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Treatment of  $\gamma$ -Hydroxybutyric Acid (GHB) and  $\gamma$ -Butyrolactone (GBL) Overdose with Two  
Potent Monocarboxylate Transporter 1 (MCT1) Inhibitors, AZD3965 and AR-C155858

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**Running Title:** Treatment of GHB Overdose with MCT1 Inhibitors

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**Nonstandard Abbreviations:** ABEC, area below the effect curve; AUC, area under the curve; CL/F, oral clearance; CL<sub>NR</sub>, nonrenal clearance; CL<sub>NR</sub>/F, oral nonrenal clearance; CL<sub>R</sub>, renal clearance; CL<sub>T</sub>, total clearance; C<sub>max</sub>, maximum concentration; E<sub>max</sub>, maximal effect; GABA,  $\gamma$ -aminobutyric acid; GBL,  $\gamma$ -butyrolactone; GHB,  $\gamma$ -hydroxybutyric acid; MCT1, monocarboxylate transporter 1; t<sub>d</sub>, duration of effect; TD, toxicodynamics; T<sub>max</sub>, time of maximum concentration; TK, toxicokinetics.

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## Abstract:

The illicit use of  $\gamma$ -hydroxybutyric acid (GHB), and its prodrug,  $\gamma$ -butyrolactone (GBL), results in severe adverse effects including sedation, coma, respiratory depression and death. Current treatment of GHB/GBL overdose is limited to supportive care. Recent reports indicate that GHB-related deaths are on the rise; a specific treatment may reduce lethality associated with GHB/GBL. Pretreatment with inhibitors of monocarboxylate transporter 1 (MCT1), a transporter which mediates many of processes involved in the absorption, distribution (including brain uptake) and elimination of GHB/GBL, has been shown to prevent GHB induced respiratory depression by increasing the  $CL_R$  of GHB. In order to identify whether MCT1 inhibition is an effective treatment for GHB overdose, the impact of two MCT1 inhibitors, AZD3965 and AR-C155858, on the toxicokinetics and toxicodynamics of GHB/GBL were assessed when the administration of the inhibitor was delayed 60 and 120 minutes (post-treatment) after administration of GHB/GBL. AR-C155858 and AZD3965 reduced the toxicodynamic effects of GHB when GHB was administered intravenously, orally or orally as the pro-drug GBL. The impact of these inhibitors on GHB toxicokinetics was dependent on route of GHB administration and the delay between GHB/GBL administration and administration of the MCT1 inhibitor. The reduction in GHB plasma exposure did not explain the observed effect of MCT1 inhibition on GHB-induced respiratory depression. The efficacy of MCT1 inhibition on GHB toxicodynamics is likely driven by the pronounced reduction in GHB brain concentrations. Overall, this study indicates that inhibition of MCT1 is an effective treatment for GHB/GBL overdose.

## Introduction:

$\gamma$  – Hydroxybutyric acid (GHB) is an endogenous short chain fatty acid that is present in the central nervous system of humans (White, 2017). GHB was synthesized as a structural analogue of  $\gamma$ -aminobutyric acid (GABA), the major inhibitory neurotransmitter in the brain (White, 2017). GHB has several pharmacological uses, including the treatment of narcolepsy (United States, Canada and Europe as Xyrem®), alcohol withdrawal (Austria and Italy, Alcover®), and is used as an anesthetic (Germany, Somsanit®) (Carter et al., 2009). The utility of the compound is severely limited by its potential for illicit use. GHB is abused for several of its desirable effects including, euphoria, decreased inhibition and enhancement of growth hormone release (White, 2017). When GHB is abused, there are many harmful and potentially fatal side effects including hypothermia, coma and respiratory depression (White, 2017). GHB is currently a Schedule I/3 controlled substance while  $\gamma$ -butyrolactone (GBL) is a pro-drug of GHB which is more readily available as a List 1 controlled substance (Goodwin et al., 2009; White, 2017). GBL is rapidly absorbed and converted to GHB, with the resulting GHB responsible for TD effects observed with GBL (Giarman and Roth, 1964; Lettieri and Fung, 1976; Goodwin et al., 2009). Recently, an increase in GHB abuse has been recorded. Over 20 GHB-associated deaths were reported in 2015 alone in a London based study (Hockenhull et al., 2017). This was a 119% increase in GHB-associated deaths compared to the previous year (Hockenhull et al., 2017). Currently, there is no specific treatment for GHB/GBL overdose, and treatment is limited to supportive care for overdosed individuals.

GHB exhibits non-linear kinetics which are mediated by several saturable processes including absorption, metabolism and renal reabsorption (Morris et al., 2005; Vijay et al., 2015). GHB has a pKa of 4.7, which results in the compound being ionized at physiologic pH (Marinetti et al., 2005). Due to this ionization, GHB is unable to pass freely through cell membranes making transport via membrane proteins an important factor in GHB toxicokinetics (TK). GHB is a

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substrate of monocarboxylate transporter 1 (MCT1 [SLC16A1]), a proton dependent transporter which exhibits ubiquitous tissue distribution in humans (Morris and Felmler, 2008). The toxicodynamic (TD) effects of GHB, including respiratory depression, have been shown to be mediated by GHB agonism of GABA<sub>B</sub> receptors in the brain, making this organ the site of action for GHB (Carai et al., 2001; Jensen and Mody, 2001; Kaupmann et al., 2003; Goodwin et al., 2005; Morse et al., 2012; Morse and Morris, 2013b). MCT1 is the only MCT expressed at the blood-brain barrier and mediates the uptake of GHB into the brain (Vijay and Morris, 2014). MCT1 is also present in the kidney, and mediates the facilitated reabsorption of GHB which has been filtered from the blood and in this way, GHB renal clearance (CL<sub>R</sub>) is limited by MCT1 (Morris et al., 2005). Based on the role of MCT1 in GHB brain uptake, and GHB renal reabsorption, MCT1 is a potential target for GHB overdose treatment. GHB is also a substrate for the sodium-dependent monocarboxylate transporter SMCT1, this transporter may play an important role in the intestine and kidney. Further studies are needed to fully characterize the contribution of this transporter to GHB TK.

It has been demonstrated previously, both pre-clinically and clinically, that MCT1 inhibition can increase the CL<sub>R</sub>, resulting in an increase in the total clearance for GHB (Morris et al., 2005; Morris et al., 2011; Morse and Morris, 2013b; Vijay et al., 2015). MCT1 inhibition also has the potential to limit the brain exposure, and therefore the TD effects, of GHB. The effect of AZD3965 and AR-C155858 on GHB TK and TD were investigated with GHB administered intravenously and GHB/GBL administered orally, which is the typical route of administration for abuse. The aim of this study was to investigate the utility of two potent MCT1 inhibitors, AZD3965 and AR-C155858, for the treatment of GHB/GBL overdose.

## **Materials and Methods:**

### *Chemical and Reagents*

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Sodium GHB was provided by the National Institute on Drug Abuse. GBL was purchased from Sigma (St. Louis, MO). (S)-5-(4-hydroxy-4-methylisoxazolidine-2-carbonyl)-1-isopropyl-3-methyl-6-((3-methyl-5-(trifluoromethyl)-1H-pyrazol-4-yl)methyl)thieno[2,3-d]pyrimidine-2,4(1H,3H)-dione (AZD3965) was provided by MedKoo (Morrisville, NC). 6-[(3,5-Dimethyl-1H-pyrazol-4-yl)methyl]-5-[[[(4S)-4-hydroxy-2-isoxazolidinyl]carbonyl]-3-methyl-1-(2-methylpropyl)thieno[2,3-d]pyrimidine-2,4(1H,3H)-dione (AR-C155858) was purchased from Chemscene (Monmouth Junction, NJ). Deuterated GHB (GHB-d6) was purchased from Cerilliant Corporation (Round Rock, TX).

### Animals and Surgery

Male Sprague–Dawley rats (Envigo, Somerset, NJ) were housed under controlled temperature and humidity with an artificial 12-hour light/dark cycle and food was available *ad libitum*. The jugular vein cannulae were surgically implanted under anesthesia with a mixture of ketamine/xylazine. Cannulae were flushed daily with 40 IU/ml heparinized saline to maintain patency. Rats were allowed a minimum of 72 h for recovery from surgery before conducting experiments. Animals utilized for experiments weighed between 230 and 330 g on the day of the experiment. All animal procedures were approved by University at Buffalo Institutional Animal Care and Use Committee (IACUC).

### Toxicokinetic/Toxicodynamic Studies

The impact of MCT1 inhibition with AZD3965 and AR-C155858 on the toxicokinetics and toxicodynamics was assessed using whole-body plethysmography and serial blood and urine sampling (model PLY4213; Buxco Research Systems, Wilmington, NC). Studies consisted of administration of intravenous or oral GHB, and oral GBL, followed by the administration of intravenous AZD3965 or AR-C155858. GHB and GBL were administered as a 300 mg/ml solution in sterile double distilled water. AZD3965 and AR-C155858 were administered as 1

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mg/ml solutions in sterile normal saline with 20% cyclodextrin (w/v). For studies including the oral administration of GHB/GBL animals were fasted 12-15 hours prior to the administration of GHB/GBL. On the day of the study jugular cannulated rats were placed in the plethysmography chambers and allowed to acclimate for 45 minutes prior to the recording of 5 baseline measurements of respiration over 15 minutes. After baseline measurements were obtained, GHB or GBL was administered either intravenously via the jugular cannula, or orally via oral gavage.

The time of administration of GHB/GBL was considered time 0, treatment compounds (AZD3965 or AR-C155858) were administered either 5 minutes prior to GHB, or 60 or 120 minutes after GHB/GBL. Respiration measurements were recorded at 2.5, 5, 7.5, 10, 15, 20, 25, and 30 min and every 15 min thereafter until the end of the study. Additional respiration measurements were taken 5 and 10 min after the administration of the treatment compound, either at 65 and 70 min, or 125 and 130 min.

For intravenous GHB (14.4 mmol/kg) and oral GBL (5.77 mmol/kg), the duration of the study was 8 h, and blood samples were taken at 3, 11, 21, 31, 61, 121, 181, 241, 301, 331, 361 and 481 min, these samples were taken immediately following the corresponding respiration measurement. Urine was collected in intervals from 0-1, 1-2, 2-4, 4-6 and 6-8 h. For oral GHB (14.4 mmol/kg), the study duration was 15 h, and blood samples were taken at 3, 15, 31, 61, 121, 181, 241, 361, 481, 601, 721 and 921 min. Urine was collected in intervals from 0-2, 2-4, 4-6, 6-12 and 12-15 h.

#### *Brain to Plasma Partitioning of GHB after Oral GHB Administration*

Brain to plasma partitioning was assessed with oral GHB administration with and without treatment with AZD3965. Male Sprague–Dawley rats were administered 14.4 mmol/kg GHB via oral gavage after a 12-15 h fast. Control groups (without AZD3965 treatment) were sacrificed at

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65 and 120 minutes after GHB administration. Treatment groups were administered 5 mg/kg AZD3965 intravenously via jugular vein cannulae 60 minutes after GHB administration. Treatment groups were sacrificed at 65 and 120 minutes after GHB administration, corresponding to 5 and 60 minutes after AZD3965 administration. Terminal plasma and whole brain samples were collected. Brain samples were snap frozen in liquid nitrogen, brain and plasma samples were stored at -80°C until analysis. Control and treatment groups consisted of 4 animals each.

### Sample Analysis

Plasma and urine samples were analyzed for GHB utilizing a previously published LC/MS assay (Felmlee et al., 2010; Morse et al., 2012). In brief, plasma samples were prepared by adding 5 µl of sample plasma to 50 µl of blank plasma (for samples with lower GHB concentrations 50 µl of sample plasma was used, without the addition of blank plasma). For GHB standards 5 µl of standard stock solution was added to 50 µl blank plasma. The internal standard, GHB-d6, was added to all samples (5 µl). Proteins were precipitated with the addition of 800 µl acetonitrile, samples were centrifuged for 20 minutes at 10,000 rpm at 4°C. An aliquot of the remaining supernatant (750 µl) was dried under a stream of nitrogen and reconstituted in 250 µl of aqueous mobile phase. Urine samples were prepared by diluting urine samples (100x) and adding 5 µl of GHB-d6. Standards were prepared by adding 5 µl GHB-d6 and 5 µl standard stock solution to 25 µl dilute blank urine. Double distilled water (465 µl for standards, 470 for samples) and 1 ml methanol were then added. Samples were centrifuged for 20 minutes at 10,000 rpm at 4°C and the supernatant was transferred to a vial for analysis. Due to the rapid conversion of GBL to GHB *in vivo* GBL concentrations were not assessed, for both the administration of GHB and GBL, GHB plasma and urine concentrations were evaluated for toxicokinetics.



Brain samples were also analyzed as described previously (Felmlee et al., 2010). Whole brain samples were homogenized in 4 ml/g double distilled water. For samples, 10  $\mu$ l GHB-d6 was added to 100  $\mu$ l of brain homogenate. For standards, 10  $\mu$ l of standard stock solution and GHB-d6 were added to 100  $\mu$ l of blank brain homogenate. Double distilled water (880  $\mu$ l standards, 890  $\mu$ l samples) and 1 ml acetonitrile was added to samples which were then centrifuged for 20 minutes at 10,000 rpm at 4°C. Supernatant was transferred to a vial for analysis.

### Data/Statistical Analysis

Control data for breathing frequency was obtained from Morse and Morris 2013, control data for GHB TK obtained from Vijay, Morse and Morris 2015 (Morse and Morris, 2013a; Vijay et al., 2015). Toxicokinetic and toxicodynamic data were plotted in GraphPad Prism 7. The main toxicodynamic parameter of interest was the area below the effect curve (ABEC) for breathing frequency, where ABEC was identified using the individual baseline for each animal, ignoring peaks which were less than 10% of the distance from the minimum to the maximum y-value, and peaks which contained less than 2 adjacent points. The first negative peak area was utilized for ABEC in this analysis. Duration of effect was defined as the length of time for the first negative peak.  $E_{\max}$  was the minimum value for breathing frequency observed.

Toxicokinetic data was analyzed using the PK solver add-in for Microsoft Excel (Zhang et al., 2010). Toxicokinetic parameters of interest were area under the curve (AUC), total clearance ( $CL_T$ , for intravenous data), clearance over bioavailability ( $CL/F$ , for oral data), renal clearance ( $CL_R$ ), non-renal clearance ( $CL_{NR}$ ), urinary recovery (presented as percent of administered dose). In addition, maximum concentration ( $C_{\max}$ ) and time of maximum concentration ( $T_{\max}$ ) were determined for oral data. AUC was determined using the linear trapezoidal method,  $CL$  was dose/AUC,  $CL_R$  was determined as the amount of GHB excreted unchanged in urine/AUC.  $CL_{NR}$  was defined as the difference between  $CL$  and  $CL_R$ .

Statistical significance was determined using one-way ANOVA with Dunnett's post hoc for comparisons of multiple treatment groups to a control. For comparisons of a single group to a control a Student's t-test was utilized. All statistics were performed in GraphPad Prism 7.

## Results:

### Impact of AR-C155858 on Intravenous GHB TK/TD

The administration of AR-C155858 60 min after intravenous GHB resulted in an increase in breathing frequency (Figure 1A). The reduction in ABEC,  $E_{\max}$  and  $t_d$  was statistically significant for 1 mg/kg AR-C155858, but not for 5 mg/kg (Table 1). This may have been due to the increased number of animals in the 1 mg/kg group ( $n = 7$ ), as opposed to the 5 mg/kg group ( $n = 4$ ). The administration of 5 mg/kg AR-C155858 did result in a decrease in ABEC and  $t_d$ , but these findings were not statistically significant (Figure 1A, Table 1). AR-C155858 did not have an impact on GHB toxicokinetics when administered as a 5 mg/kg intravenous bolus 60 minutes after the administration of GHB (Figure 1B, Supplementary Table 1).

### Impact of AZD3965 Pre-treatment on Intravenous GHB TK/TD

When AZD3965 was administered 5 minutes prior to intravenous GHB there was a large reduction in the TD effects of GHB (Figure 2A). All TD parameters were reduced in a statistically significant manner (Table 2). Two out of the four animals did not exhibit any sedation (ABEC and  $t_d$  of 0, data not shown). The TK of GHB was also altered; there was a statistically significant reduction in AUC, which was a result of an increase in  $CL_T$  and  $CL_{NR}$ . There was no effect on  $CL_R$  with AZD3965 pre-treatment (Figure 2B, Table 2).

### Impact of AZD3965 on Intravenous GHB TK/TD

Administration of AZD3965 following intravenous GHB had minimal impact on GHB induced respiratory depression (Figure 3 A/B, Supplementary Table 2). There was no effect of AZD2965 when administered at a 1 mg/kg dose 60 minutes after GHB (data not shown). There was an improvement in ABEC and  $t_d$  with 5 mg/kg AZD3965 administration 60 and 120 minutes

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after GHB, however these improvements did not reach statistical significance (Figure 3A/B, Supplementary Table 2). There were no statistically significant changes in GHB toxicokinetics with AZD3965 treatment 60 or 120 minutes after an intravenous bolus of GHB (Figure 3C/D, Supplementary Table 2).

#### Impact of AZD3965 on Oral GHB TK/TD

When AZD3965 was administered 60 min after an oral dose of GHB (14.4 mmol/kg) there was a statistically significant decrease in ABEC and  $t_d$  (Fig. 4A, Table 4). All animals were awake within 20 minutes of administration of AZD3965. There was an increase in breathing frequency with the administration of AZD3965 120 min after oral GHB, and a decrease in ABEC and  $t_d$ ; however, this was only significant for  $t_d$  (Fig. 4B, Table 4). This may be due to high variability in the control data. When AZD3965 was administered 60 minutes after oral GHB, there was a statistically significant increase in CL/F and CL<sub>R</sub>, resulting in a corresponding decrease in AUC (Figure 4C, Table 4). When the administration of AZD3965 was delayed 120 minutes after GHB administration, there was no effect on GHB TK (Figure 4D, Table 4).

#### Impact of AZD3965 on Oral GBL TK/TD

AZD3965 reduced GHB induced respiratory depression when administered after oral GBL (5.77 mmol/kg) (Figure 5A/B, Table 5). There was a statistically significant reduction in  $t_d$  when AZD3965 was administered 60 and 120 minutes after oral GBL (Table 5). When AZD3965 was administered 60 minutes after oral GBL, there was a reduction in ABEC as well (Table 5). AZD3965 was also effective at improving the TK of oral GBL, regardless of time of administration (Fig. 5C/D, Table 5). When AZD3965 was administered 60 minutes after GBL, there was a significant reduction in AUC, and a significant increase in CL/F, CL<sub>R</sub> and urinary excretion (Fig. 5C, Table 5). When administered 120 minutes after GBL, AUC was significantly decreased and CL/F was significantly increased, but CL<sub>R</sub> was not significantly altered (Table 5).

#### Impact of AZD3965 on Brain to Plasma Partitioning of GHB Following Oral GHB Administration

AZD3965 did not have an effect on GHB brain to plasma partitioning 5 minutes after AZD3965 treatment (Figure 6, Table 6). One hour after AZD3965 was administered, corresponding to 120 minutes after GHB administration, there was a large reduction in GHB brain concentrations for animals treated with AZD3965, compared to control animals (Figure 6, Table 6). GHB concentrations for AZD3965 treated animals were not distinguishable from blank brain samples one hour after AZD3965 administration (data not shown).

### **Discussion:**

GHB has many approved pharmaceutical uses, including the treatment of narcolepsy and alcohol withdrawal; however, the use of this compound is limited by its abuse (Carter et al., 2009; White, 2017). GHB, and its pro-drug GBL, are abused for their desirable effects such as euphoria, but abuse of GHB carries the risk of hypothermia, coma, and respiratory depression which can be fatal (White, 2017). Recently, there has been a reported increase in GHB-related fatalities, heightening the need for a specific treatment for GHB/GBL overdose (Hockenhull et al., 2017). The involvement of MCT1, a proton-dependent transporter, at key sites for GHB TK and TD make this transporter an attractive target for GHB overdose treatment. MCT1 mediates the uptake of GHB to the brain, where GHB exerts its TD effects as a GABA<sub>B</sub> receptor agonist (Carai et al., 2001; Kaupmann et al., 2003; Goodwin et al., 2005; Goodwin et al., 2009). MCT1 also limits CL<sub>R</sub> of GHB by facilitating the reabsorption of the compound after it is filtered through the glomerulus and enters the proximal tubule (Morris et al., 2005). Previous studies in our laboratory have indicated that pre-treatment, or treatment immediately following GHB administration, with MCT1 inhibitors can prevent GHB induced respiratory depression (Vijay et al., 2015). Early treatment with MCT1 inhibitors led to an increase in GHB CL<sub>R</sub> in pre-clinical and clinical studies (Morris et al., 2011; Vijay et al., 2015). The aim of this work was to further investigate the utility and mechanism of MCT1 inhibition for the treatment of GHB/GBL overdose.

AR-C155858 and AZD3965 are potent and partially selective MCT1 inhibitors. AR-C155858 was developed in a series of compounds designed to be immunosuppressants by targeting T-effector cells and sparing T-regulatory cells through modulation by MCT1 (Pahlman et al., 2013). AR-C155858 has a high affinity for MCT1 with a  $K_i$  of only 2.3 nM (Ovens et al., 2010). AZD3965 is also partially selective for MCT1, it is 6-fold more selective than for MCT2, another member of the monocarboxylate transporter family and has a  $K_i$  of 1.6 nM (Bola et al., 2014). AZD3965 has been in phase I clinical trials for treatment of advanced solid tumors (Bola et al., 2014). Due to their potency and selectivity, these two MCT1 inhibitors were utilized in this study.

Administration of AR-C155858 5 minutes after intravenous GHB administration has been shown previously to reduce GHB-induced respiratory depression and limit GHB exposure through an increase in  $CL_R$  (Vijay et al., 2015). In this study, when AR-C155858 administration was delayed 60 minutes after GHB, there was a reduction in ABEC for breathing frequency, but there was not an effect on GHB TK. Results with another MCT1 inhibitor, AZD3965, were similar; there was a reduction in TD for GHB but not for TK when treatment was delayed 60 minutes. Neither compound had an effect on GHB TK/TD when treatment was delayed 120 minutes after intravenous GHB administration.

While the success of treatment of GHB overdose following intravenous administration of the compound was dependent on the timing of administration of MCT1 inhibitors, it was important to assess the utility of these compounds after oral GHB and GBL administration. GHB/GBL are typically abused orally, and this route of administration is more relevant to a real world scenario. AZD3965 was successful in reducing the duration of effect for oral GHB TD regardless of time of administration. There was only a reduction in GHB TK when AZD3965 was administered 60 minutes after oral GHB. Similar results were obtained with AZD3965 following oral GBL administration; at both times of administration, the compound reduced the TD effects of GHB.

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AZD3965 was more effective at reducing GHB TK after oral GBL administration as opposed to oral GHB administration. CL/F was increased with oral GBL when treatment was delayed 60 and 120 minutes.

Our results indicated that GHB TD effects could not be predicted by GHB plasma exposure. Therefore, in order to understand how AZD3965 was acting as an effective treatment for GHB/GBL overdose without dramatically increasing CL<sub>R</sub> across all treatment groups, as expected, the brain concentrations of GHB were assessed. When AZD3965 was administered 60 minutes after oral GHB, there was a pronounced reduction in the GHB brain to plasma ratio. This reduction was not immediate, as there was no change in GHB brain/plasma ratio 5 minutes after AZD3965 administration (65 minutes after GHB administration). However, 60 minutes after AZD3965 treatment (120 minutes after GHB administration), the control group had a brain/plasma ratio over 4-fold higher than AZD3965 treated animals. This indicates that the reduction in GHB TD with MCT1 inhibition with AZD3965 is driven by changes in brain concentrations of GHB, not plasma concentrations. While AZD3965 is effective at reducing GHB TK in some treatment groups, the main driver for efficacy of this compound against GHB/GBL overdose is mediated through its reduction of GHB brain exposure. The reduction in GHB brain/plasma ratio is mediated by the impact of AZD3965 on MCT1 transport at the BBB. While the mechanism of inhibition for AZD3965 at the BBB has not been characterized, the reduction of GHB brain/plasma ratio after administration of AZD3965 indicates the uptake of GHB is inhibited at this site. Further studies investigating the mechanism of inhibition for AZD3965 at the BBB are required to confirm this finding. Based on the results obtained in this study, AZD3965 is expected to be a safe and effective treatment for GHB/GBL overdose.

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**Authorship Contributions:**

**Participated in research design:** Follman and Morris.

**Conducted experiments:** Follman.

**Performed data analysis:** Follman and Morris.

**Wrote or contributed to the writing of the manuscript:** Follman and Morris.

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## Tables:

**Table 1. Impact of Post-Treatment with AR-C155858 on Intravenous GHB Toxicodynamics**

Toxicodynamic Parameter	GHB 14.4 mmol/kg	GHB 14.4 mmol/kg + 1 mg/kg AR-C155858 60 min PD	GHB 14.4 mmol/kg + 5 mg/kg AR-C155858 60 min PD
ABEC (breaths)	$8.63 \times 10^3$ ( $2.64 \times 10^3$ )	$3.40 \times 10^3$ ( $1.83 \times 10^3$ )*	$6.57 \times 10^3$ ( $2.30 \times 10^3$ )
E <sub>max</sub> (breaths/min)	18.0 (9.45)	32.5 (13.7)*	21.7 (7.09)
t <sub>d</sub> (min)	223 (77.5)	108 (39.6)**	161 (36.4)

Data presented as mean (standard deviation)

\*p < 0.05; \*\* p < 0.01 determined by One-way ANOVA with Dunnett's post hoc, for toxicodynamics, and by Student's t-test for toxicokinetics

PD – minutes post GHB dose

t<sub>d</sub> – duration of effect

ABEC – Area below the effect curve

E<sub>max</sub> – Maximum effect of GHB on breathing frequency

n = 4-7

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**Table 2. Impact of Pre-treatment with AZD3965 on Intravenous GHB Toxicodynamics and Toxicokinetics**

Toxicodynamic Parameter	GHB 14.4 mmol/kg	GHB 14.4 mmol/kg + 5 mg/kg AZD3965 5 min Prior
ABEC (breaths)	$7.61 \times 10^3$ ( $2.27 \times 10^3$ )	159 (220)***
$E_{\max}$ (breaths/min)	18.0 (2.95)	59.3 (8.61)***
$T_d$ (min)	230 (22.7)	26 (46)**
Toxicokinetic Parameter		
AUC (mg*min/mL)	295 (40.1)	171 (3.00)*
$CL_T$ (mL/min)	5.15 (0.706)	8.77 (0.155)***
$CL_R$ (mL/min)	3.45 (1.18)	4.31 (2.24)
$CL_{NR}$ (mL/min)	1.70 (0.559)	4.47 (2.17)**
Urinary Recovery (%)	65.7 (13.3)	49.0 (25.4)

Data presented as mean (standard deviation)

\*\*  $p < 0.01$ ; \*\*\* $p < 0.0001$  determined by Student's t-test

AUC – area under the curve

$CL_T$  – total clearance

$CL_R$  – renal clearance

$CL_{NR}$  – non-renal clearance

n = 3-5

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**Table 3. Impact of Post-Treatment with AZD3965 on Oral GHB Toxicodynamics and Toxicokinetics**

Toxicodynamic Parameter	GHB 14.4 mmol/kg (60 min)	GHB 14.4 mmol/kg + AZD3965 5 mg/kg 60 PD	GHB 14.4 mmol/kg (120 min)	GHB 14.4 mmol/kg + AZD3965 5 mg/kg 120 PD
ABEC (breaths)	9.07 x 10 <sup>3</sup> (6.55 x 10 <sup>3</sup> )	1.80 x 10 <sup>3</sup> (1.08 x 10 <sup>3</sup> )*	7.89 x 10 <sup>3</sup> (5.78 x 10 <sup>3</sup> )	1.85 x 10 <sup>3</sup> (1.51 x 10 <sup>3</sup> )
E <sub>max</sub> (breaths/min)	32.7 (9.02)	40.4 (16.2)	32.7 (9.02)	36.9 (5.10)
t <sub>d</sub> (h)	341 (214)	71.4 (32.5)*	300 (180)	64.9 (54.3)*
Toxicokinetic Parameter				
AUC (mg*min/mL)	234 (31.1)	171 (18.4)*		216 (59.3)
CL/F (mL/min*kg)	6.52 (0.928)	8.82 (0.884)*		7.29 (1.50)
CL <sub>R</sub> (mL/min*kg)	1.82 (0.638)	3.24 (0.385)**		2.48 (0.838)
CL <sub>NR</sub> /F (mL/min*kg)	4.70 (1.01)	5.59 (0.790)		4.81 (1.37)
Urinary Recovery (%)	28.1 (10.2)	36.8 (4.10)		34.4 (9.71)
C <sub>max</sub> (µg/mL)	659 (259)	458 (54.8)		720 (165)
t <sub>max</sub> (h)	309 (140)	166 (75.5)		193 (161)

Data presented as mean (standard deviation)

\*p < 0.05; \*\*p<0.01 determined by Student's t-test (toxicodynamics) One-way ANOVA with Dunnett's post hoc (toxicokinetics)

C<sub>max</sub> – maximum concentration

t<sub>max</sub> – time of maximum concentration

n = 4-7

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**Table 4. Impact of Post-Treatment with AZD3965 on GHB Toxicodynamics and Toxicokinetics with Oral GBL Administration**

Toxicodynamic Parameter	GBL 5.77 mmol/kg (60 min)	GBL 5.77 mmol/kg + AZD3965 5 mg/kg 60 PD	GBL 5.77 mmol/kg (120 min)	GBL 5.77 mmol/kg + AZD3965 5 mg/kg 120 PD
ABEC (breaths)	6.02 x 10 <sup>3</sup> (2.06 x 10 <sup>3</sup> )	1.74 x 10 <sup>3</sup> (709)**	3.42 x 10 <sup>3</sup> (1.62 x 10 <sup>3</sup> )	1.55 x 10 <sup>3</sup> (704)
E <sub>max</sub> (breaths/min)	18.0 (2.95)	25.3 (6.85)	23.4 (5.61)	27.1 (9.80)
t <sub>d</sub> (h)	185 (22.7)	66.8 (20.6)***	125 (22.7)	54.3 (16.7)**
Toxicokinetic Parameter				
AUC (mg*min/mL)	194 (17.4)	131 (22.6)***		141 (9.78)**
CL/F (mL/min*kg)	2.58 (0.216)	3.87 (0.636)**		3.54 (0.250)**
CL <sub>R</sub> (mL/min*kg)	0.568 (0.254)	1.45 (0.219)**		1.00 (0.274)
CL <sub>NR</sub> /F (mL/min*kg)	2.01 (0.149)	2.42 (0.560)		2.54 (0.391)
Urinary Recovery (%)	21.6 (8.59)	37.7 (2.02)*		28.5 (8.06)
C <sub>max</sub> (µg/mL)	972 (93.3)	904 (107)		925 (186)
t <sub>max</sub> (h)	67.5 (37.7)	36.0 (17.3)		27 (20.7)

Data presented as mean (standard deviation)

\*p < 0.05; \*\*p<0.01; \*\*\*p<0.001 determined by Student's t-test (toxicodynamics) One-way ANOVA with Dunnett's post hoc (toxicokinetics)

n = 4-5

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**Table 5. Impact of AZD3965 on GHB Brain to Plasma Partitioning with Oral GHB Administration**

Time of Sacrifice (minutes after GHB administration)	14.4 mmol/kg GHB p.o.	+ AZD3965 5 mg/kg 60 minutes PD
	Brain to Plasma Ratio	
65	0.365 (0.0627)	0.334 (0.365)
120	0.392 (0.0551)	0.0789 (0.0104)***

Data presented as mean (standard deviation)

\*\*\* p < 0.01 determined by Student's t-test

PD – minutes post GBL dose

n = 4

### Figure Legends:

**Figure 1.** Effect of AR-C155858 on Intravenous GHB Induced Respiratory Depression (A) and GHB Toxicokinetics (B). GHB was administered as a 14.4 mmol/kg IV bolus at time 0. AR-C155858 was administered as an IV bolus 60 minutes later, at a dose of 1 (open triangles) or 5 mg/kg (open circles). Data are presented as mean  $\pm$  standard deviation. Time of AR-C155858 administration is indicated as a dashed line. Control data (closed circles) for breathing frequency were obtained from Morse and Morris 2013, control data for GHB TK obtained from Vijay, Morse and Morris 2015 (Morse and Morris, 2013a; Vijay et al., 2015).  $n = 3-7$  ( $n = 2$  for 1B, AR-C155858 treatment group)

**Figure 2.** Effect of AZD3965 Pre-treatment on Intravenous GHB Induced Respiratory Depression (A) and GHB Toxicokinetics (B). GHB was administered as a 14.4 mmol/kg IV bolus at time 0. AZD3965 was administered 5 minutes prior to GHB as an IV bolus 5 mg/kg (open circles). Data are presented as mean  $\pm$  standard deviation. Control data (closed circles) for breathing frequency were obtained from Morse and Morris 2013, control data for GHB TK obtained from Vijay, Morse and Morris 2015 (Morse and Morris, 2013a; Vijay et al., 2015).  $n = 3-5$

**Figure 3.** Effect of AZD3965 on Intravenous GHB Induced Respiratory Depression (A/B) and GHB Toxicokinetics (C/D). GHB was administered as a 14.4 mmol/kg IV bolus at time 0. AZD3965 was administered as an IV bolus 60 (A/C) or 120 (B/D) minutes later, at a dose of 5 mg/kg (open circles). Data are presented as mean  $\pm$  standard deviation. Time of AZD3965 administration is indicated as a dashed line. Control data (closed circles) for breathing frequency were obtained from Morse and Morris 2013, control data for GHB TK obtained from Vijay, Morse and Morris 2015 (Morse and Morris, 2013a; Vijay et al., 2015).  $n = 4-5$



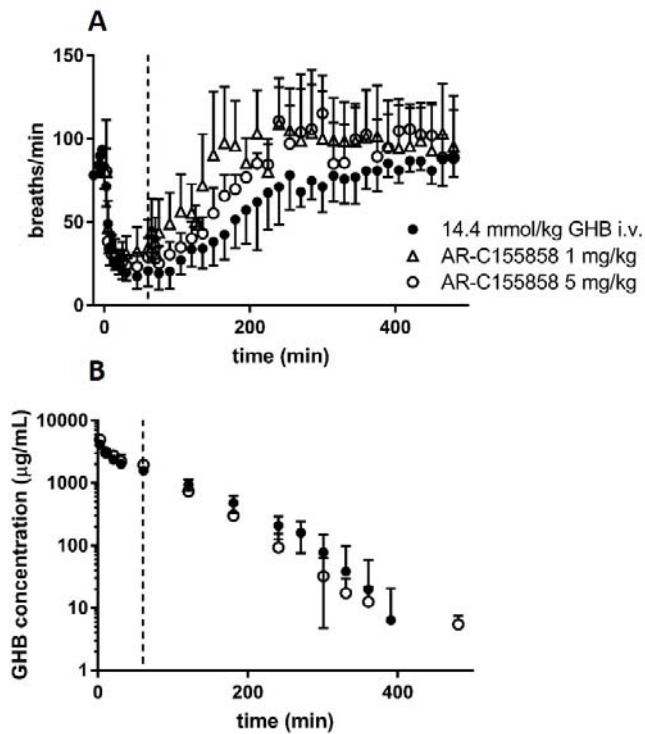
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**Figure 4.** Effect of AZD3965 on Oral GHB Breathing Frequency (A/B) and GHB Toxicokinetics (C/D). GHB (14.4 mmol/kg) was administered via oral gavage at time 0. AZD3965 was administered as an IV bolus 60 (A/C) or 120 (B/D) minutes later, at a dose of 5 mg/kg (open circles). Data are presented as mean  $\pm$  standard deviation. Time of AZD3965 administration is indicated as a dashed line. Control data (closed circles) for breathing frequency were obtained from Morse and Morris 2013, control data for GHB TK obtained from Vijay, Morse and Morris 2015 (Morse and Morris, 2013a; Vijay et al., 2015). n = 4-7

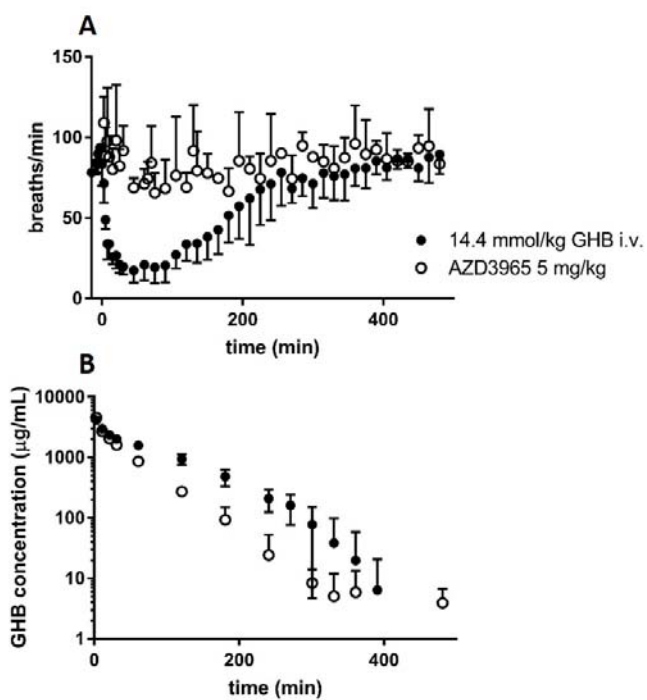
**Figure 5.** Effect of AZD3965 GHB Induced Respiratory Depression (A/B) and GHB Toxicokinetics (C/D) with Oral GBL Administration. GBL (5.77 mmol/kg) was administered via oral gavage at time 0. AZD3965 was administered as an IV bolus 60 (A/C) or 120 (B/D) minutes later, at a dose of 5 mg/kg (open circles). Data are presented as mean  $\pm$  standard deviation. Time of AZD3965 administration is indicated as a dashed line. Control data (closed circles) for breathing frequency were obtained from Morse and Morris 2013, control data for GHB TK obtained from Vijay, Morse and Morris 2015 (Morse and Morris, 2013a; Vijay et al., 2015). n = 4-5

**Figure 6.** Effect of AZD3965 on GHB Brain to Plasma Partitioning with Oral GHB Administration. GHB (14.4 mmol/kg) was administered via oral gavage at time 0. Control groups were sacrificed at 65 and 120 minutes (65 control [black bar] and 120 control [gray bar], respectively). Treatment groups were administered intravenous AZD3965 60 minutes after GHB administration. Treatment groups were sacrificed at 65 and 120 minutes (65 AZD [striped bar] and 120 AZD [clear bar], respectively). Whole brain concentrations were compared to plasma concentrations. Bars represent mean data, error bars are + standard deviation. n = 4

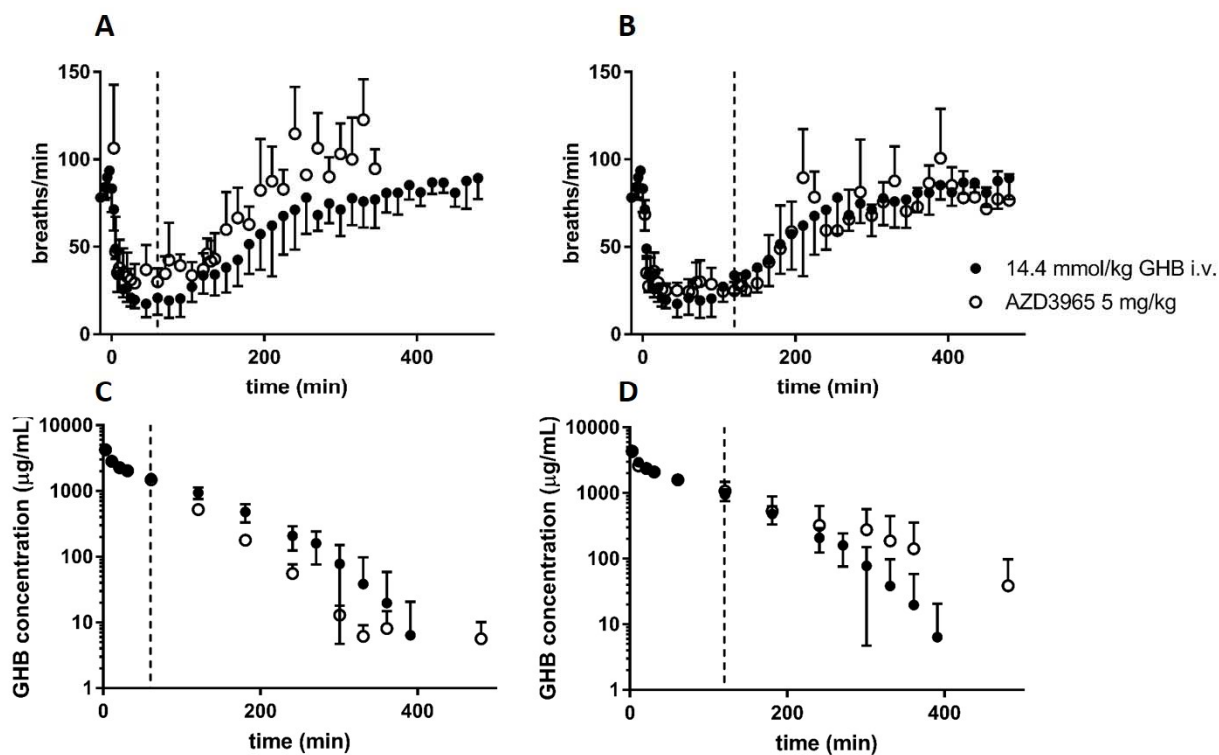
# Figures:



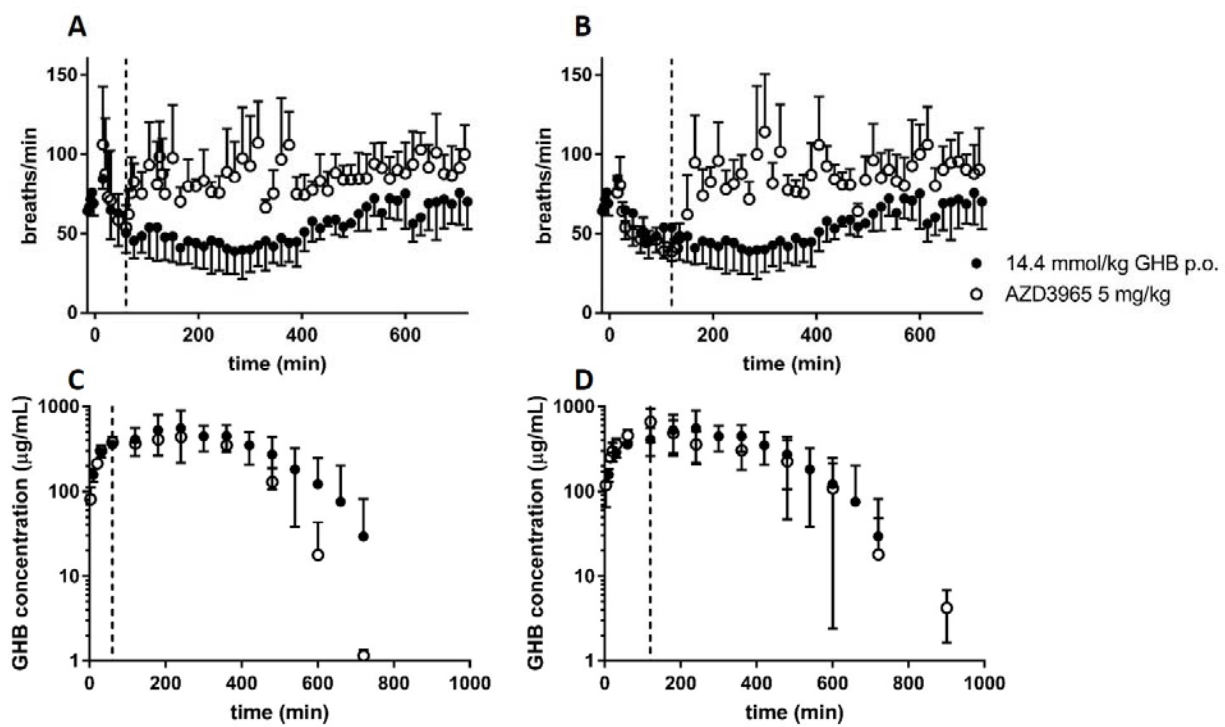
**Figure 1.**



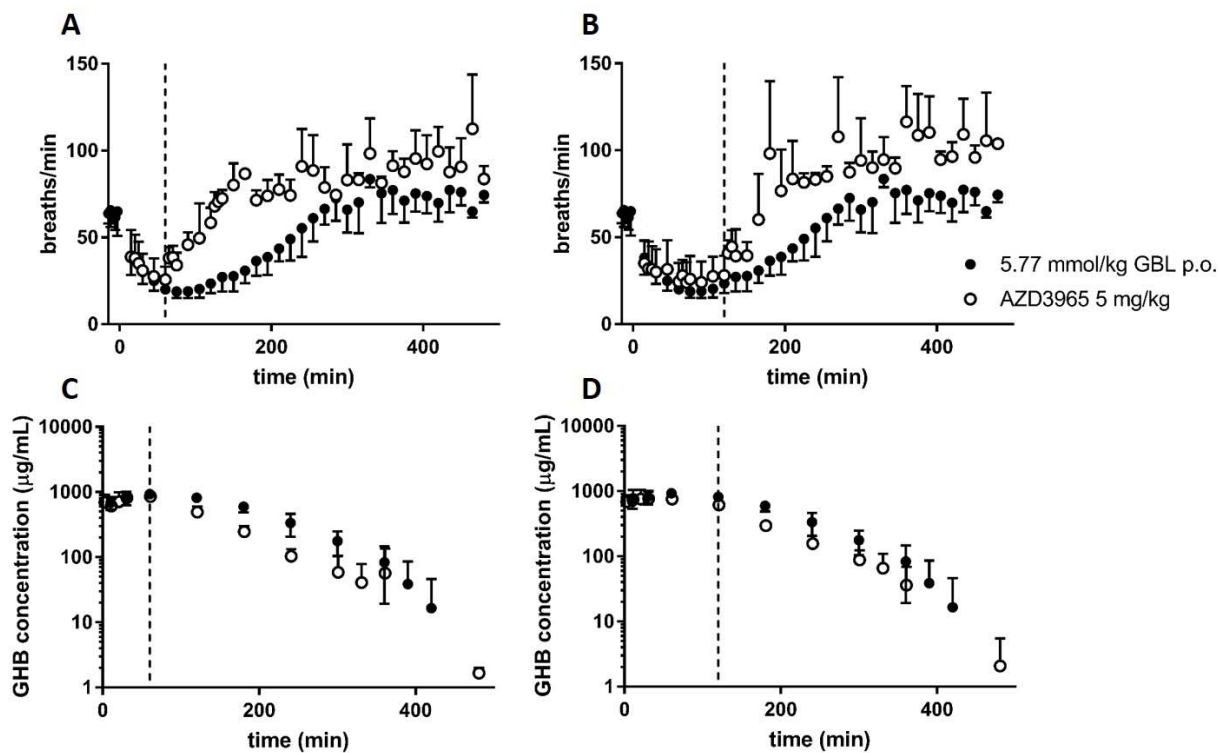
**Figure 2.**



**Figure 3.**



**Figure 4.**



**Figure 5.**

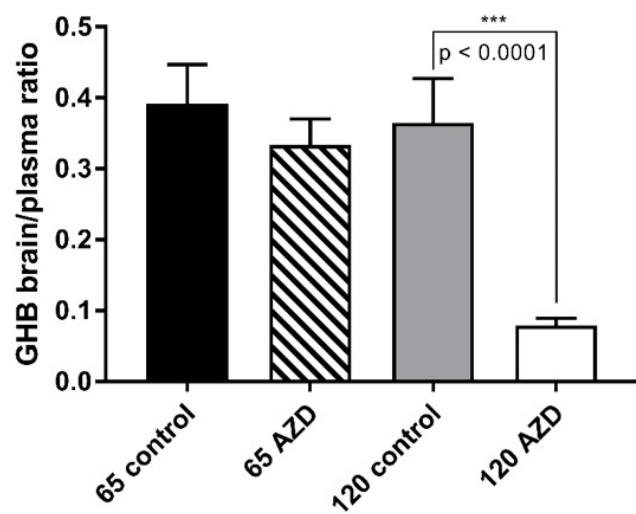


Figure 6.

**Treatment of  $\gamma$ -Hydroxybutyric Acid (GHB) and  $\gamma$ -Butyrolactone (GBL) Overdose  
with Two Potent Monocarboxylate Transporter 1 (MCT1) Inhibitors, AZD3965 and  
AR-C155858**

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**Supplementary Table 1. Impact of AR-C155858 on Intravenous GHB Toxicokinetics**

Toxicokinetic Parameter	GHB 14.4 mmol/kg	GHB 14.4 mmol/kg + 5 mg/kg AR-C155858 60 min PD
AUC (mg*min/mL)	295 (40.1)	295 (34.9)
CL <sub>T</sub> (mL/min)	5.15 (0.706)	5.13 (0.608)
CL <sub>R</sub> (mL/min)	3.45 (1.18)	3.29 (0.757)
CL <sub>NR</sub> (mL/min)	1.70 (0.559)	1.83 (0.149)
Urinary Recovery (%)	65.7 (13.3)	63.8 (7.21)

Data presented as mean (standard deviation)

Statistics determined with Student's t-test

AUC – area under the curve

CL<sub>T</sub> – total clearance

CL<sub>R</sub> – renal clearance

CL<sub>NR</sub> – non-renal clearance

**Supplementary Table 2. Impact of AZD3965 on Intravenous GHB Toxicodynamics and Toxicokinetics**

Toxicodynamic Parameter	GHB 14.4 mmol/kg (60 min)	GHB 14.4 mmol/kg + 5 mg/kg AZD3965 60 PD	GHB 14.4 mmol/kg (120 min)	GHB 14.4 mmol.kg + 5 mg/kg AZD3965 120 PD
ABEC (breaths)	$8.63 \times 10^3$ ( $2.64 \times 10^3$ )	$4.85 \times 10^3$ ( $2.92 \times 10^3$ )	$4.92 \times 10^3$ ( $2.42 \times 10^3$ )	$4.22 \times 10^3$ ( $2.12 \times 10^3$ )
E <sub>max</sub> (breaths/min)	18.0 (9.45)	27.7 (6.52)	32.9 (10.6)	22.0 (5.41)
t <sub>d</sub> (min)	223 (77.5)	133 (43.9)	163 (77.5)	96.5 (41.7)
Toxicokinetic Parameter				
AUC (mg*min/mL)	295 (40.1)	239 (12.3)		349 (112)
CL <sub>T</sub> (mL/min*kg)	5.15 (0.706)	6.28 (0.340)		4.60 (1.32)
CL <sub>R</sub> (mL/min*kg)	3.45 (1.18)	3.42 (0.382)		1.95 (1.18)
CL <sub>NR</sub> (mL/min*kg)	1.70 (0.559)	2.86 (0.143)		2.65 (0.616)
Urinary Recovery (%)	65.7 (13.3)	54.4 (3.49)		39.6 (17.0)

Data presented as mean (standard deviation)

\*p < 0.05 determined by Student's t-test (toxicodynamics) One-way ANOVA with Dunnett's post hoc (toxicokinetics)