In Vivo Effects of Amphetamine Analogs Reveal Evidence for Serotonergic Inhibition of Mesolimbic Dopamine Transmission in the Rat

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ABSTRACT

Evidence suggests that elevations in extracellular serotonin (5-HT) in the brain can diminish stimulant effects of dopamine (DA). To assess this proposal, we evaluated the pharmacology of amphetamine analogs (m-fluoroamphetamine, p-fluoroamphetamine, m-methylamphetamine, p-methylamphetamine), which display similar in vitro potency as DA releasers (EC50/H11005 24–52 nM) but differ in potency as 5-HT releasers (EC50/H11005 53–1937 nM). In vivo microdialysis was used to assess the effects of drugs on extracellular DA and 5-HT in rat nucleus accumbens, while simultaneously measuring ambulation (i.e., forward locomotion) and stereotypy (i.e., repetitive movements). Rats received two intravenous injections of drug, 1 mg/kg at time 0 followed by 3 mg/kg 60 min later. All analogs produced dose-related increases in dialysate DA and 5-HT, but the effects on DA did not agree with in vitro predictions. Maximal elevation of dialysate DA ranged from 5- to 14-fold above baseline and varied inversely with 5-HT response, which ranged from 6- to 24-fold above baseline. All analogs increased ambulation and stereotypy, but drugs causing greater 5-HT release (e.g., p-methylamphetamine) were associated with significantly less forward locomotion. The magnitude of ambulation was positively correlated with extracellular DA (p < 0.001) and less so with the ratio of DA release to 5-HT release (i.e., percentage DA increase divided by percentage 5-HT increase) (p < 0.029). Collectively, our findings are consistent with the hypothesis that 5-HT release dampens stimulant effects of amphetamine-type drugs, but further studies are required to address the precise mechanisms underlying this phenomenon.

Introduction

Monoamine transporter proteins play a fundamental role in limiting the extent of nonsynaptic volume transmission in the central nervous system (Rice and Cragg, 2008; Vizi et al., 2010). Amphetamine-type stimulants target these transporters by acting as substrates and triggering the efflux of monoamine transmitters, especially dopamine (DA) and norepinephrine (NE) (Rothman and Baumann, 2003; Fleckenstein et al., 2007). Drug-induced increases in extracellular monoamines produce a spectrum of effects in animals that includes forward locomotion, stereotypy, and reward-relevant behaviors such as drug self-administration (for review see Rothman and Baumann, 2006; Newman and Rothman, 2007). Substantial evidence indicates that DA, rather than NE, is the most critical mediator of reward-relevant properties of stimulant drugs (Wise, 2008). In humans, certain stimulant drugs are commonly abused (e.g., cocaine and methamphetamine), whereas others are prescribed as efficacious treatments for psychiatric conditions such as attention-deficit hyperactivity disorder (e.g., methylphenidate and amphetamine). It is noteworthy that stimulant medications are among the most promising candidates for treating cocaine and methamphetamine dependence (Grabowski et al., 2004; Mooney et al., 2009).

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ABBREVIATIONS: DA, dopamine; HPLC-ECD, high-pressure liquid chromatography with electrochemical detection; 5-HT, serotonin; MDMA, 3,4-methylenedioxymethamphetamine; NE, norepinephrine; PAL, phenylethylamine library; PAL-353, m-fluoroamphetamine; PAL-303, p-fluoroamphetamine; PAL-314, m-methylamphetamine; PAL-313, p-methylamphetamine; PAL-287, 1-naphthyl-2-aminopropane; VTA, ventral tegmental area; ANOVA, analysis of variance; NS, not significant.
Given the widespread therapeutic use of stimulants, it seems prudent to evaluate strategies for decreasing the abuse liability of these agents. Studies dating back to the 1980s (Lyness, 1983) demonstrate that increasing serotonergic tone can decrease stimulant self-administration. In addition, drug treatments that simultaneously elevate extracellular DA and 5-HT are not as readily self-administered as drug treatments that elevate DA alone (Roberts et al., 1999; Rothman et al., 2005; Wee and Woolverton, 2006; Howell et al., 2007). In a representative study, Wee and Woolverton (2006) examined the self-administration of mixtures containing the 5-HT releaser fenfluramine and the DA releaser (+)-amphetamine. Those investigators found that increasing the relative amount of fenfluramine (i.e., increasing 5-HT release) markedly decreased the reinforcing potency of the mixture. Such studies support the idea that elevation of extracellular 5-HT concentrations in the brain can reduce the reward-relevant properties of stimulants such as (+)-amphetamine.

To further explore the interactions between DA and 5-HT release in the brain, we have characterized the pharmacology of amphetamine analogs derived from an extensive library of phenylethylamine compounds (i.e., PAL compounds). In particular, we have focused on four PAL analogs that display similar in vitro potency as DA releasers but differ in potency as 5-HT releasers (Wee et al., 2005) (see Fig. 1 for structures). The selectivity for DA release versus 5-HT release for these drugs ranges from 80-fold DA-selective for m-fluoroamphetamine (PAL-353) to nonselective for p-methylamphetamine (PAL-313) (see Table 1). Various behavioral effects of these analogs in rats and nonhuman primates have been reported (Wee et al., 2005; Negus et al., 2007; Kimmel et al., 2009; Wellman et al., 2009), and Kimmel et al. (2009) used in vivo microdialysis in squirrel monkey nucleus accumbens to demonstrate that PAL-313 evokes significantly less DA release than PAL-353. It is noteworthy that PAL-313 supports less self-administration behavior in rhesus monkeys compared with other PAL analogs, but the precise role of DA and 5-HT in mediating differences in behavioral responsiveness to these drugs remains unclear.

Few published studies have reported the effects of PAL compounds on extracellular DA and 5-HT in reward-relevant brain regions, and no experiments have assessed neurochemical and behavioral effects of these analogs in the same experimental subjects. To this end, we used in vivo microdialysis to examine the effects of PAL compounds on extracellular DA and 5-HT in the nucleus accumbens of rats that were housed in chambers equipped with photobeams to allow the assessment of motor activity (Zolkowska et al., 2009). Using these in vivo methods enabled us to examine relationships between neurochemistry and behavior in the same groups of animals. We found that the potency of compounds to release DA in vitro does not necessarily predict the magnitude of increase in extracellular transmitter in vivo. Furthermore, analogs producing greater 5-HT release were associated with less DA release and reduced forward locomotion. The findings are consistent with the notion that increased serotonergic tone attenuates stimulant effects mediated by DA.

### Materials and Methods

#### Animals and Surgery.

Male Sprague-Dawley rats weighing 300 to 350 g were housed under conditions of controlled temperature (22 ± 2°C) and humidity (45 ± 5%) with food and water freely available. Rats were maintained in facilities accredited by the Association for the Assessment and Accreditation of Laboratory Animal Care, and procedures were carried out in accordance with the Animal Care and Use Committee of the National Institute on Drug Abuse Intramural Research Program. Lights were on from 7:00 AM to 7:00 PM and experiments were carried out between 9:00 AM and 2:00 PM. Rats received sodium pentobarbital (60 mg/kg i.p.) for surgical anesthesia. Indwelling catheters made of Silastic medical-grade tubing (Dow Corning, Midland, MI) were implanted into the right jugular vein to allow for intravenous drug administration. Intracerebral guide cannulae made of plastic (CMA 12; CMA/Microdialysis, Acton, MA) were implanted above the nucleus accumbens (n = 7 rats/drug), according to stereotaxic coordinates: 1.6 mm lateral and 1.6 mm anterior to bregma, and 6.0 mm below the surface of dura (Paxinos, 1982). Guide cannulae were secured to the skull using stainless-steel anchor screws and dental acrylic. Animals were individually housed postoperatively and allowed 7 to 10 days for recovery.

#### Drugs and Reagents.

The synthesis of PAL-series compounds was as described previously (Wee et al., 2005). All drugs were dissolved in saline immediately before use and administered intravenously in a volume of 1 ml/kg. Doses are expressed as the HCl salt. Sources of reagents required for microdialysis and HPLC methods have been described previously (Baumann et al., 2008; Zolkowska et al., 2009).

#### Microdialysis Methods.

In vivo microdialysis sampling was carried out as described with minor modifications (Zolkowska et al., 2009). On the evening before an experiment, rats were moved to the testing room and briefly anesthetized with the short-acting barbiturate methohexital (5 mg/kg i.v.). A plastic collar was placed around the neck of each rat, dialysis probes (CMA/12; CMA Microdialysis) were inserted into guide cannulae, and extension tubes were attached to jugular catheters. The probe exchange surface was 2 × 0.5 mm. Each rat was placed into its own activity field arena (Coulbourn Instruments, Allentown, PA) and connected to a tethering system that allowed motor activity within the container. Tubing for microdialysis lines and catheter extensions was connected to a fluid swivel (Instech Laboratories, Plymouth Meeting, PA). Probes were perfused overnight with artificial cerebrospinal fluid containing 150.0 mM Na, 3.0 mM K, 1.4 mM Ca, 0.8 mM Mg, 1.0 mM P, and 155 mM Cl (Harvard Biosciences, Holliston, MA), pumped at a flow rate of 0.6 μl/min. On the morning of the experiment, dialysate samples were collected at 20-min intervals. Samples were immediately assayed for...
DA and 5-HT by HPLC-ECD as described below. Once three stable baseline samples were obtained, rats received two sequential intravenous injections of test drug, 1 mg/kg at time 0 followed by 3 mg/kg 60 min later. Microdialysis samples were collected throughout the postinjection period for 120 min. At the end of the experiments, rats were euthanized with CO₂, and brains were removed and stored in 10% formalin. Brains were sectioned on a cryostat and mounted on glass slides. The placement of microdialysis probe tips within the nucleus accumbens was verified by visual inspection, and only rats with correct placements were included in data analyses.

Analysis of DA and 5-HT. Aliquots of dialysate (5 μl) were injected into a microbore C18 column that was coupled to an amperometric detector (model LC-4C; BAS Bioanalytical Systems, West Lafayette IN) with a glassy carbon electrode set at a potential of +650 mV relative to Ag/AgCl reference. Mobile phase consisting of 150 mM monochloroacetic acid, 150 mM sodium hydroxide, 2.5 mM sodium octanesulfonic acid, 250 μM disodium EDTA, 6% methanol, and 6% acetonitrile per liter of water (final pH 5.3) was pumped at 60 μl/min using a syringe pump (model 260D; ISCO, Lincoln NE). Chromatographic data were acquired on-line and exported to a Millenium software system (Waters, Milford, MA) for peak amplification, integration, and analysis. A monoamine standard mix containing DA, 5-HT, and their respective acid metabolites was injected before and after the experiment to insure validity of constituent retention times. Peak heights of unknowns were compared with peak heights of standards, and the lower limit of assay sensitivity (3× baseline noise) was 50 fg/μl per sample.

Locomotor Measures. Locomotor measures were obtained as described with minor modifications (Baumann et al., 2008). During the overnight acclimation period and while undergoing microdialysis, each rat was housed within a square Plexiglas arena (43 cm length × 43 cm width × 43 cm height) that was equipped with an activity monitoring system (Tru Scan; Coulbourn Instruments). A sensor ring lined with photoembs spaced 2.54 cm apart was positioned in the horizontal plane to allow for real-time monitoring of various motor parameters. Activity was monitored in 20-min bins, beginning 60 min before intravenous drug injections and continuing for 120 min thereafter. Ambulation and stereotypy were quantified separately; ambulation is defined as the total distance traveled in the horizontal plane (measured in cm), whereas stereotypy is defined as the number of photobeam breaks less than ±1.5 beam spaces and back to the original point that do not exceed 2 s apart (measured in number of events).

### Results

Effects of PAL Analogs on Dialysate Neurotransmitters. Figure 2 depicts the effects of PAL compounds on extracellular DA in rat nucleus accumbens. A two-factor ANOVA indicated significant main effects of drug (F_{2,216} = 39.92, p < 0.0001) and time (F_{2,216} = 94.91, p < 0.001) on dialysate DA response, with an interaction between the two factors (F_{2,216} = 4.60, p < 0.0001). One-factor ANOVA evaluating the time-effect data for each compound (Fig. 2, left) demonstrated significant dose-related increases in DA compared with preinjection control values for PAL-353 (F_{8,54} = 1200 Baumann et al.
Effects of PAL Analogs on Motor Activation. Figure 4 illustrates the effects of PAL compounds on ambulation (i.e., forward locomotion) in rats undergoing microdialysis in nucleus accumbens. A two-factor ANOVA indicated significant main effects of drug \( (F_{2,216} = 26.95, p < 0.0001) \) and time \( (F_{8,216} = 31.10, p < 0.0001) \) on ambulatory response, with an interaction between the two factors \( (F_{24,216} = 4.59, p < 0.001) \). One-factor ANOVA evaluating the time-effect data for each compound (Fig. 4, left) showed significant dose-related increases in locomotion compared with preinjection control values for PAL-353 \( (F_{5,54} = 13.87, p < 0.0001) \), PAL-303 \( (F_{5,54} = 6.34, p < 0.0001) \), PAL-314 \( (F_{5,54} = 9.64, p < 0.0001) \), and PAL-313 \( (F_{5,54} = 20.66, p < 0.0001) \). All drugs significantly stimulated ambulation above preinjection control by 20 min after 1 mg/kg and at all time points after 3 mg/kg (Dunnett’s, \( p < 0.05 \)). One-factor ANOVA comparing the mean magnitude of ambulation for all compounds (Fig. 4, right) revealed striking differences between drugs after administration of 1 mg/kg \( (F_{2,216} = 4.14, p < 0.01) \) and 3 mg/kg \( (F_{3,24} = 9.19, P < 0.0001) \). In particular, PAL-353 evoked much greater levels of ambulation at both doses compared with other drugs (Newman-Keul’s, \( p < 0.05 \)).

The effects of PAL compounds on extracellular 5-HT in nucleus accumbens of rats undergoing in vivo microdialysis are shown in Fig. 3. Two-factor ANOVA indicated significant main effects of drug \( (F_{5,54} = 28.81, p < 0.0001) \) and time \( (F_{8,216} = 45.00, p < 0.001) \), with an interaction between the two factors \( (F_{40,216} = 3.48, p < 0.001) \). One-factor ANOVA assessing the time-effect data for each compound (Fig. 3, left) showed significant dose-related increases in dialysate 5-HT compared with preinjection control values for PAL-353 \( (F_{5,54} = 12.11, p < 0.0001) \), PAL-303 \( (F_{5,54} = 12.98, p < 0.0001) \), PAL-314 \( (F_{5,54} = 6.45, p < 0.0001) \), and PAL-313 \( (F_{5,54} = 20.92, p < 0.0001) \). All drugs significantly elevated dialysate 5-HT above preinjection control at 20 and 40 min after 1 mg/kg (Dunnett’s, \( p < 0.05 \)). PAL-353, PAL-303, and PAL-314 increased 5-HT at 80 and 100 min, whereas PAL-313 increased 5-HT at all time points after 3 mg/kg (Dunnett’s, \( p < 0.05 \)). A one-factor ANOVA comparing the mean elevation of dialysate 5-HT across treatments (Fig. 3, right) revealed significant differences between drugs after administration of 1 mg/kg \( (F_{5,54} = 11.66, p < 0.0001) \) and 3 mg/kg \( (F_{5,54} = 7.09, p < 0.001) \). At the 1 mg/kg dose, PAL-313 had greater effects on 5-HT than all other compounds, whereas PAL-353 had significantly smaller effects than other drugs at 3 mg/kg (Newman-Keul’s, \( p < 0.05 \)).
between drugs after administration of 1 mg/kg ($F_{3,24} = 1.46$, $p = 0.252$, NS) or 3 mg/kg ($F_{3,24} = 1.16$, $p < 0.345$, NS).

**Correlation Analyses.** In an effort to examine possible relationships between DA, 5-HT, and motor responses, Pearson correlation analyses were carried out on mean group data from all time points after drug administration (i.e., 20–120 min postinjection). The data in Fig. 6 show that dialysate DA response across all drug treatments displayed significant positive correlations with ambulation ($r = 0.892, p < 0.001$) and stereotypy ($r = 0.747, p < 0.001$). As depicted in Fig. 7, dialysate 5-HT was positively correlated with stereotypy ($r = 0.613, p < 0.001$) but not ambulation ($r = 0.119, NS$). Wee et al. (2005) provided evidence that the ratio of in vitro potency for DA release versus 5-HT release might predict the reinforcing efficacy of PAL compounds. Here, we calculated in vivo DA/5-HT ratios by dividing the percentage increase in DA by the percentage increase in 5-HT at each time point after injection, and these values were plotted against the corresponding values for ambulation and stereotypy. Figure 8 demonstrates that DA/5-HT ratio was positively correlated with ambulation ($r = 0.445, p < 0.029$) but not with stereotypy ($r = 0.1406, NS$).

**Discussion**

A major aim of this study was to determine whether 5-HT release in the brain can influence dopaminergic effects of amphetamine-type stimulants. A large body of evidence supports an inhibitory role for 5-HT in modulating motor activity. Specifically, drug-induced increases in extracellular DA varied inversely with increases in 5-HT, suggesting that 5-HT is capable of reducing DA release and its associated hyperactivity. In agreement with our previous work, dialysate DA responses in the nucleus accumbens were positively correlated with stereotypy and ambulation, whereas 5-HT was correlated only with stereotypy (Baumann et al., 2008; Zolkowska et al., 2009). It is noteworthy that the ratio of DA/5-HT responses across all drug treatments was positively correlated with ambulation, suggesting an inhibitory role for 5-HT in modulating motor activity.

Our microdialysis study is the first to assess the effects of PAL analogs on extracellular DA and 5-HT in rat nucleus accumbens. All drugs evoked dose-related increases in dialysate DA, and the rank order of DA response magnitude at 3 mg/kg was PAL-353 = PAL-303 > PAL-314 > PAL-313. This relationship does not agree with in vitro results showing the drugs have similar DA-releasing ability (see Table 1). The microdialysis data are consistent with the report of Marona-Lewicka et al. (1995), who demonstrated that $p$-fluoroamphetamine (PAL-303) increases extracellular DA in rat striatum in a manner similar to (+)-amphetamine. Our results also agree with Kimmel et al. (2009), who showed that PAL-353 increases dialysate DA in squirrel monkey nucleus accumbens to a much greater extent than PAL-313, but no measures of extracellular 5-HT were reported by those investigators. We found the rank order of 5-HT response magnitude at 3 mg/kg to be PAL-313 > PAL-314 = PAL-303 > PAL-353, and this relationship generally agrees with in vitro 5-HT release data. A comparison of the data in Figs. 2 and 3 shows the magnitude of DA response was diminished as 5-HT response increased. These neurochemical findings agree with the notion that 5-HT can attenuate DA release produced by amphetamine-type stimulants, although our results are correlative and do not directly address causative relationships between 5-HT and DA.

**Fig. 5.** Effects of PAL analogs on stereotypy in rats undergoing in vivo microdialysis. Rats received intravenous injection of 1 mg/kg of drug at time 0, followed by 3 mg/kg at 60 min. Stereotypy was determined as described under Materials and Methods; mean basal value for stereotypy was 116 ± 9 episodes/20 min for $n = 28$ rats. Left, for time course data, stereotypy values are mean ± S.E.M. expressed as a percentage of three preinjection baseline samples (% basal). Arrows indicate times of drug injection. Right, for mean effect data, stereotypy values are the mean ± S.E.M. expressed as the average stereotypy response determined from three postinjection samples after each dose. $n = 7$ rats/group.

**Fig. 6.** Correlation of dialysate DA with ambulation (left) and stereotypy (right). Mean group data for dialysate DA, ambulation, and stereotypy at each time point after drug treatment (i.e., from 20–120 min postinjection for each drug) were used to construct correlation plots. Dialysate DA is positively correlated with ambulation and stereotypy ($r = 0.747, p < 0.001$) based on Pearson’s coefficient ($r$).
The precise mechanism that might be responsible for an inhibitory effect of 5-HT is not known, but the data of Bankson and Yamamoto (2004) could be relevant. Those investigators showed that elevation of extracellular 5-HT produced by the amphetamine analog, 3,4-methylenedioxyamphetamine (MDMA), increases GABA release in the ventral tegmental area (VTA) by activating 5-HT$_{2C}$ receptors. Elevation of GABA inhibits the activity of VTA DA cells, thereby limiting the ability of MDMA to release DA from nerve terminals in the nucleus accumbens. It generally is assumed that DA-releasing effects of amphetamines are independent of calcium or impulse firing (i.e., nonexocytotic) (see Westerink et al., 1989), but a number of studies have shown that a component of amphetamine-induced DA release is calcium-dependent, as determined in vitro (Crespi et al., 1997) and in vivo (Gray et al., 1999). Thus, we speculate that increases in 5-HT release produced by PAL drugs serve to reduce concurrent DA release from the nucleus accumbens via activation of 5-HT$_{2C}$ receptors in the VTA. Substantial evidence supports the feasibility of this proposal (Di Giovanni et al., 2008; Di Matteo et al., 2008), and future studies should address this hypothesis.

Based on the present data alone it is impossible to discount alternative mechanisms, unrelated to 5-HT release, which could explain discrepancies between in vitro and in vivo effects of PAL analogs on DA function. For instance, certain amphetamine analogs (e.g., PAL-313) might have direct receptor actions that reduce DA release, and the role of NE in modulating effects of PAL drugs is unexplored. PAL analogs may vary in their molecular interactions with DA transporters, thereby causing differences in conformational preference (Liang et al., 2009), oligomer formation (Chen and Reith, 2008), or protein trafficking (Furman et al., 2009), which could influence ensuing DA release. It also seems possible that PAL analogs might display differences in pharmacokinetic parameters. In rats, amphetamine-type drugs are metabolized predominantly via $p$-hydroxylation of the phenyl ring (Green et al., 1986; Law et al., 2000). Because all of the PAL analogs tested exhibited ring substitution at the $m$- or $p$-position, the efficiency or degree of metabolism may be different for each drug. There currently is no evidence to support or refute any of these alternative explanations.

We observed that all PAL analogs increased ambulation and stereotypy, but the extent of ambulation varied with drug treatment. It is noteworthy that the level of stereotypy was similar across treatment groups, indicating that differences in ambulation cannot be explained on the basis of physiological antagonism whereby enhanced stereotypy reduces ambulation. The rank order of ambulatory response magnitude at 3 mg/kg was PAL-353 $>$ PAL-303 $>$ PAL314 = PAL-313. This relationship parallels nucleus accumbens DA elevations shown in Fig. 2 and confirms prior results that relied on behavioral scoring methods to reveal differences in locomotor sensitivity to PAL drugs (Rothman and Baumann, 2006). It is well established that DA nerve terminals in the nucleus accumbens are critical substrates of the behavioral-activating effects of amphetamine-type stimulants (Swerdlow et al., 1986; Ikemoto and Panksepp, 1999). Figure 6 shows that ambulation evoked by PAL analogs was strongly correlated with nucleus accumbens DA ($p < 0.001$), an observation consistent with data showing positive correlations between locomotor and dialysate DA responses evoked by stimulants such as methamphetamine and MDMA in rats (Baumann et al., 2008; Zolkowska et al., 2009). Ambulation was not correlated with nucleus accumbens 5-HT but was significantly correlated with the ratio of DA/5-HT responses across all drug treatments. One hypothesis to explain the combined neurochemical and motor effects of PAL drugs is that increasing 5-HT release reduces ongoing DA release and its associated hyperactivity by activation of 5-HT$_{2C}$ receptors (Bankson and Cunningham, 2002; Fletcher et al., 2006). A comparison of data in Figs. 2 and 4 suggests that an additional 5-HT mechanism, independent of DA, also may contribute to diminished behavioral effects of PAL-314 and PAL-313, because ambulatory responses to these drugs were lower than predicted based on the concurrent elevations in dialysate DA.

The present behavioral data are reminiscent of those reported by Wellman et al. (2009), who compared locomotor and hypogastic effects of (+)-amphetamine, PAL-353, PAL-313, and the preferential 5-HT releaser 1-naphthyl-2-amino-
propane (PAL-287) (Rothman et al., 2005) in male rats. Those investigators found that PAL-353 produced robust hyperactivity similar to (+)-amphetamine, whereas PAL-313 was much less potent and had effects similar to PAL-287 (Rothman et al., 2005). Wellman et al. also discovered that all test drugs exerted similar effects on hypophagia despite differences in locomotor activity. The rat behavioral data suggest that increasing 5-HT-releasing properties of amphetamine analogs can diminish motor stimulant actions without altering potential therapeutic effects such as appetite suppression. It is instructive to compare behavioral effects of PAL analogs in rats to the effects of these drugs in nonhuman primate models of addiction. In squirrel monkeys, PAL-353 and (+)-amphetamine markedly increase rates of responding in a stimulus termination procedure, whereas PAL-313, PAL-287, and the 5-HT releaser fenfluramine do not (Kimmel et al., 2009). In rhesus monkeys, the rank order of potency to produce cocaine-appropriate responding in a drug discrimination assay is PAL-353 > PAL-314 > PAL-287 > fenfluramine (Negus et al., 2007). As noted previously, PAL-313 engenders significantly less self-administration behavior compared with other PAL analogs tested in the present study (Wee et al., 2005). Collectively, such findings indicate that 5-HT release attenuates stimulant properties of amphetamine-type drugs in a consistent manner across a variety of behavioral assays in diverse species.

Clinical trials conducted over the last decade reveal that monoamine releasers are promising treatment adjuncts for cocaine addiction (Mooney et al., 2009; Herin et al., 2010). Negus et al. (2007) have provided compelling evidence in rhesus monkeys to show that DA-selective agents, such as (+)-amphetamine and (+)-methylamphetamine, might be more efficacious medications than 5-HT-selective or nonselective monoamine releasers. On the other hand, adding 5-HT-releasing properties to DA-releasing medications could have two desirable outcomes for certain patients: 1) reduction in the stimulant side effects of medications (Rothman et al., 2005) and 2) restoration of serotonergic deficits in the brain of chronic cocaine and methamphetamine users (Baumann and Rothman, 1998; Rothman et al., 2006). Although no mixed DA/5-HT releasers are clinically available at the present time, a viable treatment approach might be to administer a DA releaser in conjunction with a serotonergic medication. Examples of this combination strategy include the use of the (+)-amphetamine with the 5-HT precursor 5-hydroxytryptophan (Rothman et al., 2006; Baumann et al., 2010). A similar combination, phenylethylamine and 5-hydroxytryptophan, is being used in humans to treat obesity (Hendricks et al., 2009; Rothman, 2010). Given the inhibitory role of 5-HT2C receptors in motivated behavior, a unifying interpretation with special reference to reward-seeking, Brain Res Rev 31:8–41.


Negus SS, Mello NK, Blough BE, Baumann MH, and Rothman RB (2007) Mono-


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