1B was reflected in higher PHT serum levels in these patients. As expected, there was no relationship between the raw serum level and CYP2C9*1B haplotype, because the potential influence on serum level had already been corrected by the reduced maintenance dose (data not shown). However, we observed a significant effect on the ratio of serum level to maintenance dose; addition of CYP2C9*1B to a model including CYP2C9*2, *3, gender, and population structure led to improved model fit (p = 0.072
TABLE 1
Association of CYP2C9 variants with PHT maintenance dose

<table>
<thead>
<tr>
<th>Model</th>
<th>Independent Variables</th>
<th>Beta Coefficient</th>
<th>Adjusted R^2</th>
<th>F</th>
<th>p-Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>CYP2C9*2</td>
<td>-44.6</td>
<td>0.113</td>
<td>3.44</td>
<td>0.004</td>
</tr>
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<td>2</td>
<td>CYP2C9*3</td>
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<td>0.143</td>
<td>4.20</td>
<td>6.71 x 10^-5</td>
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<td>3</td>
<td>CYP2C9*1B</td>
<td>-21.7</td>
<td>0.080</td>
<td>2.66</td>
<td>0.121</td>
</tr>
<tr>
<td>4</td>
<td>CYP2C9*2 +</td>
<td>-45.2</td>
<td>0.186</td>
<td>4.94</td>
<td>3.09 x 10^-6</td>
</tr>
<tr>
<td>5</td>
<td>CYP2C9*3</td>
<td>-89.6</td>
<td>0.230</td>
<td>5.67</td>
<td>1.11 x 10^-7</td>
</tr>
<tr>
<td>6</td>
<td>CYP2C9*1B</td>
<td>-52.6</td>
<td>0.371</td>
<td>5.06</td>
<td>2.70 x 10^-5</td>
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<tr>
<td>7</td>
<td>TBW +</td>
<td>2.52</td>
<td>0.471</td>
<td>6.59</td>
<td>5.4 x 10^-7</td>
</tr>
</tbody>
</table>

Effects of CYP2C9 alleles on PHT dose were estimated by linear regression in a multivariate model including gender and ancestry estimated according to a principal components method (EIGENSTRAT). The test sample included n = 173 patients with epilepsy receiving maintenance PHT therapy, except for models 6 and 7 which included only a subset of n = 70 patients with known body weight at the time of PHT maintenance therapy.

![Image](https://example.com/cyp2c9_dose.png)

**TABLE 2**
Association of CYP2C9 variants with PHT serum levels normalized to PHT maintenance dose

<table>
<thead>
<tr>
<th>Model</th>
<th>Independent Variables</th>
<th>Adjusted R^2</th>
<th>p-Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>CYP2C9*2</td>
<td>0.081</td>
<td>0.084</td>
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<tr>
<td>2</td>
<td>CYP2C9*3</td>
<td>-0.063</td>
<td>0.899</td>
</tr>
<tr>
<td>3</td>
<td>CYP2C9*1B</td>
<td>-0.071</td>
<td>0.936</td>
</tr>
<tr>
<td>4</td>
<td>CYP2C9*2 +</td>
<td>0.092</td>
<td>0.072</td>
</tr>
<tr>
<td>5</td>
<td>CYP2C9*3 +</td>
<td>0.129</td>
<td>0.033</td>
</tr>
</tbody>
</table>

without CYP2C9*1B versus p = 0.033 in the model including CYP2C9*1B (Table 2).

Neither the CYP2C9 Promoter Polymorphisms Nor the CYP2C9*2 Allele Were Associated with a Warfarin-Dosing Requirement in Vivo, Nor Hepatic CYP2C9 Expression or Activity in Vitro. We next determined the generalizability of the effect of the CYP2C9*2 genotype (and associated CYP2C9 promoter polymorphisms) on CYP2C9-mediated drug clearance of another CYP2C9 substrate, warfarin. Because a higher percentage of Asians carry the CYP2C9*2 allele (18–23%) compared with Whites (2–5%), we turned to a Chinese population (n = 67) with data on warfarin dose requirements necessary to achieve anticoagulation. The patients had not previously been genotyped for CYP2C19*2 or these CYP2C9 promoter rPMs (Zhao et al., 2004). In the Hong Kong Chinese cohort, the -3089G>A and -2663delTG polymorphisms were both in complete LD. However, unlike Whites, although 89% of the Chinese CYP2C19*2 subjects also had the CYP2C9 regulatory polymorphisms, 10.7% of the Chinese CYP2C19*2 subjects did not. Therefore, we tested for the individual effects of each of the aforementioned genotypes on warfarin dosing after excluding those patients carrying the CYP2C9*2, *3, and VKORC1 variant alleles (leaving n = 46 patients). Warfarin dosing was not correlated with either the CYP2C19*2 genotype (not shown) or the CYP2C9 promoter polymorphisms (Fig. 3A).

A human liver resource was used to determine the effect of the CYP2C9 promoter genotypes on CYP2C9 mRNA expression and phenytoin hydroxylation activity in vitro. Genotyping of 28 human livers from White donors confirmed that the CYP2C9-3089G>A and -2663delTG polymorphisms were both in complete LD. Quantitative real-time PCR of CYP2C9 mRNA levels showed no significant effect of the promoter polymorphisms on CYP2C9 basal mRNA expression. Next the (SV/R) p-HPPH ratios were determined in microsomes from these same livers. There was an insignificant difference in hepatic CYP2C9 activity between livers with different CYP2C19*2 genotypes (Fig. 3C), although we observed an interesting trend in this in vitro phenotype that was opposite to what was seen in vivo. CYP2C19*2 heterozygote samples demonstrated a trend toward an increased (S)/(R) p-HPPH ratio which is actually what was originally expected in vivo (Argikar et al., 2006) because CYP2C9 is expected to contribute to PHT metabolism to a greater extent in CYP2C19*2 poor metabolizers (Fig. 1A).

To Explain the in Vivo/in Vitro Discrepancy We Further Hypothesized That the CYP2C9 Promoter rPMs Differentially Affected PHT Induction of CYP2C9 Transcription. PHT is a known activator of PXR and CAR and the subjects with the paradoxical phenotype were on maintenance PHT (induction) therapy. This suggested that the measurement of urinary phenytoin metabolites in vivo reflected induced CYP2C9 activity and the possibility of re-
duced PHT autoinduction when the two CYP2C9 regulatory variant alleles were present. The -2663delTG and -3089G>A are in the vicinity of known CAR/PXR binding sites (−2898, −1839, and −1818). In silico bioinformatic analysis using Transfac suggested that the -3089G>A leads to the gain of a YY1 site and the -2663delTG leads to the loss of an Nrf2 site, and Nubiscan suggested possible PXR/CAR binding sites in those same regions (Fig. 1B).

**Effect of Individual Promoter Polymorphisms on Constitutive and Phenytoin-Induced CYP2C9 Promoter Activity.** Neither the -2663delTG nor the -3089G>A TPMs, when singly engineered into a −5470/+25-CYP2C9 luciferase reporter plasmid, decreased basal reporter activity (Fig. 4, A and B). Compared with the WT reference reporter, both the individual variants decreased CAR, and CAR + PHT induced CYP2C9 promoter activity (Fig. 4, A and B). Because the -3089G>A created a putative YY1 site, we compared the -3089G and -3089A reporter plasmids in cells in which YY1 was overexpressed with an expression plasmid. YY1 overexpression decreased the -3089A variant promoter construct to a significantly greater extent than the WT promoter construct (p = 0.04) (Fig. 4A). Because the -2663delTG destroyed a putative Nrf2 site, we compared the two reporter plasmids in cells where Nrf2 (always cotransfected with the heterodimerization partner MafK) was overexpressed. Nrf2 cotransfection significantly increased (p = 0.02) the WT promoter construct’s luciferase activity compared with the -2663delTG reporter construct, although the variant reporter was induced by PHT/Nrf2 (Fig. 4B).

**Effect of Promoter Haplotypes on Constitutive and Phenytoin-Induced CYP2C9 Promoter Activity.** Luciferase activity in cells with the wild-type haplotype (WT-HAP) was induced to a significantly greater extent (80% increase) compared with the variant haplotype (VAR-HAP) in cells that were cotransfected with PXR and treated with 50 μM PHT (Fig. 5A) (p = 0.002). In contrast, cotransfection with CAR with and without PHT induced luciferase activity from the WT-HAP and VAR-HAP to similar extents (not shown). Conversely, the VAR-HAP luciferase activity was 20% more repressed by YY1 overexpression alone versus the WT-HAP cells (Fig. 5B), and YY1 overexpression demonstrated a significantly greater (p = 0.007) repression of luciferase activity.
in the VAR-HAP cells when cotransfected with PXR and treated with PHT.

PHT treatment of Nrf2-cotransfected cells increased luciferase promoter activity of the WT-HAP 43% more than the VAR-HAP \( (p = 0.02) \) (Fig. 5B). Nrf2 and PXR cotransfection further increased the basal \( (p = 0.04) \) and PHT induced \( (p = 0.008) \) promoter activity of the WT-HAP 37% more than the VAR-HAP.

Next, we compared the effect of cotransfection of PXR in combination with YY1 and Nrf2. YY1 repressed activation of the WT and VAR haplotypes by either PXR or Nrf2 cotransfected plasmids, with or without PHT, although the VAR-HAP was repressed to a greater extent (up to 33%) compared with the WT-HAP (Fig. 5C). In total, compared with the WT-HAP, the luciferase activity in cells containing the VAR-HAP was more significantly repressed by YY1 and less induced by PHT.

Electrophoretic Mobility Shift Assay Shows the -3089 Variant Allele Creates a YY1 Binding Element.

EMSAs were performed to evaluate any differential binding of YY1, Nrf2, PXR, or CAR to the WT and VAR alleles. The -3089G>A was predicted to create a YY1 binding site. Only the -3089A (VAR) oligonucleotide bound YY1 [lane 12 (VAR) versus lane 4 (WT)], and this binding was displaced by excess cold VAR oligonucleotide (Fig. 6). Neither the -3089G nor the -3089A allele bound CAR:RXR or PXR:RXR heterodimers. YY1 binding seemed to be somewhat diminished by coincubation with either heterodimer. Thus, the EMSA analysis (Fig. 6A) confirmed the in silico prediction that the -3089A VAR allele creates a YY1 binding site. In contrast, although in silico bioinformatic analysis predicted that the -2663delTG destroyed an Nrf2 binding site, neither the -2663TG WT nor -2663delTG oligonucleotides bound the Nrf2:MaFK heterodimer, or CAR:RXR or PXR:RXR heterodimers (not shown).

The Variant CYP2C9 Promoter Haplotype Alters CYP2C9 mRNA Induction by Phenytoin in Primary Human Hepatocytes. Induction of CYP2C9 mRNA was compared in primary human hepatocytes from 12 donors (nine heterozygous for the VAR haplotype and three with a WT haplotype) treated with phenytoin. Phenytoin treatment resulted in a 3.52-fold induction of CYP2C9 mRNA in hepatocytes with the WT haplotype, but only a 2.07-fold induction in hepatocytes with the VAR haplotype (a 42% decrease relative to the WT haplotype) (Fig. 7). If the single outlier in the VAR haplotype group is removed, the difference in phe-
Phenytoin treatment does not lead to induction of unique alternative CYP2C9 mRNA transcripts. We also considered the possibility that CYP2C9 regulatory polymorphisms could lead to genesis of PHT-inducible alternative CYP2C9 mRNAs. CYP2C9 alternative mRNAs have been described including a chimeric transcript (CYP2C18 exon 1-like_CYP2C9 chimera) that contains the CYP2C18 exon 1-like sequence spliced through a segment of the CYP2C9 5′-untranslated region that is spliced to CYP2C9 exons 2 to 9 (Fig. 7), but does not lead to an open reading frame (Warner et al., 2001). The CYP2C18 exon 1-like sequence is located in the intergenic region between CYP2C9 and CYP2C19 genes and one of the SNPs in LD to the CYP2C19*2 allele was located at −32kb, 320 bp downstream of CYP2C18 like exon 1. Quantitation of this spliced transcript by quantitative real-time PCR in the phenytoin-treated primary human hepatocytes revealed no induction of the chimera in either haplotype (Fig. 7). To further exclude the possibility that some 5′ regulatory SNP created a unique TF binding site (e.g., CAR or PXR) that led to use of an alternative promoter generating a unique phenytoin-inducible CYP2C9 alternative mRNA, we performed 5′-RACE using cDNAs from vehicle-versus phenytoin-induced primary human hepatocytes. No 5′-RACE product unique to the phenytoin-treated hepatocytes was identified. Two transcripts of equal abundance in vehicle- and PHT-treated hepatocytes from both genotypes were identified by 5′-RACE. The transcripts started 25 bp (more abundant transcript) and 62 bp upstream of the translation start site. Furthermore, when we used 5′- and 3′-untranslated region primers to amplify the full-length CYP2C9 cDNA from control and PHT-treated human hepatocytes there was no evidence by sizing of PCR products on agarose gels of any PHT-inducible alternative CYP2C9 mRNAs in either genotypic group.

**Discussion**

We undertook this study to determine why patients with CYP2C9*1 genotypes, but heterozygous for CYP2C19*2, who would be expected to produce (S)/(R) p-HPPH metabolite ratios of 30 to 40:1, unexpectedly produced ratios of only 12.9 (Argikar et al., 2006). We hypothesized that an unrecognized SNP in CYP2C9, in LD with CYP2C19*2, could explain this surprising finding. In whites, we found CYP2C19*2 was in complete LD with CYP2C9*1B containing the -3089G>A and -2663delTG polymorphisms. These polymorphisms decreased phenytoin-mediated induction of CYP2C9 transcription in vitro and resulted in a dimin-
ished capacity to induce CYP2C9 mRNA expression in primary human hepatocytes. We propose that this mechanism explains the clinically paradoxical finding of altered PHT clearance in CYP2C19*2 white (Argikar et al., 2006) and Japanese patients (Ieiri et al., 1997) who were homozygous for CYP2C9*1.

In support of this, the current study demonstrates a strong effect of the CYP2C9*1B haplotype on PHT metabolism and dose requirements in patients with epilepsy on chronic PHT therapy. Among patients who did not carry the CYP2C9*2 or CYP2C9*3 alleles, the CYP2C9*1B haplotype was significantly associated with reduced PHT maintenance dose, consistent with reduced PHT induction of CYP2C9 metabolism in CYP2C9*1B carriers. It is noteworthy that the full effect of the CYP2C9*1B haplotype is not appreciated unless the independent effects of CYP2C9*2 and CYP2C9*3 are taken into account (and vice versa). A multivariate model that includes all CYP2C9 genotype information in addition to gender, body weight, and genomic ancestry showed that nearly half of the variation in PHT maintenance dose can be explained by these predictors (Table 1), with up to 10% of the variation in dose attributable to the CYP2C9*1B haplotype alone. The magnitude of the effect of CYP2C9 alleles on PHT dose requirements seemed to strongly depend on the clinical setting; in an additional chronic epilepsy cohort managed with a less aggressive dosing strategy, no effect of any of the functional CYP2C9 alleles was observed (C. Depondt, personal communication).

Although we identified the -3089G>A and -2663delTG CYP2C9 promoter rPMs by searching for SNPs in LD to CYP2C19*2, these rPMs were previously identified in the CYP2C9*1B promoter haplotype (allele frequency, 17.45% whites of European descent). Recently Kramer et al. (2008) identified common haplotypes in Hispanics and designated this same allele CYP2C9*1D (hereafter referred to as Kramer *1D when referencing results from that publication). It is noteworthy that in transient transfection studies the Kramer *1D haplotype, relative to the reference haplotype, exhibited no difference in constitutive promoter activity but showed a 50% decrease in PXR-mediated promoter activity upon treatment with rifampin. This result is similar to the effect observed here, that the CYP2C9*1B promoter had diminished activation by phenytoin. The Kramer *1D haplotype also includes a -1188T>C SNP. Although we did not include this SNP in our CYP2C9 variant reporters, Kramer et al. (2008) deduced that the -1188T>C transition was unlikely to be singly responsible for the differences in induction profiles because it was present in numerous other haplotypes that behaved no differently from the reference allele with respect to either basal or rifampin-inducible activity. Furthermore, a report by Sandberg et al. (2004) found no effect of
the -1188T>C variant on gene expression in vitro. Although we cannot exclude the possibility that the -1188T>C might contribute to our phenotype, it would not negate the contribution of -3089G>A or -2663delTG, it would simply imply that these polymorphisms are not the only ones contributing to decreased phenytoin-mediated CYP2C9 induction.

Phenytoin has been shown to activate both PXR and CAR (Luo et al., 2002; Wang et al., 2004; Yueh et al., 2005). Although Nubiscan predicted possible PXR or CAR binding elements around -3089 and -2663 (Fig. 1), neither receptor bound to the -3089 or -2663 wild-type or variant oligonucleotides and hence cannot explain the decreased induction response. Nevertheless, the VAR-HAP demonstrated a significantly decreased PXR-mediated PHT induction of promoter activity compared with the WT-HAP (Fig. 5). It is also possible that CAR contributes to the differential activation of the CYP2C9 WT and VAR promoters by phenytoin because the CYP2C9 WT reporter was induced to a greater extent by cotransfected CAR compared with reporters with single CYP2C9 promoter variations (Fig. 4). Although it is unclear why the single variant reporters were more induced by CAR ± PHT but the haplotype reporters were more induced by PXR ± PHT, it does not negate the fact that the variant allele was consistently less inducible by PHT.

There are YY1 binding sites predicted in the CYP2C9 5'-flanking region and the -3089G>A polymorphism created an additional YY1 binding site. YY1 is a transcription factor that can either induce or repress expression, depending on the target gene. We found that YY1 is a repressor of PHT-inducible CYP2C9 transcription, but the magnitude of repression was always greater in the CYP2C9 variant reporter with the additional YY1 site. The results suggest that YY1 contributes to the diminished PHT inducibility of the *1B haplotype.

Our data support the idea that PHT activation of Nrf2 could participate in CYP2C9 induction. PHT-activated Nrf2 induces mRNA expression of protective enzymes by binding to antioxidant response elements (ARE) in the promoter of target genes. Although Transfac predicted that the -2663delTG abrogated a putative Nrf2 binding site, EMSA failed to demonstrate Nrf2:MafK binding to oligonucleotides with the -2663TG or TG deletion sequences. Nevertheless, it is still possible that Nrf2 contributes to PHT induction of CYP2C9 because 1) mice treated with...
PHT showed Keap1-Nrf2-dependent induction of genes that included Cyp2b10 and Cyp2c29 (Lu et al., 2008; Lu and Uetrecht, 2008); 2) Transfac analysis showed 21 high scoring putative ARE binding sites in the –5.3 kb CYP2C9 5′-flanking sequence, and 3) cotransfection with Nrf2/ MaFk induced luciferase activity from the CYP2C9 reporter plasmids. If PHT generates an antioxidant response signal it could be due to PHT metabolites activating the Keap1-Nrf2-ARE signaling pathway.

The low (S)/(R) p-HPPH ratio in CYP2C19*2 carriers seems to be due to the lower induction of the linked CYP2C9*1B allele, and resulting decreased metabolism of PHT to (S)-p-HPPH, even in the face of the greatly diminished formation of (R)-p-HPPH by CYP2C19*2. We could find no other polymorphism in the CYP2C9 cDNA of CYP2C19*2/2C9*1B carriers, nor generation of any novel PHT-induced alternative CYP2C9 transcripts in human hepatocytes with these genotypes that could explain the lower (S)-p-HPPH or greater (R)-metabolite formation. Likewise, 5′-RACE of PHT-treated primary human hepatocytes failed to identify any differentially activated promoter/CYP2C9 transcripts in CYP2C19*2 subjects. Although we considered the possibility that PHT induction of other metabolic enzymes might contribute to the observed alteration in (S)/(R) p-HPPH ratios in CYP2C19*2 patients, the literature strongly supports that p-HPPH is formed almost exclusively by either CYP2C9 or CYP2C19, with negligible activity by expressed CYP1A2, 2A6, 2B6, 2C8, 2D6, 2E1, or 3A4 (Komatsu et al., 2000; Giancarlo et al., 2001). p-HPPH can undergo a second hydroxylation to form a catechol metabolite (Midha et al., 1977). This can also be formed via the diol metabolite by dihydrodiol dehydrogenase. Catechol formation from p-HPPH seems to be mainly catalyzed by CYP2C19 with additional contribution from CYP3A4 and CYP2C9 (Cuttle et al., 2000). In vivo, the catechol and methylcatechol metabolites are minor accounting for <5% of the dose in the urine. Although the amounts of these other metabolites were not measured in our study, the differential formation of these metabolites, even if they occurred, would seem insufficient to account for the altered p-HPPH ratios observed in CYP2C19*2 patients.

The finding that the CYP2C9*1B allele has diminished PHT inducibility is clinically relevant because PHT has been reported to undergoautoinduction (Dickinson et al., 1985; Miller et al., 1989; Chetty et al., 1998). Miller et al. (1989) reported on two patients who demonstrated an 11 to 20% increase in Vmax after 5 months to 1 year of treatment with PHT. Others have reported modest induction of PHT clearance and a decrease in AUC after repeated doses of PHT (Yuen et al., 1983; Chetty et al., 1998). Dickinson et al. (1985) found that eight healthy individuals demonstrated a significant autoinduction of PHT metabolism and urinary excretion of p-HPPH increased with repeated administration of PHT. Although PHT autoinduction, in general, is not as appreciated clinically as is another antiepileptic drug, carbamazepine, this may potentially be explained by reduced CYP2C9 inducibility in patients carrying the CYP2C9*1B haplotype, which may obscure the PHT autoinduction in studies that have not accounted for this genetic effect.

Our findings, combined with those of Kramer et al. (2008), suggest that the CYP2C9*1B allele will not only affect the magnitude of PHT autoinduction of clearance, but also the magnitude of other CYP2C9 drug-drug interactions resulting from PXR/CAR activation. CYP2C9 metabolizes approximately 16% of clinically important drugs, including some with narrow therapeutic indices: sulfonyleureas such as tobulamide, anticonvulsants such as phenytoin, and the anticoagulant warfarin. Other substrates include the antitensin II blocker losartan, the nonsteroidal anti-inflammatory drugs ibuprofen, naproxen, and flurbiprofen and drugs such as fluvasatin, fluvastine, and rosiglitazone. Thus, it is possible that the extent of drug interactions after cotreatment with known PXR/CAR activators and CYP2C9 inducers such as rifampin or phenytoin or barbiturates might differ between individuals with the CYP2C9*1B versus other CYP2C9*1 genotypes. Although CYP2C9 is not highly induced in human hepatocytes by phenytoin (Sahi et al., 2009) (Fig. 7), hepatic CYP2C9 is also induced by rifampin, phenobarbital, and avasimibe (Chen et al., 2004; Sahi et al., 2009). Moreover, CYP2C9 is among the three most highly induced CYPs in human duodenum in patients treated with clinical doses of oral rifampin (E. Schuetz, unpublished observation). Our results would suggest that the magnitudes of drug interactions are likely to be different between the 17.4% of whites and 6.6% of Hispanics (Kramer et al., 2008) with the CYP2C9*1B allele compared with those with other CYP2C9*1 alleles.

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References
CYP2C9 Polymorphisms Affect Phenytoin Clearance and Dosing


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